# MARIANETTE ST. MARY'S SR. SEC. SCHOOL 2019 - 2020





# CONTENT —

- 3 Editorial
- 4 Messages
- 10 Chronicle
- **17 Board Toppers**
- 19 Scholastic Achievements
- **24** Investiture Ceremony
- 44 Friends of Mary Ward
- 48 **Primary Section**
- 51 Sports Day
- **60** Senior Section
- **74** Co-Scholastic Section
- 99 Primary Staff
- 100 Senior Staff
- 103 Marian Album



### Cover Page Concept

A beautiful world, a pollution free world, seen through the eyes of children....once when the SDGs are accomplished.'





Sr. Merlin C J (Principal)



Sr. Poonam C J (Headmistress)



Nirmal Thomas



Jerome Shijo



Ms. Sumedha Ailawadi



Ms. Vinita Dubey



Ms. Yasmeen Tabassum



Ms. Tusharika Dayal



Ms. Hashnu Nautiyal



Ms. Mamta Srivastava



Ms. P C Reshmi





**Dear Readers** 

Warm greetings!

I am elated to present this edition of Marianette 2019-20 which is an insight into the journey of every Marian during the past academic year.

At St. Mary's, we strive not only to enable our children to increase their knowledge but also to create individuals who are multi faceted. We also endeavour to blend academic excellence with good human value system to mould our students to care for others and develop a concern and respect for the environment.

Dalai Lama said, "It is our collective and individual responsibility....to preserve and tend to the world in which we all live."

With this in mind, our school took up the initiative to walk hand in hand with the United Nations and make children aware of the Sustainable Development Goals (SDGs). The SDGs provide for the development of an action plan over the next decade to put the world on the path to sustainability. Students and youth in general have a role in utilizing their creative ideas, technologies and interconnectedness to bring innovative ideas to the fore to achieve the SDGs.

During the academic session, the Marians participated in various activities and conducted assemblies to highlight the seventeen SDGs.

The well articulated write ups of our young writers are undoubtedly sufficient to hold the interest and admiration of the readers. The students

have endeavoured to spread awareness about the necessity to uphold the concept of sustainability.

I take this opportunity to thank our dear Principal, Rev. Sr. Merlin C J and Headmistress, Rev. Sr. Poonam C J for their constant support and encouraging guidance during the shaping of this souvenir. I also extend a very big thank you to the members of the editorial board for their continuous diligent efforts.

Thus, we march on, saluting the effort of the past, paving the way for the future, with a sense of purpose, reflective of a true Marian spirit. I take your leave and hope that you will enjoy reading the magazine, as much as we enjoyed putting it together.

Adios!

Sumedha Ailawadi Editor



# MESSAGE FROM THE ARCHBISHOP OF DELHI

Most Rev. Anil J.T. Couto Archbishop of Delhi



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I am glad to know that St. Mary's Sr. Sec. School, Mayur Vihar Phase 3 is planning to publish its annual school magazine for the academic year 2019-2020 despite the Covid 19 lockdown and all the concomitant inconveniences.

A school magazine undoubtedly plays an inalienable role in the academic life of a school both as a repository of the students' literary and artistic skills as well as a record of the activities, history and growth of the school to which one can always return as the years go by. It testifies to the type of education the students receive.

Education is the key to development. If all our young people have access to quality education, they can contribute for the growth of the nation. I am happy that St. Mary's Sr. Sec. School is one such portal where the young ones of the vicinity are provided with quality education.

I congratulate the management, staff and the students for their dedicated service to this Institution and for bringing to light this important document: the annual publication of the school magazine for the academic year 2019-2020.

This academic year witnessed the change of leadership and I am pleased the way the new team has taken up the responsibility to continue the good work of their predecessors to take the school to new heights.

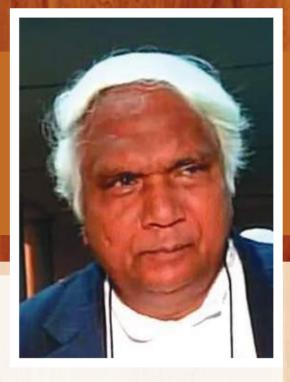
Dear one and all, my humble wish for all of you is this: when fortune smiles upon you, and your cup of joy is full, when everything you want is yours and life seems wonderful, when days and weeks go flitting by, try to hear your voice speaking within you, that you are not alone - God is with you to support and guide you through your journey of life.

I invoke God's abundant blessings on our school and pray that it may never diminish its zeal to maintain the highest standards of education.

(+Anil Couto) Archbishop of Delhi

November 20, 2020





I am glad that St. Mary's Senior Secondary School, Mayur Vihar is bringing out its annual magazine for the academic year 2019-20 despite the disturbing impacts of pandemic, especially on the student community and the educational institutions.

At the outset, I would like to welcome the new team managing the affairs of the school – Sr. Merlin, Principal, Sr. Poonam, Headmistress and Fr. Jose T J who took charge as manager in the academic year 2019-20. Congratulations to the new management for unitedly working as a team to take the school to new avenues. I would like to appreciate the resolute way the team handled the difficulties in the pandemic time, especially the financial crisis caused by the dipping collection of school fees and the prerequisites to pay salaries to the staff. The management took full care so as not to neglect the poor and at the same time to do justice to all stakeholders. Once again it was proved that the school remains not just an institution of academic accomplishments, but a place of promoting justice and equity based on the Gospel Values.

The school continues to make overall development in the lives of hundreds of students and the publishing of the annual magazine will be another opportunity to showcase the talents of the children and share the ideals of the institution. Congratulations to the students, staff and the management team. I wish the best for the magazine and a happy reading experience to all the stakeholders.

With best wishes

Fr. Susai Sebastian Vicar General & Chairperson of Delhi Catholic Archdiocesan Schools



# MESSAGE FROM THE MANAGER

Every human being is uniquely fashioned by the Supreme Creator, the Almighty, the All-knowing, the Omnipresent God, in His own image and

likeness which can be summarized in one word, LOVE. As children of this loving God, we have a calling to live and grow in the values of caring, sharing as one big human family for a harmonious journey through life as we engage in developing our individual human faculties into compassionate human beings, building healthy loving families, fitting societies and contribute our best to the building up of an exemplary nation of which we are the proud and responsible citizens.

A school and education as a mission entrusted by God, offers immense possibilities for nurturing the all-round development and growth of the students, orienting and accompanying the young and 'educable' simple minds to focus on what is good and true, prioritize choices even as they are surrounded by the ephemeral attractions that the world offers. Great vigilance is required on the part of the parents/teachers to minimize the effect of evil forces that can disfigure the master pieces designed by the Master Craftsman with a definite purpose.

Some great minds have said that the goal of education is to form; "Good human being; intellectually competent, spiritually rooted, emotionally balanced, morally sound, physically fit, excellent citizen, interested in work and order, useful to oneself and society." Though this may sound too much

of an ideal, it is imperative that we leave no stone unturned in achieving this noble goal of education, that of grooming the young to become the best version that God intended them to be at all levels. No less is the summit to which St. Mary's Sr. Sec. School has its eyes on, as is evident from the quality of students who pass out from the portals of our institution year after year.

Thanks to its excellent faculty who are very competent and ever active, our school is able to make a difference in the lives of the students. Every one gives his/her best in everything, sparing no sacrifice in planning and executing a wide variety of activities round the year for engaging the children in their all-round growth. A special thanks to Sr. Merlin, our Principal, and to all our staff members. The school provides excellent infrastructural facilities to achieve the goals that are set for the integral formation of the students. The well-being of the staff who dedicate themselves generously for the good of the school is also the priority of the management.

I thank God for all the blessings bestowed upon each one of us who are part of this institution, for His constant accompaniment, protection and guidance. I entrust the entire school community in the hands of our Heavenly Mother Mary who accompanies, guides and intercedes for us and our every move. May we continue the path of "Competence for Commitment" and excel in all the possible ways. May God bless all of us...!!!

Rev. Fr. Jose T J Manager





Greetings to all!

"When educating the minds of our youth, we must not forget to educate their hearts." -- Dalai Lama

If I ask my Marians, 'Why do they come to school and how does school help them to grow?' What would their answer be? There would probably be many responses, according to each of their feelings and outlooks. Perhaps they could be summarized by saying that school is one of those environments where they learn to live; that is, to become mature men and women, capable of making a good journey in life. They would respond that school helps them not only in their academics/personality but also illumines them to get connected to the entire world.

Education for living and education for life is an integral part of schooling. In this era of eroding values, it is highly gratifying to see that the school, with the collaboration of committed staff and parents, insisting our students to be synergized with values and ethos. We all wish to see a generation of well informed and emotionally sound youngsters at the helm of affairs in future. We, at St. Mary's, strive to shape the young minds and make consistent effort to mould our students into fine individuals who are assets to our society as they grow up through the educational journey.

As schools are the epicenters of blended learning, we also motivate our students to pay attention to global challenges, such as poverty and inequality, weak governance, conflict and instability, economic distress and the depletion of our natural resources etc. Together with

academics, they transform their learning environments into dynamic hubs to address these issues and look beyond to become at least a tiny drop in the vast ocean of these challenges. One such initiative in the academic year 2019-20 was joining hands with the UN to promote and create awareness about Sustainable Development Goals. United Nations' Sustainable Development Goals are a set of 17 goals and 169 targets that all 193 UN member states, including India, have committed to achieve between 2016-2030. Placing SDGs in the forefront, we are pleased to bring out 'Marianette 2019-20', our school's magazine, which will surely unfold the unraveled world of the most unforgettable and precious moments of the school. I congratulate the editorial board for their hard work and team spirit in the creation of this souvenir. The variety and the creativity of the pages represent the talents and skills of our budding artists and authors.

With warm regards and best wishes

Sr.Merlin C J Principal





Dear Parents/ Guardians, benefactors and well-wishers. May Blessings of peace, beauty of hope and spirit of love be yours in the coming session.

"Change is inevitable and the disruption it causes often brings inconvenience and opportunity." (Robert Scoble) Two little lamps were burning in a darkened room. Their gentle glow filled the air. The lamps basked in their own glory. Then the sky light opened and a bright shaft of light entered the room. In a moment the equations had changed. The lamps became inconsequential. How did they respond to this change?

The first lamp was thrilled when the sun light entered. It was happy that the room was filled with light. It also realized its own inadequacy. It had paled into insignificance. What mattered was that the room was filled with light. There was another radical attitudinal change. In the gentle glow of the lamp, the room looked cozy and comfortable. With the sun shine the room appeared altogether different. There were cobwebs on the ceiling, patches on the walls and dirt on the floor. It was a fertile breeding ground for infections and disease. The first lamp was happy that it saw its vulnerability and decided to clean up. The second lamp thought differently. It sulked and pouted. It resented the sunlight, which it considered an invasion of its privacy. Gradually it began to hate the sunlight. It didn't want to see the dirt and misery around. It wanted the status quo where it could bask in its glory. It refused to change and be transformed. "When we choose to see the light in others, we then experience it in ourselves."

During the academic year 2019-2020, there was a big change of the entire

new management. All accepted it positively and used the new innovation and creativity for the school. Besides academics, our school has provided the students innumerable opportunities in order to exhibit their talents through various activities and competitions. Such activities foster in children a spirit of adventure, risk taking and to face odds boldly. No stones are left unturned by our management and the teachers in making the students to think in a creative and innovative manner. We realise that every race first is won in our mind and then it happens in reality. So it's our noble responsibility to train the minds and the hearts to create contributing citizens for our country. By playing a commendable role, our institution aims at flowering the mind with clear perception, developing each one's unique potentialities and encourage the students to venture outside the purview of the syllabi and participate actively in extra- curricular activities.

## "Success is not an accident. It is the result of your attitude and your attitude is a choice. Success is a matter of choice, not name."

Our school has grown tremendously from strength to strength. Our dreams have been realized in full measure and the work goes on expanding to reach out to new areas. The school has now become a renowned institution as Education is the strength of Marians and they are looking forward to greater fruitfulness of educational constancy and a living conscience. Let's open the inner eyes to witness what change has in store for us each day. May we ever have the magnanimity of heart to accept change and be enlightened, empowered and rejuvenated by it. God bless you all.

Sr. Poonam C J Headmistress



**Head Girl** 

Aleena Verghese

Words of Gratitude...



Head Boy Alan Jipson

"Beginnings are usually scary and endings are usually sad, but it's everything in between that makes it all worth living." – Bob Marley

#### Dear Alma Mater

Our journey together of about thirteen years has finally come to an end. Looking back at the time we've spent at St. Mary's, we can confidently say that we have come a long way from being the little school children, oblivious of our surroundings, to becoming the head girl and the head boy of this prestigious institution, leading a group of exceptional young girls and boys.

We would like to extend our heartfelt gratitude towards the school management for recognizing our leadership qualities and giving us the opportunity to lead our fellow Marians towards greater heights.

Helen Keller said, "Alone we can do so little; together we can do so much." We are indebted to our team of student council members for their unending support and dedication throughout the session. We also take this opportunity to thank all our schoolmates for their cooperation during the year.

St. Mary's will always hold a special place in our hearts. We pray only the best for it in the coming years. We also wish our lovely Marian family great success in its future endeavours.

Thank you and good bye!

# - CHRONICLE 2019-20 -

#### MARCH

14	New session begins	
16	Orientation for parents at the beginning of the new session	
21	Holiday for Holi	
23	PTM	
28	- Investiture ceremony for classes VI-VIII - Orientation programme for parents of KG class	
30	Farewell of Veronica ma'am	





#### **APRIL**

1	Orientation programme for parents		
2	Fun with colours for class I		
4	Investiture ceremony for the primary wing		
8	Session by Yakult for classes VI-VIII as part of World Health Day		
10	Special assembly by XII-A on the UN Sustainable Development Goals (SDG) 1 and 2		
11	Session begins for class XI		
13	Holiday on Ramnavmi		
16	Special assembly by X-A on Easter		
17	Holiday on Mahavir Jayanti		
8-21	Easter holidays		
23	Special assembly by XII-B on the UN Sustainable Development Goals (SDG) 3 and 4 $$		
24	- Poster making competition for class IV - Micro teaching activity for class V		
29	Students participate in the CBCI Masterminds Quiz at Chandigarh		
30	Labour Day celebration		

	MAY
1	Special assembly by XII-D on the UN Sustainable Development Goals (SDG) 5 and 6
2	CBSE class XII result declared
2-10	PA1 for VI-X and XII
4	Investiture ceremony of the senior wing
6	CBSE class X result declared
8	- Card making competition for class I - Puppet show for class II
9	Painting competition for classes IV and V
10	- Special assembly by XI-A on the UN Sustainable Development Goals (SDG) 7 and 8 - Puppet show for class III
13	- Welcome of the new Principal, Rev. Sr. Merlin C J
14	Blessing of school
15	Farewell of Rev. Sr. Elsy C J and Rev. Sr. Manjusha C J
16	<ul><li>Summer vacation begins for classes KG-VIII</li><li>Self Defence camp for girls conducted in school by Delhi Police</li></ul>
18	Holiday on Buddha Purnima
25	Summer vacation begins for classes IX-XII



School Blessing



#### JUNE

9-11 School football team plays at the All India Invitational Football Tournament at Kangra, Himachal Pradesh

#### JULY

- Staff meeting
   School reopens for classes IX-XII after summer vacation
   Farewell of Manager Rev. Fr. Paul Roy and welcome of new Manager Rev. Fr. Jose T.J.
   School reopens for all after summer vacation
- Special assembly by XI-B on the UN Sustainable Development Goals (SDG) 9-12
- 13 PTM



Staff Meeting

11

	Ju	ILY
15	Suhani Negi of VII-B passes away	
16	School remains closed in tribute of Suhani Negi	
17	Prayer meeting in memory of Suhani Negi	
19	Special assembly by XI-C on the UN Sustainable Development Goals (SDG) 13 and 14	
22-30	PA2 for VI-XII	
22	Story telling competition for class I	
24	- Speech competition for class II - Girls' basketball team plays the zonal matches	
25	House meeting for classes VI-VIII	
26	House meeting for classes IX-XII	
29	Speech competition for class III	
30	- Special assembly by X-B on prevention of bullying - Story telling competition for class V	
31	A talk on legal aid for senior students by the Delhi State Legal Service Soc	eiety



Legal Aid

#### **AUGUST**

- Special assembly by XI-D on the UN Sustainable Development Goals (SDG) 15-17
  - Students participate in Diamond Jubilee Inter School Athletics Championship at Rosary Sr. Sec. School
- Cultural programme by Nav Sadhna
  - Story telling competition for class IV
- 6 Fun with clay for class I
- Students participate in Literary Fiesta at Presentation Convent
  - Inter House solo singing competition for VI-VIII
- 8 Rakhi making activity for classes IV and V
- 12 Holiday on Bakr-Id
  - Special assembly on Independence Day by class I
- Inter House patriotic song and quiz competition for classes IV & V
  - Inter House group folk dance competition for VI-VIII, photography competition for IX-XII



Nav Sadhana

#### AUGUST

14	<ul> <li>Flag hoisting for Independence Day</li> <li>Special assembly by X-D on Independence Day</li> <li>Literary Club, Media Club and Eco Club introduced for students of IX- XII</li> <li>Inter House group folk dance and patriotic song with tableau competitions for IX-XII</li> </ul>
15	Holiday on Independence Day and Raksha Bandhan
17	PTM
18	Students participate in Don Bosco Bible Quiz
19	Inter House Hindi folk song competition for IX-XII
20	Sub junior football team plays at the zonal level
21	Students participate in debate competition at Presentation Convent
24	Holiday on Janmashtmi
26	Girls' junior volleyball team plays the zonal matches
27	Poetry recitation competition on national integration for class VIII
28-29	Aerobics team participates at the Second National Sports Aerobics Fitness Championship at Nagpur, Maharashtra
29	- Students watch the live telecast of Fit India programme - Certificate distribution for various activities for IX-XII
30	- Students participate in Inter School competitions organised by the DCC Library



Independence Day

13

#### **SEPTEMBER**

3	- Teachers' Day assembly by classes II- A and II- B - Students participate in Inter School competitions organised by the DCC Library	
Ü	- Arpita Halder of XII-B passes away	
4	- School remains closed in tribute of Arpita Halder - Teachers conduct a prayer service in memory of Arpita Halder	
5	Teachers' Day celebration	
6	- Prayer service in memory of Arpita Halder - Grandparents' Day programme by classes KG and I	
9	Study leave begins for classes XI, XII	
10	Holiday for Muharram	
1-20	Mid term examination	
26	Inter House spell bee for VI-VIII and solo dance classical for IX-XII	
30	- Solo dance competition for VI-VIII - Inter House symposium competition for IX-XII	

#### **OCTOBER** - Month of Rosary begins 1 - 'Word of the Day' board introduced Holiday on Gandhi Jayanti 2 3 Special assembly on Gandhi Jayanti - Inter House floral rangoli competition for IX-XII 4 - Hindi bhajan competition for X A and B, English hymn competition for X C and D Dussehra holidays 5-8 10 Picnic for class XII 11 - Students participate in street play competition at Somerville School 12 PTM 15-16 Students participate in multi event competitions at Vivekanand Public School - Parents' Day of class VII 18 - Bible quiz for VII, IX-XII - Students participate in various competitions at NISCORT Media College, Ghaziabad 21 Talk on hygiene for girls of class VII 21-23 Junior boys football team participates in JS Gupta All India Inter School Soccer tournament at Moradabad Students awarded at the DCC Library for winning in various inter school competitions organised by them 22 23 Inter House diya decoration competition for VI-VIII - Parents' Day of class VI 24 - Release of school magazine- Marianette 2018-19 25 Special assembly on Diwali



Diwali Assembly



Run for Unity

#### **NOVEMBER**

1	Parents' Day of class VIII	
4-5	School closed for students due to smog in the capital	
4	Workshop for teachers by the NGO- Sangath	
6	- Best Discipline Trophy and Star of the Month badge introduced	
8	- Parents' Day of classes IX and XI - Senior football team participates in the DCA Cup tournament at St. Michael's Sr. Sec. School	

26-29

30

31

Diwali holidays

Month of rosary ends

Career counselling for class XII

	NOVEMBER	
10-12	Aerobics team participates in the CBSE National Aerobics Championship at Shirdi, Maharashtra	
12	Holiday on Guru Nanak Jayanti	
14-15	School closed due to smog in the capital	
15	Workshop for teachers of Science and Social Science	
18	School inspection	
20	Sports Day of the primary wing	
21	National Science Olympiad for classes VI-XII	
22	Students participate in street play competition at St. Michael's Sr. Sec. School	
26	Annual catechism exam for class X	
28	Half yearly exams begin for IX, X, XII	
30	Quiz on literary words	



Primary Sports Day

#### **DECEMBER** Principal's birthday celebrated 1 Pledge for Voters' Day taken by students 6 Staff picnic to Pratapgarh Farms 7 School Feast Day assembly by classes III-A and III-B 10 10-11 Students participate at the Zonal level athletic meet School Carnival 14 - International Mathematics Olympiad for classes VI-XII 17 - Inter House carol singing for VI-VIII Crib making competition for VI-VIII and IX-XII 18 - Special assembly for Christmas - International Commerce Olympiad 19 - School choir goes to Christ College, NCR for carol singing - Herbal Garden inaugurated 20 - Carol singing by school choir at Lodhi Road 21 PTM 22 Winter vacation begins- Major League Baseball (MLB) camp held in our school



Christmas Party

#### **JANUARY** School reopens after winter vacation Pre board begins for X and XII 7 - Holy Mass 11 - Manager's birthday celebrated 18 Students participate in the CBCI Masterminds Quiz, season 2 Regional level at Ludhiana 21 Feast Day of Headmistress Rev. Sr. Poonam C J Special assembly on the first day of Mary Ward Week 23 25 Flag hoisting to mark India's 71st Republic Day Workshop for classes X and XII 28 - Special assembly to mark the close of Mary Ward Week 30 - Jubilee celebration of Rev. Sr. Rose C J - School pays homage to martyrs on Martyrs' Day 31 Annual catechism exam for classes III-IX



Republic Day

#### **FEBRUARY**

PTM for classes X, XII	
<ul><li>- Mock drill for evacuation of building</li><li>- Picnic for class VII</li><li>- Thanksgiving assembly by classes IV-C and IV-D</li></ul>	
Holy Mass	
Farewell of class XII	
Workshops for teachers	
Final examination	



Mock Drill

#### MARCH

- Result declaration of classes KG-V
- 7 Result declaration of classes VI-IX, XI

# BOARD TOPPERS-CLASS X



Ananya Ujjain 97.2%



Sanskriti Verma 95.8%



Tarana Upadhyay 95.4%



Hitakshi Sikri 95.4%



### **SUBJECT WISE TOPPERS**

**ENGLISH (98 MARKS)** 

Ananya Ujjain X-B

HINDI (99 MARKS)

Aditi Mishra X-B

**MATHEMATICS (100 MARKS)** 

Mathew Thomas X-A

**SCIENCE (98 MARKS)** 

Mansi Khatri X-B

**SOCIAL SCIENCE (99 MARKS)** 

Tarana Upadhyay X-A

# **BOARD TOPPERS CLASS XIII**





Rohit Bhatt









97.6%

Allen Xavier Jacob 95.6%

Christo Sabu 95.6%

Bhawna Arya 94.8%

Natasha Annmary Thomas 94.8%

ngratulati

SUBJECT WISE TOPPERS



Elna Saju 96.6%



Prachi Mishra 96.4%



Devakrishnan M 96.2%



Sushant S Bharti 96.2%

#### ENGLISH (99 MARKS)

Jigyasa Jain XII-A
Prachi Mishra XII-A
Prachi Sharma XII-A
Sushant Singh Bharti XII-A
Elna Saju XII-B
Kanika Bora XII-C
Suhani Gupta XII-D
Cyril Mathew XII-D

#### **MATHEMATICS (98 MARKS)**

Prachi Mishra XII-A Rohit Bhatt XII-C

#### PHYSICS (95 MARKS)

Nidhi Gupta XII-A
Prachi Mishra XII-A
Alok Deep XII-A
Bhawin Karn XII-A
Devakrishnan M XII-A
Joyson Chacko George XII-A
Punya Tyagi XII-A
Sushant Singh Bharti XII-A
Elna Saju XII-B
Serah Rajan XII-B
Joseph Kalayathankal Saji XII-B
Shubham Sauray XII-B

#### CHEMISTRY (96 MARKS)

Sushant Singh Bharti XII-A

#### BIOLOGY (99 MARKS) Elna Saju XII-B

#### COMPUTER SCIENCE (97 MARKS)

Abhinand M XII-A Devakrishnan M XII-A

#### **ECONOMICS (100 MARKS)**

Allen Xavier Jacob XII-D Christo Sabu XII-D

#### **BUSINESS STUDIES (98 MARKS)**

Rohit Bhatt XII-C

### ACCOUNTANCY (99 MARKS)

Kevin Raju XII-C

## INFORMATICS PRACTICE (96 MARKS)

Bhawna Arya XII-C Nishant Singh XII-D



# Scholastic Achievers!



# **PRIMARY WING**

CLASS K.G		
SECTION	NAME	
VC A	Shabdita Srivastava	
KG-A	Nikita Singh	
KC D	Soumya Gupta	
KG-B	Sarthak	
VC C	Aditya Kumar Nayak	
KG-C	Lakshita Kumari	
VC D	Vaibhav Garg	
KG-D	Ritvik Kumar	

CLASS II	
SECTION	NAME
II. A	Yash Rawat
II-A	Gauri
II D	Janet Ramona Edward
II-B	Spandan Maharana
II C	Kartik Bisht
II-C	Aaron
= 0	Surbhi Singh
II-D	Ivanka Pandey

CLASS IV		
SECTION	NAME	
1) / _ ^	Virat Sanjeev.Naik	
IV-A	Swastik Kumar. Dubey	
IV D	JopaulShijo	
IV-B	Anirudh Krishna	
1) / C	Agrima Thakur	
IV-C	Yash Chaudhary	
11/15	Samriddhi Saxena	
IV-D	AviBhadana	

CLASS I		
SECTION	NAME	
I-A	Saumya Singh	
	M.Shri.Hasan	
I-B	Surbhi Shivhare	
	Sagarika Srivastava	
I-C	Mokshi Jain	
	Ayan Halder	
I-D	Adrija Das	
	Vanshita Rawat	

CLASS III		
SECTION	NAME	
III-A	Shubham Kumar	
	Sachi Sati	
III-B	Ishita Srivastava	
	Ananya Sawarn	
III-C	Abhinav Girish	
	Arnav Sharma	
	Lakshit Sharma	
III-D	Pranjana Saraswat	

CLASS V		
SECTION	NAME	
	Jay Tiwari	
V-A	Shivom Gupta	
V D	Akshat Ujjain	
V-B	Jyotsna Nair	
V-C	Aalima Hafeez	
	Rebecca Anil Thomas	
	Khushi	
V-D	Bhardwaj Prasad Sutara	



# Scholastic Achievers!



# **SENIOR WING**

CLASS VI		
SECTION	NAME	
	Ojas Singh	
VI A	Riddhima	
VI B	Utkarshini Mannt	
	Ashish Jayant	
\/I C	Niveditha Venu	
VI C	Avani	
\/\ D	Swastika Dash	
VID	Poorvi Singh	

CLASS VII		
SECTION	NAME	
	Varsha P.V.	
VII A	Riddhi Jena	
	Lavanya Gulati	
VII B	Divanshi Agarwal	
	Niya Stephen	
\/II.C	Harshita Bahuguna	
VII C	Drishti Vashishtha	
VII D	Samiya Sheikh	
	Anshika Gautam	

CLASS VIII		
SECTION	NAME	
VIII A	Sandra Rosa Prince	
	Aaryaman	
V/III D	Sreya S	
VIII B	Shashank Singh	
VIII C	Vaishnavi Jha	
	Pranjal Mishra	
	Suryansh Sharma	
	Vyshnav Ullas	

CLASS IX		
SECTION	NAME	
IXA	Astha Chauhan	
	Unnati Sati	
IX B	Harsh Aggarwal	
	Aditya Kashyap	
IX C	Udita Raturi	
	Alok Gupta	
IV D	Uday Anand	
IX D	Janvi Papola	

CLASS XI		
SECTION	NAME	
	Jerome Shijo	
XI A	Joel Stephen	
XI B	Rashi Jha	
	Navya Bisht	
XIC	Christeena Issac	
	Isha Gupta	
VID	Tanuja Pandey	
XID	Elisha Thomas	







# Dr. A. P. J. Abdul Kalam Dedication Award Signature

Our school was the proud recipient of DR. A P J Abdul Kalam State Dedication Award on 26 January 2020 for our commendable work in the field of education. The Dr. A. P. J. Abdul Kalam National Dedication Award Ceremony 2019-20 was organized at Maharaja Agrasen College, University of Delhi on 26 January 2020. The award committee complimented our school for making a difference in the lives of students by instilling in them the values necessary for their future life. Dr. A P J Abdul Kalam's 'Vision 2020' concept was the main focus during the award ceremony.

The ceremony was held under the patronage of Shri Ashok Pradhan, former Union Minister of State, Government of India and Padma Shri Hansraj Hans, Member of Parliament. It was attended by around four hundred people including Clympians, special children, educational administrators, social workers, bureaucrats, diplomats and high-ranking officials of government of India.

At the conclusion of the event, Honorable Shri Atul Kothari, special quest of the event, threw light on the relevance of the views of Dr. A PJ Abdul Kalam and endorsed the award for the betterment of the society. The chief guest congratulated our school for the dedication with which we cater, shape and mould the students from all over the vicinity.

# Goodbye Selin Ma'am!

"The most painful goodbyes are never said and never explained."

The school witnessed the superannuation of a stalwart, after a long, active selfless service of twenty years. St. Mary's bid a farewell to Selin ma'am on 31 March 2020. She worked as the senior teacher in the Science department. Her dedication and versatility made her an exceptional teacher of the institution. The School will always remember Selin ma'am as a person of integrity, with a great sense of responsibility and also as a multifaceted personality, who shouldered many major events which took the institution to new heights. Through Leadership Training Service (LTS) programme, she worked tirelessly towards building future leaders.

Her kind nature, good interpersonal skills, keen sense of humour, empathy towards her fellow teachers and students empowered her to be a great leader. She always used her wit to articulate her ideas and messages in a dramatic and novel way. Her ability to interact with children of all age groups with varying capabilities stands testimony to her compassion and shows her commitment to the cause of education. Her absence has created a void which can never be filled. The school wishes good health, prosperity, peace and joy

in her retirement life. May the next chapter of life bring her endless time to do the things she loves.





## Orientation Programme for

# Parents

An orientation programme for parents was held on 16 March 2019. Rev. Fr. Varghese Alengaden was the resource person. Fr. Varghese highlighted the importance of partnership between parents and school for the growth of children. He lay stress on 'character formation' as the need of the changing times. He urged the parents to instill values of honesty and righteousness in the children.







# On Wings of Loyalty

## Effort Spells Success

#### Investiture Ceremony

"Leaders are the role models who inspire the followers and motivate them to reach the pinnacle of success."

The new student council donned the mantle of leadership and responsibility in a solemn ceremony that was held for the primary wing on 10 April 2019 and for the senior wing on 4 May 2019. The newly elected council members received the badges and the sashes from the Manager, Rev. Fr. Paul Roy, Principal, Rev. Sr. Elsy C. J. and Headmistress, Rev. Sr. Manjusha C. J. The office bearers then took the oath of service to the school. Speaking on the occasion, Principal Rev. Sr. Elsy C. J. motivated the students to lead from the front with their commitment, confidence and competence. She reminded them that they are the torch bearers of all the values that the school stands for and urged them to take up the responsibility with integrity.

Unity is Strength

On behalf of the new student council, the head boy thanked the management for giving them the opportunity to be the leaders and promised to work for the betterment of the school. The new leaders felt joyous and proud at the trust and responsibility bestowed on them.

Truth Alone Triumphs



#### **OFFICE BEARERS (SENIOR WING)**

	Head Boy Head Girl		Alan Jipson
			Aleena Verghese
	Vice He	ad Boy	Abin P Binoy
Vice Head (		ad Girl	Kriti Gupta
/	Games Captain Vice Captain		Navya Bisht
1			Varundev Bisht
/			Nirmal Thomas
/	Editors		Jerome Shijo
1	Agni	Captain	Raj Tiwari
/	House	Vice Captain	Abin Joseph
1	Amber	Captain	Annu Maria Manu
/	House	Vice Captain	Arnol Regi
	Prithvi	Captain	Anupama Nair
4	House	Vice captain	Feby Jomy
	Vaayu	Captain	Elisha Thomas
	House	Vice Captain	Zaid Akram Usmani

# OFFICE BEARERS (PRIMARY WING)

Head Boy		Nishal Thomas
Head Girl		Sania Anna Prince
Games	Captain	Muskan Madhavan
Vice Ca	ptain	Manas Rawat
Agni	Captain	Joanna Jomon
House	Vice Captain	Anirudh Krishna
Amber	Captain	Brigitha Jobi
House	Vice Captain	Jopaul Shijo
Prithvi	Captain	Akshat Ujjain
House	Vice captain	Ishika Verma
Vaayu	Captain	C. Alice
House	Vice Captain	Akshara Ranjit



MARIANETTE 2019-2020 25



**'VANDE MATARAM!'** 

Freedom in the Mind, Faith in the Words,
Pride in our Souls.....

Let's salute the nation on this auspicious day.

India's 73<sup>rd</sup> Independence Day was celebrated on 14 August 2019 with great enthusiasm and zeal in the school. The Chief Guest for the day was Shri Praveen Negi, SHO of Gazipur police station. The school band and the NCC cadets escorted the Chief Guest, Manager Rev. Fr. Jose T J, Principal Rev. Sr. Merlin C J and Headmistress Rev. Sr. Poonam C J to the venue. Shri Negi unfurled the tricolor and all sang the national anthem in unison. Addressing the gathering, Shri. Negi infused in the students a feeling of undying love for their country. He reminded the students that it is the duty of each and every one to promote and protect the dignity of the nation.

India is a unique blend of diverse religions, languages and cultures and this was portrayed through inter house patriotic song and folk dance competitions. The energy and patriotic fervour of the children was depicted in their songs.

In her address, Principal Rev. Sr. Merlin C J urged the students to take pride in being an Indian. She emphasized the role of students as the true wealth of a country.

The celebration came to an end with the school anthem. Sweets were distributed to the children.











# "YOU ARE OUR ALCHEMIST"

- A SPECIAL TRIBUTE TO THE TEACHERS -

In the changing times where technology is replacing many human resources, teacher's profession is also losing its importance as givers of knowledge. But the soft skills and values which the teachers inculcate among their students can never become redundant. To acknowledge this pivotal role of a teacher, Teachers' Day was celebrated in the school with great zeal and enthusiasm.

The central theme for the day was "Teachers You are Our Alchemist". Students of the senior wing expressed their deep gratitude towards their teachers through a plethora of programmes. They appreciated the hardwork and effort of their 'Gurus' through various songs dedicated to the teachers. A special skit highlighting the theme- how a teacher influences and shapes the life of her students was presented. The students also presented a token of their love to all the teachers. Each teacher was given a special title conveying his/her inherent quality as a teacher.

Addressing the gathering, our Manager, Rev. Fr. Jose T J applauded the efforts of all the teachers in moulding the lives of the young Marians. He said that the 'Guru' always plays a prominent role in the success of the student.





### October - The Month of Rosary

"Our Mother Mary is full of beauty because she is full of grace."
- Pope Francis

The month of October is devoted to Mary, our Mother, in our school. The word Rosary means "Crown of Roses". Our Lady has revealed to several people that each time they say a Hail Mary they are giving her a beautiful rose and that each complete Rosary makes her a crown of roses. Praying the rosary everyday has proved to be wondrous and powerful to many.

During October, Catholic students from various classes and their catechism teachers assembled in the conference room every day and prayed the rosary. They began and ended with a hymn and recited the litany with full dedication. The month of rosary was concluded on 31 October 2019 by a few of our students with prayer and songs, devoted entirely to Mary. Mary, our mother, has always protected the church and its people when it is prayed with full devotion. Mary was not only holy, she was also the mother of our Lord.

Our lady has done wonders for our school and our faith in her has only increased manifold.



#### Retreat — 'A Delightful Day With The Lord'

Our school organized an annual retreat on 28 February 2020 for all the Christian students to rekindle their Christian teachings and beliefs. It was an amazing experience for the students as they sang and danced to the tune of being grateful and alive to each and every experience they have had in the past.

Ajin Jose and his team were invited to the school to share their experiences and testimony of witnessing Jesus Christ in their lives. The team started the session with a song 'Yes Lord' and continued with making the students realize the importance of the presence of Christ in their lives. There was also a talk by Ajin on the topic- 'Extravagant Love of the Lord', in which he proclaimed the abundant love that God has for His people. He showed videos which celebrated the unconditional love of God. He also discussed the various problems that the youth of today experience, like drug abuse, bullying, pornography etc. Ajin shared his personal experience on how he came to know Jesus and how he was able to strengthen his faith in the Lord.

It was a lively and frolicsome experience for the students as they sang, danced and also prayed. Through this retreat, the students were able to renew and revive their spirits and lead a devout Christian life.

MARIANETTE 2019-2020 29

## Annual Day:

## **An Expansion of the SDGs**

Our school had an array of programmes in the months of October and November which showcased our commitment to the Sustainable Development Goals set up by the UN. The students were sensitized about the enormous social, economic and environmental challenges facing the world. Hence, the themes of our class wise annual day celebrations were chosen in accordance to them.







### PARENTS' DAY OF CLASS VI

Date: 24 October 2019

Theme: Good Health and Wellbeing

(SDG No.3)

Chief Guest: Mr. Manoj Kumar

MLA, Kondli constituency













## PARENTS' DAY OF CLASS VII

Date: 18 October 2019

Theme: Climate Action (SDG No.13)

Chief Guest: Mrs. Jugnu Choudhary

Councillor, EDMC





















## PARENTS' DAY OF CLASS VIII

Date: 1 November 2019

Theme: Gender Equality (SDG No.5)

Chief Guest: Sr. Sneha

 $Advocate\,\&\,Member\,of\,Delhi$ 

**Minorities Commision** 



















## PARENTS' DAY OF CLASSES IX & XI

Date: 8 November 2019

Theme: Peace and Justice Strong Institutions

(SDG no 16)

Chief Guest: Rev. Fr. Viju P. D.

Director of Christ, Deemed to be

University (Delhi/NCR)





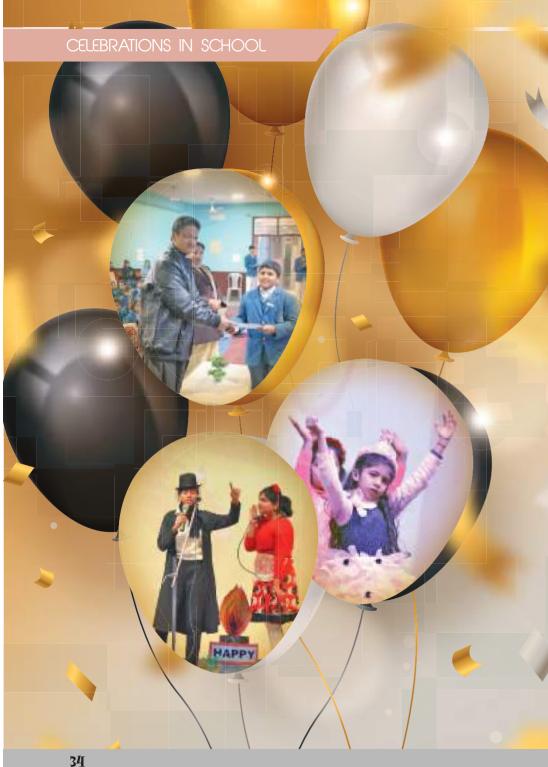












## MANAGER'S DAY!







Birthday is the time to celebrate the gift of life and praise God for the same. We, at St. Mary's, celebrated the birthday of our Manager, Rev. Fr. Jose T J on 11 January 2020 with great joy.

The day began on a pious note. Holy mass was celebrated for various intentions, among which were the Manager's birthday, the welcoming of the new year, blessings for the students of classes X and XII before their board exams and healing touch on those who are suffering from various illnesses.

This was followed by a scintillating cultural programme that comprised of songs and dances by the students of the primary and the senior wing. Rev. Fr. Jose TJ was gifted with a bouquet and a card.

Addressing the gathering, the Manager thanked everyone for the wonderful celebration of his birthday. He said that he always praises the Lord for His miracles in his life.

#### CELEBRATIONS IN SCHOOL

#### PRINCIPAL'S DAY!

The school lit up with joy and excitement for the birthday celebrations of our dear Principal Rev. Sr. Merlin C J on 1 December 2019. Students expressed their love and fondness for dear Sr. Merlin and conveyed their best wishes through cards and flowers. The captains from the primary and the senior wing presented Sister with a bouquet and a card each.

A special prayer assembly was conducted to invoke God's blessings on Rev. Sr. Merlin C J. It was followed by a short entertainment programme that comprised of songs and dances by the young Marians.

Speaking on the occasion, our Manager Rev. Fr. Jose T J wished Sister a happy birthday and appreciated her honest, sincere and wholehearted efforts in taking the school to greater heights.

Rev. Sr. Merlin C J expressed her joy and gratitude to all the students and the teachers for their warm wishes and for making her day special.









#### FEAST DAY OF OUR

#### **HEADMISTRESS!**

'Whoever serves me must follow me; and where I am, my servant also will be. My father will honour the one who serves me'. John 12:26

The school celebrated the Feast Day of their Headmistress Rev. Sr. Poonam C J on 21 January 2020. It is a day of Feast of St. Agnes, the patron saint of Sr. Poonam C J. As a token of love and respect, the head boy and the head girl of both the senior and the primary wing presented Sr. Poonam with a bouquet and a card each.

The students of the primary wing held a special programme to mark the joyous occasion. The programme began with the lighting of a candle by Sr. Poonam, followed by a special prayer assembly that depicted the life of St. Agnes. It focused on St. Agnes' faith in Jesus. The assembly beautifully depicted the devotion of St. Agnes, a martyr and her becoming a saint. The programme concluded with a beautiful song presented by the teachers of the primary wing.

Speaking on the occasion, our Manager Rev. Fr. Jose T J praised Sr. Poonam for her simplicity and humility. Our Principal Rev. Sr. Merlin C J appreciated Sr. Poonam for her dedication and hard work towards the school.

Addressing the gathering, Rev. Sr. Poonam thanked everyone for their love and support. May the radiance of Sister's smile spread far and wide!



CELEBRATIONS IN SCHOOL

#### SILVER JUBILEE CELEBRATION OF

REU. SR. ROSE C. J.

'Cherish God's vocation. Let it be constant, efficacious and loving.'
-Mary Ward

The Marians were privileged to celebrate the 25 years of religious commitment of Rev. Sr. Rose C. J. on 30 January 2020. The students of class VIII presented an organised assembly where they depicted Sister's spiritual journey and dedicated life through a prayer dance. The children expressed their joy by singing a greeting song. The captains presented Rev. Sr. Rose C. J. with a bouquet and a card on behalf of the Marian family.

Speaking on the occasion, our Manager, Rev. Fr. Jose T. J. congratulated Rev. Sister for the successful completion of 25 years of her religious life. He wished Sister many more years of good health and dedicated service to the society. Rev. Sr. Rose C. J. thanked everyone for their wishes and for making her day a memorable one

























The staff of St. Mary's took a break from their daily hectic routine in school and spent a day of leisure and fun in the rustic ambience of Pratapgarh Farms, Haryana on 7 December 2019. Headed by the Principal, Rev. Sr. Merlin C J, Headmistress Rev. Sr. Poonam C J and Rev. Sr. Rose C J, the teaching and office staff reached Pratapgarh Farms and had a gala time. They enjoyed a melange of activities and were also treated to mouth watering dishes of Haryana state cuisine.







### Marian Day Celebration

The Feast of our patroness Mother Mary is celebrated annually on 8 December as the Feast of Immaculate Conception of Mother Mary. On this day, we recall Mary's motherly patronage, guidance and her loving care and protection.

The students of the senior and the primary wing held the solemn celebration of the Feast Day of Mother Mary as the feast of the Immaculate Conception of the Virgin Mary. Prayer assemblies were conducted in honour of the Blessed Virgin Mary. Our Principal, Rev. Sr. Merlin C J and Headmistress, Rev. Sr. Poonam C J motivated the students to imbibe the virtues of obedience, faith and humility as portrayed by Mother Mary. The celebration concluded by wishing everyone a happy feast and distributing sweets among the children.







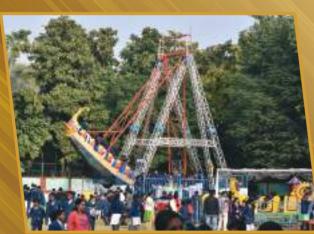














### FEST 'N' CARNIVAL

The school carnival is a much awaited and most anticipated time of the whole academic year. It was held on 14 December 2019. The carnival was inaugurated by our Manager Rev. Fr. Jose T J who graced the occasion and declared the carnival open. He was accompanied by the Principal Rev. Sr. Merlin C J, Headmistress Rev. Sr. Poonam C J and Rev. Sr. Rose C J. Together they visited all the stalls and wished everyone a day of fun and frolic. The carnival was organized and celebrated as part of the School Feast Day celebration in a grand manner.

The theme of the carnival was 'Say No to Plastic'. It was well depicted through a street play enacted by the students of the senior wing.

There were a variety of food stalls serving delectable food items. The food stalls attracted a large number of students who appreciated the multi cuisine variety of mouthwatering delicacies. The games stalls were also not behind. Students thronged the stalls and enthusiastically participated in the different games and could be seen trying their luck in lucky dips, dart boards and other games. The special attraction of the day were the Mickey Mouse, the Columbus and the Caterpillar rides which kept the enthusiasm of each and everyone brimming.

The school carnival fostered a feeling of festivity and euphoria all over. It was altogether a wonderful day filled with fun, excitement and community spirit.

MARIANETTE 2019-2020 41



As the cold December wind swept in St. Mary's, it brought with it the chills of winter and the warmth of Christmas. Christmas is a time to be jolly. It is the season of mistletoe and feasts. The festive season filled the air in our school from early December. Peeping into the celebration of Christmas in the school, one could find a plethora of activities ranging from lavishly decorated halls and corridors to singing Christmas carols during assembly and to the various competitions that were conducted to bring in the joy of Christmas.

The school prepared itself for this big day by starting with the decorations. A star was put up in the school to mark the advent of Christmas. The four House boards were decorated by the young Marians which displayed the creativity and artistic skills of the students. To add to the adornment, a Christmas tree was put up at the entrance of the school building.

Christmas Mass was celebrated on 19 December 2019 to welcome Baby Jesus by the Marian family. Class wise Christmas parties were organised on 20 December 2019 in the school field to imbibe in the students the values of sharing and caring. The students had a gala time.

The curtains to the festivities were drawn down with the teachers' Christmas party on 21 December 2019. It was a memorable celebration with a lot of laughter and fun.















## **CHRISTMAS**

#### JOY OF SHARING AND CARING

As part of celebration of 'The Joy of Giving Week' in the Christmas season, the students of class XI visited the Missionaries of Charity- Asha Daan Orphanage, Karkardooma on 16 December 2019. It has around 24 inmates who are mostly physically and mentally challenged.

The children mingled with the inmates and danced and sang Christmas carols. The inmates were gifted provision items which had been collected in the school from the young Marians. The visit was a new and enriching experience for the young children as they learnt the value of caring for the underprivileged.

On 17 December 2019, the members of the Companions of Mary Ward paid a visit to the slum dwellers of Yamuna Pushta area. As part of Christmas charity, the members distributed sweets and food items to the poor families residing there. The families were overwhelmed with joy on receiving the gifts. It was a special feeling as everyone sang Christmas carols as part of the Christmas celebrations.





#### Friends of Mary Ward

"One who is gracious to a poor man lends to the Lord and He will repay him for his good deeds" - Proverb 19:13

The Friends of Mary Ward (FMW) carried forward the legacy of their ideal Mary Ward . The group now under the leadership and care of our Principal Rev. Sr. Merlin C J, Headmistress Rev. Sr. Poonam C J and Rev. Sr. Rose C J firmly believes in sharing, compassion and service to the less privileged of the society. Through a series of events and activities, the group went an extra mile to bring a smile on many a faces. As we walked ahead many more teachers joined the group. The group now stands stronger with its new members.

#### House Visit

As part of our outreach programme, the FMW members visited the families of some of the students of our school. The parents and students were overwhelmed with feelings of joy and gratitude. We being the torchbearers of the goodwill of Mary Ward, prayed for the families and promised them our guidance and support.

#### Slum Visit

FMW members visited a slum during Christmas time and distributed ration amongst the slum dwellers. The group sang hymns with them and could share some of their joys and sorrows.

#### **Distributing Provision Items**

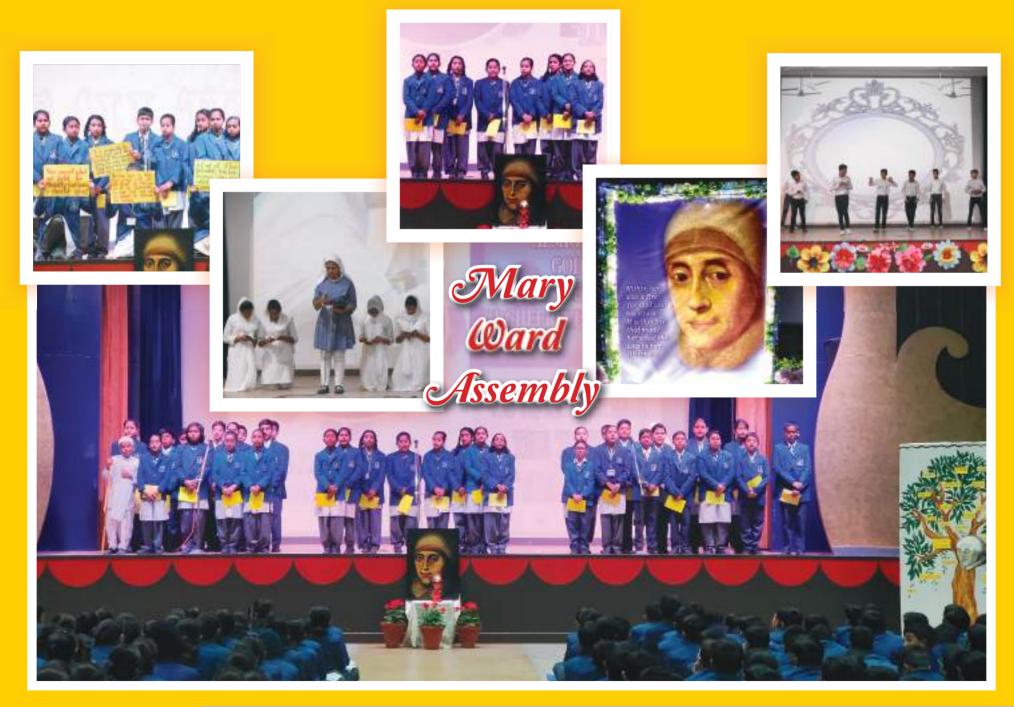
Mary Ward said "Be kind and merciful towards the poor". The FMW members organized a special activity where we invited rickshaw pullers, vendors and needy people and distributed food and grocery items amongst them. The young Marians had contributed generously for this cause. The light and joy in the eyes of these people gave us the hope for a better tomorrow.

#### **Prayer Assembly and Morning Prayers**

As patrons of Mary Ward, we strive in spreading the word of Mary Ward to the masses and to our children who are the future. A prayer assembly was conducted in our school to celebrate the birth and life of Mary Ward.

Every morning, Friends of Mary Ward members gather to praise and worship the Lord and thank Him for all His graces as we begin the day. We say a special prayer on 23 of every month, wherein, we especially pray for the sick and those in need.





MARIANETTE 2019-2020 45





### Bidding Adieu...

The school bid a fond farewell to the outgoing batch of class XII on 10 February 2020. The day started with a short prayer service. Our Manager, Rev. Fr. Jose T J, Principal, Rev. Sr. Merlin C J, and Headmistress, Rev. Sr. Poonam C J passed on the 'light' of wisdom to all the students of class XII.

The event was a fiesta devoted to the years spent together with friends and teachers and to reminisce the joyous moments. The programme consisted of group dance performances, songs, a humorous skit and some interesting games. An ambience of fun and frolic was created for the seniors. The students were presented mementos and their class photograph.

Addressing the gathering, our Principal Rev. Sr. Merlin C J wished the students success in all their future endeavours and asked them to render dedicated service to humanity and live a happy and peaceful life.







### 'Don't limit your challenges, challenge your limit.' - Mary Kom

Excellence in education requires effort, dedication and fortitude from students, parents and teachers. It is thus with pride that we unveil the talent and achievements of our children in our school magazine be it in academics, sports or extracurricular activities. It has been a momentous year as our students participated in various inter school competitions and made us proud, exhibiting excellence in every field. It is very reassuring to see the children enthusiastically exploring all the avenues of self expression at their disposal. As we step ahead into another glorious year, I offer my heartiest blessings to each student so that he/she imbibes the best values provided by the institution and become the best version of his/her own self, as quoted by Roald Dahl in one of his novels - 'Somewhere inside all of us is the power to change the world'.

We hope this wonderful journey of learning continues to grow from strength to strength with the common objective of creating a meaningful and conducive environment for our young learners. We celebrate and applaud each child, each gifted with a set of talents to become worthy leaders.

Ms. Hashnu Nautiyal



### ANNUAL SPORTS DAY, CLASSES KG TO V

Theme: Celebration of Life
Date: 20 November 2019
Chief Guest: Shri Arun Kumar Mishra

**District Magistrate of East Delhi** 



















PAIN















MARIANETTE 2019-2020 5

## Christmas





#### POVERTY

Poverty is the condition in which an individual or a family lacks the amount of money to meet the basic needs for survival such as food, clothing and shelter.

It is the biggest challenge for a developing nation to eradicate poverty. Poverty means increase in child labour, unemployment, housing problems illiteracy and diseases. Many poor people sleep on the pavement ,wear dirty and torn clothes. A huge number of people in this country are living in the slums where they have little or no means of education. This is a huge gap between the rich and the Poor. Poverty forces little children to work at low cost . Poverty is a huge national problem it must be solved by implementing effective solutions because poverty is a condition not destiny. It can be corrected.

Tanishka Rawat V-B

#### LIFE ON LAND

We share this mother earth with other living things like plants and animals. Like humans they also have the right to enjoy the resources of mother nature. We should respect their rights and should not exploit other living beings. If instead of being a human I was an ox I would till the land to my maximum capacity so that maximum food could grow thereby helping the farmers feed maximum people. I would never hurt anyone. I would pull the cart for the old, sick and also for the kids.

I would have also taken oil out from the mustard seeds which is used by many people for cooking and children to keep the skin soft. This way I would've given whole of my life for the betterment of fellow living beings.

Tannmay Gulati IV-C

#### MY FIRST EXPERIENCE BY TRAIN

The first time I travelled by train was when I was five years old. We made a long trip from Delhi to Gujarat. As soon as we settled inside the train there was a heavy downpour for the next eight hours. I ate my breakfast and enjoyed listening to songs on headphones. After sometime my family played games joyfully inside the train while I was sitting on my grandfather's lap watching the spectacular sight. At night my elder sister and I read comics and listened to songs. After a while both of us slept. As the last station was half an hour away almost the whole coach got vacant. I sang the song of my favorite cartoon'main hun jiyaan'. Finally my first experience by train ended.

Jay Tiwari V-A

#### WHEN MAHATMA GANDHI CAME IN MY DREAM

One day I was in deep sleep and suddenly Mahatma Gandhi came in my dream. He gave me some words of advice.

He said, "Be honest, as honesty is the most important thing that matters to humanity." He also said, "Care for everyone equally, not only those who are close to you. The basic education links children, whether they are of cities or villages. So, study hard!"

"Always love your country and help the poor as much as you can. Obey your parents, teachers and elders. Be courageous and disciplined, make a goal and try to reach for it every single day. Do not be lazy even for five minutes in your life. Your face should always have a smile and you should know your self worth."

Shreya Mathew V-B

#### WHEN MAHATMA GANDHI CAME IN MY DREAM

Last night I went to my bed very late and was fast asleep. Suddenly I saw that I was in another land where there was a big crowd. I saw a person standing there who was telling about peace, joy and happiness to the group of people. Then I recognized that the person was Mahatma Gandhi. He told me that joy can make impossible work possible and also told me the real meaning of joy. He told me that we should be kind to others, as that is the sole purpose of human life.. To be kind to others and help others. Then I suddenly woke up and my father was calling me to be ready to go to school. Then I remembered what Gandhi said, "Be the change that you wish to see in the world."

Ann Maria Martin V-A

#### GOOD HEALTH AND WELL BEING

We have made great progress against several leading causes of death and diseases. Life expectancy has increased dramatically; infant and maternal mortality rates have declined. We have turned the tide on HIV and malaria deaths have halved. Good health is essential to sustainable development and the 2030 agenda reflects the complexity and interconnectedness of the two. It takes into account widening economic and social inequality. There are some facts for this-at least 400 million people have no basic healthcare and 40% lack social protection. Every two seconds someone aged 30 to 70 die prematurely from non-communicable diseases. 7 million people die every year from exposure to fine particles in polluted air.

Anurag Srivastava V-D

#### IF I WERE A WATER ANIMAL

I wonder what a beautiful life it would be inside the sea. I wish I were a cute little dolphin in bright blue and grey colors. I could swim for the whole day and meet other sea creatures in the sea .Deep into the waters, I would swim with my friends and enjoy diving .I would explore the deep ocean, the waves and sometimes come across human beings as well. I would certainly have lots of fun and would dance all the day. No worries to study or do my homework .All I would do is swim in the endless blue sea. I would be a source of joy and amusement to the humans when they would see me dance in the ocean waters. I wonder what my name would be . I guess "The Little Thor Dolphin".

Shubh Saikia II-R

#### GANDHI AN ICON

For me Mahatma Gandhi is a great leader it is because of him that we are living in a happy and free India. If he was not there at that time we would have been slaves of the English monarchy. Gandhi fought bravely rather silently to free us from the clutches of the British. He always said "The weak can never forgive, forgiveness is the attribute of the stronger being". We can all do small things in this world that bring joy in the face of others. I love Gandhiji and his ideas of non violence and cleanliness.

He taught us a lesson of nonviolence, in a gentle way we can shake the world.. His courage and freedom always inspires me and he's one of the greatest leaders of our nation.

Joel Jose V-B

### MY EXPERIENCE AS THE HEAD GIRL OF PRIMARY WING

My experience as the head girl of the primary wing for 2019-20 was quite a memorable part of my life. It was indeed an enriching learning experience for me. Now that I look back on my days as the head girl, I remember the care and guidance I got from our teachers. The support of my team of captains who were ever ready to take care of the discipline and responsibilities of the primary wing. I was really happy the day I got selected because I had always aspired to be a captain or the head girl. I always thought that being the head girl meant that I could boss over the other students, but it was not that rather it was working for the betterment of all the students.

The honour to be the head girl of the primary wing came with a lot of responsibilities. Our Headmistress, the teachers and the other captains helped me whenever I needed their help. As the head girl I realized that being a leader one must be a role model which others can look upto. I could fulfill my role properly only because of the continuous encouragement and guidance of Sr. Manjusha, Sr. Poonam and my teachers as they entrusted us with the duties. I am also grateful to the captains and vice captains who helped me carry out my responsibilities. I also thank my friends and the students who believed in me. Lastly, I sincerely thank everyone who supported me and helped me to carry out my duties.THANK YOU!

V-A Sania Anna Prince

#### GOOD HEALTH AND WELL BEING

Health and well-being is high priority in current health and social care provision. Importance of promoting health and well-being is due to the dramatically increasing trend of obesity and mortality from health problems, illness and chronic disease. We should promote health in dynamic way and make contribution for upliftment of the society. The promotion of health awareness schemes is to enable people to adopt a proper health regime as a healthy citizen can only make a healthy nation. Health is a state of complete physical mental and social well-being and not merely absence of diseases. Alternative definition include a dynamic state of well-being characterized by a physical and mental potential which satisfies the demand of life with personal responsibility.

Aditya Shukla V-D



#### अच्छा स्वास्थ्य और मानव कल्याण

स्वस्थ बनें हम स्वस्थ रहें हम. ना रोग दुखों से ग्रस्त रहें हम। आलस में ना पस्त रहें हम. दिल से बिल्कुल मस्त रहें हम। अच्छा सोचे और अच्छा खाएं. दिमाग की अपनी उपज बढ़ाएं। गीत - संगीत का आनंद उठाएं. चिंता को अपने दूर भगाएं। रहना है गर रोगों से दूर, सलाद, फल, सब्ज़ी खाओ भरपूर। चबा-चबा कर खाओ जरूर. चमकेगा फिर चेहरे का नूर। खेल-कृद, योग अपनाया करो, रोज समय से नहाया करो। नहाने के बाद ही खाया करो. खाकर टहलने जाया करो। साफ-सफाई का रखो ध्यान. गंदगी बुनती रोगों का जाल। कूड़ा-कूड़ेदानों में दो डाल, ऐसे रखें खुद अपना ख्याल।

> अंश तीसरी-सी

#### अच्छा स्वास्थ्य और मानव कल्याण

अच्छा स्वास्थ्य हमारे लिए एक वरदान है। हमें स्वस्थ रहने के लिए रोज़ सुबह व्यायाम करना चाहिए और शुद्ध हवा लेनी चाहिए। स्वस्थ रहने के लिए हरी-हरी सिब्ज़ियाँ तथा फल खाने चाहिए और साफ़ पानी पीना चाहिए। हमें अपने आस-पास की जगह में, पेड़-पौधे लगाने चाहिए। तथा अपने घर के आस-पास सफ़ाई रखनी चाहिए। स्वच्छता से ही स्वस्थ समाज का विकास होता है। अच्छा स्वास्थ्य हमें सभी बीमारियों और रोगों से मुक्ति प्रदान करता है। अच्छा स्वास्थ्य हर समय हमारी मदद करता है और हमें जीवन में कुछ बेहतर करने के लिए प्रोत्साहित करता है।

अंशिका चौधरी चौथी-सी

#### अच्छा स्वास्थ्य और मानव कल्याण

अच्छा स्वास्थ्य हमारे जीवन का सबसे महत्त्वपूर्ण हिस्सा है, जिसके बिना हम अधूरे हैं। हमारा शरीर ही हमारी अच्छी और बुरी, सभी तरह की परिस्थितयों में हमारे साथ रहता है। एक अच्छा स्वास्थ्य हमेशा मन से चिंता को दूर रखता है और बिना किसी बीमारी के खुशी भरा जीवन, व्यतीत करने में मदद करता है। अच्छे स्वास्थ्य के लिए हमें समय पर सुबह उठना, व्यायाम करना, ताज़ी हवा, संतुलित भोजन, स्वच्छ पानी, पर्याप्त सोना और आराम, स्वच्छता आदि की आवश्यकता होती है। हमें मस्तिष्क में सकारात्मक सोच रखनी चाहिए। अच्छा स्वास्थ्य ही जीवन के सारे सुखों का आधार है।

सारा तीसरी-सी

#### पानी के नीचे का जीवन

कभी-कभी मैं सोचता हूँ. अगर मैं मछली बन जाऊँ समुद्र की गहराइयों में, मैं तैरने को निकल जाऊँ। यदि मैं मछली बन जाऊँ. तो मैं पूरा समुद्र घूम पाऊँ। तारा मछली और समुद्री घोडा, डॉल्फिन मैं भी वहाँ देख पाऊँ। यदि मैं मछली बन जाऊँ, तो मैं समुद्र का रहस्य खोज पाऊँ। जलिए पौधे और मूँगा से, मैं भी अपना घर बनाऊँ। यदि मैं मछली होता तो. मैं उनके कष्टों को समझ पाता। इंसानों द्वारा किए जाने वाले अत्याचारों को. में स्वयं अपनी आँखों से देख पाता।

> अग्रेश भट्ट चौथी-ए

#### श्रेष्ठ शिक्षा

बेहतर शिक्षा सभी के लिए जीवन में आगे बढने और सफलता प्राप्त करने के लिए बहुत आवश्यक है। यह आत्मविश्वास विकसित करने के साथ ही. हमारे व्यक्तित्व के निर्माण में भी सहायता करती है। ज्ञान और कौशल में सुधार करके, एक सभ्य मनुष्य बनाने में स्कुली शिक्षा महान भूमिका निभाती है। हमारे देश में शिक्षा को तीन श्रेणियों में विभाजित किया जाता है- प्रारंभिक शिक्षा, माध्यमिक शिक्षा और उच्च शिक्षा। यह हमारे कौशल चरित्र और पूरे व्यक्तित्व को विकसित करती है। हर बच्चे को उचित आयु में श्रेष्ठ शिक्षा मिलनी चाहिए। हर एक बच्चा अपने जीवन में कुछ अलग करने का सपना रखता है। इन सभी सपनों को सच करने का, केवल एक ही रास्ता है और वह है "श्रेष्ठ शिक्षा"।

निष्ठा मावी चौथी-डी

#### निर्धनता नहीं

निर्धनता मानव जीवन में निराशा, दुःख और दर्द लाती है। निर्धनता बेरोजगारी और आर्थिक विषमता का मूल कारण है। निर्धनता पैसे की कमी है जो जीवन को उचित तरीके से जीने नहीं देती क्योंिक जीने के लिए सभी आवश्यक चीजों की ज़रूरत होती हैं। निर्धनता के कारण बच्चे को अच्छे स्कूल में दाखिला नहीं मिल पाता है, जिस वजह से वे उच्च शिक्षा भी प्राप्त नहीं कर पाते। वे एक दुखी जीवन जीने के लिए मजबूर हो जाते हैं। पैसों की कमी की वजह से, दो वक्त की रोटी, बच्चों के लिए किताबें जुटा नहीं पाना और बच्चों का सही तरीके से पालन-पोषण नहीं कर पाना ही "निर्धनता" है। हमें निर्धन लोगों की सहायता करनी चाहिए।

शालिनी ठाकुर चौथी-डी

#### पानी के नीचे का जीवन

सभी ये बात जानते हैं कि, पानी के नीचे भी एक खूबसूरत जीवन होता है और वह जीवन बाहर के जीवन से बहुत शांत और सुंदर होता है। सभी लोग चाहते हैं कि, वह एक बार पानी के नीचे का जीवन देख सकें और पानी के नीचे रहने वाले जीव भी यही चाहते होंगे कि वह पानी की जगह ज़मीन पर क्यों नहीं रहते? क्या आप जानते हैं क्यों? क्योंकि जैसे पृथ्वी पर प्रदूषण है, वैसे ही नदी, तालाब और समुद्र में भी प्रदूषण है। हमारे घर का सारा कचरा जो नालियों में जाता है, वह नालियों से गुजरकर नदी और नदी से समुद्र में चला जाता है। कारखानों का भी सारा कूड़ा-कचरा नदी और समुद्र में जाकर मिल जाता है। उसमें जितने भी रसायन, प्लास्टिक, पॉलिथीन आदि होते हैं वह समुद्र के जीवों को बहुत हानि पहुँचाते हैं। जिसके कारण कई सारी मछलियों की जाति भी गायब होने लगी हैं। अगर प्रदूषण इसी तीव्रता से बढ़ता रहा, तो एक दिन ऐसा आएगा कि, मछलियाँ भी "डायनासोर" की तरह गायब हो जाएँगी।

अवनी उपाध्याय चौथी-डी

#### शून्य भुखमरी

हर जीव को जीवित रहने के लिए भूख लगती है। हर दिन तीन बार भोजन करना सबका अधिकार है। दुःख की बात है कि बहुत से लोग रोज़ भूखे पेट ही सो जाते हैं क्योंकि उनको पेट भरने लायक भोजन भी नहीं मिल पाता। कुछ लोगों के पास आवश्यकता से अधिक भोजन होने के कारण, वे भोजन के मूल्य को समझ नहीं पाते और उसको जूटा करके थाली में छोड़ देते हैं या कूड़े में डाल देते हैं। ऐसा करने से पहले, उन्हें उन भूखे पेट सोने वाले लोगों के बारे में सोचना चाहिए और अपनी आवश्यकतानुसार ही भोजन थाली में लेना चाहिए। यदि सब लोग ऐसा करें, तो दुनिया से भुखमरी को मिटाया जा सकता है। इसलिए कहा गया है कि "उतना ही ले थाली में, व्यर्थ न जाए नाली में"।

तन्मय गुलाटी चौथी-सी

#### अच्छा स्वास्थ्य और मानव कल्याण

अच्छा स्वास्थ्य हमारे जीवन के लिए बहुत ही आवश्यक है। हमें सुबह जल्दी उठना चाहिए। सुबह उठकर हमें सैर करना चाहिए। व्यायाम और योगा करना चाहिए। अच्छा स्वास्थ्य तनाव को कम करता है और बिना किसी परेशानी के, स्वस्थ जीवन को बढ़ावा देता है। हमें हमेशा अपने स्वास्थ्य के बारे में सोचना चाहिए और नियमित स्वास्थ्य जाँच करानी चाहिए। अच्छे स्वास्थ्य बनाए रखने के लिए ताज़े फलों, सलाद, हरी सिंज़्यों, दूध आदि को समय पर लेना चाहिए। अच्छा स्वास्थ्य से हमारा मन स्वस्थ रहता है और हम पढ़ाई तथा खेल-कूद में भी अच्छा कर सकते हैं। एक स्वस्थ और शांतिपूर्ण जीवन जीने के लिए अच्छा स्वास्थ्य होना बहुत ज़रूरी है।

अपूर्व चटर्जी तीसरी-सी

#### श्रेष्ठ शिक्षा

शिक्षा के बिना मानव का जीवन निरर्थक है। समाज के सभी वर्गों का शिक्षित होना बहुत ज़रूरी है। शिक्षा के बिना मनुष्य का जीवन पशु के समान है। शिक्षा जीवन का मूल मंत्र है। शिक्षा ही किसी भी व्यक्ति को, अपने जीवन में आगे बढ़ने तथा सफलता प्राप्त करने का रास्ता प्रदान करती है। शिक्षा का व्यक्तित्व निर्माण के साथ ही, देश के निर्माण और विकास में भी इसका सबसे महत्त्वपूर्ण योगदान है। भारत में शिक्षा का अनुपात असंतुलित है, हमें इस असंतुलितता के अनुपात को संतुलित बनाने के लिए, सदैव अथक प्रयास करना चाहिए, तभी हमारा देश निरंतर उन्नित करेगा, और विश्व में भारत एक श्रेष्ठ देश की छिव कायम करेगा। शिक्षा के प्रति हमें सजग और जागरूक होना चाहिए।

भास्कर तीसरी-सी

#### अच्छा स्वास्थ्य और मानव कल्याण

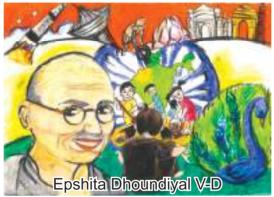
जल्दी सोना जल्दी उठना, ताज़ा-ताज़ा भोजन करना। रोज़ नहाना कसरत करना, अच्छा स्वास्थ्य हमें बनाना। दाँत हमेशा साफ करें हम, फास्ट फूड से दूर रहें हम। टी. वी., मोबाइल से दूर रहें हम, आँखों को स्वस्थ रखें हम। सब बातों का ध्यान हैं रखना, अच्छा स्वास्थ्य हमें बनाना।

> नायशा दयुन्दी तीसरी-सी

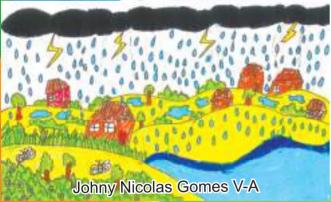
### **ART GALLERY**









































### CREATIVE WRITING

### Let's End Poverty

Just take a look into the eyes of those piteous pallid souls.

Just hear their cries, their feeble sighs, look how they dwell in a world so cold.

Just look at those innocent kids, look at their bodies half - naked. Look at their tattered clothes, which with mud and dirt are caked.

These are those humans who are called destitute or poverty—stricken.

These are those souls who laboriously work, till their poor bones begin to weaken.

Instead of showing them our benignity and warmth,
Their sight fills our cruel hearts with disgust.
Instead of lending them a helping hand,
We turn them away, which is deeply unjust.

Let's try to understand their pain,
Let's try to make this world more humane,
Let's help them conquer their fears,
Let's shower upon them our love and care.

Let's buy fair trade to support such communities
Let's ensure equal rights and opportunities for all,
Let's donate our belongings to someone in need,
Let's help bringing privation to a halt.

Anushka Bhatt X B

### A Voice suside

I happen to hear a voice, so low that it gets totally ignored. From deep within as it soars gets crushed by beliefs and ignores.

It raises questions like, Am I really being what I'm like? Or always trying to be someone else forgetting my own natural self.

Unable to share my thoughts in time fearing that someone else has better than mine.

Unable to hear my inner call amidst the expectations of all.

I feel lost and confusion sets in And I start blaming myself for every single thing.

But that inner call then reminds me that I can be a better me.

By not holding to stupid beliefs
I can let myself set free.

Ananya Panwar XI B

### Shine

There have been times
When you felt low
When you felt empty
And life seemed to be purposeless

There have been times
When you were bullied
When you were criticised
When your close ones left you
When even God did not answer your
prayers.

There have been times when parents and friends could not understand your emotions

When the world seemed to shatter and you were about to collapse

But you didn't.....
Rather you fought and survived
Because there was a light telling you
to shine
It contained you in your worst
It held you in your pain
It was an answer to your prayer
It brought confidence and it kept you
shining
Kept you strong, kept you going and
winning the WORLD!

Parul Nautiyal Counsellor

# A Hallow of Sustenance, An Avalanche of Problems

The 21st century is an era of technologies, infrastructure and development. All these three did exist to some extent in the previous centuries too, but the aspect of coexistence of the three has made 21st century one of its kind.

The panglossian view of the 21st century does not allow us to sneak deep into the cracks and crevices of the above mentioned coexistence of the three elements. It intimidates us to leave those cracks and crevices as they are, so that they can become more abysmal and disrupt the entire system or the ecosystem, I must mention. These cracks and crevices are referred to none other than the deplorable ECO – ENVIOUS problems of the society. These problems have existed in previous times but they are more intense now. If I start dictating the statistics of CO2/CO emissions, the percentage of release of chlorofluorocarbons annually, the amount of contaminants being drained into various rivers, you probably would prefer to turn the pages and reach out to more interesting things out there. So I will keep you engaged. It is my job.

The debilitating scenes on the earth persuaded the decision makers and representatives of the world to adopt a plan that aims to ameliorate various aspects of the environment by 2030 that is comprehensible and understandable by even the most meek and docile. The agenda has seventeen different areas aiming at sustenance of all creatures ranging from the titbits to the behemoth ones.

SDGs are unequivocally the most comprehensible goals and are to be applauded and commended by the various hegemonies of the world but they aren't of any importance if they are not followed and our resources are not leveraged in an optimum way. The apprehensions expressed by various environment enthusiasts, economists, philanthropists and other concerned persons round the globe foreshadow an imminent inferno.

This inferno can be averted. What we need to ensure is, first, this article does not become merely allegorical, rather it should make you realise that if not now then never. Second, we need to stay away from people who go wacky every now and then and always have a piece of flawed justification about something bad in every good step of ours. Third, to imbibe the motto of conservation with creativity. We all have 4G services running into our veins, pardon, mobiles all the time. We can make good use of it, believe me. Fourth and the last, I reiterate, realise the augury at the drop of a hat. Every tick of the clock we lose, we pave way for more troubles and trouble makers.

Merci.

Rashi Jha XI B

### Would You Make A Change?

Learn to look around For this world has so many stories to tell There may be this stranger down the street With nothing but ragged clothes Keen to tell his tale of hunger and poverty Only if somebody would listen and care From walking on the heated road without shoes His feet numb from the physical pain he has to endure To the emotional torture of selling his daughter off He has gone through the anguish of it all There may be this innocent girl Whose only fault was that she was born the way she is Desperate to tell her story About the discrimination and the unfairness of it all She often thinks why she isn't allowed out of the house Why can't she be educated like her brother? She wants to be someone Just doesn't want to be a puppet to everyone's whims anymore If only you look around You'll always find one such person

Who is a little different from others Maybe a low caste or a special color

They too want to speak about their stories

How they can't get opportunities

Because of the majority

When will all this inequality end I wonder

For all this is purely man made

Every injustice is our responsibility

They just show us how selfish we became

It shows that illiteracy and oppression still prevail

It shows that whatever we have fought for, for so many centuries

We haven't achieved till date

They all want to rise from the fire they were left to burn in

They all want to tell their stories

But would you listen and make a change?

Niharika Joshi XB

### Life Under Water

I once heard a mellifluous voice calling me to the depths of the ocean. I heard some sighs, some agonized cries and some hushed whispers, full of emotion.

"Oh pray help me as I'm in pain.
I'm worn out and utterly exhausted.
I have given my all to fulfil your needs,
but your greed has left me devastated."

I saw the tides rising and falling,
I felt the waves washing my feet.
The water was urging me to come closer,
And I couldn't resist that voice so sweet.

And so I dived into the alluring sea, the currents caressed my cheeks lovingly, a myriad of fishes swam past me, as I headed towards the source of that voice.

"So here you are, you have come so far, now turn your head and look around. Look how your race has destroyed the marine life. Look how you've turned our world into a burial ground."

What I saw next, caused me great distress, the shocking spectacle made me shout out.

The ocean bed was covered with marine debris and the corpses of creatures were floating about.

The realization of it all struck me hard,
It filled my heart with dismay and regret.
I had no words to express my shame
and all I could do then was fret

Marine pollution of every kind, ocean acidification at its prime.

How can we humans be so cruel?

How come I never noticed such a crime?

Oh! Yet again whispered that pleasant voice "Now humans it is all your choice Help us, before it gets too late In the hands of your race lies our fate."

Anushka Bhatt X B

### Au /maginary\_ife Underwater

Imagine an octopus saying hello Or a shark saying to us goodbye We meet a squid that helps Or dolphins that are too shy.

Underwater we find abandoned ships
Or maybe the lost city of Atlantis
We might even find undiscovered places
Or an oxford university of fish.

A turtle tourist asking directions
And a squid giving ink for free
Maybe we find an old sea horse
Or a choir of goldfish singing with glee.

We might even find Santa Maria
Or old people from Titanic surviving
Can there be countries like the USA?
Or even China with Beijing.

There can even be horrors in sea life Finding a creature too gruesome There can be good creatures too Like monks in a sea sanctum.

Seeing from visions of Greek Gods
We might find the Sea God Poseidon
Or if Hindu myths are true
We might even find Lord Vishnu.

We will see sub aqua communities Or sports that are mind blowing I believe none of that is happening Until my imagination is flowing.

> Rishabh Dhaulakhandi VII A

### Resilience

Hold yourself tight

Let go off that hesitation

Try to feel that subtle change
Believe that it's your transformation.

You know where you are standing And it's for you to decide Which plane you would like to catch That would take you up to that height.

Feel your powers in an ecstatic world
Believe that you are indomitable
Feel the resistance that your mind is offering
And believe that nothing is incluctable.

Listen to that euphonious melody
That keeps resounding in your head
It says you have fluffed your only task
But you are not planning to carry it ahead.

You just need to put an end to this mayhem
Manoeuvre and furbish your thoughts
All your fallibility will vanish like vapours
And your murky life will surely come to a halt.

Kanika Tiwari XII A

# Whose fife is in Danger-Time to Change Yours or Mine?

I am the saviour of all A habitat for plants, a home to animals I can live for years But you don't want me to be here.

The trees are your guard But you cut them and I see their bleeding bark You kill the animals without any fear And discard them all from here.

Save trees, save birds, save your life Save yourself from being knifed Just what I want is let me survive I want to spend my whole life with you.

I am your Earth!! Your Mother, who gave you birth Your survival depends on me You are responsible for what you do to me.

Listen to my call, don't whine Think!! Whose life is in danger- yours or mine?

> Harshita Bahuguna VII C

A girl speaks, against patriarchy And people start to judge Who granted her that right? Stopping her is a must!

She's labelled and tagged As a bad woman No matter how good she shall be.. Democracy gives the right to speak But no! Not against patriarchy!

Why we fear to share same privileges With our own mothers, sisters and daughters?

Giving them equal opportunities Shouldn't be something that bothers.

We live in the 21st century But women are still afraid to go out at night, Cases of rapes, femicides, violence Never seem to be out of sight.

It's time to initiate changes And to make amends Before it gets too late Before our faith in humanity ends..

> Navya Bisht XI B

### Save the World

Save the world We are destroying the Earth It is now a wasteland It was not like this since its birth.

Save the environment Save the nature For our benefits Stop killing each and every creature.

Save the water Or the world will be affected by drought We should try from today Or the problem will never be sought.

Let us be dutiful And make our Earth safe and beautiful Let us be responsible So that we do not fight for our survival.

> Parikshit Bhattacharya IX D



### The Relevance of Religion Today

### (This essay by Rohit Bhatt of XII- C won him the first prize in the Inter School Essay Writing Competition organised by the DCC Library on 30 August 2019.)

The Velankanni church draws Christians and Hindus without any prejudice or bias. The mosque at Ajmer Sharif is a holy shrine for Hindus and Muslims. The Hindus consider it as a pious sanctum sanctorum like the Muslims. The Sabarimala Temple is visited by Hindus, Christians and Muslims from all over the world. Hence, the above examples prove that majority of the human population is sans any 'religious hatred'. Religion is often considered a divisive force. But it is not true. Instead, it is the bonding element between creations of God. Hence, religion is very important in the world.

All the religions teach the values of love, care, justice, equality, concern for others, honesty and universal brotherhood. These values help us lead a refined life.

There is a misconception that science and religion are two repulsive forces which cannot be mixed together. We need not be blind believers but must understand the logic behind every religious deed. Recently, scientists have also started acknowledging the fact that questions which remain unanswered till date, can be answered by religion only. The more scientists discover about the expanding universe, the more they are filled with admiration and wonder about the universe, and the more religious they become.

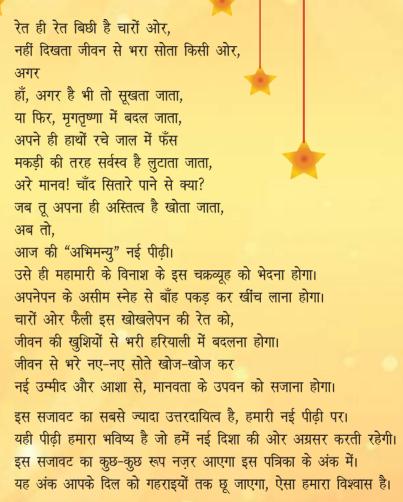
In the fast pacing modern world, man is running behind success, money and growth. He is caught in the cobweb of success. He has no time left to spare for himself. His mind is full of tension and anxiety. It is religion that provides the much needed solace, peace of mind and tranquility.

Just as food satisfies hunger of the body, religion satisfies the hunger of the soul. In times of grief, instead of being disappointed and dejected, we should turn to our God, be it Jesus, Krishna or Allah. It provides us a new spirit to live.

If we can understand the importance of religion today, its relevance in present scenario and become religious in true sense, we can create a happy and peaceful world, free of tension, anxiety and stress. To be more scientific, religion in India can get our country back the title of 'golden bird', both in terms of economic development and our rich intellectual wealth.

Rohit Bhatt XII C





विनीता दुबे



#### जंगली जीवन बचाओ

जिंदगी जानवर की बदहाल है,
पूछता खुद-ब-खुद में सवाल है।
आदमी क्यों बदल रहा चाल-ढाल है,
जगह जानवर की लेने को तैयार है।
आदमी आमदनी के कारण, सबसे वफ़ादारी निभाए,
चिंतित है पशु-समाज, कैसे ये बताए।
आदमी को आख़िर कैसे दें राय?
मुश्किल है, मलाल है, न बोलने से हलाल है।
बस निकले दम रोज़ और बिखरे बाल हैं।

याशिता जोशी छठी-अ

#### श्रम की गरिमा

जीवन में श्रम का विशेष महत्त्व है। मेहनत वह सुनहरी कुँजी है जो भाग्य के बंद कपाट खोल देती है। परिश्रम ही जीवन की सफलता का रहस्य है। परिश्रम का अर्थ है- उद्यम अथवा मेहनत। परिश्रम वह माध्यम है जो मनुष्य को उसके मनोरथ की मंजिल तक पहुँचाता है। मनुष्य के पास श्रम के अतिरिक्त कोई वास्तविक संपत्ति नहीं है। यदि यह कहा जाए कि श्रम ही जीवन है तो यह गलत न होगा। जीवन में श्रम अनिवार्य है। गीता में श्रीकृष्ण ने कर्म करने पर बल दिया है। मानव देह मिली है तो कर्म, करना ही पड़ेगा।

जो पुरुषार्थ करता है वह पुरुष है। यह सारा संसार, बड़े-बड़े नगर, गगनचुंबी भवन, हवाई जहाज़, रेलगाड़ियाँ तथा अन्य कई प्रकार के वाहन, विशाल कारखाने, टी.वी. तथा सिनेमा आदि सभी मानव के पुरुषार्थ की कहानी कहते हैं।

कर्म करना जीवन है तो कर्म न करना मृत्यु। श्रम न करने से ही जीवन नर्क बनता है और कर्म करने से स्वर्ग। ईमानदारी से श्रम करने से मानव फरिश्ता कहलाता है और श्रम न करने से शैतान। बड़े से बड़े तेज़ और समर्थ व्यक्ति तनिक आलस्य से जीवन की दौड़ में पिछड़ जाते हैं। िकन्तु श्रम करने वाले व्यक्ति तनिक दुर्बल भी हों, दौड़ में आगे निकल जाते हैं। इस संबंध में कछुए और खरगोश की कहानी जिसमें कछुआ धीरे चलकर भी अपने गंतव्य पर पहले पहुँच जाता है किंतु खरगोश आलस करने के कारण पिछड़ जाता है। अतः श्रम करने वाला व्यक्ति जीवन में कभी नहीं हारता। मेहनत के बूते पर अति साधारण छात्र चिकत करने वाले परिणाम दे जाते हैं। दूसरी और होनहार और मेधावी छात्र अपने आलस्य के कारण कुछ नहीं कर पाते। अतः श्रम ही जीवन है, मनुष्य का सच्चा मित्र है।

मानसी उत्प्रति आठवीं-ब

#### जंगली जीवन बचाओ

आजकल हमारे वातावरण में काफ़ी बदलाव आता जा रहा है। मानव बड़े-बड़े घर बनाए जा रहा है और पेड़-पौधों को काटकर जंगलों को खत्म कर रहा है। वह अपने लालच के कारण जानवरों को मार रहा है। जिस कारण कई प्रकार के पशु-पक्षी खत्म होने के कगार पर पहुँच चुके हैं। पेड़-पौधों को काटने के कारण कई बार जंगली जानवर जैसे- बाघ, तेंदुआ, भालू आदि शहरों में आ जाते हैं और लोगों द्वारा मारे जाते हैं। इसलिए भारत सरकार ने कई राज्यों जैसे- मध्यप्रदेश, उड़ीसा, गुजरात, उत्तराखंड आदि में नेशनल पार्क बनाए हैं जहाँ इन पशु-पिक्षयों के शिकार पर रोक लगा दी गई है। वहाँ जानवर आराम से रह सकते हैं। आज हमें अपनी आवश्यकताओं के साथ-साथ जंगलों तथा पशु-पिक्षयों की आवश्यकता पर भी ध्यान देना चाहिए। हमें अपने आस-पास पशुओं को बचाना चाहिए एवं पेड़-पौधों को काटना नहीं अपितू अधिक से अधिक मात्रा में लगाना चाहिए।

आयुषी छठी- ए

#### बंधन अच्छे होते हैं

जो मैं होता मीन री,
अथाह सिंधु में घूम-घूम आता
मिल जाती जो बड़ी मीन,
मैं कैसे जान बचाता।
जो मैं होता चिरया री,
दूर गगन में उड़-उड़ आता,
मिल जाता जो बाज़ कोई
मैं कैसे जान बचाता।
मैं ये होती, मैं वो होता,
जो भी होता,

जो है जैसा है वही अच्छा है, कोई लाभ नहीं है रोने में, बंधन अच्छे होते हैं, कोई लाभ नहीं खोने में। खुले छंद-छंद के बंध, छंद-छंद नहीं रहता है। बंधनहीन जीवन भी, क्या जीवन होता है? बाँध तोड़ नदियाँ जो बहती, तो प्रलय चहूँ ओर मचाती सुंदर उपवन भी हो अबंध,

जंगल रूप हो जाता है,
जो न बंधती गंगाधार,
नीलकंठ की जटाओं से,
क्या विनाश का तांडव मचता
भागीरथ के गाँव में।
बंधन अच्छे होते हैं,
अपने भी पराए भी,
बंधन अच्छे होते हैं।

लक्ष्य सागर छठी- ए

#### मानवता तब और अब

घर जले हर गाँव जले नफ़रत की खूनी ज्वाला में, रिश्ते-नातों का खून हो गया, शांति का पड़ा अकाल। कल की बातें याद करूँ, तो लगता है सब सपना-सा.

कहाँ गए वो लोग?

जो प्रेम पुजारी होते थे,
दूजों के दुख देख, जिनकी आँखे रोती थीं।
जो सुख में गले लगाते थे, दुख भी बाँटे जाते थे।

न लालच, न भेदभाव की जगह मन में,
प्रेम, अहिंसा के पथ पर वे अडिग, अविराम अग्रसर थे।
आज ज़माने ने उस कल को, क्या से क्या बना डाला,
अमृत कलश से उस मन को,
विष से विषाक्त कर डाला।
दुजों के कष्टों पर अब जश्न मनाए जाते हैं।

बंद करो यह खून-खराबा, आओ फिर उस युग में जाते हैं। सबको गले लगाकर प्रेम की बयार बहाते हैं।

प्रण करो, तुम दुश्मन की भी, मौत पर जश्न नहीं मनाओगे, प्रेम करोगे मानवता से, खून नहीं बहाओगे।।

> कनिका तिवारी बारहवीं-ए

#### जंगली जीवन बचाओ

जंगल के जीवों का संरक्षण एवं उनका विकास करना हमारा दायित्व है। दिन-प्रतिदिन जिस प्रकार जंगली जीवों का संहार हो रहा है, उससे जंगल में रहने वाले जीवों की रक्षा करना हमारा ही दायित्व है। मनुष्य अपनी सुख-सुविधाओं की लालसा को पूरा करने हेतु जीवों की हत्या कर बहुत पाप कर रहे हैं। केवल जानवरों के मनमोहक अंग एवं खाल से अपनी बेल्ट, लेदर-जैकेट एवं अपने घरों की शोभा बढ़ाने और साज-सज्जा करने हेतु मनुष्य जीव हत्या करते हैं।

कई देश अपने जंगलों में रहने वाले जीवों की रक्षा करने हेतु सतर्कता नहीं बरतते, परिणामस्वरूप जानवरों की संख्या निरंतर घट रही है। देश स्वतंत्रता का आनंद ले रहे हैं परंतु जीवों के हित की स्वतंत्रता के बारे में कोई पृष्ठता भी नहीं है।

लोग जानते हैं कि शुद्ध शाकाहार का पालन करने से, वे न केवल जीवों की हत्या की अवहेलना कर सकते हैं अपितु अपनी आयु भी बढ़ा कर कोरोना वायरस जैसे प्राणघातक जीवाणु की अवहेलना कर स्वस्थ जीवन की प्राप्ति कर सकते हैं। आज चीन जैसे विकसित देश में भी कोरोना वायरस फैलने का प्रमुख कारण लोगों के माँस खाने एवं जीवनयापन में असतर्कता ही तो है। लोगों के हृदय में जीवों के प्रति प्रेम की कमी है। लोगों की आत्मघाती विचारधारा है कि एक के किसी नियम का पालन करने से पूरी दुनिया परिवर्तित नहीं होगी। यदि सभी की ऐसी विचारधारा रही तो कुछ परिवर्तित नहीं होगा क्योंकि बूँद-बूँद से ही सागर बनता है।

अंत में केवल यही कहना चाहता हूँ कि अभी भी अंतिम आशा मनुष्यों से ही है। हमारी सरकारें दिन-प्रतिदिन जागरूक हो रही हैं तथा नागरिकों को शिक्षित करने का प्रयास भी कर रही हैं! वन तथा वन्य-जीवन को बढ़ाने के लिए नए-नए अभियान चलाए जा रहे हैं। जिससे अधिकतर लोग इसे समझ रहे हैं, इसके साथ जुड़ रहे हैं और अपनी आने वाली पीढ़ियों को भी जागरूक कर रहे हैं।

ओजस सिंह छठी-ए

#### बेटी बचाओ, बेटी पढ़ाओं

बेटी बचाओ, बेटी पढ़ाओ अर्थात "लड़िकयों को बचाना और शिक्षित करना"। इस धरती पर मानव जाति का अस्तित्व आदमी और औरत दोनों की समान भागीदारी के बिना संभव नहीं होता। महिलाएँ पुरुषों से अधिक महत्वपूर्ण होती हैं। महिलाओं के बिना मानव जाति की निरंतरता के बारे में कल्पना भी नहीं की जा सकती, क्योंकि महिलाएँ ही मानव जीवन को जन्म देती हैं।

"बेटे भाग्य से होते हैं, पर बेटियाँ सौभाग्य से होती हैं।" लड़िकयाँ ही है देश की मान, जान और शान। मानव जाति का है इनसे कल्याण।

लड़िकयों को माँ के गर्भ में ही मार दिया जाता है। इसके कारण बालिकाओं की संख्या लगातार कम होती जा रही है। 'बेटी बचाओ' अभियान को सरकार द्वारा कन्या भ्रूण हत्या के साथ-साथ बालिकाओं के विरुद्ध अन्य अपराधों को समाप्त करने के लिए शुरू किया गया है। अतः लड़िकयों को सभी कार्यक्षेत्रों में समान अवसर प्रदान करने चाहिए। बेटी बचाओ, बेटी पढ़ाओ।

केथरिन जयसन सातवीं-ए



#### बेटी बचाओ

हम एक पुरुष प्रधान देश में रहते हैं जहाँ पुरुषों को ज्यादा और स्त्रियों को कम महत्त्व दिया जाता है। हमारे समाज में सदियों से यह अंधविश्वास है कि लडिकयाँ केवल परिवार पर एक बोझ होती हैं और लड़के ही घर में समृद्धि ला सकते हैं। हमारे देश में हर कोई पुत्र की कामना करता है, पुत्री की नहीं। इसी सोच के कारण न जाने कितनी बेटियाँ जन्म लेने से पहले ही अपनी जान गँवा देती हैं। हमारे समाज में हमेशा से ही स्त्रियों के साथ दुर्व्यवहार किया गया है। इस सामाजिक भेदभाव का एक मुख्य कारण निरक्षरता हो सकता है। अगर लोगों को साक्षर बनाया जाए तो वे सही-गलत की पहचान ज्यादा अच्छे से कर पाएँगे। बेटियाँ शिक्षित होंगी तो वे अपने दम पर खडी हो पाएँगी और परिवार पर बोझ नहीं बनेंगी। इस प्रकार लड़कियाँ न अपने साथ कुछ गलत होने देंगी और न ही किसी और के साथ कुछ गलत होने देंगी। स्त्रियों को शिक्षित करने से वे अपने हक और अधिकारों के लिए लडेंगी और अपने साथ अन्याय नहीं होने देंगी। यह सब अब सच हो रहा है।

देश की बेटियाँ सभी क्षेत्रों में लड़कों के साथ कंधा मिला कर चल रही हैं। विज्ञान, साहित्य, खेल, कला, राजनीति और सभी क्षेत्रों में महिलाएँ प्रगति कर रही हैं। लता मंगेशकर, इंदिरा गांधी, कल्पना चावला, सानिया मिर्जा भारत की उन बेटियों के उदाहरण हैं जो अपने-अपने क्षेत्रों में भारत का नाम रोशन कर रही हैं। अगर किसी में काबिलियत है तो वह अवश्य सफल होगा क्योंकि सफलता कभी यह नहीं देखती कि वह स्त्री है या पुरुष।

रिद्धि सातवीं-ए

#### कोरोना वायरस

चीन से आया ये बबाल, जिंदगी में ले आया भूचाल। घरों में बंद पड़े हैं कब से, मिलने को तड़प रहे हैं सबसे।

अब नहीं है हाथ मिलाना, अब नहीं है बाहर जाना। बच्चे तो हैं बड़े परेशान, बंद जो हो गए उनके पकवान।

मुँह पर लग गया मास्क का ताला, सफ़ेद, गुलाबी या काला वाला। थोड़ी परेशानी लो तुम झेल, ताकि खत्म हो जाए इसका खेल।

साबुन से अच्छे से हाथों को धोते रहो, फिर सैनिटाइज़र से कीटाणुओं को खत्म करो। सावधानी बरतें ताकि पछताना न पड़े, अस्पतालों में हमको जाना ना पड़े।

> चिलए ठान लेते हैं, कोरोना को हराना है, इस दुनिया को बचाना है।

> > तेजस्विनी पांडे आठवीं-बी





#### आत्म संघर्ष - सफलता की कुँजी

मनुष्य सृजनशील प्राणी है। वह सदैव चिंतन करता रहता है। जीवन में आत्मबल व उत्थान पाने के लिए सदैव प्रार्थना करता है। हम सभी जानते हैं कि हमारा जीवन संघर्ष और चुनौतियों से भरा हुआ है। किसी समस्या से घबराने पर दुखों की आँधी और तेज़ लगने लगती है। किसी विद्वान ने सच ही कहा है- जब तुम दुखों का सामना करने से डर जाते हो और रोने लगते हो, तो छोटी-सी परेशानी भी पहाड़ जैसी लगने लगती है और जब हिम्मत के साथ उसका सामना करते हो तो वही परेशानी छोटे से कंकड़ के समान लगने लगती है। इसलिए यदि जीवन को परीक्षा माना है तो घबराने से सफलता प्राप्त नहीं होगी। अगर जीवन चुनौती बनकर आया है तो सामना ज़रूर करना होगा। जो लोग मुसीबतों से डरकर चिंता और निराशा को गले लगाते हैं और घुटने टेक देते हैं। वे स्वयं को समस्याओं से ज़्यादा घिरा हुआ महसूस करते हैं इससे उनकी ताकत क्षीण होती रहती है।

दुनिया में ऐसे अनेक महान लोगों की कमी नहीं है जिनके जीवन में अनेक किठनाइयाँ थीं, लेकिन वे हँसते-मुस्कुराते हुए मुसीबतों के दिरया को पार कर गए। मेरी वार्ड, मदर टेरेसा, स्वामी विवेकानंद आदि इन सभी का जीवन हमें बताता है कि अन्याय से लड़ते रहो, प्रेम सबसे करते रहो, और संकट की घड़ियों में धैर्य से काम लेना नहीं छोड़ो। जैसे इन सब ने खुद कष्ट सहकर भी दूसरों की मदद की और सम्मान दिलाया। अपने दुखों में कठोर बने और दूसरों को दुखी देखकर द्रवित हो गए। उसी प्रकार इन महापुरुषों से प्रेरणा लेकर हमें भी उन्हीं के अनुरूप अपने जीवन को ढालना चाहिए। दुख तो सदैव हर इंसान का रास्ता रोकने की कोशिश करता है; लेकिन जो उसे लाँघ जाता है, वह मानव जीवन की परीक्षा में पास हो जाता है। कहने का अर्थ यह है कि जीवन के किसी भी क्षेत्र में अपने-आप को कमज़ोर ना बनाएँ तथा अपनी मंजिल को पाने के लिए मुस्कुराते हुए धैर्य के साथ आगे बढ़ने की कोशिश करते रहें।

"जिंदगी में मंजिल मिले ना मिले, यह तो मुकद्दर की बात है। हम कोशिश भी ना करें, यह गलत बात है।"

नम्रता अरोड़ा (अध्यापिका)

## यादें

मन कुछ कह रहा है, सोचने पर मज़बूर कर रहा है, आँखें बस नम रह जाती हैं, कुछ बातें बहुत याद आती हैं।

मन में निज भावना का विस्फोट हो जाता है, मोबाइल पर पढ़ते-पढ़ते मन फिर भर जाता है, सोचते-सोचते फिर आँखें भर आती हैं, कुछ बातें बहुत याद आती हैं।

मन के अंतर्मुख से यह पढ़िए, मेरे अश्रुओं का भार समझिए, अपने मन के वेग को विदित कर रही हूँ, कुछ यादें यहाँ लिखित कर रही हूँ।

बारहवीं कक्षा का डर खूब सताता था, आजकल छः बजे भोर के समय कौन उठता? यह कहते मुख नहीं सकुचाता था। साढ़े दस और दो बजे की घंटी जैसे आत्मा को अमृत पिलाती थी, दो बजे के खाने के बाद नींद खुब आती थी।

फिर आया एक ऐसा काल, चारों दिशा मच गया हाहाकार, मानव त्राहि-त्राहि करने को आया, काले घन तले ब्रह्मांड समाया।

आँधी के पहले की शांति थी छाई, बाहर जाने की सोच से ही घबराई, पर हाँ, घर के अंदर जैसे स्वर्ग उतर आया, कहीं खोया वही प्रेम-स्नेह फिर पाया। सिस्टर मर्लिन की बातें, कुछ और देर हो जातीं। स्कूल की घंटी, फिर एक बार बज जाती। निशि मैम पॉलेन ग्रेन के बारे में, थोड़ा और पढ़ा देतीं। सुमेधा मैम की हँसी एक बार फिर देखने को मिल जाती।

निशा मैम थोड़े न्यूमेरिकल और करवा देतीं, नंदिता मैम इलेक्ट्रोड पोटेंशियल एक बार फिर समझा देतीं। एग्रेस मैम आर.डी. शर्मा के थोड़े सवाल और करवा देतीं, फिर पढ़ते-पढ़ते भूख लगे तो, स्कूल की घंटी बज जाती।

एक बार फिर चलते-चलते स्कूल की गिलयों में, यासमीन मैम और विभा मैम मिल जातीं, मीनू सिक्का मैम के स्ट्रीट प्ले की, मैं फिर से एक पात्र बन जाती.

भारती मैम के साथ मैं फिर एक बार घुलमिल जाती, रीता मैम की स्माइल फिर मेरे दिल को छू जाती, अंतरा मैम की इंग्लिश की मैं फिर एक बार फैन हो जाती, और पढ़ते-पढ़ते थक जाऊँ तो, स्कूल की घंटी फिर बज जाती।

टाइटेनिक का पाठ पढ़ाने सजनी मैम फिर आ जातीं, एक बार फिर रिश्म मैम मेरी क्लास टीचर बन जातीं, सोनू मैम की मैथ्स, फिर से मेरे समझ आती, गिल्लू और स्मृति का स्मरण करवाने, सुनीता और विनीता मैम भागी हुई चली आतीं। रीमा मैम की पेडागोजी की मैं फिर कायल हो जाती, शाइनी मैम-सी टीचर पाकर मैं फिर निशब्द हो जाती, विनी मैम फ्रेंच रिवॉल्यूशन फिर मुझे समझातीं, रमा मैम के साथ बातों में मैं फिर समय भूल जाती,

बीजू मैम की निश्चलता को मैं फिर अनुस्मरण करती, वह प्यार, स्नेह, दुलार मैं फिर पा जाती।।

काश! स्कूल की घंटी फिर एक बार बज जाती। इस कविता की क्या हस्ती है, इसमें तो केवल मेरी चेतना बसती है। यह कविता तो सबको समा भी ना पाई, सब के स्नेह को मैं यहाँ लिखित भी नहीं कर पाई।

परंतु हर अध्यापिका मुझको जान से प्यारी है, कोई प्रखरता का परिचय तो, कोई तुलसी की क्यारी है। स्कूल से बिछुड़न पहाड़ हो आया है, आज फिर दिल भर आया है। अश्रुओं की धारा रुकते नहीं रुकती है, कुछ बातें बहुत याद आती हैं। राशि झा

## पानी की बर्बादी

मत करो मुझको बर्बाद, इतना तो रखो याद।
प्यासे ही तुम रह जाओगे, मेरे बिना न जी पाओगे।।
कब तक बर्बादी का मेरी, तुम तमाशा देखोगे।
संकट आएगा जब तुम पर, तब मेरे बारे में सोचोगे।।
संसार में रहने वालों को, मेरी ज़रूरत पड़ती है।
मेरी बर्बादी के कारण, मेरी उम्र घटती है।।
ऐसा न हो एक दिन मैं, इस दुनिया से चला जाऊँ।
खत्म हो जाए खेल मेरा, लौट के फिर वापस न आऊँ।।
मुझे ग्रहण कर सभी जीव, अपनी प्यास बुझाते हैं।
कमी मेरी पड़ गई तो, हर तरफ सूखे पड़ जाते हैं।।
मेरे बिना इस दुनिया में, जीना सबका मुश्किल है।
अपनी नहीं भविष्य की सोचो, भविष्य भी इसमें शामिल है।।
सतर्क हो जाओ, बात मान लो, मेरी यही कहानी है।
करो फैसला मिल आज, मत करो मुझको बर्बाद, इतना तो तुम रखो याद।

अशिता रावत नवीं-डी

# **ART GALLERY**



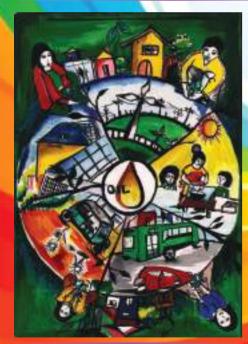
Aishwarya IX-A



Swastika Dash VI-D



Rachel Eimilai Barrett VIII-C



Shreya Rautary VI - B



Anchal Bansal VII-B



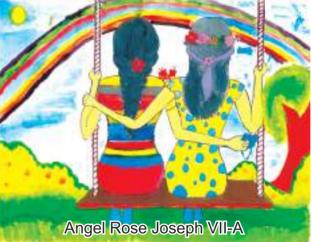
Riddhima Yaday VIII-C



Dhanshee Gautam VI-A











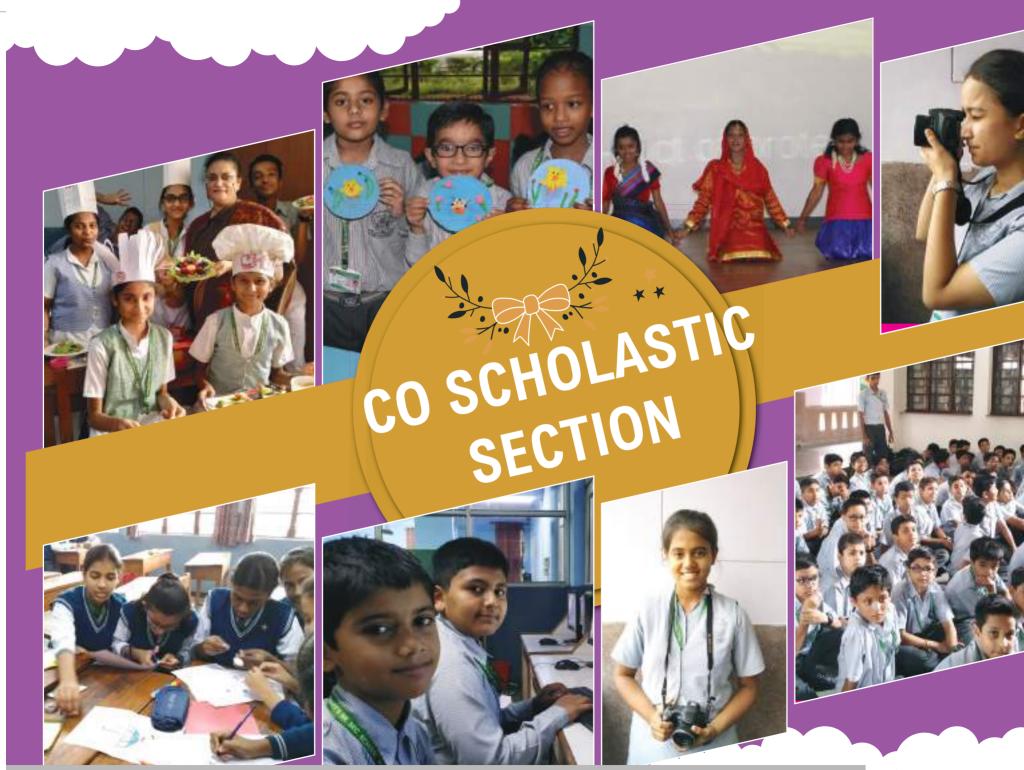






Aryan VII-B

MARIANETTE 2019-2020



# **CBSE ACTIVITIES**

## EK BHARAT SHRESHTH BHARAT -







The central government's Ek Bharat Shreshth Bharat programme has been promoting India's unity and diversity across the country. Sikkim has been paired with Delhi for cultural exchanges under the programme.

In lieu with this, our school conducted various activities during the year to create awareness among the students about the culture and lifestyle of people in Sikkim. Students encouraged maintain a 'State Project Notebook: They were also informed about the alphabet, songs and art of Sikkim. The students also made beautiful posters of Sikkim state.

## RASHTRIYA EKTA DIWAS



Our school celebrated Rashtriya Ekta Diwas on 31 October 2019. On this day, a pledge was administered in the morning assembly. The students pledged to preserve the integrity and unity of the country. The students also participated in 'Run for Unity' event.



## CONSTITUTION DAY

A special morning assembly was organised on 26 November 2019 to celebrate the Constitution Day. Highlights of our Constitution, the Preamble and its important features were read out for the understanding of the students. The assembly concluded with a strong message from our Principal Rev. Sr. Merlin C J to conserve the integrity of our Constitution.



## FIT INDIA

Our school feels happy in declaring that it is a Fit India certified school. The school can

proudly use Fit India logo and flag issued by the Ministry of Youth Affairs and Sports. We have achieved the benchmarks listed by the Ministry and received the Fit India School Certificate.



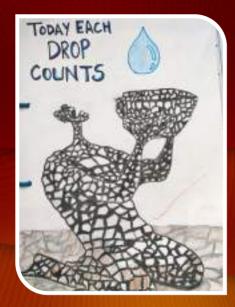
## SWACHHATA PAKHWADA

In accordance with the CBSE guidelines, our school observed Swachhata Pakhwada from 1-15 September 2019 by organising the following activities-

- Swachhata Shapath Day
- Swachhata Awareness Day
- Green School Drive

On these days, the students pledged to keep their surroundings clean and motivate others to do the same. During the morning assembly, a speech was given on the Swachhata Abhiyan. Students also planted saplings in the school campus to bring around more greenery in the vicinity.

## WATER CONSERVATION DRIVE





With an aim to make students aware of the growing necessity of conserving clean water, the school conducted a Water Conservation Drive under the SEWA activity. Volunteers from senior classes visited various classrooms and spoke to children about the need to save water. Some volunteers were also deployed near the water coolers during break time to see that no water is wasted and the taps are shut tightly after use. A poster making activity was conducted wherein the children made beautiful and meaningful posters to highlight the theme.





As part of the SEWA drive, our students undertook a cleaning campaign in and around the school premises. Holding brooms and dusters in their hands, the young enthusiasts cleaned the campus. They also motivated other students to maintain cleanliness around them. A key feature of this national campaign is to ensure that every school in India has a set of functioning and well maintained water, sanitation and hygiene in schools. Our school management sincerely ensures that all high standards of cleanliness are maintained.



SWACHH VIDYALAYA SWACHH BHARAT

# ECO CLUB

The Eco Club of our school was formed with an aim to create awareness among students towards the declining health of our environment and seek their active involvement towards its conservation. The club focuses on measures to save Mother Earth by educating the young Marians about good environmental practices like ban on plastic, proper dumping of garbage, planting of trees, water conservation etc.

The members of the club strive to spread awareness about the three R's- recycle, reuse, and reduce. They motivate every member of the Marian family to live in an environment friendly manner by using paper bags and steel lunch boxes. Through their activities, they have created awareness that polythene bags have to be shunned and paper bags have to become the norm to save the planet.

To give a fillip to this idea, a paper bag making activity is taken up by Eco Club for students of classes VI-XII every month. Students use discarded newspapers and magazines for this activity. These paper bags are then distributed in the local market free of cost. The volunteers speak to the shopkeepers and spread awareness about the harmful effects of using plastic bags and request them to switch over to paper bags or cloth bags.

Our Principal, Rev. Sr. Merlin C J also emphasises on the fact that the school premises should be plastic free. She has successfully motivated the young Marians to use tiffin boxes and water bottles that are non plastic. The students are also forbidden from bringing any polythene bags to school. They are frequently reminded and encouraged by our Principal to shun plastic completely from their lives.

As part of instilling love for nature in the minds of young Marians, a Herbal Garden was made under the able guidance of Rev. Sr. Merlin and teachers in charge. Every member of the club was motivated to bring a sapling and was given the privilege to plant those themselves. The Herbal Garden has become a matter of pride for the young Marians. Majority of the plants in the garden are of medicinal value. The selection of plants, finding out the botanical name, its benefits etc. helped the students to have awareness about the vital role of plants for leading a healthy life. By doing this, they have become interested in the environment and evolved to be more responsible individuals with respect to nature and natural resources.











# LITERARY CLUB

## Language is the blood of the soul into which thoughts run and out of which they grow. - Oliver Wendell Holmes





With a linguistic expert as our Principal, Rev. Sr. Merlin C J, the school can boast of having an active Literary Club for the students of classes IX to XII. The Club has been formed to inculcate among students a flair for the language and enhance their literary skills. Students are encouraged to inculcate reading habit and the voracious readers are identified. A special bulletin board dedicated to the Literary Club is maintained where students put up articles, poems and News on a regular basis. Different activities are held to promote the love for languages, to encourage students to become orators and display their intellectual, independent thinking skills and imbibe a sense of confidence. The club also provides a platform for debating events, drama and theatre wherein students can share their insights on life, school and even politics.

Keeping these objectives in mind, the following activities were conducted during the year-

JUST A MINUTE- The students were asked to express their views impromptu on various topics.

THREE CORNER DEBATE- Students were divided into three teams to express their concerns on the topic- 'Life is Impossible without Plastic'.

YOUTH FORUM- Students came together to discuss the burning issue of Citizenship Amendment Act.

SPEECH- A student of class XII spoke on 'World Citizen Day' on 19 November 2019 in the morning assembly to promote awareness among students.

LEARNING PHONETICS- A session was taken up by the teachers to teach the basics of phonetics to students.

The Literary Club members enthusiastically look forward to putting up plays of laureates like William Shakespeare and Anton Chekhov in the coming year.

# MEDIA CLUB

Keeping in mind the escalated interest of children in media, our Principal Rev. Sr. Merlin C J has introduced the media club in our school. This initiative of our dear Principal aims to educate the Marians on the safe and proper use of all forms of media in their everyday lives.



According to Rev. Sr. Merlin, the activities of the club will enable

the students to collaborate together while getting a hands-on experience and also be creative in the field of photography and videography.

During the year, informative and interesting workshops were conducted by excellent resource persons from NISCORT. Rev. Fr. Jenith enlightened the students on the importance of photography. The students were asked to demonstrate the different shots and angles using a camera. A photography contest was also organised and the best ones were appreciated and awarded.

In another workshop, Sr. Michelle spoke about the importance and the pros and cons of internet. She discussed issues concerning cyber-crime. Our students initiated a fruitful discussion by asking their concerns over the much debated topic.

The Media Club looks forward to encourage students to communicate their ideas, thoughts and feelings by making a prudent use of technology. The Media Club aims to open for the students the wide horizon of a safe and secure cyber world.







In an endeavour to sow the seeds of discipline among the young Marians and nurture them into strong individuals rooted in values, our Principal, Rev. Sr. Merlin C J introduced the 'Mary Ward Discipline Trophy' during the academic year 2019–20. The trophy is named after the foundress of the CJ Congregation, Mother Mary Ward, who is known to have lived a highly committed and disciplined life.

Our Principal, Rev. Sr. Merlin C J is a follower of Mother Mary Ward and belongs to the Congregation of Jesus . She is a great disciplinarian herself and leaves no stone unturned in instilling this great value among the children. She has undertaken several measures to provide an orderly and positive atmosphere in the school. Rev. Sr. Merlin C J believes that effective learning and teaching can take place in the campus only when there is proper discipline. The Mary Ward Discipline Trophy is a step towards achieving this.

Every month, the rolling trophy is awarded to the best disciplined class from VI- VIII and IX- XII categories. The class teacher and the monitor of the winning class are called on the stage during the morning assembly and our Principal felicitates them with the beautiful, shining trophy which is then kept proudly in their classrooms for a month!



Inspiring, eye catching and meaningful bulletin boards are a great way to creatively communicate an idea in a classroom. They are a powerful learning tool ranging from pre-school to high school and beyond. They can be used to relay information to students, reinforce lessons, display students' creative work and much more. Hence, it is an important component of learning in school.

To motivate students to work harder with their class bulletin boards, our Principal, Rev. Sr. Merlin C J has introduced a rolling trophy to be awarded every month to the classes which have put up the best bulletin board both in the middle wing and the senior wing. During the first week of every month, Rev. Sr. Merlin C J announces the names of the classes who have won the prestigious award. The class teacher and the group of students who work hard in creating the board are then called to the stage to receive the trophy from our Principal.

It's amazing and delightful to see how every class aspires to win the trophy and put in a lot of hard work in designing the bulletin board every month. Such acknowledgement, appreciation and recognition from our Principal, Rev. Sr. Merlin C J enables the students to develop a sense of pride and motivation to continue to create work that is worthy of attention.



To recognize accomplished students from classes VI- XII, an outstanding student is chosen from every section to be honoured as the star student of the month.

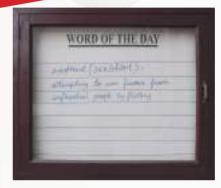
The 'Star of the Month' is selected on the basis of his/ her proficiency in discipline, punctuality, curricular, co-curricular activities and moral values. The student should be a role model for the others.

These children are felicitated in the morning assembly. They are called out to the stage, where their class teachers pin a shiny golden star shaped badge on their uniform. It is indeed a proud moment for them! Children yearn to wear this golden badge of honour. This initiative by our Principal, Rev. Sr. Merlin C J has brought around a positive change in the personality of the young Marians.

We express our sincere thanks to our Principal for her continuous efforts in setting high benchmarks for our students. Her compassion and commitment towards the progress of the school is invaluable and makes a great difference in the lives of the Marians.

Mord of the Day Board

# NEW UENTURES



'Vocabulary enables us to interpret and to express. If you have a limited vocabulary, you will also have a limited vision and a limited future.'

The above quote emphasises that the importance of vocabulary development cannot be overestimated. A robust vocabulary improves all areas of communication- listening, speaking, reading and writing. It is believed that expanding a child's knowledge of words provides unlimited access to new information.

Taking a step towards this, our Principal Rev. Sr. Merlin C J introduced the 'Word of the Day' Board in the school during this academic session. Under her able guidance, the student editors-Nirmal Thomas and Jerome Shijo update the board every day with a new word, its phonetical pronunciation and its meaning. The board has become an attraction for the children, who enthusiastically grasp a new word every morning. Regular vocabulary quizzes are conducted during the assembly and the winners are duly awarded. This endeavour of our dear Principal Rev. Sr. Merlin C J has drawn immense appreciation from the entire school as it is a big step towards the linguistic development of the young Marians.









# Workshops at a Glance...

Seminars and workshops play an imperative role to equip the students with new-age technologies, study patterns, behavioural changes etc. Workshops are important within the school environment to promote wellbeing and happiness of students. They provide the right guidance and advice over essential issues.

Similarly, modern society demands high quality teaching and learning from teachers. Today's teachers have to possess a great deal of knowledge and skill with regard to both teaching and assessment practices in order to meet the standards of quality education.

Our Principal, Rev. Sr. Merlin C J duly understands the significance of a responsible teaching and learning process in today's education system. Hence, several workshops were organised in the school during the academic year for the benefit of students and teachers. Eminent resource persons from various walks of life were invited to share their experiences and knowledge. Let's take a glimpse of those workshops-

**31 July 2019:** The Delhi State Legal Service Authority conducted a talk on Legal Aid on Child Abuse and Sexual Violence. Ms. Sonal Chauhan was the resource person. The students were made aware of the different types of abuse and the ways to keep themselves safe and protected. They were provided with the different helpline numbers and names of agencies to be contacted in times of crisis. It was an interactive session and the students could ask their doubts and questions.

**28 January 2020:** To ease the anxiety and stress of board exams, a workshop for students of classes X and XII was organised. The resource person was Ms. Reena Charles, an activist and motivational speaker. She motivated the students to live a life of purpose with a clear goal. She gave them tips to score better with their meticulous planning and dedicated hardwork. She advised the students to take care of their health and reminded them of the importance of balanced diet.

Ms. Charles highlighted the negative consequences of procrastination and emphasized on the importance of time management. She asked the children to surrender themselves to Lord Almighty to get His divine grace to do well in the exams. The students were touched by her special message- 'When you run your race with God, the race becomes grace'. They were also inspired to put in their best efforts. It was a fruitful and enriching session.

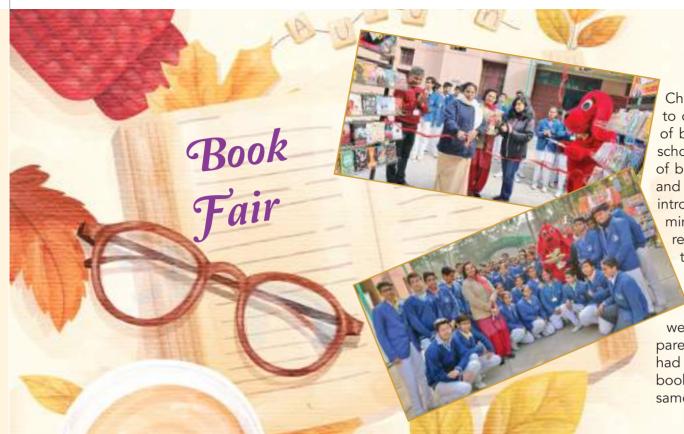
15 November 2019: A workshop on innovative and effective ways to teach Science and Social Science to students was conducted for the subject teachers by Ratna Sagar Publications. The resource person was Mrs Anjali Singh, an educator cum motivational speaker and trainer. She motivated the teachers to relate textual topics with the real world and include interesting activities while teaching for better understanding of the concept. The workshop was quite lively, interactive and informative.

11-12 February 2020: Rev. Fr. Sunny Joseph, CMI from CHRIST (Deemed to be University) conducted an orientation programme for the teachers. Father took the teachers on a journey to self realization through his insightful sharing. He reminded the teachers of their role as givers, felicitators, mentors and coach for life. He lay stress that teachers need to be disciplined, well planned and clear with the goals so as to impart the same to the students entrusted to their care.

Father encouraged the teachers to be smart and strong enough to lead their students to success. He very specially highlighted the role of teachers to be those strong shoulders on which students can stand and raise themselves very high in life. Teachers were greatly benefitted and had a lot to take away home from the enriching and thought provoking session.

12 February 2020: A workshop on behavioural upskilling was conducted for teachers. The resource person was Mrs. Ira Sehgal, a famous educationist, counsellor and an ex-Marian of St. Mary's, Kanpur. The speaker dealt with various behavioural issues among the students and how to tackle them. The teachers were made to realize the important role they play in creating a favourable ambience in the class rooms and the various techniques they can use to deal with behavioural problems rather than following the traditional methods of disciplining the students.

Mrs. Ira also discussed the increasing aggression among the teenagers and how to reduce its intensity through various skill based activities. She emphasized on the need to inculcate discipline among the students as it acts as a catalyst to make the learning process better. The teachers were urged to equip themselves so that they can give solid solutions for the students' practical problems. It was an interactive as well as an informative session.



Children in our school got the golden opportunity to discover and browse through a wide treasure trove of books at an exciting book fair that was held in the school during the Christmas week. It attracted scores of book enthusiasts from all age groups in the primary and the senior wing. During the week, the students were introduced to the various genres of books. Keeping in mind the fact that self selection ignites a passion for reading in kids and creates an engaging experience, the students were encouraged to select books for themselves. Scholastic India was the publishing house which put up the exhibition cum sale. Books of fiction, non-fiction, reference and brain teasers were there. On the PTM day, children along with their parents visited the stalls and purchased the books they had chosen. The students were extremely happy with the book fair and said that they would look forward to the same next Christmas.

## MOCK EVACUATION DRILL

It is said, "Prevention is better than cure."

With this thought in mind, a mock evacuation drill was conducted in the school on 6 February 2020 under the able guidance of our Principal, Rev. Sr. Merlin C J. Nearly two thousand students from the primary and the senior wing and eighty teachers participated in the drill.

As soon as the warning bell rang, students along with their teachers started coming out of the classrooms and walked briskly towards the open field. They diligently followed the evacuation route and gathered in the middle of the field, away from the building, trees and boundary wall. It took four minutes to evacuate the building.

Prior to the drill, a disaster management committee was set up. It included our Principal, a few teachers, head boy and head girl of both the primary and the senior wing, volunteers from NCC and the school nurse. This committee conducted several meetings at regular intervals to sensitize its members about the procedure and the plan for the evacuation drill in case of any emergency, like earthquake.

This initiative of the school management was highly appreciated by all. The school looks forward to more such mock drills to train the students to act responsibly and sensibly in the wake of any such calamities.



# GANDHI JAYANTII



"Be the change that you wish to see in the world."

- Mahatma Gandhi

The 150<sup>th</sup> birth anniversary of Mahatma Gandhi was celebrated with great enthusiasm on 3 October 2019 in our school. It was a prayerful morning. A prayer assembly was conducted by the student council members. The students paid homage to the great son of India who liberated the country from the chains of slavery. Various incidents from Gandhiji's life were read out to inspire the students to imbibe the values of honesty and truthfulness.

The former Prime Minister and freedom fighter, Lal Bahadur Shastri was also fondly remembered as 2 October marks his birth anniversary also.

Speaking on the occasion, the Principal Rev. Sr. Merlin C J urged the students "to be the change and to bring about a change in themselves which they wish to see in the world." She motivated the students to follow the path of the Mahatma to be the responsible citizens of the country.



# Diwali



We celebrated Diwali, the festival of lights, with devoutness and fervour in the school. During the morning assembly, students were apprised of the significance of the festival and the relevance of having eco friendly celebrations. Students lit diyas or earthen lamps which are symbolic of removing darkness and evil forces from our lives. The Principal, Rev. Sr. Merlin C J wished everyone on the joyous occasion and reminded the students to celebrate the feast responsibly and be sensitive towards the environment and safety of animals.







## Rest House 2019-20-

The Best House Trophy for the academic year 2019-20 was lifted by Vaayu House. The children and the teachers of the House were ecstatic with delight. Their round the year hard work proved the motto of their House- 'Effort Spells Success'- come true.

Moderator N Co-moderator N

Captain

Vice captain

AND HE ZOISE JUE

Ms. Monica Rajeev Sharma

Ms. Meenu Sikka Elisha Thomas

Zaid Akram Usmani

The first Runners up Trophy was bagged by Prithvi House. The members of the House were extremely proud and happy at their achievement. They had worked diligently and sincerely throughout the session, true to their motto-'Truth Alone Triumphs'.

Moderator Ms. Sheela Benny
Co-moderator Ms. Vibha Sisodia
Captain Anupama Nair
Vice captain Feby Jomy



# ACHIEVEMENTS GALORE!



♦ Our school participated in the CBCI Masterminds Quiz on 29 April 2019 at Chandigarh. Alan Jipson of class XII A and Unnati Sati of class IX A represented the school in it. Out of fifty five teams, Alan Jipson secured the fifth position in the senior category quiz. Both Alan and Unnati won cash vouchers of Rs. 1500 and certificates each. They have made the school proud.



❖ Rohit Bhatt of XII-C secured 26<sup>th</sup> rank in the Delhi zone in the International Commerce Olympiad that was held on 19 December 2019. He was awarded the certificate of zonal excellence, medal of distinction and certificate of distinction.

The 9<sup>th</sup> Don Bosco Bible Quiz was organized on 18 August 2019 at Don Bosco School, Alaknanda, Delhi. Out of the thirteen teams that participated in it, our teams bagged the second and the fourth position. Our school also became the proud recipient of the runners up trophy.

The team members who bagged the second position were:

Layana Vinoy VI-B Nia Stephen VII- B Sandra Rosa Prince VIII-A The team members who bagged the fourth position were:

Ann Maria Tom VI- A
Jasmine Shijo VII- B
Mikhael Mathew VIII- B



Students from our school participated in the Literary Fiesta-The Showtime, an Inter school competition, hosted by Presentation Convent Sr. Sec. School on 7 August 2019. It was part of the school's English Literary Week celebrations. Rashi Jha of class XI B bagged the first prize in the anchoring category. Suryansh Sharma of class VIII D won the second prize for Character enactment. They also bagged the trophy for the best team.





❖ The Eco Club of Presentation Convent conducted their 19<sup>th</sup> inter school debate competition on the topic 'Ailing Planet Still Loves the Humankind' on 21 August

2019 in their school auditorium. Vanessa Rochelle Lobo from class IX C and Surbhi Singh from class IX B won the Best Team Award among sixteen teams from different schools of Delhi. The participants were given certificates and mementoes. Vanessa Rochelle Lobo won the consolation prize in the best speaker category. Surbhi also spoke very well. She was specially appreciated by the chief quest.





Our school won the second position in the inter school 'Nukkad Natak' (street play) competition that was held in St. Michael's Sr. Sec. School, Pusa Road, Delhi on 22 November 2019. The topic was- 'Paryavaran Bachao, Plastic Hatao'.

The	winr	ners	were:	

THE WITHELD WEIG.			
Mayla Namal Khan	VI - C	Shreya	VIII - C
Poorvi Singh	VI - D	Heli Anil Thomas	VIII - C
Krishna Gupta	VII - B	Sakshi Yadav	VIII - D
Harshita Bahuguna	VII - C	Unnati Sharma	VIII - D
Nitin Kothiyal	VIII - A	Prachi Singh	VIII - D
Mikhael Mathew	VIII - B	Prabhav Gautam	VIII - D
Joseph Eapen Saji	VIII - B	Suryansh Sharma	VIII - D
D: LIL: V/ L	\ ////		



❖ Discovery Byju's conducted a written quiz for classes VI-IX in the month of August. Two students of our school - Kumar Nalin of IX-C and Arpan Ekka of VI-C qualified for the second round. The toppers of each class were given prizes.







Our students participated in 'Renaissance-Expressing Innovations', a two day multi event competition at Vivekanand Public School, Anand Vihar, Delhi on 15-16 October 2019. Our school bagged the first position in the event named safe mobility (flash animation) which was conducted for students of classes IX - XII.

#### The team members were:

Feby Jomy	XI-A
James Mathew	XI-A



Our school participated in the Commerce Fest, Enroute 2019, organized by the Commerce Club of Somerville School, Vasundhra Enclave, Delhi on 11 October 2019 and bagged the second position in the street play competition. The participants were:

•	•		
Saima Talat	XII - D	Ayush Juyal	XII - C
Suhani Gupta	XII - D	Srishti Beni	XI - D
Arvind Achuthan	XII - D	Amanta Joseph	XI - C
Steve Rozario	XII - D	Shreya Suresh Men	on XI - C





Students from our school won laurels at the inter school competitions organized by the DCC Library on 30 August 2019 and 3 September 2019. Many of them won various prizes in different categories. The winners were felicitated in the DCC Hall, Sacred Heart Cathedral on 20 October 2019.

#### The winners were:

- English Essay writing competition (Classes IV-V)
   Jay Tiwari
   V-A
   II prize
- English Essay writing competition (Classes X-XII)
   Rohit Bhatt
   XII- C
   I prize
- Hindi Essay writing competition (Classes X-XII)
   Aagya Gupta X-A I prize
- Extempore (Classes VII-IX)
   Chiraq Dalwani
   VIII-A
   I prize
- English Debate competition (Classes X-XII)
   Alan Jipson XII-A I prize
   Rashi Jha XI-B III prize



NISCORT Media College, Ghaziabad organized Tarang Media Fest on 18 October 2019. The events included both online and on campus events. Our students participated and won laurels in different events.

#### The winners were:

Tanuja Pandey XI-D II position in Doodle Art Daniel Prakash XI-C II position in solo singing

In the group dance, our troupe won the I position.

#### The dancers were:

Annu Maria Manu	XI-B
Aleena Verghese	XII-A
Dhanya C Shaji	XII-A
Ashima Shibu	XI-B
Arathi Nair	XII-B
Devi Manoharan	XI-B





Students of our school added feathers to the cap by lifting the first runners up trophy at the CBCI Masterminds Quiz season 2 Regional Level on 18 January 2020 at Ludhiana. The proud recipients of the honour in the senior category were:

Kanika Tiwari XII-A, Priyanshu Santra XI-A

In the junior and the sub-junior categories, Rishab Robin of IX- B and Avi Bhadana of IV-D participated respectively. Avi Bhadana was declared the youngest participant of the quiz.





- An essay writing competition was organized by Karuna Charitable Society of St. Stephen's Marthoma Church, Mayur Vihar-III, Delhi on the topic 'How Would Mahatma Gandhi Look At India If He was Alive Today'. All the three prizes were bagged by the students from our school.
- Abin P Binoy of XI-B won the first prize and a cash award of three thousand rupees.
- Zaid Akram Usmani of XI-A won the second prize and a cash award of two thousand rupees.
- Rohit Bhatt of XII-C won the third prize and a cash award of one thousand rupees.



The Commerce Teachers' Foundation (CTF) felicitated our student Hrithik Bhatt of class XII, the Accountancy teacher, Ms Bharti Sharma and the Business Studies teacher, Ms. Biju Mary Mathew for the former's outstanding performance in class XII board exams. The event took place at India International Centre on 30 June 2019. Our school was among fifty schools from across India to be applauded for their great performance. They were given a memento and a certificate each.





- At the national level essay writing competition that was held at Shri Ram Chandra Mission Meditation Centre, R K Puram, in the month of October 2019, Rashi Jha of XI- B made the school proud by winning the seventh position in Delhi region.
- Rashi Jha of XI-B won the award for the Best Delegate at the Youth MUN Colloquium held at East Point School, Delhi on 20-21 August 2019. The committee chosen for the competition was Lok Sabha and the topic was Citizenship (Amendment) Bill 2019.
- ❖ Tarana Upadhyay of X-A and Anushka Bhatt of X-B won the second position in an essay writing competition organized by IP4 Kids, in collaboration with S S Rana and Co. It was an online competition on the occasion of National Sports Day on 29 August 2019. Both the students won cash award of two thousand rupees and a certificate each.

## INTER HOUSE ACTIVITIES

## PRIMARY WING

Class K.G. Show & Tell		
Position	Name	Class
I	P.Aarush Archa Mohan	K.G-C K.G-D
II	Araina Bhatt Shabdita Srivastava	K.G-C K.G-A
Ш	Prathmesh Khansali Aditya Sharma	K.G-A K.G-D

Class K.G Carol Singing Competition		
Position Class		
I	K.G -C	
II	K.G -B	

Class I Carol Singing Competition		
Position Class		
I	I-D	
II I-C		
Class I		

Fun with Colours		
Position	Name	Class
I	Aishani	
П	Purvi	I-A
Ш	Shambhavi Saumya Singh	1-74
I	Alabh Prakash	
Ш	Sakash Rao	I-B
Ш	Sagarika Srivastava	
I	Albin Baby	
П	Devansh Kashyap	I-C
Ш	Aradhya Rawat	

I	Bhavesh Joshi	
П	Arthav Upadhyay	I-D
Ш	Daivik Singh Panwar	

Class II Speech Competition		
Position	Name	Class
I	Khyati Sharma Sharanya Suyal	II-B II-A
П	Aarav Rai	II-A
Ш	Mridul Deshwal	II-B

Class II & III Carol Singing Competition		
Position Class		
I	III-A	
Ш	II-D	
III	III-B	

Class III Paragraph Writing			
Position	Name	Class	
I	Ayush Upadhyay	III B	
II	Arnav Sharma Ishita Srivastava	III C III B	
Ш	Aryan Halder, Ruhani	III B	

Class III Drawing Competition			
Position	Name	Class	
I	Dev Dedha	III D	
II	Priyanshi Jonathan Lakra	III D IIID	
III	Amrita Vishwakarma Vansh Luthra	III C III A	

## PRIMARY WING

# INTER HOUSE ACTIVITIES

## CLASSES VI-VIII

Class III Speech Competition		
Position	Name	Class
I	Sachi Sati	III-A
II	Aaniya Rachel Lobo	III-C
III	Jennifer Sanil	III-C

Class IV Story Telling Competition		
Position Class		
I	IV-D, IV-C	
II	IV-C	
III	IV-D, IV-A	

Class IV Poster Making		
Position	Name	Class
I	Avi Bhadana	IV-D
Ш	Tanmay Gulati Anshika Kashyap	IV-C IV-B
III	Tanvi Kaushik Shalini	IV-B IV-D

Class IV & V Drawing Competition		
Position	Name	Class
I	Epshita Dhondiyal	V-D
II	Jopaul Shijo Naitik Kataria	IV-B IV-C
III	Bhavishaya Ananya Mishra Ankit Kujur	IV-B V-A V-C

Class IV & V Carol Singing & Crib Making		
Position Class		
1	V A, IV D	
II	IV C	

Class V

Essay Writing			
Position	Name	Class	
I	Joel Jose	V-B	
II	Ann Maria Nishal Thomas	V-A V-B	
III	Shreya Mathew Jyotsana Nair	V-B V-B	

Class V Story Telling Competition		
Position Class		
I	V-A	
II V-C,V-B		
III	V-A	

Class V

On the Spot Painting			
Position	Name	Class	
I	Nupur Dutt Shreya Mathew Johny Nicolas Gomes	V-D V-B V-A	
II	Akshat Ujjain Joanna Jomon Samridhi Keshri Ananya Shree	V-B V-C V-D V-C	
III	Sania Anna Prince Shaurya Nimman Sinha	V-A V-C V-A	

Class VI Best Out of Waste			
Position	Name	Class	House
I	Divyansh Gupta	VI-C	Vaayu
II	Dhanshee Gautam	VI-A	Agni
III	Aashna Barwal	VI-A	Amber
III	Eti	VI-B	Prithvi

Class VII Best Out of Waste			
Position	Name	Class	House
I	Himadri Singh	VII-A	Vaayu
П	Harshvardhan Singh Rawat	VII-C	Agni
III	Arisha Javed	VII-A	Agni

	Class VIII Best Out of Waste			
	Position	Name	Class	House
	I	Vandana Rana	VIII-B	Prithvi
	П	K. Veena Haridas	VIII-A	Amber
	Ш	Shreyashi Khansali	VIII-A	Vaayu
ı				

Class VI Bookmark Making Competition				
	Position	Name	Class	House
	I	Swastika Dash	VI-D	Amber
	II	Aniket Kumar Singh	VI-D	Vaayu
	III	Shreya Rautary	VI-B	Vaayu

Class VII Bookmark Making Competition				
Position	Name	Class	House	
I	Samiya Sheikh	VII-D	Amber	
II	Meghna Joshi	VII-D	Vaayu	
Ш	Tahseen Nawaz	VII-D	Vaayu	

Class VIII Bookmark Making Competition				
Position	Name	Class	House	
1	Sandra Rosa Prince	VIII-A	Vaayu	
II	Aloysius Alwin	VIII-A	Agni	
Ш	Anushka Rawat	VIII-D	Agni	

Classes VI-VIII Solo Singing				
Position	Name	Class	House	
I	Pranav A	VII-C	Agni	
11	Catherine Joison	VII-A	Amber	
III	Varsha P.V.	VII-A	Prithvi	

Classes VI-VIII Folkdance		
Position	House	
L	Vaayu	
II	Amber	
III	Prithvi	

# INTER HOUSE ACTIVITIES

# INTER HOUSE ACTIVITIES

## CLASSES VI-VIII

## CLASSES IX-XII

Classes VI-VIII Spell Bee Competition			
Position Name		Class	House
	K. Veena Haridas	VIII-A	
I	Aarifah Anwar	VI-B	Amber
	Gladson Johnson	VII-C	
	Sandra Rosa Prince	VIII-A	
П	Divyansh Gupta	VI-C	Vaayu
	Drishti Vashishtha	VII-C	
	Chirag Dalwani	VIII-A	
Ш	Prisha Agarwal	VI-D	Agni
	Aryan Singh	VII-A	

Classes VI-VIII Carol Singing		
Position	House	
I	Amber	
П	Prithvi	
	Agni	
III	Vaayu	

Classes IX-XII Painting Competition			
Position	Name	Class	House
I	Anushka Bhatt	X-B	Agni
II	Sandriya Saji	IX-B	Amber
II	Aanya Singh	Х-В	Vaayu
III	Bhumika Sarkar	X-A	Vaayu
III	Aishwarya	IX-A	Prithvi

Photography Competition			
Position	Name	Class	House
I	Tanya Sharma	X-D	Vaayu
II	Tanuja Pandey	XI-D	Vaayu
II	David George	XII-C	Agni
III	Albin Perera	XII-A	Prithvi
III	Atul Singh Kandari	X-A	Amber

Classes IX-XII Folkdance	
Position	House
I	Amber
II	Prithvi
III	Vaayu

Classes IX-XII Patriotic Song		
Position	House	
	Amber	
II	Vaayu	
III	Prithvi	

Classes IX-XII Crib Making			
Position	House		
I	Vaayu		
II	Amber		
III	Agni		

Classes IX-XII Solo Dance				
Position Name Class House				
I Sandriya Saji		IX-B	Amber	
II Aleena Jipson		X-D	Agni	
Ш	Annu Maria Manu	XI-B	Amber	

Classes IX-XII Symposium				
Position	Name	Class	House	
Best Speaker	Kanika Tiwari	XII-A	Prithvi	
Best Interjector	Rashi Jha Aleena Verghese	XI-B XII-A	Amber Prithvi	
Best Presentation	James Mathew	XI-A	Prithvi	
Best Team	Kanika Tiwari Aleena Verghese James Mathew	XII-A XII-A XI-A	Prithvi	

# Sports Section







**Ms. Santulata Yadav**Primary PET



**Mr. Avnesh Mane** Athletics Coach



**Navya Bisht** Games Captain

It was indeed an honour for me to be the Games captain of the school for the session 2019-20. The experience I gained during the year was undeniably wonderful and unforgettable. It really enhanced my team spirit and sportsmanship. It is rightly said, "Talents win games, but teamwork and intelligence win championships."

True to the above quote, our school has always focused on the overall development of a child and thus has encouraged sports and co curricular activities with academics. The result of this is that the immense talent of our students has been duly identified and harnessed. Our students have performed wonderfully well in various sports events throughout the year and won laurels for the school.

I would like to express my gratitude to our Manager, Rev. Fr. Jose T J, our Principal, Rev. Sr. Merlin C J, games coaches Pawan Sir, Avnesh Sir, Santulata ma'am and all the teachers who trusted in me and gave me the opportunity to serve the school. I would also like to thank the Games vice captain Varundev Bisht for his help and support throughout the year.

As I prepare to pass on the baton of responsibility to someone else, I wish the young and budding sportspersons success and good luck for their bright future. May they add many more feathers to the hat of our Alma mater.

Games captain

Navya Bisht

Vice captain

Varundev Bisht

# Sports Laurels!

The Second National Sports Aerobics Fitness Championship was held at Nagpur, Maharashtra from 28 to 29 August 2019. It was organized by FISAF India and Devasish Foundation. Our school's U-14 and U-17 teams took part in the Championship and bagged the first position in the U-17 category and the second position in the U-14 category.

Delhi Team also got the overall second position.

#### Under 14

Avesha Kain VI D VI D Namita Chopra Ritika Gupta VΒ Kritika VΒ Akriti Gautam VΒ

#### Under 17

Kiran Sharma XI C Divya Bansal XI D Reeja Skaria XI D Shreya Lal XI D Shradha Gupta VII B Anchal Bansal VII B



Our Football Team secured the third position at the All India Invitational Football Tournament 2019. It was held from 9-11 June 2019 at Kangra, Himachal Pradesh. The team members were-

Alvin Pereira VIII C Rishabh Dhaulakhandi VII A Om Harshvardhan VID Nelson Paul Arackal VII B Tushar Mehra VII B Anuj Prajapati IX B VI C Christiano Joby Aditya Rawat IX A VIII A Aaryaman



The CBSE National Aerobics Championship 2019-20 was held at Samata International School, Shirdi, Maharashtra from 10-12 November 2019, There were 82 schools from 20 states and over 1200 participants. The U-14 and U-19 teams of our school bagged the second position in the fitness category. The team members were:

#### Under 14

Prasiddhi Tiwari	VIA
Namita Chopra	VID
Anusha Lakra	VII C
Nishtha Singh	VIII C
Nivedita Nautiyal	VII D
Ayesha Kain	VID
Yashita Sharma	VIII B

#### Under 19

Navya Bisht XI B Nimi S. Mini VIII B Sanskriti Negi VIII A Kirti Sikka XI B Lara Sato IX B Ritu Barthwal VIII D VIII C Vaishnavi Jha Kriti Gupta XI A



The Junior Boys Football Team of our school participated in J.S. Gupta All India Inter School Soccer Tournament, organised by C.C. Gupta World School, Moradabad from 21 October to 23 October 2019. Our school's team got the Best Promising Team Award. The team members were:

Anuı	ag Guleria	XI D	Ansh Vashisth	XC	Aloshy Thomas	ΧВ
Priya	ınshu Rawat	XI A	Anuj Prajapati	IX B	Noel Kujur	XI C
Varu	ndev Bisht	XI B	Sharon Thomas	XC	Daniel Prakash	XI C
Vaib	<mark>hav</mark> Ranjit	ХВ	Jonas Bince	XC	Francis A Minj	XI C
Saja	Gupta	ΧВ	Karthik Sasikumar	ΧA	Gourish Shah	VIII A
Ansł	<mark>nu</mark> man Chou	dhary X B	Davis A Joseph	XD	Rohit Kumar Kushwah	a VIII A



Our school participated in *Diamond Jubilee Inter School Athletics Championship* on 1 August 2019 at Rosary Sr. Sec. School, Kingsway Camp, Delhi. Our athletes secured the following positions-

Name	Class	Event	Position
Khushi	VD	Ball Throw	Ш
Kavya Gosain	III D	40m sprint race (Girls)	III
Pranjal Mishra	VIII C	40m sprint race (Boys)	Ш
Anshul Gusain	ХD	High Jump (Boys)	II
Pooja Mamgai	IX A	High Jump (Girls)	Ш
Kavya Gosain	III D		
Agamyaa Mishra	III D	4x40m Shuttle	Ш
Aashwi Thakur	III B	Relay	111
Sneha Ekka	II B		
Ayush Kumar Jha	ХВ		
Suraj Belwal	ΧD	4x60m Shuttle	Ш
Abhishek James	ХВ	Relay	111
Vaibhav Ranjit	ХВ		

Shivansh Singh of class VI D participated in the *Inter School Skating Tournament* organized by Delhi Development Authority on 28 July 2019 at Chilla Sports Complex, Vasundhara Enclave, Delhi. He secured the first position in the U-11 category.



Athletes of our school participated in the 5<sup>th</sup> Shri G.C. Lagan Memorial Athletics Meet 2019. Over 50 schools had participated in this meet and our students secured the following positions:

Name	Class	Event	Position	
Akshita Panwar	VIII A	100m	Ш	
Pranjal Mishra	VIII C	100m	I	
Akshita Panwar	VIII A			
Kaashvi Gosain	VIII A	4x100m		
Sreya PP	VII B	Relay	ll l	
Tahseen Nawaz	VII D			
Pranjal Mishra	VIII C			
Aaryaman	VIII A	4x100m		
Aniket Anto	IX C	Relay	III	
Alvin Pereira	VIII C			
Hiral Rawat	IX C	600m	П	
Tahseen Nawaz	VII D	200m	Ш	

Our school's Senior Football Team participated in the *DCA Cup Tournament*, organised by Delhi Catholic Archdiocese on 8 November 2019 at St. Michael's School, Pusa Road. Our team was the runner up of the tournament.

The team members were-

David George	XII C
Varundev Bisht	XI B
Albin Perera	XII A
Carees Singh	XII C
Vaibhav Ranjit	ΧВ
Davis A Joseph	XD
Anshuman Choudhary	ΧВ
Jobin Joseph	XII D
Jobin Joseph Kevin Raju	XII D
	,
Kevin Raju	XII C
Davis A Joseph Anshuman Choudhary	ΧD

Around thirty students of our school participated in Sardar Patel Walk-a-thon for unity at Maharaja Agrasen College, Delhi on 27 September 2019.



In the *Zonal Junior Volleyball (Girls)*, our team bagged the third position. The event was held on 26 August 2019 at RSKV, Mayur Vihar Phase I, Delhi.

The team members were-

-
IX C
VIII A
VIII B
IX C
VIII D
VIII D
ΧD
ΧD
ΧВ
IX B
ХВ

Our team secured the second position in the Zonal Sub-Junior Football tournament held on 20 August 2019 at Salwan Public School, Mayur Vihar Phase-III.

The team members were-

The team members were	-
Heli Anil Thomas	VIII C
Vishnu S Nath	VIII B
Aditya Rawat	IX B
Aaryaman	VIII A
Karan Singh	VIII A
Nitin Kothiyal	VIII A
Abel Abraham	VIII D
Alvin Pereira	VIII C
Uday Prasad	VIII A
Yash Mehta	VIII B
Anirudh Bhati	VIII D
Vikas Yadav	VIID
Aditya Rawat	VIII A
Prakhar Gupta	VIII C
Abhay Raj Mamgain	VIA
Rohit K <mark>umar Kushwa</mark> ha	VIII A
Aviral Dubey	VIII B

In the **Zonal Junior Basketball (Girls)**, our team secured the third position. The event was held on 24 July 2019 at ASN Public School, Mayur Vihar Phase I, Delhi.

The team members were-

Tanya Sharma	XD
Unnati Srivastava	ХВ
Anubhooti Khantwal	ΧВ
Unnati Sati	IX A
Gayatri Bel <mark>wal</mark>	ΧA
Soumya Rana	ΧВ
Richa Maria Sabu	ХС
Tanishka Katoch	ХC
Udita Raturi	IX C





**Zonal Prize Distribution Ceremony** 

The **Zonal Athletics Meet** for boys and girls was held on 10 and 11 December, 2019 at East Vinod Nagar sports complex.

Our participants secured the following positions:

Our participants secured the following positions.					
Name	Class	Event	Position		
anjal Mishra	VIII C	100m (Boys)	I		
ahseen Nawaz	VII D	100m (Girls)	I		
kshita Panwar	VIII A	200m(Girls)	П		
ahseen Nawaz	VII D	200m(Girls)	Ш		
aryaman	VIII A	400m(Boys)	Ш		
ahseeen Nawaz	VII D				
eya PP	VII B	4x100m			
kshita Panwar	VIII A	Relay(U-14 Girls)			
aashvi Gosain	VIII A				
lvin Pereira	VIII C				
aryaman	VIII A	4x100m	II		
anjal Mishra	VIII C	Relay(U-14 Boys)	11		
nuj Prajapati	IX B				
aj Tiwari	XI A	400m (U-17 Boys)	Ш		
hander Prakash wari	XI D				
vek Singh Bisht	XI C	4x400m	П		
noop Soman	XI C	Relay(0-19 boys)			
etson P Babu	XI C				
iral Rawat	IX C	600m	П		
iral Rawat	IX C	400m	П		
	Name anjal Mishra ahseen Nawaz ashita Panwar ahseen Nawaz aryaman ahseeen Nawaz eya PP ashita Panwar aashvi Gosain vin Pereira aryaman anjal Mishra anjal Mishra anjal Tiwari anander Prakash wari vek Singh Bisht anoop Soman etson P Babu aral Rawat	Name Class  anjal Mishra VIII C  shseen Nawaz VII D  sshita Panwar VIII A  shseen Nawaz VII D  aryaman VIII A  shseen Nawaz VII D  eya PP VII B  sshita Panwar VIII A  aashvi Gosain VIII A  vin Pereira VIII C  aryaman VIII C	Name Class Event  In anjal Mishra Inseen Nawaz Inseen Naw		

# Inter House Events

Inter House Basketball (Girls)		
First Position: Vaayu House		
Name	Class	
Richa Maria Sabu	ХС	
Anubhooti Khantwal	ХВ	
Mayla Namal Khan	VI C	
Prakrati Pant	VI C	
Vritika Bhati	VIII D	
Aditi Panwar	VIII D	
Shrestha Lohani	XI B	
Shreya Jain	XI A	
Prakriti Verma	VI A	
Second Position: Ag	ni House	
Ahiya Saji	VI C	
Shreya Rautary	VI B	
Soumya Rana	ХВ	
Unnati Sati	IX A	
Srishti Beni	XI D	
Aastha Nainwal	XI C	
Anshika Dhoundiyal	VII D	
Anushka Rawat	VIII D	



Inter House Football (IX - XII)		
First Position: Vaayu House		
Name	Class	
Shashank Nagar	XII-C	
George Thomas	XII-A	
Aviral Tripathi	XI-A	
Joseph K. Saji	XII-B	
Allen Wilson	XII-A	
Alan Benny	XII-A	
Priyanshu Rawat	XI-A	
Vaibhav Chanda	XII-D	
Vaibhav Ranjit	X-B	
Anurag Guleria	XI-D	
Ashish James	XII-A	
Anuj Prajapati	IX-B	
Andreo Joseph Barretto	X-D	
Aditya Pundir	IX-D	
Jonas Bince	X-C	
Anwin Raphael	XI-C	
Puneet Singh Negi	XI-D	

Inter House Football (IX - XII)		
Second Position: Prithvi House		
Name	Class	
Joyal Joby Joseph	XII A	
Sajal Gupta	ХВ	
Albin Perera	XII A	
Cyril Mathew	XII D	
Kushagra Jayant	XI A	
Vaibhav Kotiyal	XI A	

Kunal Joshi	XII D
Vivek Singh Bisht	XI C
Ankit Kumar	XI C
Saurish Negi	XI A
Anshul Gusain	X D
Ansh Vashisth	хс
Chander Prakash Tiwari	XI D
Kebin Saji John	X D

Inter House Softball (Girls)		
First Position: Agni House		
Name	Class	
Aleena Biju	хс	
Himani Jagwan	IX D	
Unnati Sati	IX A	
Akankshi Bhardwaj	IX C	
Anushka Bhatt	ХВ	
Soumya Rana	ХВ	
Aarti Agnes Minj	IX A	
Ishika Gupta	ХА	
Anisha Mariam Jogy	XII C	
Divya Minj	XI D	
Shivangi Barolia	XI B	
Vaishnavi Rajesh	XI C	
Aleena Jipson	ХD	

Inter House Softball (Girls)		
Second Position: Prithvi House		
Name	Class	
Dhanya C Shaji	XII A	
Ann Riya Saji	XII C	
Kriti Gupta	XI A	
Pooja Mamgai	IX A	
Shivani Lakra	ХА	
Muskan Maurya	IX C	
Aleena Verghese	XII A	
Melita Prima Rai	IX D	
Jahnvi Gosain	IX D	
Hiral Rawat	IX C	
Tanishka Katoch	ХС	
Suhani Gupta	XII D	



Inter House Volleyball (Boys)			
First Position: Vaayu House			
Name	Class		
Aviral Tripathi	XI A		
Anuj Prajapati	IX B		
Anurag Guleria	XI D		
Anwin Raphael	XI C		
Puneet Singh Negi	XI D		
Priyanshu Rawat	XI A		
Vaibhav Ranjit	ХВ		
Allen Wilson	XII A		
Aditya Tyagi	XI D		

Inter House Volleyball (Boys)		
Second Position: Prithvi House		
Name	Class	
Albin Perera	XII A	
Sarthak Binjola	IX A	
Chander Prakash Tiwari	XI D	
Ankit Kumar	XI C	
James Mathew	XI A	
Vivek Singh Bisht	XI C	
Kushagra Jayant	XI A	



Inter House Softball (Boys)

First Position: Prithvi House		
Name	Class	
Kushagra Jayant	XI A	
Sajal Gupta	ХВ	
Abhay Bhushan	IX D	
Ekansh Khatri	IX A	
Kunal Joshi	XII D	
Ankit Kumar	XI C	
Vaibhav Kotiyal	XI A	
Sarthak Binjola	IX A	
Chander Prakash Tiwari	XI D	
Anshul Gusain	X D	
Tushar Pavadia	ХВ	

Inter House Softball (Boys)		
Second Position: Agni House		
Name	Class	
Punya Tyagi	XII A	
Rohan Babu	XII C	
Carees Singh	XII C	
Aby Joji	XI D	
Raj Tiwari	XI A	
Om Shukla	XII B	
Kunal Lohni	XII A	
Adarsh Nair	ХВ	
Rohit Choudhary	IX B	
Abhishek Lakra	ХС	
Bimil V Joseph	XI D	



### Major League Baseball

The Major League Baseball (MLB) camp was held in our school in the month of December 2019. Around 200 young Marians were trained in baseball by a team of professional coaches. The MLB is a professional baseball organisation and the oldest of the major professional sports leagues in the United States and Canada.



#### **Self Defence Camp**

A self defence camp was conducted in our school for girls of classes V-VIII. It was conducted by the Delhi Police in the month of May 2019. Around 120 students actively participated in the camp that was held for one week. The girls were happy at the initiative taken by the school management to make them well equipped to overcome any adverse situation. At the end of the camp they said that they felt more confident in stepping out of their homes.

#### **Sports India Award**

Sports India Foundation gives the award to sports coaches, sports players for their best performance and efforts in the respective sports and also to the institution and individual for their contribution in the development of sports in India.

This year Mr. Pawan Kumar Tyagi, Physical Education Teacher of our school received the 'Sports India Award 2019'. The ceremony was held at Pragati Maidan, Delhi on 23 September 2019.



# ANNUAL SPORTS DAY PRIMARY WING ATHLETIC EVENTS

Class - V (Girls) 200m		
Name	House	Class
Akansha	Agni	VA
Khushi	Amber	VD
Navya Prasad	Prithvi	VD
	<b>Name</b> Akansha Khushi	Name House  Akansha Agni  Khushi Amber

Class - V (Boys) 200m			
Position	Name	House	Class
I	Ankit Kujur	Amber	VC
П	Akash Ekka	Vaayu	VA
Ш	Prince Yadav	Prithvi	VB

Class - III (Girls) Skipping Race			
Position	Name	House	Class
I	Anika Sharma	Amber	IIID
П	Agamyaa Mishra	Prithvi	IIID
Ш	Shivi Baliyan	Prithvi	IIIA

Class - III (Boys) Skipping Race			
Position	Name	House	Class
I	Rudra	Amber	IIID
11	Arpit	Prithvi	IIID
111	Swasti Ranjan Das	Amber	IIID

Class - IV (Girls) 100m			
Position	Name	House	Class
I	Kanishka Nagar	Prithvi	IVA
II	Jingle Ann Joji	Agni	IVC
111	Tanishi Gosain	Vaayu	IVC

Class - IV (Boys) 100m			
Position	Name	House	Class
I	Rudransh Rai	Prithvi	4B
Ш	Anirudh Pokhriyal	Amber	4A
III	Mrityunjay Kumar	Vaayu	4B

Class IV - V (Girls) 200m Relay			
Position	Name	House	Class
I	Annie Massey	Agni	VB
	Kavya Upadhyay		VD
	Bhumi Yadav		IVB
	Tannu Kumari		IVA
П	Rebecca A. Thomas	Prithvi	VC
	Aruna E. Nair		VA
	Tanya Garg		IVC
	Anushka Negi		IVC
Ш	Briana Mane	Amber	VD
	Kanika Bartwal		VA
	Vaishnavi Bhagat		IVA
	Yashika		IVC

Class IV - V (Boys) 200m Relay			
Position	Name	House	Class
I	Abhinav Yadav	Amber	VB
	Akshit Raturi		VA
	Manas Rawat		IVD
	Anirudh Sharma		IVD
П	Rishabh Rana	Vaayu	VC
	Naman Parkhi		VD
	Abhinav Kumar		IVA
	Aarnav Chauhan		IVD
Ш	Ayushmaan	Prithvi	VC
	Zoyan Malik		VC
	Navneet Sisodiya		IVA
	Aditya Srivastava		IVC



# PRIMARY STAFF







CJ SISTERS, THE TORCH BEARERS OF ST. MARY'S



OFFICE STAFF



**SUPPORT STAFF** •













































































































