### MARTANETTE ST. MARY'S SENIOR SECONDARY SCHOOL 2022 - 2023

# THE VOICE OF THE YOUTH

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# WE ARE THE FUTURE



### **SCHOOL ANTHEM**

The Bells of St. Mary's ring out far and wide.
 Their chimes make our childhood so happy and bright.
 They welcome us children to work and to play.
 They call us to duty, they call us to pray.

#### **Refrain:**

O Bells of St. Mary's we hear you repeating, The dear song of gladness, of sweet memories. You tell us of striving, of frank and fair dealing. You sing to us of truth and love and victory.

2. In the School of St. Mary's how happy are we, We help one another life's duty to see.In the School of St. Mary's we find strength and light, To fight the good fight and to do what is right.

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# EDITORIAL



#### **Dear Readers**

#### Greetings to you!

We are glad to be back with the next edition of our school magazine, 'Marianette 2022-23'. The theme of this year's edition is – **'The Voice of the Youth'.** All of us will agree that being a youth is a crucial stage of one's life. It is the journey of finding who you are and what you will be; a bridge between the two stages of life- childhood and adulthood.

### 'Give young people a greater voice. They are the future and they are much wiser than we give them credit for.' (Desmond Tutu)

We, at St. Mary's, strongly believe that providing opportunities to the youth to give their perspectives, share their ideas and speak their opinions is an important part of development. They play an important role in the growth of our society. Their idealism, enthusiasm and courage cannot be matched with any other segment in the society.

Therefore, as you turn the pages of 'Marianette 2022-23', you will admire the fact that our young Marians have given voice to their thoughts and creativity through a wide spectrum of articles, poems, drawings and paintings. We wish that you will appreciate their work and effort.

I take this opportunity to thank our Manager, Rev. Fr. Jose T J, our Principal, Rev. Sr. Deepti C J and our Headmistress, Rev. Sr. Tomsy C J for their constant motivation and able guidance during the shaping of this magazine. I also thank the members of the editorial team for their continuous diligent efforts.

As I take leave, I hope you will enjoy reading this magazine as much as we enjoyed putting it together. We appreciate your support and are so happy to have you as a reader.

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With warmest thanks

Sumedha Ailawadi Editor



Most Rev. Anil J.T. Couto Archbishop of Delhi





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#### MESSAGE

I am extremely glad to know that St. Mary's Sr. Sec. School, Mayur Vihar Phase-III is bringing out its Annual School Magazine for the academic year 2022-23.

The practice of publishing an Annual Magazine is a very good one from many points of view:

First and foremost it helps the students to develop their literary and artistic talents and also learn team-work; moreover the school magazine also remains as a precious historical record for the archives.

At this juncture, I invoke God's abundant blessings on this premier institution of the Delhi Catholic Archdiocese and pray for its glorious future and success in all aspects.

My congratulations and thanks to the Principal, Staff & Students.

(+Anil Couto)

Archbishop of Delhi

April 21, 2023







Most. Rev. Deepak Valerian Jauro Auxiliary Bishop of Delhi



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09 May, 2023

To The Principal, Staff & Students St. Mary's Sr. Sec. School Mayur Vihar, Phase 3 Delhi-110001

Dear Sr. Deepti, Staff & Students,

Hearty Congratulations to you all as you prepare yourselves to bring out your annual School Magazine for the academic year 2022-2023.

I admire the theme for the annual magazine, "The Voice of the Youth." It is a very relevant one because the latest annual State of World Population report by the UN Population Fund (UNFPA) has interestingly noted that India has a dynamic, young population, with 65% of Indians being under 35 years old. This youthful energy needs to be utilized in a positive and constructive manner to shape the future of our Society, Country and World at large.

A positive and constructive growth is possible only when it is value based. In this context the motto of St. Mary's Sr. Sec. School, namely "Competence for Commitment" is loaded with values to equip and to meet the challenges of the present times.

I wish and pray that the Staff and students and their Parents may raise their voice in a positive and constructive manner to contribute to the growth of our great Nation.

God bless.

+ Deepak V. Tauro Auxiliary Bishop Archdiocese of Delhi







### **DELHI CATHOLIC ARCHDIOCESE**

(Regd. Under the Societies' Regn. Act XXI of 1860 - No.S.512 of 1951-52)

Rev. Fr. Vincent D'Souza Chairman, DCA Schools Yusuf Sadan 1, Ashok Place, New Delhi -110 001 Tel. : 011-23343457, 23346375 Email : chairmandcaschools@gmail.com

22nd April 2022

It is a matter of pride to pen down the message for the magazine of St. Mary's Sr. Sec. School, Mayur Vihar. I congratulate the school for making a significant impact on the lives of many bright young minds for the past 27 years since its inception in 1996. *"Competence leads to confidence, Confidence leads to commitment. Commitment leads to excellence"*. The school motto- 'Competence for Commitment' inspires the students, and prepares and motivates them for a better tomorrow.

I congratulate the School Management for selecting a beautiful theme "The Voice of the Youth". The youth is indeed an integral part of our society and with their voice; they can build a brighter future of our country. It is rightly said in a beautiful quote, "The more youth begin to recognize that they have a voice, the more change is possible."

I sincerely thank all the Managers, Principals, staff, and all those who were associated with and who have been a part of the School in all these years. I extend my warm wishes to especially Fr. Jose TJ, the Manager and Sr. Deepti CJ, the Principal, the staff, Editorial Board, and students to continue this journey on the road of excellence.

I pray that God, in His divine benevolence, continues to lead and guide this prestigious institution for many more generations to come.

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With Prayerful Wishes



Fr. Vincent D'Souza Chairman, DCA Schools





Dear Parents, Teachers and my loving Marians

### 'Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents.'

With great pride and immense pleasure, I congratulate each one of you on the successful compilation of this edition of the school magazine.

Many people consider education as a medium of getting good jobs, living a luxurious life, earning money and much more. But education doesn't really mean only this. Real meaning comes when one's way of thinking gets changed and one starts thinking for the betterment of the society, country and the world at large. On the whole, it means, holistic development of a child is not only restricted to the achievements of academics but also leads them to be a responsible member of the society. We believe every child is a gift of God, and that excellence is the way of life. Keeping this in mind, we provide them value based education and opportunities to grow in every sphere of life, both in academics and in their personality development. In the field of co-curricular activities, games and sports, our students are paving their way towards greater heights.

Dear children, I believe that the values imbibed in you make you more disciplined, organized and determined towards the tasks that are assigned to you. As torch bearers of the school, it is your responsibility to uphold, cultivate and cherish the legacy of St. Mary's School. Your mind is a canvas on which you can paint using the colours of your imagination and creativity and envision your dreams to come alive. Don't close your mind on your ideas, but let your creative and critical skills fly, for they would give your vision a wider spectrum. Open your minds to new innovations, broaden your perspectives and move forward with purpose and determination.

Change is always for the better as it lets you explore yourself beyond the realms of your imagination. The capacity to learn is a gift and the willingness to learn is a choice. Adapt yourself to this new change but do not leave behind what you already know. Practice, as you are your best competitor and you alone can improvise to bring the best in you. Your well-being is our top priority and it should be yours too. Indulge in activities that bring pleasure and joy to you, spend time to connect with your Creator, share your laughter and happiness with your near and dear ones, slow down to



reflect and ponder on what has gone by and plan and target for what is yet to come. Amongst all this planning, channelize your thoughts towards the achievement of your goals set by you. An effort towards investing in gaining knowledge pays the best interest! May God keep you all in His benign presence.

We are also thankful to you, dear parents, for your unconditional support at every step. We have stayed connected with you in all possible ways and have welcomed your suggestions and valuable inputs. All these have not only strengthened our bond but have proved to be beneficial for the children, whose mental and emotional well-being is of utmost importance. The New Education Policy (NEP 2020) lays particular emphasis on the development of the creative potential of each individual and aims at developing not only cognitive capacities- such as critical thinking and problem solving – but also social, ethical, and emotional capacities and dispositions. Hence, a wholesome learning experience is the need of the hour; today, more than ever. Together we must prepare our children for a successful and satisfying life ahead where they are able to meet challenges, explore their potential and achieve their goals. So, let's stay connected and join hands to provide our dear children with a holistic learning experience.

I take this opportunity to thank God Almighty for His benevolence and generous blessings showered upon our Institution through various people and events. I would like to express my sincere thanks to the Principal, Rev. Sr. Deepti C J, the Headmistress, Rev. Sr. Tomsy C J and Rev. Sr. Alka C J, who always guide, give confidence, inspire and support all of us. I extend my gratitude to all the teaching staff members and non-teaching staff members for their constant amicable support towards the Institution. A special thanks to the editorial board of this yearly magazine; a big thanks to all of them. Finally, I want to thank all the students of our school for their contribution and the important role they play in the school to take the school to greater heights.

Thank you and God Bless us all!

#### Fr. Jose T. J. Manager

Mayur Vihar - Delhi







#### "Gather for yourself in your youth a great treasure of virtues and good habits."

#### - Mother Mary Ward

School is one of the first and most essential stages of an individual's life where one learns and gets trained for future life. The entire purpose of education is not just imparting bookish knowledge, but inculcating humanitarian values in the students.

Students of today face a world that continually demands new knowledge and abilities; a world that requires the students to become adaptable, life-long learners in an ever-changing scenario of new skills, enabling one to think critically and creatively. It is a challenge for educators to cope with the changing world order and prepare their students for the future. Our teachers strive to give not only academic knowledge but also life skills needed for students' self development.

We accord prime importance to the behavioural discipline, moral integrity and intellectual formation of our students in an environment that fosters values. We assist them to be rooted in the values of Love, Justice and Peace, enabling them to contribute greatly towards the radical transformation of the society.

A word of appreciation to the entire staff for their sincere efforts in moulding and shaping the lives of the young ones in our hands to be the future of our country. Let us work together for the betterment of the students and help them achieve their goals in life. Thank you, dear parents, for your cooperation and active involvement in the holistic development of the students.

This school magazine gives a glimpse into the immense talents and capabilities of the precious gems of St. Mary's, along with a compilation of all their achievements. The quality and variety of content would not only be informative, but also impressive and enjoyable. I congratulate the editorial board for their tireless efforts in bringing out this magazine.

Sr. Deepti C J Principal







#### Dear Readers

Motivated and enthused with a go, skilled to articulate opinions into words, this is what defines the self reliant individuals who have the charm to express themselves. Nonetheless, it is the educators who engrave this unique skill in students. An educational institution creates a plethora of opportunities for students to embark on a journey of inventing themselves. The school magazine is one such opportunity given to students, to tell aloud and to express themselves. Here is a proof to what Marians are committed to, as they speak up in this volume of the school magazine, themed- **'The Voice of the Youth.**' The world of the youth is of noise, fun and frolic, yet it needs to be reflective; and the Marians are opting out differently here, as they voice their ideas and give expressions to their imaginations. This year's magazine is a mixture of ideas and thoughts that even the little Marians of the primary wing have shared. I heartily appreciate the students and the Editorial board for the time and energy spent fruitfully in bringing out the magazine.

Sometime or the other, I walk into a classroom of young people aged 14 – 18 and I find a stress in them to voice their opinion. Whether it is answering to a query or expressing themselves in agreement or disagreement to any discourse, the students seem passive. Thereupon, the thought came to my mind, why do young people scare away from opining their thought and word. The young lot agrees that there is a fear factor prevailing, i.e., of being wrong, of being judged, of being made fun of, and of not being eager to make oneself a fool before the peer group and elders.

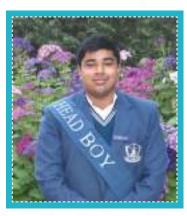
Indeed, this is a challenge for educators and parents. Educators, on their part, are to use appropriate reinforcement measures to encourage and motivate students. The vision of St. Mary's is to impart education which teaches commitment. However, it also depends upon the cooperation and support of its stakeholders, namely the parents as the prime entity. We earnestly recommend the parents to play their role diligently by challenging and appreciating their child with affirmed love. Allow them to give colour to their thoughts and creative shapes to their ideas. To make the child aware to speak up his part rightly and politely, I feel, is rather the most important part of it all.

Dear Marians, I am glad that you have grabbed the opportunity and have tried your best in sharing your views. Your contributions are valued and acknowledged. At the same time here is a challenging note- 'young people are adventurous!' So, shake off the fear factor and steadily walk on to express yourself; because it is time up and so speak up! Let your voice bring out ripples of changes for a better world.

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Sr. Tomsy C J Headmistress

### Words of Gratitude....





'The ultimate measure of a man is not where he stands in the moments of comfort, but where he stands at the time of challenge and controversy.' -Martin Luther King Jr.

We feel honoured to have served this prestigious Institution as the Head girl and the Head boy for this academic session. We want to thank the Lord Almighty for showering His blessings upon us. We would like to extend our heartfelt gratitude to our Manager, Rev. Fr. Jose T. J., our Principal, Rev. Sr. Deepti C J and our Headmistress, Rev. Sr. Tomsy C J for having faith in us and considering us worthy for this post.

We would also like to thank all our dear teachers for their constant support and guidance. Thank you for emboldening us, your positivity and encouragement brightened our days. A special thanks goes to all our fellow student council members for the support and cooperation throughout the year. Leading this school would have been a difficult task without them.

Parting is such sweet sorrow, we can't believe that it has been 13 years since we first set foot in our school, and now we find ourselves in a crucial juncture in life which marks the end of a remarkable journey and paves the way for a new beginning with a truckload of memories to cherish for a life-time.

As we bid adieu to our Alma Mater, I wish to tell each and every Marian to live their life to the fullest, always aim big, admire the small things in life and make your parents and teachers proud.

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Wishing everyone a life full of happiness and good health.

Vive la St. Mary's! (Long Live St. Mary's)

Annette Mary Jacob Head girl

Aagney S Madhavan Head boy

### FROM THE STUDENT EDITORS...



e, the student editors, feel extremely happy at the release of 'Marianette 2022 – 23', a compilation of the creative work of the young Marians. This wonderful magazine provides an exhilarating flashback of our school events, achievements and glory.

We take this opportunity to thank our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ and our teachers for giving us this opportunity to be the student editors for this academic session. By being a part of the student council, we learnt the important values of leadership, teamwork and integrity.

'Vocabulary enables us to interpret and express. If you have a limited vocabulary, you will also have a limited vision and a limited future.' Being student editors also gave us a chance to set foot into the world of vocabulary by organising 'The Word of the Day Quiz'. The excitement and the enthusiasm shown by the Marians to learn a new word every day turned the quiz into a great success.

Through this platform, we would like to encourage all the students to take an active part in school activities. We believe that students' voice and involvement is essential for a successful school community.

As we conclude, we extend our best wishes to our dear Marians for their future endeavours. May each one of you strive to be the best version of yourself!

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Veena Haridas XII-B Taranjeet Singh

XII-A

### CHRONICLE

#### MARCH

31		First staff meeting for the new session
APRIL		
1,2		Orientation for teachers
4		New session begins for classes I-X and XII
11		New session begins for class KG
13		Youtube assembly on Easter by class XII-C
14-18		Easter holidays
22 23		Earth Day activities for classes VI-XII Staff meeting
26		Youtube assembly for the new session by class XII-A
20	_	Inter School English Debate competition 'Nano Nagle' at Presentation Convent School
27		Club meetings
29	_	Discipline Trophy for the most disciplined class (VI-VIII and IX-XII) given
27	_	'Star of the Month' given for classes VI-XII
30	-	Labour Day assembly by class X-C
	-	Felicitation ceremony of teachers and support staff on completing 25 years of service
MAY		
2-11		PA1 for classes VI-X and XII
3		Holiday on Id-ul-Fitr
10		Mother's Day activities for classes VI-XII
13	-	Assembly on teachings of Gautam Buddha by class VIII-D
	-	Vocabulary quiz for classes VI-XII
14		Silver Jubilee celebration of religious life of Principal, Rev. Sr. Merlin C J
16		Summer vacation begins for classes KG-VIII
19		Inter House Talk Show competition for classes IX-XII
20		Release of Silver Jubilee Souvenir
21 23		Farewell of Principal, Rev. Sr. Merlin CJ Summer vacation begins for classes IX-XII
		Summer vacation begins for classes IX XII

#### JUNE

30

Farewell of Headmistress, Rev. Sr. Poonam CJ



#### JULY

1	Welcome of the new Principal and the new Headmistress by the staff Staff meeting
4	School reopens for the students after summer vacation Welcome of the new Principal, the new Headmistress, Rev. Fr. Richard, Rev. Sr. Alka CJ by the students
8	New session begins for class XI Holy Mass Blessing of the new art room and the junior library

10		Holiday on Eid-ul-Adha
11	-	Assembly on Eid-ul-Adha by class VII-C
	-	Clay modelling for class II
12	-	Inauguration of primary wing library
	-	Origami activity for class I
13		Book Review competition for class IV
14		Poster making on Dignity of Labour for class V
15-25	-	Students participate in CBSE Expression Series on 'Yoga for Fitness'
	-	NCC students participate in awareness campaign to phase out single use plastic
15		Poster making on Save Water for class III
16		Staff meeting
18	-	Assembly on 'Peace and Justice- the Need of the Hour' by class X-B
	-	Inter House chess competition for class VI boys
	-	Magic with colours for class KG
21	-	Magic with colours for class KG Investiture Ceremony of the primary wing
21 23	-	Investiture Ceremony of the primary wing
	-	Investiture Ceremony of the primary wing Investiture Ceremony of the senior wing
	-	Investiture Ceremony of the primary wing Investiture Ceremony of the senior wing Various competitions for classes VI-XII
23	-	Investiture Ceremony of the primary wing Investiture Ceremony of the senior wing Various competitions for classes VI-XII PA2 begins for classes VI-XII
23 29	-	Investiture Ceremony of the primary wing Investiture Ceremony of the senior wing Various competitions for classes VI-XII PA2 begins for classes VI-XII Club meetings
23 29	-	Investiture Ceremony of the primary wing Investiture Ceremony of the senior wing Various competitions for classes VI-XII PA2 begins for classes VI-XII

- 'Star of the month', Discipline trophy, Best House Board trophy, Best Class Bulletin Board prizes given

THEFT PERSON NAMES IN CASE

#### AUGUST

1 3 4 5		Solo dance competition for class V Folk dance competition for class II Show and Tell competition for class KG Fancy dress competition for class I
6	-	Hindi recitation competition for class VI
		English patriotic song competition for classes VII and VIII
	-	Students participate in poster making competition for the Zonal Cultural Activity
	-	Students participate in panel discussion on Olympism at the Constitution Club of India
8		Students participate in the drawing competition for the Zonal Cultural Activity
9		Holiday on Muharram
10	-	English poem enactment for classes IX-X
	-	Fusion dance for classes IX-X
	-	Inter House carrom competition for class VI girls
11		Holiday on Rakshabandhan
12	-	Patriotic song competition for classes IX-XII
	-	Street play competition for classes IX-XII
	-	Short film making competition for classes IX-XII Solo dance competition for classes VI-VIII
	-	Hindi patriotic song competition for classes
	-	VI-VIII
	-	Independence Day assembly by classes II A and
		ПВ
13	-	Flag hoisting to mark Independence Day
	-	Special assembly by class XII-D

	- Certificate distribution for various competitions
15	Holiday on Independence Day
16	Role play competition on India 's freedom struggle for classes III and IV
17	Students participate in the paper mache competition for the Zonal Cultural Activity
18	Students participate in the collage making competition for the Zonal Cultural Activity
19	Holiday on Janamashtmi
23	Students participate at the Science Symposium competition held at Somerville School, Delhi
23-24	Students participate in National Sports Aerobics and Fitness Championship at Nag- pur, Maharashtra
26	- Students participate in the English declamation competition for the Zonal Cultural Activity
	- Club meetings
27	PTM

#### **SEPTEMBER**

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1	-	'Star of the Month' badge given to classes VI-XII	
	-	Card making competition for Teachers' Day for classes VI-XII	
	-	Clay modelling for class III	
	-	Hindi recitation competition for class IV	
2	-	Students participate in the Hindi street play competition for the Zonal Cultural Activity	
	-	Students participate in the 'Inter School Personality Contest' held at St. Xavier's	
		Sr. Sec. School, Delhi	
	-	Inter House girls' volleyball competition for classes IX- XII	
	-	Show and Tell competition for class I	
	-	Grandparents' Day assembly by class III-C and III-D	
3	-	Students participate in the group folk dance competition at St.	
		Michael's Sr. Sec. School	
	-	Teachers' Day assembly by classes III-A and III-B	
5		Special assembly on Teachers' Day by class X-A	
6		Role Play competition for class V	
7	-	Students participate in semi classical competition for the Zonal	
		Cultural Activity	
	-	Distribution of certificates and trophies for various competitions	
	-	Discipline Trophy given to classes VI-VIII and IX-XII	
0	-	Spellathon competition for class II	
8		Assembly on Girl Child Day by class VIII-B	
9	-	Students participate in classical vocal competition for the Zonal Cultural Activity	
10.07	-	Fun with Paints for class KG	
12-26		Mid term examination	
23 30		Staff meeting	
30	-	Inter House Volleyball for boys of classes IX- XII	
		Club meetings	
OCTOBER			
1		Retreat for Christian students	

- Retreat for Christian students Month of Rosary begins Holiday on Gandhi Jayanti 2

3-5		Dussehra holidays
6	-	Assembly on Dussehra by class VII-A
	-	Picnic for class XII
10	-	Assembly on World Mental Health Day by class V-A and V-B
13-18	-	Students participate in CBSE Expression Series on 'Promoting
		Sustainable Tourism'
	_	Best Out of Waste competition for class IV
14	-	Fancy dress class activity for class VI
	-	Historical speech class activity for class VII
	-	Story writing class activity for class VIII
	-	Paint the Canvas House activity for classes IX-XII
	-	Collage making class activity for classes IX-XII
	-	Students participate in Inter School Athletics meet at Rosary Sr. Sec. School
	-	Mask making competition for class III
15		Assembly on 'Be an Instrument of Joy- Related to Happiness Curriculum' by class VI-D
16		Students participate in the Inter School Don Bosco Bible Quiz
18	-	Certificate and medal distribution for various competitions
	-	Best House Bulletin Board trophy given
	-	Diya decoration for class I
19		Diya making for class KG
20	-	Inter House Maths Quiz for classes VI-VIII
	-	Diya decoration for class II
21	-	Rangoli making competition for classes IX-XII
	-	Toran making competition for class V
22	-	PTM
	-	Staff meeting
23- <mark>26</mark>		Diwali holidays
27		Holiday on Bhai Dooj
31		Conclusion of the Month of Rosary

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#### NOVEMBER

1		Picnic for class IX
2		Inter House General Quiz for classes IX-XII
3		Picnic for class VII
4		Picnic for class VIII
7		Assembly on 'No Poverty- Zero Hunger' by class
		XI-B
8		Holiday on Guru Nanak Jayanti
9		Students participate in English declamation competition for the District Level Cultural
		Activity
10	-	Students participate in drawing competition for the District Level Cultural Activity
	-	Photo frame making for class IV
11		Principal's birthday celebration, special assembly
		by class XI-D
11-13		Staff picnic to Jim Corbett Park
13		Parents' Day programme for classes II and III
14	-	Children's Day celebration
	-	Sports Day for seniors

	-	Club meetings
	-	Model making with newspaper for class V
15	-	Orientation for senior students
	-	Clay modelling for class KG
16	-	Students participate in Inter School Science competition at Fr. Agnel School, NOIDA
	-	Students participate in Zonal Athletic Meet
	-	Picnic for class VI
	-	Primary Athletic Meet for Classes KG -V
21		Speech competition for classes VI and VIII
22	-	Certificate distribution for various competitions for classes VI-XII
	-	Blessing of the school canteen
23		Inter House Sr. Boys football competition
24		Inter House Jr. Boys football competition
24-26		Students participate in Sir Devasia Memorial Inter School Cultural Festival at St. Xavier's Sr. Sec. School
25	-	Assembly on 'Orange the World, End Violence Against Women Now' by clas <mark>s VI</mark> I-B
	-	PA3 begins for classes VI-IX and XI
26	-	Assembly on Indian Constitution Day by class VIII-C
	-	Second term examination begins for classes X and XII

#### DECEMBER

5		'Star of the Month' given to students from classes VI-XII
8		Special assembly on School Feast Day
9		Holy Mass
10		School Carnival
12		Picnic for class X
13	-	Carol singing competition at NISCORT Media College, Ghaziabad
	_	MLB First Pitch camp for Baseball training
14	_	Assembly on Energy Conservation Day by class IX-A
	_	Carol singing competition at Loreto Convent School
	-	Christmas craft making for KG-V
15		Carol singing competition for classes VI-IX
16	_	Pastoral visit
10	_	Blessing of 'Archbishop Alan Basil De Lastic
		Memorial Hall'
	_	Certificate distribution for various competitions
	-	Inter House Crib Making competition for seniors
	_	Interschool Carol Fest
17	_	PTM
.,		Art and Craft Exhibition for KG-XII
19		Christmas assembly by class I
21		Special assembly on Christmas
22		Christmas get together for the staff
~~		Carol singing and Live Crib for classes IV and V
23	-	Christmas get together for co-workers
23	-	
		Winter vacation begins
		17
1	41	

#### JANUARY

4		School reopens after winter vacation
7		Assembly for welcoming the new year by class VI-A
9		Pre board examination begins for classes X and XII
9-14		Holidays for students of classes KG-IX and XI due to ex-
11		Manager's birthday celebration by the staff
12	-	Multi lingual speech competition
	-	Staff meeting
16	-	Manager's birthday celebration by the students
	-	Various competitions on Mother Mary Ward for classes VI-
20		Republic Day activity for class KG
21		Mary Ward assembly by classes V-C and V-D
23		Special assembly for Mary Ward Week celebration by class IX-B
24		Poster making competition for classes VI- IX on National Girl Child Day
25	-	Flag hoisting for Republic Day
	<b>1</b> -11	Special assembly by class IX-C for Republic Day
26		Holiday on Republic Day
27		Debate competition for class V
30	-	Hindi speech competition for class IV
	-	Republic Day assembly by class KG
31		Club meetings

#### FEBRUARY

11

3	Thanksgiving assembly by class IV			
4	PTM for classes X and XII			
8	Farewell of class XII			
9 -	Thanksgiving assembly by class VI-C			
-	JAM competition for classes VI and VII			
10 -	Certificate distribution for various competitions			
-	Preparatory leave begins for class XI			
2-27	Annual examination			
18	Holiday on Mahashivratri			
28	Picnic for class XI			
MARCH				
4	Result for classes KG-V			

Result for classes VI-IX and XI





### **BOARD TOPPERS CLASS - X (2022-23)**





1<sup>ST</sup> HARSHITA BAHUGUNA X-A 98. %

2<sup>ND</sup> **DRISHTI VASHISHTHA** X-B 97.4 %

3<sup>RD</sup> **PALLAVI SINGH** X-C 97.2 %



#### **SUBJECT TOPPERS**

ENG	lish	(99	M	AR	KS)
Lavan	ya G	ulati	i		

Tejasvini Pandey

#### SCIENCE (100 MARKS)

Harshita Bahuguna

#### **MATHEMATICS (99 MARKS)** Harshita Bahuguna X-A

X-A

Drishti Vashishtha X-B

#### HINDI (98 MARKS)

Drishti Vashishtha Tejasvini Pandey

X-B X-B

#### SOCIAL SCIENCE (99 MARKS)

Pallavi Singh

X-A

19

X-B

X-C

### **BOARD TOPPERS CLASS - XII (2022-23)**

#### SCIENCE STREAM



1<sup>ST</sup> **ADITYA KASHYAP** XII-A 94.4 %



2<sup>ND</sup> **JANVI PAPOLA** XII-A 94.2 %



3<sup>RD</sup> SARTHAK KUMAR XII-A 92.6 %



3<sup>RD</sup> LARA SATO XII-B 92.6 %

#### **COMMERCE STREAM**



XII-D 96.6 %



**JIVITESH BANSAL** XII-C 88.6 %



**TISTHA KANOJIA** XII-C 86 %

#### **SUBJECT TOPPERS**

#### **ENGLISH (97 MARKS)**

Ayan Gupta Sandra Mathew Tanishka Bansal Uday Anand

**MATHEMATICS (98 MARKS)** Aditya Kashyap XII-A

#### PHYSICS (95 MARKS)

Aditya Kashyap Janvi Papola Yuvraj Sharma Sadhvi Singh Kriti Jadli Ishaan Saklani Parikshit Bhattacharya

XII-A XII-B XII-B XII-D	Piyush Singh Ashita Rawat Lara Sato Muskan Maurya Sandra Mathew Kumar Nalin
5) XII-A XII-A	<b>CHEMISTRY (95 MARKS)</b> Aditya Kashyap Sarthak Kumar
	Piyush Singh

XII-A

20

XII-A Adwitiya Ghosh Mondal XII-A Astha Chauhan XII-A Lara Sato XII-A **BIOLOGY (96 MARKS)** XII-A Surbhi Singh

XII-A	COMPUTER SCIENCE (98 MARKS)			
XII-B	Sadhvi Singh	XII-A		
XII-B XII-B XII-B	ECONOMICS (97 MARKS) Uday Anand	XII-D		
XII-B	<b>BUSINESS STUDIES (99 MARKS)</b>			
	Uday Anand	XII-D		
XII-A XII-A XII-B XII-B XII-B XII-B	ACCOUNTANCY (95 MARI Jivitesh Bansal Uday Anand	<b>(S)</b> XII-C XII-D		
	INFORMATICS PRACTICES MARKS) Aarti Agnes Minj	(99 XII-C		

### **SCHOLASTIC ACHIEVERS!**

#### **PRIMARY WING**

#### MARIAN EXCELLENCE AWARD 2022 -2023







Ayan Halder IV-C



Nitika Singh III-A



Nivedya Shaji V-A



#### **STUDENTS FOR ACADEMIC EXCELLENCE (95 % AND ABOVE)**

#### KG-A

- 1. Bhesaj Shree
- 2. Janhvi
- 3. Maanvi
- 4. Yogita Kumari
- 5. Arpit Prakash Pandey
- 6. Ekansh Walecha

#### KG-B

- 1. Ananya Bhatt
- 2. Anshika Vajpayee
- 3. Manvi
- 4. Rebecca Anna. Shefi
- 5. Saanvi Dash
- 6. Aayush Mishra

- 7. Ahaan Khan
- Anaan Khan
   Aryan Singh
- 9. Atharv Singh Dhama
- 10. Ethan Aby
- 11. Mivaan Sharma
- 12. Sauryansh Pratap Singh
- 13. Shivansh Yadav

#### KG-C

- 1. Akshita Mishra
- 2. Anaya
- 3. Anvi Gupta
- 4. Ishita Bhatt
- 5. Mayra Rawat
- 6. Mohd. Zaim Ghazi

- 7. Pankhuri Singh
- 8. Vatsal Gautam

#### KG-D

- 1. Anika Panwar
- 2. Arshita Sharma
- 3. Dhana Satheesh
- 4. Jaanhvi Agrawal
- 5. Namya Sharma
- 6. Riddhi
- 7. Vaani Gupta
- 8. Naitik Kumar
- 9. Saatvik Moharana
- 10. Vatsalya Upadhyay
- 11. Ashrith Upadhyay

12. Pragika Bansal

#### I-A

- 1. Aashvi Kumari
- 2. Aaditya Kotnala
- 3. Kaina
- 4. Kushal Verma
- 5. Mayra Rawat
- 6. Evan Anoop
- 7. Vihaan M.

#### I-B

- 1. Ara<mark>dhy</mark>a
- 2. Hiba Zainab
- 3. Navya
- 4. Divyansh Pokhrial
- 5. Madhav Menon
- 6. Sarjith K.
- 7. Shivam Chauhan
- 8. Ved Bhatt

#### I-C

- 1. Anshika Singh
- 2. Himanshi
- 3. Aarav Deep
- 4. Shivan Rawat
- 5. Utkarsh Singh
- 6. Vedant Singh

#### I-D

- 1. Pranavi Upadhyay
- 2. Priyanshi Kandwal
- 3. Riddhi Sethi
- 4. Vanshika Patel
- 5. Aryaveer Rajora
- 6. Atharva Singh
- 7. Eshan Aggarwal
- 8. Kushank Singh
- 9. Philip K. Jobin
- 10. Satyam Jena
- 11. Vidhan Jain

#### II-A

- 1. Anabia Hasan
- 2. Divyanshi Durgapal
- 3. Sumedha

- 4. Abhigyan Shah
- 5. Akshat Bora
- 6. Ansh Tariyal
- 7. Reyansh Thapliyal
- 8. Rishabh Chaudhary

#### II-B

- 1. Ivana Lijo George
- 2. Adyant Parashar

#### II-C

- 1. Maanvi Bora
- 2. Vartika Purwar
- 3. Aarav Panwar
- 4. Arnav Patel
- 5. Pratyaksh Tenguria
- 6. Shantanu Dixit

#### II-D

- 1. Advika Thapliyal
- 2. Manvi
- 3. Kavin Dhaulakhandi
- 4. Rian Anish Mathew
- 5. Ronak Bhat
- 6. Saarthak Singh Rawat

#### III-A

- 1. Nitika Singh
- 2. Siddhi Aggarwal
- 3. Soumya Gupta

#### III-C

- 1. Anshika Bhatt
- 2. Deevija Deshwal
- 3. Mohd. Ayan Naeem
- 4. Shaurya Mishra
- 5. Shivaay Negi
- 6. Arjun Latish

#### III-D

1. Vanya

#### IV-A

- 1. M. Shrihasan
- 2. Navya Gupta

#### IV-B

22

1. Annet Tom

- 2. Shreyasi Mishra
- 3. Surbhi Shivhare
- 4. Nirvaan Bose
- 5. Swastik Singh

#### IV-C

- 1. Mokshi Jain
- 2. Arsh Hafeez
- 3. Ayan Halder
- 4. Medhansh

#### IV-D

- 1. Daivik Singh Panwar
- 2. Shivansh Thakur

#### V-A

1. Yash Rawat

#### V-B

V-C

V-D

- 1. Janet Ramona Edward
- 2. Mridul Deshwal

1. Saket Saxena

2. Sidhi Gupta

3. Kartik Bisht

1. Surbhi Singh

3. Prakshal Jain

2. Anuggrah Gupta

- 3. Sahil Jena
- 4. Spandan Maharana

### **SCHOLASTIC ACHIEVERS!**

### SENIOR WING



### **SCHOLASTIC ACHIEVERS!**

### SENIOR WING





#### 'A truly great administrator is hard to find, difficult to part with and impossible to forget.'

ur school bid farewell to its dynamic and visionary Principal, Rev. Sr. Merlin C J on 21 May 2022. Rev. Sister rendered her relentless service to the Institution for three years. With her creative leadership, Sister took the school to greater heights not only in academics but also in other areas. During her tenure, the school underwent a facelift. It is now digitally well equipped, has better infrastructure and endless opportunities for the holistic development of students through the various Clubs started under Sister's able guidance.

The school also bid adieu to their Headmistress, Rev. Sr. Poonam CJ on 30 June 2022.

The Manager, Rev. Fr. Jose TJ thanked the Sisters for their yeoman service to the Institution. He applauded them for their indomitable spirit and their zeal to work for the development of the Institution.

St. Mary's will definitely miss working under the able guidance of Rev. Sr. Merlin and Rev. Sr. Poonam. The school wishes them the very best of everything in the years to come.



### IMBIBING A NEW ENERGY WITH THE NEW MENTORS

#### 'Leadership is the capacity to translate vision into reality.' —Warren Bennis

he Marian family welcomed their new Principal, Rev. Sr. Deepti C J, the Headmistress, Rev. Sr. Tomsy C J, Rev. Sr. Alka C J and Rev. Fr. Richard on 1 July 2022.

The young Marians sang a melodious song and presented a graceful dance on the occasion. Our Manager, Rev. Fr. Jose T J presented a sapling each to the new mentors of this prestigious Institution. Addressing the gathering, Rev. Father congratulated and wished the new team good luck and success for all their future endeavours.

Rev. Sr. Deepti addressed the students with her insightful and motivational words. She thanked everyone for their love and warm welcome. The staff and the students promised the new team of their wholehearted cooperation and support.



Investiture Ceremony

The Investiture Ceremony for the primary wing was held on 21 July 2022 and for the senior wing on 23 July 2022. This solemn ceremony is one of those momentous occasions when the school entrusts hope, faith and the mantle of responsibility to the newly appointed school cabinet. It also signifies the reliance and confidence that the school places in the newly elected office bearers.

The ceremony began with a welcome dance and the lighting of the lamp by our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ, the teacher Coordinator, the Head boy and the Head girl.

In her address to the gathering, our Principal, Rev. Sr. Deepti CJ inspired and encouraged the elected leaders to be dutiful and responsible.

The new student council was then vested with badges and sashes by the Manager, the Principal, the Headmistress, and the House Moderators.

The student leaders took the oath to hold the school motto- 'Competence for Commitment' in high esteem and promised God that they would carry out their responsibility to the best of their ability, be loyal to the school and its authority.

Our Manager, Rev. Fr. Jose TJ enlightened the student leaders with his views on leadership. He motivated the student council members to be role models and fulfil their responsibilities sincerely as the builders of our nation. He also advised the students to inculcate the values of punctuality, dedication, discipline and determination as they are the torch bearers of tomorrow. On behalf of the new student council, the Head boy thanked the Management for giving them the opportunity to be the leaders and promised to work for the betterment of the school.

It was a proud moment for all the parents to witness their children embark on a new journey as leaders.

The ceremony concluded with the singing of the school anthem.



#### **OFFICE BEARERS (SENIOR WING)**

Head boy Head girl Vice Head boy Vice Head girl Editors

Games Captain Vice Captain Aagney S Madhavan Annette Mary Jacob Noel Thomas Sandra Rosa Prince Veena Haridas Taranjeet Singh Vritika Bhati Uday Prasad Agni House Captain Vice captain Amber House Captain Vice captain Prithvi House Captain Vice captain Vaayu House Captain Vice captain Shwetank Tiwari Shreya Mikhael Mathew Sreya S Heli Anil Thomas Nidhi Reji Vaishnavi Jha Ann Maria Jobi



#### **OFFICE BEARERS (PRIMARY WING)**

Head boy Head girl Games Captain Vice captain Agni House Captain Vice captain Shivam Gupta Anushya Yash Kumar Singh Sharanya Suyal Nishant Debnath Janet Ramona Edward

28

Amber House Captain Vice captain Prithvi House Captain Vice captain Vaayu House Captain Vice captain Ivanka Pandey Mridul Deshwal Khyati Prakshal Jain Anant Choudhary Avni Singh

### Earth Day Celebration

Sarth Day was celebrated meaningfully in our school, with the theme- 'Invest in Our Planet'. During the morning assembly, the students took an Earth Day pledge. All the class monitors held a sapling and committed themselves to conserve Mother Nature.

Students displayed ideas and slogans on the topic- 'Phasing Out Single Use Plastic.' Earth Day Quiz was also conducted on the topic- Plastic Waste Management Act, 2016.



'Thank you is the best prayer that anyone could say, it expresses extreme gratitude, humility and understanding,' these lines by Alice Walker were well lived in our school on 2 May 2022 on the occasion of Labour Day. The students of class X-C presented a beautiful assembly in honour of our support staff.

Our Manager, Rev. Fr. Jose T J and our Principal, Rev. Sr. Merlin C J wished the support staff on this special day. Rev. Fr. Jose T J, in his message, acknowledged and praised their dedication towards the Management, the staff and the students of the school.







### **COMMUNITY OUTREACH PROGRAMME**

#### 'Do not withhold good from those to whom it is due when it is in your power to act.'

Our school, in its endeavour to help the less privileged in the society, makes regular visits to Khichripur slum which is adopted by the school. The staff and the students regularly visit the families there. Under the able guidance of the Sisters, the teachers and the students impart basic knowledge on hygiene and cleanliness to the residents of the colony. As part of the sharing and caring programme, notebooks, pens, biscuits and sweets are distributed.



### SILVER JUBILEE CELEBRATION OF REV. SR. MERLIN C J



The Jubilee bells echoed in our school on 14 May 2022 as the Manager, Rev. Fr. Jose TJ and the staff fraternity came together to celebrate the Silver Jubilee of the religious consecration of our Principal, Rev. Sr. Merlin CJ.

The celebration started by invoking God's blessings on everyone, very specially, the Jubilarian, Rev. Sr. Merlin. It was followed by the cake cutting ceremony. Sister was felicitated with bouquets and gifts from the Management and the staff as a token of gratitude and reverence for the philanthropic journey spanning 25 years.

Speaking on the occasion, Rev. Sr. Merlin expressed her gratitude to everyone and thanked them for being a part of her life. The formal programme concluded with a grand lunch.





### FELIGITATION OF BOARD TOPPERS





### 'Awards and ceremonies are all an applause of discipline.'

On 30 July 2022, St. Mary's organised а felicitation ceremony to applaud the hard work and success of the class X and class XII board toppers of the academic session 2021-2022. Our Manager, Rev. Fr. Jose T J, our Principal, Rev. Sr. Deepti C J and our Headmistress, Rev. Sr. Tomsy C J felicitated the academic achievers with a memento and a certificate each for their accomplishment in the class X and class XII board exams.





Our school also acknowledges the hard work and dedication of a few bright and promising students and provides them with scholarships. Fr. Alex Toppo Scholarship was conferred on Ishan Bisht of XII-C and Samarth Agrawal of XII-A. The Mary Ward Scholarship was awarded to Renuka Ugiwal of XII-C and Shivanshi Dey of XII-A to encourage them and to promote more such successes.

Rev. Father congratulated and praised the young achievers for their exemplary performance and wished them luck for their bright future.



### **RENOVATING FOR COMMENCEMENT**

ur school was delighted to get its newly renovated auditorium, a junior school library, two guard rooms, an art room as well as a store room blessed and inaugurated on 4 July 2022. In the month of November, the new school canteen was also inaugurated and blessed.

On this auspicious occasion, a thanksgiving Mass was celebrated by our Manager, Rev. Fr. Jose TJ in the presence of all the Catholic students and the teachers. It was followed by the blessing of the renovated structures.

Ever since its establishment 25 years ago, St. Mary's has made huge efforts to achieve excellence in the field of education. It has a wonderful infrastructure. Our school auditorium is now aided with advanced technology, well equipped centralized air-conditioners and a balcony. Our vibrant junior library has a good collection of books that will enrich the reading skills of the tiny tots of the primary wing. The art room is all set to display the creativity of our students. Our students are very excited to explore and get a hands-on experience in this new space.

With these new additions and improvements, St. Mary's feels extremely rejuvenated and highly motivated to reach many more milestones.









## Happy Independence Day.

India's 75th Independence Day was celebrated in our school with great zeal and patriotic fervour. Our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ and Rev. Sr. Alka C J graced the occasion.

Rev. Fr. Jose TJ hoisted the National Tricolour and all the students and the teachers saluted the flag and sang the National Anthem. Speaking on the occasion, Rev. Fr. Jose TJ delivered a short speech on 'Azadi Ka Amrit Mahotsava' and the true meaning of 'Ghar Ghar Tiranga'. He told the students about the supreme sacrifices made by the great martyrs during the freedom struggle and how it was necessary to preserve that freedom.

Sweets were distributed to the students and the staff.



## **TEACHERS' DAY CELEBRATION**







## 'A good teacher is like a candle – it consumes itself to light the way for others.'

Our school acknowledged the dedicated service of their teachers on 5 September 2022 by a grand Teachers' Day celebration. Students of both the primary and the senior wing conducted prayer assemblies highlighting the pivotal role played by teachers in shaping the lives of students. The students expressed their gratitude to the teachers by giving them flowers and handmade cards. They gave a self-decorated candle to each teacher, symbolizing the light of knowledge they bring into students' lives. A sumptuous lunch was arranged by the School Management. Speaking on the occasion, our Manager, Rev. Fr. Jose TJ applauded the staff for their yeoman service for the uplift of the Institution. It was a memorable day for all.



## **Girl Child Day**

## 'Girls are the spirit of our nation. Save them and stop their exploitation.'

On 8 September 2022, the students of class VIII-B expressed their ideas and feelings on the occasion of 'Girl Child Day'. The lives of girls all around are inspired by women like Rani Lakshmi Bai, Mother Teresa, Mary Kom, Sudha Murthy and PV Sindhu who have laid an impressive impact on the young minds and the future generations. Girls are as important as men in the society, hence all must acknowledge the contributions done by women around them. This day is very special for our school as we celebrate the nativity of our dear Mother Mary, who is also the school patron. The special assembly made us realize the strengths and capabilities that girls possess. Girls were surrendered in the intercessory prayers to our God for protection and guidance in all walks of their lives.



#### **ORANGE THE WORLD – End Violence Against Women Now...**

Violence against women is a violation of human rights as every woman and every girl has the right to live her life free from fear and harm, so that she can reach her full potential.

25th November is observed as the International Day for the Elimination of Violation against Women. To commemorate the day, the students of class VII- B organised a special assembly to raise awareness about this year's theme-'Orange the World', where orange colour represents a brighter future, free from violence against women.

Our Principal, Rev. Sr. Deepti CJ appreciated the efforts of the students in spreading such awareness. She said that violence against women and girls is a major obstacle to the fulfilment of their rights and also to the achievement of the 2030 Agenda for Sustainable Development.



## SPIRITUAL REVIVAL AT ST. MARY'S

## "Be still, and know that I am God. I will be exalted among the nations; I will be exalted in the earth!" - Psalm 46:10

An annual retreat was organized for the primary as well as the senior wing of our school on 1 October 2022. Under the guidance of our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ and our Headmistress, Rev. Sr. Tomsy CJ, the Christian students from classes III to XII attended the retreat wholeheartedly with great devotion.

The programme began with the rosary, followed by a reviving session of praise and worship. Students enjoyed singing the action songs and praised God with all their heart.

Rev. Fr. Francis Karthanam, the Director of Faridabad Retreat Centre, along with Mr. Herald and his team, kept the spirits of our students high with melodious songs and activities. Rev. Fr. Karthanam prepared the students with his inspiring examples for the need to make a good confession. Students were deeply made aware of all their actions in their daily lives and how these actions would affect us and others as well. God had to be made the central figure of our lives to witness the change in our inner selves.

Activities, songs, verses from the Bible and inspirational videos enthralled the students which further developed their little hearts with the love for our Almighty. The blessed day ended with Mass and adoration.

For the primary wing, Rev. Fr. Sanal conducted a meaningful and an interactive session on spirituality. At the end of the Retreat, most of the students shared their experiences. It was indeed the most needed spiritual revival for all, especially after the pandemic.



## **SOLEMN CONCLUSION OF THE ROSARY**

And she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted to me that the mother of my Lord should come to me?"

Luke 1:42-43

The Rosary month of October was celebrated in our school with full devotion and piety. The Management and the staff, along with the students, recited the Rosary with steadfastness and commitment throughout the month.

31 October 2022, the concluding day of the Rosary, was celebrated with utmost dedication and holiness. The celebration began with an insight about the origin of the Holy Rosary. The choir was euphonious and helped us to be with the Lord.



Rev. Fr. Richard M. Jose, the assistant parish priest of St. Matthew's Church, Laxmi Nagar, enlightened the students about Mother Mary's life and the recital of the Rosary in our daily life.

The celebration was wrapped up with a surprise gift by our school Principal, Rev. Sr. Deepti CJ. She, along with our Headmistress, Rev. Sr. Tomsy CJ, Rev. Sr. Alka CJ and Rev. Fr. Richard distributed beautiful rosaries to all the children and the staff. Ave Maria!



## **A PLEDGE FOR NATIONAL INTEGRATION**

#### 'History is our witness, and martyrs are the god, we are disciples of Gurus, this land is saints' abode.' - Dr. Prashant Bhatt

The students of class IX-D conducted a special assembly on National Integration on 30 September 2022 under the guidance of our Principal, Rev. Sr. Deepti C J. The assembly beautifully depicted how India's greatest strength is its unity in diversity. A bond of togetherness among people, irrespective of their caste, creed, religion and gender, is national integrity.

In their assembly, the students also celebrated Gandhi Jayanti, the birth anniversary of the iconic national leader Mahatma Gandhi, which falls on 2nd October. This day is also celebrated as the International Day of Non-Violence.

In her address to the gathering, Rev. Sr. Deepti asked the students to walk on the path of truth and righteousness and help in building a strong and peaceful nation.



## **CONSTITUTION DAY**

"However good a Constitution may be, if those who are implementing it are not good, it will prove to be bad. However bad a Constitution may be, if those implementing it are good, it will prove to be good."

-Dr. BR Ambedkar

Samvidhan Diwas or Constitution Day is celebrated every year on 26th November to commemorate the adoption of the Constitution of India and to honour and acknowledge the contribution of the Founding Fathers of the Constitution.

As a part of the celebration, a special morning assembly was organized in our school by the students of class VIII-C, with an objective to enhance the awareness about our Constitution.

The assembly started with an all-religion prayer to emphasize on the very important ideal of the Constitution-Secularism. It was followed by a recitation of the Preamble. An awareness was also created about the importance of Fundamental Rights and the Fundamental Duties given in the Constitution. The assembly concluded with a group song on Samvidhan Diwas and prayers by the students for the welfare of everyone in the country.



## Celebrating the lestival of Lights

The celebration of Diwali came alive in our school when the whole school wore a festive look with diyas, flowers and rangolis adorning the classrooms and the auditorium. A beautiful assembly was presented by the students of class X-D depicting the importance of this occasion. The Marians took pledge that as responsible citizens they would celebrate Diwali by bursting the evil from their heart and not the fire crackers.

Addressing the gathering, our Manager, Rev. Fr. Jose TJ gave the message of a clean, peaceful and a bright Diwali and talked about the good values that we should inculcate in us.





## **CHILDREN'S DAY**

Children's Day is the most awaited day of the year where students wait for something special to be done for them. In our school, the highlight of the day was the Intra-School Sports Day which was held for the students of classes VI-XII. Special assemblies, in both the senior wing and the primary wing, were conducted by the teachers to express their love and affection for the young Marians.

Our Principal, Rev. Sr. Deepti C J and our Headmistress, Rev. Sr. Tomsy C J wished the students on this joyous occasion.

It was indeed a fun-filled day for the students when they danced to peppy numbers, played games and shared their homecooked food in their classrooms.



## CELEBRATING LIFE

#### 'The more you praise and celebrate your life, the more there is in life to celebrate.'

#### (Oprah Winfrey)

We celebrated the birthday of our Principal, Rev. Sr. Deepti CJ on 11 November 2022 with great warmth and joy. Our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ and Rev. Sr. Alka CJ presided over the function. To mark the day, a special assembly was organised by the students of class XI-D. It began by invoking God's abundant blessings on all, very specially Rev. Sr. Deepti. The head boys and the head girls of the primary and the senior wing presented Rev. Sister with a bouquet and a card each.

Through a meaningful skit, the students gave the message that Lord Almighty watches every action of human beings and acknowledges those who are generous and kind. The monitors of the class presented Rev. Sr. Deepti with a sapling to recognise her contribution in nurturing the young students in the garden of St. Mary's. The prayer assembly was followed by a scintillating dance performance by the students. Their energetic dance numbers mesmerised everyone.

Addressing the gathering, Rev. Sr. Deepti thanked the students and the teachers for making her day special and memorable. During the day, the students of the primary wing visited the Principal's office to wish their dear Principal on her birthday. A get together was also organised for the staff.

The St. Mary's family wishes Rev. Sr. Deepti joy, good health and prosperity.



## HIGH TIDES; GOOD VIBES: STAFF PICNIC

In the month of November, an outing was organized for the staff members of St Mary's. Yes! Jim Corbett it was.

All were geared up with similar tiger printed suede shirts, super excited for the thrill. The jeeps escorted the group to the National Park, beating the cold foggy morning.

With a deep desire to see the mighty animal, the Tiger, the staff members left for the interiors of the park, but no luck whatsoever. They definitely saw the deer, the monitor lizards, the monkeys, the fox, various bird nests, ant hills, peacocks and not to forget, tiger paw marks!!!

The staff also got a chance to dip their feet in River Kosi and a few devotees also visited the Shiv mandir. The Corbett Museum was a must visit as it was quite informative and interactive. The gathering would have been incomplete without a bonfire, a game of tambola and a dance party where the staff celebrated their dearest Principal, Rev. Sr. Deepti's birthday. It was a memorable trip for all.







## **Sports Day**

The senior wing of our school hosted its Sports Day on 14 November 2022. It was a day filled with fervour and excitement. The Chief Guest for the day was Rev. Fr. Robinson Rodrigues, Director of NISCORT Media College, Ghaziabad. Our Manager, Rev. Fr. Jose T J welcomed Rev. Fr. Robinson Rodrigues with a sapling. The programme started with a prayer dance to invoke the blessings of Lord Almighty. This was followed by the hoisting of the National Flag and singing of the National Anthem.

It was ensued by the spectacular and well synchronized March Past of the four Houses. The athletes then took the oath to display good sportsmanship on the field. The Chief Guest presided over the oath taking ceremony and declared the Sports Meet open. Then the various athletic events, like 100m, 200m, 4x100m relay, etc. started. The young Marians, who were the spectators on the field, cheered their House mates and friends. The winners were awarded with medals and certificates.

In his address to the students, Rev. Fr. Robinson laid emphasis on the need to imbibe qualities of discipline and sportsmanship in our lives. He further advised the students to never be disappointed by failures in life.

The Best House Trophy was lifted by Vaayu House and the First Runner Up was Agni House. Congratulations to all!



## MARIANS' DAY











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Our school celebrated its Feast Day on 8 December 2022 with great enthusiasm and joy. The students of class VII-D had the pleasure and privilege to put up an assembly on the Immaculate Conception Day of our patroness Mother Mary. It is believed that Mary was without any sin from the very first existence of hers and was chosen to be the mother of Jesus Christ. She was instrumental in the plan of salvation and it is because of her that we received our saviour, Jesus Christ.

The special assembly began with the lighting of the ceremonial lamp by our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ, Rev. Fr. Richard and the senior teacher Coordinator. They also offered flower petals to Mother Mary.

The students sought God's blessings through a Bible reading, followed by a prayer song and a prayer dance. The young Marians also reflected on some of the virtues of Mother Mary. Through a motivational dance performance, the students showed simple ways to practice virtues in everyday life.

Rev. Fr. Richard and Rev. Sr. Deepti enlightened the students with their inspiring words. They motivated the students to lead a virtuous life. The assembly ended with the school anthem.



## **SCHOOL CARNIVAL**



The much awaited Annual Carnival of our school was held on 10 December 2022 on the occasion of the School Patron Day. The gala event was inaugurated by our Manager, Rev. Fr. Jose TJ by cutting the ribbon and declaring the fete open. Rev. Father was accompanied by our Principal, Rev. Sr. Deepti C J, our Headmistress, Rev. Sr. Tomsy C J, Rev. Sr. Alka C J and Rev. Fr. Richard.

There was excitement in the air. Vibrant balloons and colourful posters ornated the school ground. The young Marians enthusiastically participated and showcased their talents during the various fun filled activities and games. Delectable regional and street food delicacies grabbed everyone's attention. Children, along with their parents, relished the sweets and the savory.

The recreational day was enjoyed by everyone and they weaved indelible memories.





## NAMING CEREMONY OF THE SCHOOL AUDITORIUM

Our school was blessed with the presence of Archbishop of Delhi, His Grace, Most Rev. Anil JT Couto on 16 December 2022. His Grace was in school for a very special occasion, i.e. to name and bless the newly renovated school auditorium as 'Archbishop Alan Basil De Lastic Memorial Hall'.

His Grace, Most Rev. Late Alan Basil De Lastic had laid the foundation of our school. St. Mary's has grown to glorious heights under the patronage of its pioneers who worked tirelessly to make the school what it is today. This journey of success was started by His Grace, Most Rev. Late Alan Basil De Lastic and the auditorium is named after him to pay tribute to the great man.

The occasion began with a prayer dance followed by prayers, songs and dances. His Grace then addressed the gathering by reminiscing the life history of Late. Rev. Archbishop Alan Basil De Lastic and the initial days of the school. He also blessed us for our future endeavours.

The Marian family expressed gratitude to His Grace for being a loving shepherd to them at all times.



## **SYNERGY - THE ART EXHIBITION**

#### 'Art is a way of recognizing oneself.' – Louise Bourgeois

Our school organized an Art and Craft Exhibition-'Synergy' on 17 December 2022. It was a vibrant display of the students' creative masterpieces. The exhibition was inaugurated by our Manager, Rev. Fr. Jose TJ, along with our Principal, Rev. Sr. Deepti CJ and our Headmistress, Rev. Sr. Tomsy CJ.

It was a real treat to the eyes to view the various attractive and colourful exhibits prepared by the students. The exhibition was a huge success.











## THE SEASON OF JOY AND PEACE

The Christmas spirit of peace, prayer and gaiety was brought about in our school with various craft activities, class wise carol singing competition, crib making competition of the senior wing and live Nativity scene competition of the primary wing.

On the occasion of Christmas, the students of our school organised assemblies on 20 and 21 December 2022 with gaiety. The occasion was graced by our Manager, Rev. Fr. Jose T J, our Principal, Rev. Sr. Deepti C J, our Headmistress, Rev. Sr. Tomsy C J, Rev. Sr. Alka C J and Rev. Fr. Richard.

Both the primary and the senior wing students highlighted the real meaning of Christmas through a nativity play, followed by carols. The students highlighted the fact that the true meaning of Christmas lies in the joy of giving and helping those who are less fortunate.

Speaking on the occasion, our Manager, Rev. Fr. Jose TJ reminded the students to imbibe the true meaning of Christmas in their lives.

Every year, in the month of December, the school conducts the 'Sharing and Caring' drive where students contribute various provision items. These items are then distributed to the needy. A few volunteers from our school, including Sisters, a few teachers and some students went to our adopted slum in Khichripur to distribute the items. Carols were sung while distribution and a healthy interaction took place with the residents of the area. The true spirit of Christmas was brought alive by the kind gesture.











## **CELEBRATING OUR MANAGER'S BIRTHDAY**

## 'A birthday is a special occasion as it reassures one of being blessed with one of God's wonderful graces-the gift of life.'

With great warmth and joy, our school celebrated the birthday of our Manager, Rev. Fr. Jose TJ on 11 January 2023.

With the desire to wish our Manager good health and a long life, a special assembly was organized by the students of class XI-C. After invoking God's abundant blessings through a short prayer and a skit, the head boys and the head girls of the primary and the senior wings presented Rev. Father with a bouquet and a card each on behalf of the entire school.

Our Manager was overwhelmed and expressed his gratitude for all the wishes extended to him on his special day.

In a short staff get together, the teachers also presented a programme, comprising of a prayer, songs and a dance, to express their appreciation for Rev. Fr. Jose.

Our Manager, Rev. Fr. Jose has always been the torch bearer to our school, he has always thrown light on the path towards excellence. We wish him good health, joy and prosperity in life!











## **Republic Day Celebration**

## 'Freedom in mind, faith in words, pride in our hearts, memories in our soul.'

India's 74th Republic Day was celebrated in our school on 25 January 2023 with great enthusiasm and joy. The Chief Guest for the day was Adv. Priyanka Gautam, Councillor of Gharoli Ward, Mayur Vihar Phase III, New Delhi. The occasion also marked the presence of our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti CJ, our Headmistress, Rev. Sr. Tomsy CJ and other dignitaries.

The event started with the unfurling of the National Flag by the Chief Guest. It was followed by a patriotic song sung by the school choir. In her address to the gathering, the Chief Guest enlightened the students on the importance of India being a republic nation, the rights granted to us by our Constitution and also shared fond memories of her school life.

Special assemblies were conducted by both the primary wing as well as the senior wing of our school, showcasing the importance of India's Constitution, facts related to the Constitution and celebration of India's diverse culture and tradition. The students also putup a street play, various cultural dances and patriotic dance performances to celebrate India's vast culture and heritage.

The assembly was concluded with a thought-provoking message by Rev. Fr. Richard who motivated the young students to be proud of their motherland. The spirit of patriotism was captured in the minds of each and every Marian.





## **MOTHER MARY WARD WEEK-2023**

#### 'Everything will be yours, you will belong to everyone, spirituality leads to humility.'

Mother Mary Ward was the foundress of the Institute of the Blessed Virgin Mary, a religious order which has a worldwide presence, engaging mainly in the education of girls.

Our school celebrated the Mother Mary Ward Week to show the never-ending gratitude and indebtedness towards this great soul. The students of class IX-B conducted a prayerful and thought-provoking assembly to mark the occasion. A skit, depicting the life and teachings of Mary Ward, better known for her maxims, was performed by the students. A pledge was taken to observe good habits like honesty, commitment, discipline, cleanliness and punctuality.

The Justice, Peace and Integrity of Creation (JPIC) Club reminded the audience about NATIONAL GIRL CHILD DAY which emphasises on the education and equality of girls in our country.

To commemorate the life of our foundress, various inter House and inter class competitions like slogan writing/ poster making on National Girl Child Day, calligraphy on maxims of Mary Ward, sketching of Mary Ward etc were also held. These activities also helped us reinstate our faith in Mary Ward's saying- 'WOMEN IN TIME TO COME WILL DO MUCH.'

The celebration came to an end with the inspiring words of our Principal, Rev. Sr. Deepti C J and our Headmistress, Rev. Sr. Tomsy C J, who urged the students to follow the maxims of Mother Mary Ward throughout their lives so that they can lead a fulfilled life.



## South – Asia General Meet- JPIC/ IBUM- PARIVARTANA

#### "Daily ripples of excellence over time become a tsunami of success."- Robin S. Sharma

Our Principal, Rev. Sr. Deepti C J and Mrs. Aurita Claire John, along with Swastika Dash and Prisha Aggarwal, two students of class IX, attended the JPIC / IBVM General Annual meet at Loreto Day School, Elliot Road, Kolkata from 1-3 February 2023.

Around 40 schools across India attended the conference. All the three days of the meet were meticulously planned with beautiful dances, songs, insightful talks, workshops and discussions. Students learnt about team work, dedication and total commitment to the Laudato Si Goals- Action plans which were Gender Equality, Green Campus, Stop Child Labour and Save Water.

Students also attended workshops on theatre and photography by renowned theatre and photography artists. The participants were divided into different groups. On the final day of the meet, students performed street plays at different junctions of Park Street around the school. The audience on the streets applauded and appreciated the performance of the different groups. The reels prepared by the students were also displayed and appreciated by all. It was an enriching experience for our students.

Besides the planned programme by the JPIC Kolkata group, a joy ride was organized for sightseeing, which included the Loreto schools, the Eden Gardens, the Howrah Bridge and the Park Street. A visit was made to Mother Teresa's house and the Victoria Memorial. The students and the teachers also got a chance to hop on a tram ride around the city.

Returning home with great memories and a lifelong experience, the students of the JPIC Club pledged to work on other goals for the next two years, which are 'Water Management' and 'Say Not to Plastic.'



## Fare Thee Well... Mrs Vinita Dubey

A well-loved Hindi teacher of our school, Mrs Vinita Dubey, superannuated in the month of April. A well organised farewell programme was held on 29 April 2023 in honour of her 22 years of invaluable service to this Institution.

The ceremony began with the lighting of the lamp, followed by a welcome dance by the students. Thereafter, a wonderful and apt enactment on 'teacher as a role model' was presented by the senior students. A power point presentation was displayed which took us down the memory lane of her journey in St. Mary's, leaving sweet nostalgia behind.

A mesmerising group song and a dance performance was presented to make the programme more eventful. The head boy and the head girl, on behalf of the students, felicitated dear Vinita Ma'am with a token of love and respect. Students showered their love towards her by gathering around her, wishing her a happy and a healthy retired life, leaving her emotional.

The day concluded with a short and lively programme put up by her colleagues and friends to bid her adieu. She was felicitated by our Manager, Rev. Fr. Jose TJ and our Principal, Rev. Sr. Deepti C J, on behalf of the entire Management, as a mark of gratitude and appreciation to her priceless service. Ma'am expressed her heartfelt gratitude with teary eyes and a heavy heart, thanking everyone who contributed towards her growth and happiness, revealing her love and affection towards all. The overwhelming farewell to the endearing persona of our dear Vinita Ma'am. will be fondly remembered by all.

St. Mary's fraternity will forever be grateful for the dedication, persistence and endless patience displayed by her in her services towards this Institution.







#### 'The two hardest things to say in life are hello for the first time and goodbye for the last.'

We, at St. Mary's Sr. Sec. School, bid adieu to our beloved Hindi teacher, Mrs. Sunita Gupta Ma'am on 20 May 2023. She gave 23 years of invaluable service to the school. The farewell ceremony began with the lighting of the ceremonial lamp, followed by a short prayer assembly and an entertainment programme by the students. The students danced to the tune of a fusion folk dance and sang a melodious farewell song. A few students also recited their self composed poems showing gratitude towards their beloved teacher. On behalf of all the students, the head boy and the head girl of the senior wing felicitated Sunita Ma'am with a token of love and gratitude.

Farewell of Mrs. Sunita Gupta

The teachers also presented a short farewell programme for Sunita Ma'am wishing her good health and happiness. The Manager and the Headmistress thanked her for her service towards the Institution and blessed her as she begins a new journey of life. She was presented with a token of love from the Management as well as the staff. Sunita Ma'am expressed her thankfulness towards the Management for giving her the opportunity to teach and train students for their life. With a heavy heart and teary eyes, she thanked everyone for their love and support towards her.

St. Mary's will always remember her for her dedication, sincerity, love and affection towards her students and the Institution.



## **BIDDING ADIEU TO CLASS XII**

#### 'Graduation from school is an exciting time. It's both an ending and a beginning. It's warm memories of the past and big dreams for the future.'

Our school bid a fond farewell to the students of class XII (Batch 2022-23) on 8 February 2023 with great warmth and zest.

The theme for the day was 'Euphoria', which means extreme joy and happiness. And that is exactly what all felt at the moment, euphoric at the very thought of the young Marians stepping out of the portals of their Alma Mater, all set and ready to face the world beyond.

The programme began with the lighting of the ceremonial lamp. It was followed by a short prayer service where God's special blessings were sought for all the students of class XII.

Our Manager, Rev. Fr. Jose TJ and our Principal, Rev. Sr. Deepti CJ gave mementos to the students of class XII.

In his address to the gathering, Rev. Fr. Jose TJ blessed the students and motivated them to be good citizens of the world and always abide by the values they have learnt in school. Our Principal, Rev. Sr. Deepti CJ conveyed her best wishes to the students to do well in life and make their school proud.





# **Primary Section**































#### 'Every action you take is a vote for the person you wish to become.' James Clear

Our actions determine our future. We, at St. Mary's, believe that good habits are the basis of a bright future. Stress is laid on upliftment of every child's potential and promotion of all round development of our students. The school magazine is an apt platform for students to showcase their talents and creativity through articles and drawings. It is indeed a moment of pride when a student sees his/her name in the magazine, be it in the sports or curricular activities winners list. We aspire to promote the well being of each student entrusted upon us. Develop good habits and break the bad ones as your goal. Successful people are not driven by motivation but by repeating good habits. As James Clear, author of the book Atomic Habits, writes- 'habits are the compound interest of self improvement.' Reading good books and staying away from gadgets can pave way for academic and mental growth. Stay positive and motivated and success will surely knock at your door.

Life is a beautiful ride. It is a combination of varied emotions and experiences. Even during the hardest of trials, there is always something positive that you can hold on to.

Take time to enjoy the small moments. Forget what you need to, unburden your shoulders, carry forward your best memories and live life to the fullest. In our students, we see the promise of becoming worthy leaders of our glorious nation and of the world.

Loads of love Hashnu Nautiyal

## Annual Day Classes II and III

: Peregrination of Life : 15 November 2022 Theme

Date

Chief Guest : Mrs. Reena Charles, Social Activist and Educationist



## Annual Day Classes II and III

Theme: Peregrination of LifeDate: 15 November 2022Chief Guest : Mrs. Reena Charles, Social Activist and Educationist



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# 18 November 2022

# **Primary Athletic Meet**











## Art Exhibition KG -V

Theme: Creativity At Its BestDate: 17 December 2022Chief Guest: Rev. Fr. Jose T.J, Manager



## **FRIENDS OF MARY WARD**

Mary Ward : An Inspiration "Be seekers of truth and doers of justice."

The Friends of Mary Ward Group organised a solemn prayer service on 30 January 2023 in remembrance of Mother Mary Ward on her death anniversary. Our Headmistress, Rev. Sr. Tomsy CJ led the prayer service by reading out a reflection on the letters of Mary Ward .

The group members prayed for all the members of the Mary Ward Group across the world. The vision of Mary Ward continues thanks to the community of sisters, teachers and volunteers who work together imbibing the values and spirit of Mary Ward, Foundress of Congregation of Jesus.

The teachers paid respect by offering floral tribute on the statue of Mary Ward. Our Principal, Rev. Sr. Deepti CJ motivated the members to follow the path and ideals laid out by Mother Mary Ward.

Special assemblies were held both in the primary and the senior wing in honour of Mary Ward. The assemblies highlighted the life and work of this great woman. Various competitions like sketch making and maxims writing were held to mark the celebration of Mary Ward Week. The students were awarded prizes and certificates in recognition of their efforts.

"Let not a day go by in which you do not heroically conquer yourself."

These words of our patron Venerable Mary Ward inspire us to commit our hearts wholeheartedly to her mission and values. We reaffirm ourselves to the vision of Mary Ward.



# **Glimpses of our Assemblies**



# **My Little World**





#### **MY FAVOURITE CARTOON CHARACTER**

Little Singham is my favourite cartoon character. Everyone likes this show. Little Singham is a little boy. The show is based on the movie 'Singham.' Little Singham wears a police uniform and black sunglasses. His favourite line is 'Panja attack.' His birthday is on 15<sup>th</sup> August. Little Singham is my hero.

Shirali Pal I-C

#### FUN AT SCHOOL FETE

My school organizes a carnival every year. This year our school fete was in December. It is the perfect time for students to enjoy and have fun.

Our school management and teachers put in a lot of effort in organizing the school carnival. They begin with the preparation months before the fete and come up with a lot of ideas. Many of the senior class students are also a part of fete committee and they also work with dedication to make this event a success.

Our teachers organise and conduct number of stalls for the entertainment of the students. Some of these stalls have interesting games. These games test your intelligence, analytical skills and eye-hand coordination.

We also have food stalls serving tasty food. All in all, my school fete is my favourite event of the year.

> Adyant Parashar II-B

#### **A MEMORABLE JOURNEY**

Our summer vacation plan was the most memorable one. We planned a short trip to Goa. Though the climate was hot in Goa also, the trip was really a mind refresher. We went to Goa for 18 days. Goa is my native place. We went to Goa by train. I was so excited that during my journey to Goa, I could not sleep. When we reached Goa we went to my grandparent's house. They were so happy. I enjoyed a lot with my cousins. In the evening we went to Baga beach. It was so beautiful.

We stayed there for two days. We clicked many pictures there. Since we love adventure, we planned a visit to Bats Island. At Bats Island, we spent the whole day relaxing and snorkeling. It was great fun. The best part of our trip was the twelfth day at Dudhsagar waterfalls. The natural scenery we found there was splendid and our photo session at Dudhsagar waterfalls was the best.. We had tasty Goan food there. It was delicious. Before leaving for Delhi I went to visit my uncle's house with my parents where I saw bay leaf tree, jackfruit tree, cashew tree, black pepper plant and many more. Next day we had a flight for Delhi. This was the best journey of my life.

> Viviian Albuquerque II-D

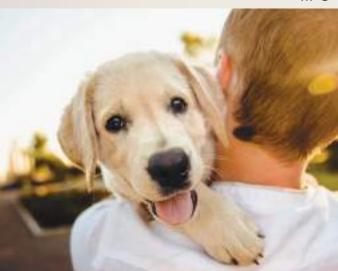


#### IF I HAD A MAGIC WAND

My name is Shivaay Negi and if I ever get chance to have a 'Magic Wand', the first thing I'm going to do is to make all the animals happy and safe, especially dogs. Animals are an important part of the food chain and we depend on them for a wide range of requirements.

Animal just need our love. If we love them, they will give their life for us. We have seen and heard this in many movies and stories too. Animals are our best friends from long long time, so my wish is to make them happy.

Shivaay Negi III-C



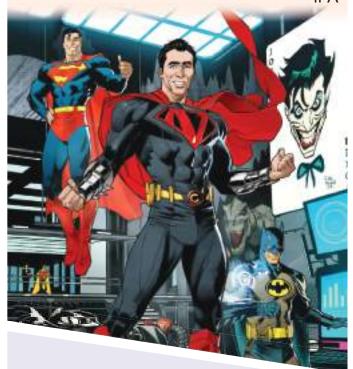
#### **IF I HAD THE POWER OF SUPERMAN**

If I had the power of Superman, I would be the strongest and fastest person in the world. I would be able to fly high in the sky, and would use my powers to help people in need. I could also work with other heroes, like Batman and Wonder Woman, to fight against villains and protect the world.

I could also use my powers to help the environment.

I could travel anywhere and help those in need. I would also use my powers to fight crime and make sure that everyone is safe. Being like Superman would be amazing, but I would use my powers for good and always try to make the world a better place.

> Anabia Hasan II-A



#### THE PERSON WHO INSPIRES ME THE MOST

My Mother is the special person who influences me the most in my life. She is genuine, selfless, loving and caring. She ensures that I am competent with abilities, knowledge and strong enough to fight every battle of my life. She always stands and encourages me in my tough times. She scolds me, but later on calmly corrects my mistakes. She loves me unconditionally and teaches me moral values.

She motivates me to do my best, no matter how tough the situation is. She asks me to have faith in God, as he makes the most trustable and the best plans.

I am thankful to my mother because, without her love and support I would not have been able to become what I am today.

> Kartik Bisht V-C

#### **MY FAVOURITE SPORTSPERSON**

We all love to play sports. It keeps us fit and healthy. People who play sports are called sportspersons.

My favourite sportsperson is Cristiano Ronaldo dos Santos Aveiro. He is a professional footballer who plays as a forward for Al Nassr and captains the Portugal international team. He is a European with the greatest number of Ballon d'ors (Golden balls). He won 5 Ballon d'ors, 4 European golden shoes, 1 Ballon d'or Dream Team, 2- 50's Awards, and many more awards. He is the best in penalties that's why people call him Penaldo. He has many nicknames like CR7 and Ronnie. In the 2017 Euro Cup, Ronaldo fell and got hurt in his knee, which made him unable to play. But he led the team like a manager and won the Euro Cup by 1-0. He is the most famous footballer with the most followers on Instagram. He is the GOAT (Greatest of all times) of football. Because of these qualities, he is my favourite sportsperson.

#### Mridul Deshwal V-B



#### **MY MOST MEMORABLE JOURNEY**

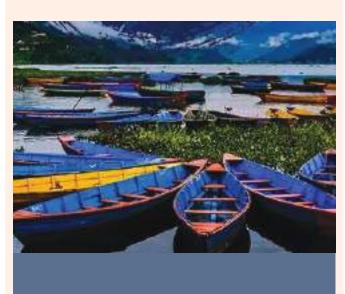
It was my summer holidays. We planned a trip to Nepal. It was my first international trip and in that excitement, I almost forgot everything. Finally, it was the day when we sat on the plane.

I was so busy watching through the window that didn't even realize when we reached Nepal. I got to learn many new things like their currency and famous food. I talked to some of the foreigners who had come to visit the beautiful place.

We spent five days there. We visited the famous Pokhara city and enjoyed the amazing view. Now it was the time for paragliding. My parents and sister did it first and then it was my turn. I was scared seeing the height but had a firm decision to do it. I tried two times but I was too small and was not able to jump with that heavy thing on my head. I did yak riding and enjoyed it a lot. We visited the famous Pashupatinath temple.

We finally reached back home safely. This journey made us feel tired but I could not deny that we enjoyed it a lot.

Siddhi Aggarwal III-A



#### **IF I WERE A SUPERHERO**

If I was a Superhero, I would have made the world a better place. I would have the powers to fly anywhere I wanted. I would have helped everyone without their knowledge. The first thing as a superhero I would do is to plant plenty of trees which would reduce pollution and global warming. I will fly to every part of the world and help people who were in need. I would have saved the world from bad people like robbers, murderers, corrupt politicians etc. I will be the protector for the elders, children, men and women. Thus the world would become a great place to live.

> Rehan Kumar III-B



#### A VISIT TO THE ZOO

It was only last Sunday that I visited the Delhi Zoo. I went with my friend and our parents. Our visit to the zoo was an amusing

experience.

A zoo is a world in itself. It is a world of wild animals and birds. It is, however, designed artificially by man. Different categories of animals and birds have been kept under different conditions. Every effort has been made to provide them with natural surroundings.

It is a wonderful world. Sparrows and parrots of different kinds and colours were the first to welcome us. Their sweet and beautiful notes pleased our ears.

In the next block, the monkeys were amusing the people with their gestures. Some of them made faces at us. The next block was meant for water birds and animals. A variety of cranes and ducks were swimming about in the tank. We were really struck with wonder. We were, however, frightened to see a crocodile in another section.

The other enclosures had two tigers, lions and their cubs. The cubs were playing with a ball in the pond. A visit to a zoo is indeed a thrilling experience. It enables us to see creatures which we can never see otherwise. We should be kind to them.

> Janet Ramona Edward V-B



## संपाढकीय



फूलों की तरह खुशबू बिखेरते, पक्षियों की तरह चहचहाते बच्चे सभी के मन को मोह लेते हैं। ये बच्चे अपनी निश्छलता के कारण जीवन को एक नया नजरिया प्रदान करते हैं। सपनों के इंद्रधनुष में नूतन रंग भरते हैं यह हमारे नन्हे और प्यारे बच्चे। बच्चों में कल्पना, शक्ति स्वाभाविक ईश्वर द्वारा प्रदत्त होती हैं। बचपन के दिन बेफिक्री, कल्पना और सपनों से भरे होते हैं। यही कल्पनाएँ उनके संपूर्ण विकास में सहायक होती हैं तथा अनेक समस्याओं का हल भी प्रदान करती हैं।

इस संग्रह की सभी रचनाएँ इसी उद्देश्य से लिखीं गई है जिसमें स्वलेखन की प्रवृत्ति को विकसित करने की कोशिश के साथ प्रत्येक रचना अपना पृथक शिल्प एवं कलेवर लिए हुए नई बुनावट के साथ प्रस्तुत है। मुझे आशा ही नहीं अपितु विश्वास है कि ऐसी सुंदर रोचक रचनाओं से सुसज्जित नन्हे मारियनस के प्रयास का यह गुलदस्ता आप सभी के मन को बरबस ही अपनी ओर खींचने में सक्षम होगा।

> नम्रता अरोडा संपादिका

#### बबि मेरे पास कोई जाबुई वृक्ष होता

यदि मेरे पास कोई जादुई वृक्ष होता मैं रोज उसमें सारी बातें पिरोता, दिन में खेलता मैं उसके अगल-बगल ही, और रात में उसके नीचे सोता. यदि मेरे पास कोई जादुई वृक्ष होता।

> मॉगता में पक्षियों के लिए घर बार और बच्चों के लिए सुरक्षित संसार ना हो दर्द ना हो कोई जख्म किसी को मैं मॉगता हर जीव के लिए ढेर सारा दुलार, मैं कभी भी फिर उदास ना होता. यदि मेरे पास कोई जादई वृक्ष होता।

हर फूल की कली को महक मिले, हर बारिश की बूँद को सावन, हर पशु को रोज दाना मिले, और खुशियों से महके घर आंगन... ऐसे मैं हर रोज करता, यदि मेरे पास कोई जादुई वृक्ष होता।

आरना शर्मा V-A



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#### पुस्तकों का संसार

पुस्तकों का भी होता है एक संसार, जिसको कहते हैं पुस्तकालय सुनो, आओ हम राब चले वहाँ जिंदगी को बुने।

> हम कविता पढ़ें या कहानी पढ़ें, चुटकुले, न्यूज आओ जुबानी पढ़ें, इनकी भी जिंदगानी पढ़े।

थोड़ी खुशियाँ पढ़ें थोड़ी दुनिया पढ़ें, हम जो भी पढ़े बस बढि़या पढ़े।

पुस्तके ही सिखाती हैं जीना हमें, इन से बढ़ता है बस ज्ञान हम सबका ही, पुस्तकों का यह संसार जो आज है, अब हम सब भी सीखें इनसे जीवन का सच।

आओ हम सब चले जिंदगानी बुने।। सुरमि शिवहरे V-B

### पुस्तकों का संसार

पुस्तकें हमारे जीवन का आधार होती हैं और हर व्यक्ति को जीवन के किसी ना किसी मोड़ पर किसी सच्चे साथी की जरूरत होती है। पुस्तकें हमारी सच्ची दोस्त होती हैं। पुस्तकें ज्ञान का भंडार होती है और इनकें साथ आप अपने जीवन में कई परिवर्तन ला सकते हैं। रोचक कहानी, साहित्य, विज्ञान सभी से आपको कुछ ना कुछ नया सीखने को मिलता है। पुस्तकों की उपयोगिता हमारे जीवन में बहुत अधिक है। पहले के जमाने में पुस्तकें नहीं हुआ करती थी और गुरु जी बच्चों को सब कंठस्थ कराया करते थे, परंतु पुस्तकों के अविष्कार के बाद लोग पुस्तकों के माध्यम से ज्ञान का हस्तांतरण करने लगे। पुस्तकों के आविष्कार के कारण ही हम अपने इतिहास को जान पाए।

> स्वास्तिक सिंह IV-B

### मेश प्रिय कार्टून

ऐसे तो टेलीबिजन में बहुत से कार्टून चरित्र आते हैं। कार्टून सभी बच्चों की पहली पसंद होती है, जो कि मेरी भी है। सभी बच्चे अपनी अपनी पसंद के कार्टून देखते हैं। मेरा मनपसंद कार्टून डोरेमोन है जो कि डिजनी चैनल पर आता है। डोरेमोन 22वी सदी का बिल्ली रोबोट है। उसके पेट में एक जादुई जेब है, जिसमें बहुत से यंत्र है। उसकी एक बहन है जिसका नाम डोरेमी है। डोरेमोन अपने दोस्त नोबिता के साथ रहता है। डोरेमोन समय यंत्र से आया था। नोबिता के साथ रहता है। डोरेमोन समय यंत्र से आया था। नोबिता एक आलसी लड़का है, जो हर मुसीबत में पड़ने पर डोरेमोन से जादुई यंत्र मॉगता है। जियान

और सुनियो नोबिता को परेशान करते हैं तो डोरेमोन उन्हें सबक रिखाता है। डोरेमोन एक कार्टून है, हमें उसका इंतजार नहीं करना चाहिए और हमें अपनी मुसीबतें खुद ठीक करनी चाहिए। कार्टून एक मनोरंजक कार्यक्रम है। असल में डोरेमोन कोई नहीं है और ना ही कोई जादुई यंत्र है, लेकिन

इसे देखने से हमें सच्ची दोस्ती का पता चलता है। जिस प्रकार डोरेमोन नोबिता की मदद करता है हमें भी उसी तरह दोस्ती निभानी चाहिए लेकिन किसी का गलत इस्तेमाल नहीं करना चाहिए।

> यश रावत V-A

### यदि मेरे पास फाइटर मैन की शक्ति होती

यदि मेरे पास फाइटर मैन की शक्ति होती, तो मैं अपराध से लड़ने की परंपरा को जारी रखती। सबसे पहले, मैं अपने स्पाइडी सेंस का उपयोग उस सटीक जगह को खोजने के लिए करती जहाँ अपराध हो रहा है। मैं अपने विशेष कूदने और रेंगने के कौशल का उपयोग करके पल भर में वहाँ पहुँच जाती। फिर, मैं बुरे लोगों से नहीं डरती और उन्हें अच्छी तरह सबक सिखा कर अपने जाल में बाँधकर छोड़ देती, ताकि पुलिस उन्हें आसानी से पकड़ पाए। आखिरकार, किसी महान व्यक्ति ने कहा था, महान शक्ति के साथ बडी जिम्मेदारी आती है। और मैं इस बात का हमेशा पालन करती ।

> विधि भड़ाना V-A



यादगार यात्रा

मैंने बचपन से बहुत सारी यात्राएँ तय की हैं। उन सब में मेरी यादगार यात्रा दार्जिलिंग की थी। इस यात्रा में मैं, मेरी मम्मी, मेरी नौसी, मेरे मामा और मेरी बहन हम सब गए थे। यह यात्रा हमने ट्रेन के द्वारा की थी। दार्जिलिंग वेस्ट बंगाल का छोटा सा शहर है। यहाँ पर दूर-दूर से पर्यटक घूमने जाते हैं। हम सब ट्रेन से दिल्ली से सिलीगुड़ी तक गए। वहाँ तक पहुँचने के लिए हमें 2 दिन का समय लगा। उसके बाद सिलीगुड़ी से दार्जिलिंग के लिए 3 घंटे की दूरी तय की। हम करीब 11:00 बजे दार्जिलिंग पहुँचे, सब बहुत थके हुए थे। दूसरे दिन हम सुबह दार्जिलिंग घूनने गए। वहाँ के लोग बहुत अच्छे, ईमानदार और मददगार होते हैं। हमने वहाँ के कुछ प्रसिद्ध मंदिर देखें। शाम को हमने कंचनजंगा की पहाड़ियाँ देखी। वह दूश्य बहुत ही अदभुत था। ऐसे ही हम चार दिन वहाँ घूमें। फिर हमारी वापसी थी। मैं यह यात्रा कभी नहीं भूल सकता।

> अरनव राणा IV-B



#### पर्यावरण

पर्यावरण है जीवन का अंग, प्रदूषण करता है इसको मंग। स्वच्छ धरा है आमूषण दूर करो इससे प्रदूषण। मिलकर आज यह कसम खाएँ, पर्यावरण को हम स्वच्छ बनाएँ। हरा भरा संसार बनाओ, जन्मदिवस पर पेड़ लगाओ। आओ हाथ से हाथ मिला कर, हरियाली से नाता जोड़े। स्वच्छ वातावरण बनाए,

यह संकल्प कभी ना छोड़े।। शुद्ध करेंगे यह वातावरण, ताकि स्वरूथ रहे तन और मन।

> शिवांश ठाकुर IV-D



जीवन

जीवन हैं एक बहती नदी, कभी है शांत तो कभी तीव्र गति। कभी यह सुख और कभी है दुख, जीवन के हैं यही दो रूप। जीवन शिक्षा रोज है देता, दुख के अँधेरे के बाद सुख का प्रकाश सबको ही है मिलता। जीवन में सबके ही कठिन राहें है आती, उर के कभी न रुकना साथी।

> अयान हलदर IV-C



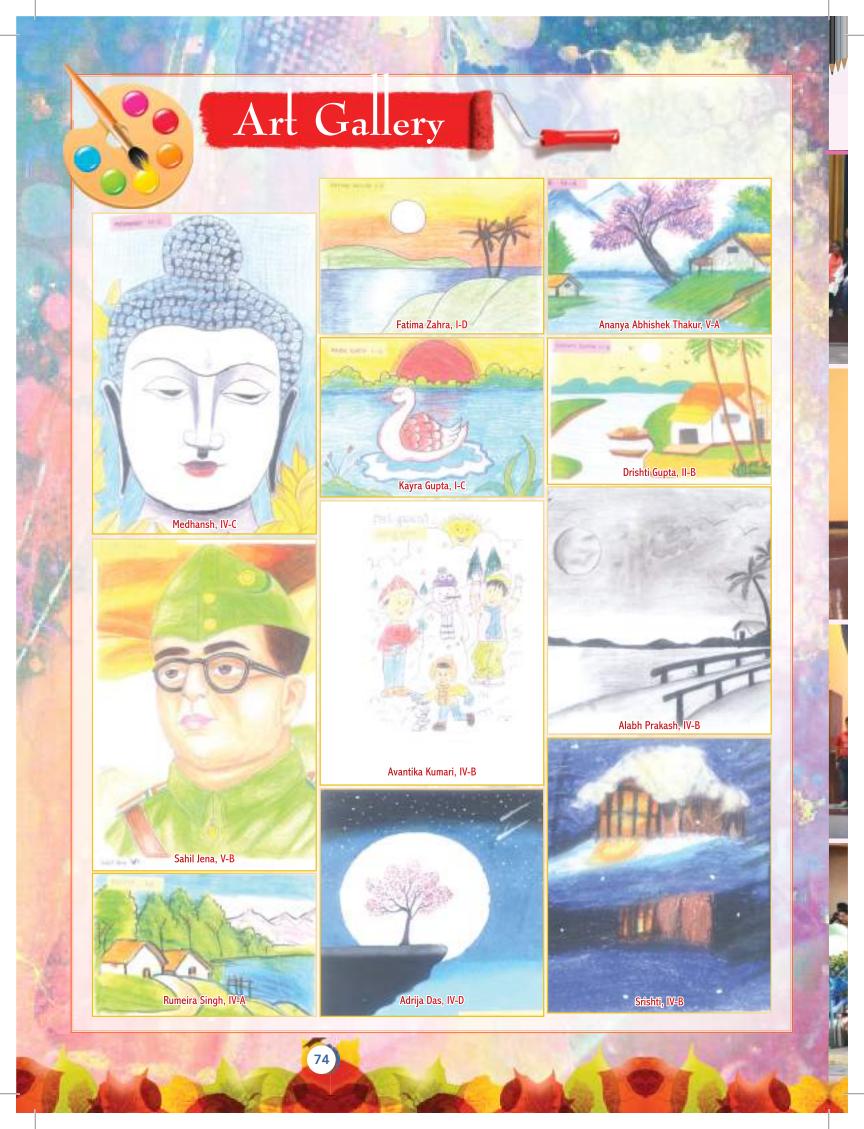
### मेरी याव्लार यात्रा

हमारे जीवन में कुछ अनुभव ऐसे होते हैं जो बहुत समय तक हमारे मन से नहीं उतरते। ऐसे अनुभव बहुत रोमांचक होते हैं। ऐसे मेरे जीवन में एक अनुभव आज भी मेरी याद में है। जब मैं तीसरी कक्षा में पढ़ रहा था और मैं आठ साल का था। गर्मी की छड़ियाँ हो गई थी। एक दिन मेरे पापा अपने ऑफिस से आए और कहने लगे हम सभी दो दिन बाद ही मसूरी घूमने जाएंगे। हर साल छट्टियों में हम नाना नानी के धर धूमने जाते थे। इस बार 'मसूरी' नाम सुनकर मेरी खुशी का ठिकाना ही ना रहा। बहुत दिनों बाद मेरी नानी और मौसी भी गाँव से आए थे। शनिवार के दिन हम सब और मेरे पापा के दोस्त मिलकर निकल पडे। पहाडी यात्रा नाम सनकर मैं बहुत खुश था क्योंकि मैंने दूर से पहाड देखे थे, इस बार में पहाड़ों को पास से देख़ेंगा। भारत में सुरम्य स्थलों की कोई कमी नहीं है। मगर हमारे नगर दिल्ली से मसूरी सबसे निकटतम सुरम्य पहाडी स्थल है। मैंने पुस्तकों में भी पढा और लोगों को कहते सुना था कि मसुरी 'पहाड़ों की रानी' है। देहरादून को मसूरी का प्रवेश द्वार कहा जाता है। देहरादून तक पहुँचने के लिए घने जंगलों का रास्ता पार करना पडता है। हम एक बडी सी गाडी करके गए थे। गाडी से बाहर मैं खुली आँखों से खिड़की के साथ लगा बाहर के प्राकृतिक दुश्य देख रहा था। यह एक ऐसा स्थान है जो प्रकृति के बहुत ही करीब माना जाता है। चारों तरफ हरियाली एक सुखद मौसम, शांत यातावरण, ऊँचे-ऊँचे पेड, बहुत कम ऊँचाइयों पर बादल इत्यादि थे। पहाडों पर फैली हरियाली और उनसे गिरते पानी के झरने, मुझे बहुत अच्छे लगे। यह सारी चीजें मुझे प्रकृति के और करीब ले गए मैं उस सुंदर जगह से इतना प्रभावित हो गया जैसे सारा मसुरी मेरे साथ हो। वहीं का मौसम बहुत सुहावना था रात को हम होटल में रुके ठंड के कारण रात को कंबल, रजाई ओढ कर सोना पडा। मसुरी की सुंदर वादियों में दो दिन कैसे बीत गए मुझे पता भी नहीं चला। वह यात्रा मेरे जीवन की सबसे खुबखुरत और यादगार यात्रा है।

> साहिल जेना V-B







# **Senior Section**











# Creative Writing

### **IF I BECOME A MILLIONAIRE**

To become a millionaire is everyone's dream in life. If I become a millionaire by the blessings of the Almighty, all my dreams will come true. To be honest, I have many plans to invest the money. As everyone knows, man is selfish by nature. Therefore, I would invest some money for my family's security and growth. Next, I would set up a beautifully decorated grocery store in the areas which have scarcity of food and water. I would also make some investments in the share market and other investment plans by the government which would help me provide some profit to keep my future safe.

As every human with such power and wealth has some social obligations, my first priority will be setting up an old age home for the people rejected by their family members. Second, would be education. I would like to start some education scholarship plans for students who are brilliant at studies but are left behind due to shortage of money.

And as I love travelling, I would travel across the world to reach out to more and more people. If only I get to spend my money in the right way, will I be satisfied in my life.

> Anany Mittal VIII-A





School can be fun if you want it to be, So much more interesting for you and to me. Science, Maths, History, so much to choose from

It keeps us engrossed night and morn! Why should we be bored? There is a lot to know Very interesting things to learn about, so let's go!

Think of those who can't go to school, They are many in number, not very few. So all the benefits of learning, we should reap As through each stage of life we leap. School can be fun if you want it to be, So much more interesting for you and to me.

> Janvi Singh IX-D

### MAKE THE ULTIMATE OF LIFE TODAY

Make the ultimate of life today Take what God has given, Do not falter on the way Each step leads to Heaven.

It's only when we close our eyes Our dreams seem clear and bright, It's only in our darkest hours We truly see the light. Life is about persevering Through the challenges and strife, Looking for other ways And being persistent in Life!

Shivangi Thakur IX-B

### **MY FAVOURITE SPORTSPERSON**

Everyone has a favourite sport and sportsperson in their life. I like to play football and a few of the famous footballers are -Christiano Ronaldo, Sunil Chhetri, Lionel Messi, Neymar and Pele. Messi is my favourite sportsperson among them.

Messi was born on June 24, 1987 in Rosario, Argentina. As a young boy, Messi tagged along when his two elder brothers, played soccer with their friends, unintimidated by the bigger boys. At the age of eight, he joined the Youth System of Newell's Old Boys, a Rosario based club. He got his name in the world records book as he was the youngest player to play international football.

Lionel Messi has a natural talent and ability to read the game and he has consistently shown himself as a world class performer. He has now won a World Cup title. He is a seven time Ballon D'or winner, a ten time La Laiga Champion and a four-time UEFA Champion's League winner. He has a total of 35 trophies and is the best player of team-Argentina, from the soccer history. He was also an Olympic gold medalist in 2008.

Messi has won FIFA's Player of the Year and the European Golden Shoe six times each. Messi is a role model and an inspiration to other soccer players. He will remain my favourite sportsperson always.

> Aarnav Chauhan VII-A

#### MY FAVOURITE CARTOON CHARACTER

I watch a lot of cartoon shows and I like all of them. But my favourite cartoon show and its character is Shinchan. Shinchan Nohara is a five-year old kid from Japan. He is very mischievous.

He goes to 'Fatuba Kindergarten School' to study and to play with his friends. He troubles his friends, his family, his neighbours and his teachers by singing silly songs. He has an extremely funny voice. He lives with his father Hiroshi Nohara, mother Misae Nohara, sister Himawari Nohara, pet dog Shiro and sometimes his aunt and grandparents come to visit him. Kazama, Masao, Nani and Bochan are Shinchan's closest friends. Shinchan is the naughtiest of them all. Shinchan is fond of eating choco-chips and watching Action Kamen, his favourite cartoon. The show Shinchan is really fun and all my family members watch it along with me.

> Parth Gupta VIII-D

#### **MY FAVOURITE AUTHOR**

My favourite author is Joanne Kathleen Rowling, also known as J.K Rowling. She is one of the most successful writers of all time. She is the author who wrote the famous Harry Potter series. According to me, there is no other book that would be able to attract so many readers. But behind every successful story, there is a struggle and so was in her case. Growing up, at the age of six, she wanted to become a writer and wrote her first book about a rabbit. However, her parents didn't seem to be supportive of her talent, so she grew up as an average child.

She got the idea for Harry Potter while waiting for a train in 1980. She had written the first three chapters when she got divorced and went into depression. Later, her mother also passed away. She knew she had to find a job to raise her daughter and had little hopes of completing the first book.

She got rejected twelve times until the final approval and went on to become one of the world's best-selling authors. Her resilience during some of the darkest and poorest times allowed her to create one of the best book series. She has proved herself as both admirable and inspirational because she has exhibited an undying tenacity to overcome obstacles that stood in her way.

I really admire her work. She inspires me with her strong personality. I wish to be like her



when I grow up- strong, determined and very creative. Amen!

Aarna Suwalka VII-A

#### 'HIRAETH'

Ships at a distance have the wish of every man on board and mine was to spend one more day with him. Since childhood I never really used to understand the quote, "You don't understand the value of something until it's gone," but now I do. The day had arrived when I was about to lose my entertainer, my problem solver and most importantly my brother. I spent my whole life with him and I never really understood his value, but now when he was leaving to build his future, I understood his value, it is priceless. Having a huge age difference was an advantage as I got pieces of advice and pamperings, but it's a huge disadvantage as they leave unexpectedly. After he left and I reached home, it was as if the life of the house was missing. It was really silent. I always thought it would be really peaceful without a sibling but I never expected dead silence. I define this feeling as 'Hiraeth'- the unbearable longing for someone who made you feel at home.

He was indeed my home and without him it feels incomplete. I wish him good luck and a bright future ahead. Miss you.

> Ann Maria Tom IX-B

### **IF I HAD A MAGIC WAND!**

If I had a magic wand, I would most definitely cure All the deadly diseases That this world is suffering from.

Oh! The world would be so great If I really had a magic wand; Peace, Love and Unity would prevail If I really had a magic wand.

I would help the poor Who are unfortunately on the streets, Unable to meet their basic needs. If only I had a magic wand.

With a magic wand I would End everyone's sorrow and pain, And not make a single person think That their existence has gone in vain.

> Sachi Sati VI-A

> > 78

### WE

In the depths of human thoughts, we dive, Our minds a vessel for ideas to thrive, An endless sea of possibilities,

Each thought a wave, with unique abilities.

We ponder on the mysteries of life, The universe, and all its strife, The complexities of the human mind, And the secrets we're yet to find.

We delve into the depths of our soul, Searching for answers to make us whole, Exploring our fears and insecurities, And confronting our limitations and impurities.

We reflect on the world around us, The beauty and the tragedy, The cycles of life and death, And the fragility of every breath.

We contemplate the power of love, The joy it brings, the pain it's of, The connections we share, the bonds we make,

And the sacrifices we're willing to undertake.

We ruminate on the nature of time, How it flows, and how it binds, The memories we cherish, the moments we miss,

And the inevitability of the final abyss.

In the depths of our thoughts, we find solace,

A sanctuary from the chaos, A space to explore, to question, to learn, And to grow, with every twist and turn.

And as we resurface, from this realm of wonder,

We carry with us, a newfound ponder, A deeper understanding of the world around,

And a greater appreciation for the life me and you have found.

Heli Anil Thomas XI-A



### THE DESHBHAKTI CURRICULUM

India, the land of cultures, the land of civilisations, the land of innumerable languages, religions, vegetations and wildlife, the land of modern technology and architecture, the land which never stood behind anybody, the land which has been through shackled days and stifling nights, countless gallantrous men gave it all, for the dawn of the ultimate glory.

But the question is, as time goes by, have we, especially the younger generation, forgotten all the sacrifices they made, the blood they shed for the love of this nation and their ablazed vigour?

It's ultimately painful and poignant that we and our younger ones have forgotten or, to be true, never known about the ones who gave their blood and sweat, never known about the love, the greatness, the richness and the consciousness that our country withholds.

Each and every child must feel pride for his/ her nation. Children must be taught about the glories of our country.Each child must be made aware of their responsibility and duty towards our motherland.

To tackle this very same problem in 2021, the Delhi Government announced the introduction of the 'Deshbhakti Curriculum' to instil the spirit of patriotism and nationhood among every child studying in Delhi Government schools and prepare them to be responsible citizens who shall contribute to nation-building.

It's ever said that today's youth are the leaders of tomorrow, so it is totally important for children to be deepened in their love and pride for the nation.

Bhagat Singh was solely 11 when he had dreamt of freedom, manifested of change from the evil forces, he was only 23 when he shook the British Empire through his thoughts and ideas and this curriculum enables young minds to fight against any outside or internal forces such as untouchability, caste- creedgender discriminations, poverty, water scarcity, corruption and injustice. All these are crippling our nation each and every moment.

This curriculum helps us to become true patriots. It teaches us the meaning of being a true patriot- every time anyone at the helm is pressurized and lured with money to stand for injustice and he chooses to stay with the truth,

#### he is a patriot.

Each time a smoker gives up his puff, for the greater good, every time we stand against violence, we save water, we educate others we all become true patriots. Each and every time we strive for the betterment of our nation in each and every possible way, we become true patriots, true deshbhakts. These values for the ultimate good of the entire world, is what this curriculum wishes to imbibe in young minds.

The Deshbhakti curriculum even teaches to practise constitutional values and develop an appreciation for fundamental rights and to fulfil the moral obligation of fundamental duties as enshrined in our Constitution and to become active, informed and responsible citizens. To embrace our diversity and plurality.

This is a revolution, not of guns, yet of knowledge, the revolution of ideas, to manifest the greater glory of our very own nation- India.

#### Heli Anil Thomas

XI-A

### THE SYMPHONY OF NATURE

Gazing at the flowers, as well as the quiet and timid trees,

who sing the symphony of nature and join the choir of seas.

As silent as they are, they speak words of quiet,

the brain hears it out, but the heart perceives it right.

What do they say can you understand? I wish to sing along, only if I can.

The birds chorus to their beauty bright. and the mountains rejoice their strength o' might.

While the skies play with the flock of clouds. As the flowers continue to sing the silent louds,

Who made them do it all, from the brightened summers to the autumn's fall

The cherished winters and awaited springs all fall in line as the symphony bell rings.

O my heart rejoices and praises this culture, The culture of the song of the symphony of nature

> Suryansh Sharma XI-B

जीवन में अपनी दिशा निर्धारित करना एवं उस दिशा की तरफ बिना थके, बिना रुके बढ़ना ही लक्ष्य --प्राप्ति की परिणति है। प्रत्येक व्यक्ति के जीवन का कुछ न कुछ लक्ष्य अवश्य होता है, जिसको प्राप्त करना उसकी अपनी इच्छाशक्ति पर निर्भर करता है। यदि मनुष्य जीवन का लक्ष्य निर्धारित तो कर ले परंतु अपेक्षित प्रयत्न न करे तो लक्ष्य प्राप्ति कोरी कल्पना बनकर रह जाएगी क्योंकि आपका जो भी लक्ष्य है वह चलकर आप तक नहीं आएगा इस बात को निश्चित समझिए। अतः इसके लिए अपने शरीर को परिश्रम की अग्नि में झोंकना पड़ेगा। जीवन की हर छोटी बड़ी घटना से सीख लेनी होगी।



संपाढकीर

विद्यालयी पत्रिका के सृजन में भी छात्र—छात्राओं की भूमिका अत्यंत महत्त्वपूर्ण होती है। इसमें प्रकाशित होने वाले लेख और रचनाएँ विद्यार्थियों की योग्यताओं का आईना है जिनसे उनकी प्रतिभा को निखारने का अनुपम अवसर प्राप्त होता है। मैं पत्रिका के लेखन व प्रकाशन में जुड़े शिक्षकों एवं विद्यार्थियों से अनुरोध करती हूँ कि हिंदी शिक्षिका एवं संपादिका के रूप में अपने कार्य—काल की समाप्ति के उपरांत भी यही चाहूँगी कि यह पत्रिका अपने लक्ष्य के अनुरूप विद्यालयी क्रियाओं को सुचारु रूप से छात्र —छात्राओं के बहुआयामी विकास के लिए इसी प्रकार हर वर्ष विचारों का आदान —प्रदान करती रहेगी।

स्वलेखन की प्रवृत्ति को विकसित करने के प्रयत्न की कड़ी में मारियनेट का नया अंक आपके सम्मुख उपस्थित है। आशा है विद्यार्थियों का यह प्रयास आपके मन तक अवश्य पहुँचेगा।

> विनीता दुबे संपादिका

#### नपु युभ का बालक

हम आज भी बच्चे ही है यार बस, है मासूमियत थोड़ी कम और समझदारी थोड़ी ज्यादा हो गई, खिलौने थोड़े कम और सपने थोड़े ज्यादा हो गए, बातें थोड़ी कम और खामोशी थोड़ी ज्यादा हो गई, युरूर थोड़ा कम और शीलता थोड़ी ज्यादा हो गई।।

हम आज भी बच्चे ही है यार, गुस्सा उतना ही आता है ,वस छुपाना सीख लिया, नाराजगी होती है अब भी, बस माफी देना सीख लिया, प्यार उतना ही है ,बस उस को थामना सीख लिया, हिम्मत उतनी ही है, बस उसको दबाना सीख लिया।।

> हम आज भी बच्चे ही है यार बस, टूटे खिलौने नहीं, टूटे सपने है, न कहीं जाते हैं, न ही मानते हैं, बस यूँ ही हमें सताते हैं।।

हम आज भी बच्चे ही हैं यार, बस माता–पिता के आँचल से निकलना. लड़ना आ गया, बिना आवाज़ किए रोना भी आ गया, एक ही दुआ भगवान से हैं माँगते, उनके चेहरे हमेंशा रहें यूँ ही मुस्कुराते।।

> परनवी भाटी ।X-D

#### नपु युभ का बालक

जब कोई लड़का बचपन की उम्र को छोड़ धीरे-धीरे वयस्कता की ओर बढ़ने लगता है। उसकी कार्य क्षमता निरंतर बढ़ती लगती है क्योंकि किसी भी देश का भविष्य उसके अपने युवाओं पर निर्भर होता है। सही मानसिकता और क्षमता के साथ युवा राष्ट्र के विकास में योगदान कर सकता है। देश के युवाओं के निर्माण में शिक्षक भी प्रमुख भूमिका निभाता है। युवाओं में एक राष्ट्र को बनाने या बिमाइने की भी शक्ति होती है। हमारे देश में कई प्रतिभाशाली और मेहनतकश युवा हैं जिन्होंने देश को गर्व की अनुभूति करवाई है।

भारत में युवा पीढी उत्साहित और नई चीजें सीखने के लिए उत्सुक रहती हैं। चाहे वह विज्ञान, प्रौद्योगिकी या खेल का क्षेत्र हो, अतः हमारे देश के युवा हर क्षेत्र में श्रेष्ठ हैं।



शिक्षा वह ज्ञान है जो बताता है कि सम्पूर्ण व्यक्ति का उपयोग किस प्रकार किया जाए

### बच्चों के सपने

'अपने जीवन को सफल बनाने के लिए बड़ा दृष्टिकोण अपनाएँ क्योंकि जो भी आप सोचते हैं वह आप बनने की क्षमता रखते हैं।' जी हाँ, आपके विचारों और सपने में आपकी वास्तविकता बनने की शक्ति होती है। अगर आप उन पर विश्वास करते हैं और उन्हें प्राप्त करने के लिए परिश्रम से काम करते हैं तो कुछ भी असंभव नहीं।

बहुत छोटी-सी उम्र से बच्चों को बड़े होकर एक सफल पेशेवर बनने का सपना देखने को कहा जाता है। उन्हें सफल कैरियर बनाने के महत्त्व के बारे में बताया जाता है। हालॉंकि खुद को पेशेवर रूप से स्थापित करना अत्यंत महत्त्वपूर्ण है पर लोग जो चीज़ भूल जाते हैं वह यह है कि संबंधों, स्वास्थ्य और जीवन के अन्य पहलुओं के पोषण के लिए समय का निवेश करना भी उतना ही महत्त्वपूर्ण है। हमेशा एक समय में एक कदम उठाना ही आपकी मदद कर सकता है।

सपने हमारे भविष्य को सही आकार देने में एक महत्त्वपूर्ण भूमिका भी निभाते हैं। अपने आप को प्रेरित रखने के लिए बच्चों को यह बातें ध्यान में रखनी चाहिए:

- 1. अपना लक्ष्य याद रखना चाहिए।
- स्वयं को पुरस्कृत करना चाहिए।
- कुछ समय छुट्टी लेनी चाहिए।

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- अपने आसपास सकारात्मक लोगों को रखें।
- 5. अपनी गलतियों से सबक लेना चाहिए।

चिन्मय IX-D

### बच्चों की आजाबी

The part i

बच्चे आज के आधुनिक युग की तस्वीर हैं। बच्चे के बारे में अधिकांश निर्णय बड़े ही लेते हैं। परिश्रम की तरह हम अपने बच्चों को वह स्वतंत्रता देते ही नहीं जिसमें वे अपने बारे में छोटा-सा निर्णय भी कर सकें। नतीजा यह होता हैं कि वयस्क हो जाने पर भी बच्चे में इतना आत्मविश्वास नहीं आ पाता कि वह अपने बारे में कोई निर्णय ले सकें।

एक परिवार में माता-पिता दादा-दादी नाना-नानी. चाचा-ताऊ सबका दबदबा रहता है इसलिए बच्चे के लिए किए जाने वाले निर्णयों में इन सबकी शिरकत रहती हैं। बच्चों पर कभी भी क्षमता से अधिक बोझ न डालें तो उनका विकास समुचित गति से होगा। अन्यथा समाज व परिवार के सदस्यों से उनकी दूरी बढने लगेगी। उनकी रुचि का ख्याल जरूर करें। अभिमावक खुद आत्मावलोकन करें और बच्चों में भी इस क्षमता का विकास कराएँ। अत्यधिक दबाब देने पर बच्चों में अरुचि की मावना पैदा होगी जो उन्हें शिक्षा की राह से विमुख कर देगी।

इसका खास ख्याल करना होगा। शिक्षिका अनीता श्रीवास्तव ने कहा कि दैनिक जागरण ने संस्कारशाला शिविर के जरिए बच्चों में कई नई ऊर्जा का संचार किया हैं। यह पहल बच्चों के भविष्य को सैवारते हुए मुकाम तक ले जाएगी।

> निवेदिता वेनू ।X-D



शिक्षा अच्छी ज़िन्दगी के दरवाजे खोलती है और बुरे कामों से बचाती है...

### बच्चों के सपने

नन्हें-से बच्चे अपनी आँखों में कई सपने पिरोये चलते हैं इस समाज में वे बेफिक़ होकर चलते हैं।

शर्म न, हया न बिना डर के ये जीते हैं हर काम ये बिना स्वार्थ के करते हैं।

कौन बडा, कौन छोटा कौन ऊँचा, कौन नीचा ये सब नहीं सोचते हैं।

बस बड़ों का आदर व सम्मान कर बड़े मौज से रहते हैं। नन्हें से बच्चे अपनी आँखों में कई सपने पिरोये चलते हैं।

> कोई कहानी सुन, उस कहानी के नायक जैसा बनना चाहते हैं। ये पल-भर में आसमां तक पहुँचना चाहते हैं।

चन्द पल में ये डॉक्टर, इंजीनियर बन जाते हैं। बड़ों के काम देख उनके जैसा बनना याहते हैं।

> श्रेया राउतराय IX-D



### बच्चे की चाह

कभी सोचती हूँ आसमान में उड़ें कभी जलपरी बनने की चाह। उड़ें, या फिर जंगल में सफारी करूँ, समझ नहीं आ रहा क्या करूँ। नहीं, अमेरिका जाना है। बडी कम्पनी की मैडम बनना है. पर फिर जापान कब जाऊँगी, मेरे लिए तो डोरेमोन इंतजार कर रहा है। नहीं, मुझे डॉक्टर बनना है। लोगों की मदद करनी है। पर, मुझे तो सुई से उर लगता है। हाँ, अब समझ आया, मुझे तो अध्यापिका बनना चाहिए। मेरे लिए बच्चे सबसे प्यारे है। आज मैंने फैसला ले लिया है कि मैं अब एक अध्यापिका बन्ँगी। पर, मेरा कल का फैसला तो पायलट बनने का था। साया मेरी टोमी IX-D

### बच्चों की बातें

बच्चों की है बात निराली, तन के सुदर मन के सच्चे, सबको लगते प्यारे बच्चे, सूरत इनकी भोली—भाली, बच्चों की है बात निराली।।

> चाह जा भी हो मजबूरी इनकी माँगें होती पूरी इनके वचन न जाएँ खाला बच्चों की है बात निराला।।

इनसे घर आँगन सजता है, इनसे घर, घर–सा लगता है, इनसे घर आती खुशहाली, बच्चों की है बात निराली।।

> मन में कोमल आशा लेकर, जीवन की अभिलाषा लेकर, करते सपनों की रखवाली, बच्चों की है बात निराली।।

> > दीपिका मैनन IX-D

#### नये युग का बालक

धिसे-पिटे परियों के किस्से नहीं सुनूँगा, खुली आँख से झूठे सपने नहीं बुनूँगा। मुझे पता है चॉद की धरती पथरीली है, इसलिए धब्बों की छाया भी नीली है।। चरखा कात रही है नानी मत बतलाओ, पढे-लिखे बच्चों को ऐसे मत झुठलाओ।। इन्द्रधनुष के रंग इन्द्र ने नहीं बनाए,

पृथ्वी का है बोझ न कोई बैल उठाएगा।। मुझे पता है, बादल कब जल बरसाते हैं, मुझे पता है कैंसे पर्वत हिल जाते हैं। मुझे सुनाओं बातें जग की सीधी– सच्वी, नहीं रही है अक्ल हमारी इतनी कच्ची।।

अहाना IX-D

### बच्चों की अभिलाषा

पढ़ा–लिखा कर, शिक्षित बनाना। आप पढ़ें, औरों को भी पढ़ाना। मम्मी दो आशीष, मैं नेता बन जाऊँ।।

नेकी, ईमानदारी का सबक सिखाना। सच्चा नागरिक बनूँ, देश का नाम रोशन करूँ। मम्मी दो आशीष, मैं नेता बन जाऊँ।।

वकील बनता तो वकालत करता। इंजीनियर बनता तो मशीन बनाता। मम्मी दो आशीष, मैं नेता बन जाऊँ।।

डॉक्टर बनता तो इलाज करता। जज बनता तो न्याय करता। मम्मी दो आशीष, मैं नेता बन जाऊँ।।

शिक्षक बनता तो, राष्ट्र निर्माता बनता। राष्ट्र का विकास करना चाहता हूँ। मैं नेता बनना चाहता हूँ। मम्मी दो आशीष, मैं नेता बन जाऊँ ।।

देश–विदेश घुमकर आऊँ। नयी–नयी तकनीक वहाँ से लाऊँ, मम्मी दो आशीष, मैं नेता बन जाऊँ ।।

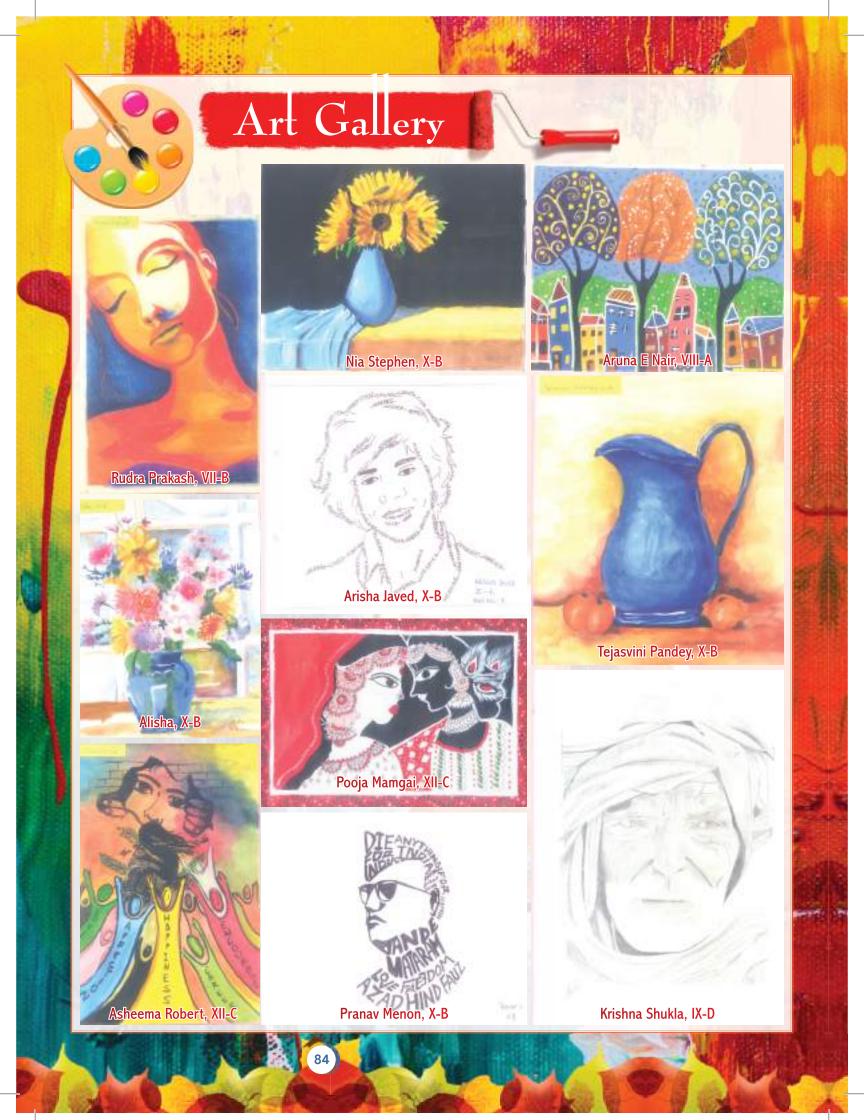
इरादे इतने बुलंद भरना, तूफानों से टकरा जाऊँ। आसमान से तारे तोड़ लाऊँ, दुश्मनों के छक्के छुड़ाऊँ। सोने मे सुगंध मिलाऊँ। मम्मी दो आशीष, मैं नेता बन जाऊँ।।

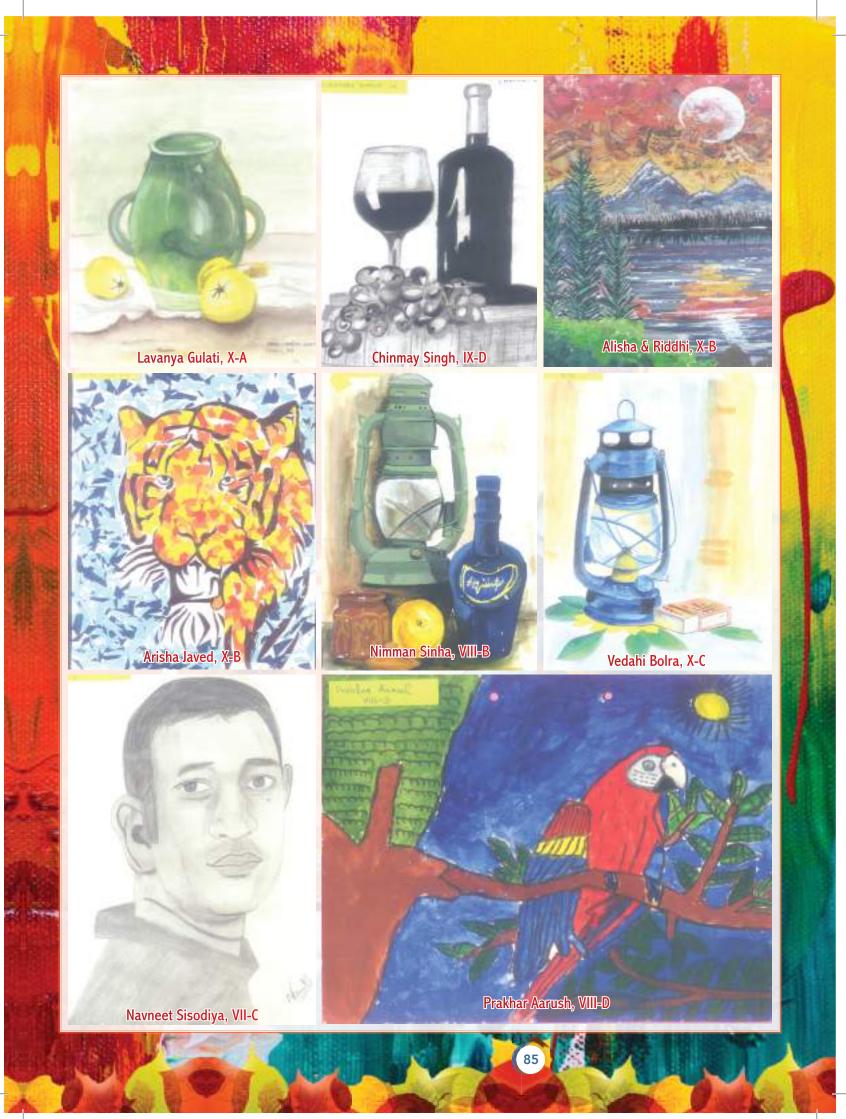
कहे राठौर सुनो, बच्चे होते हैं मन के सच्चे। नादान, नासमझ जानो, मोती हैं ये कच्चे। बच्चे होते हैं मन के सच्चे। धन्यवाद

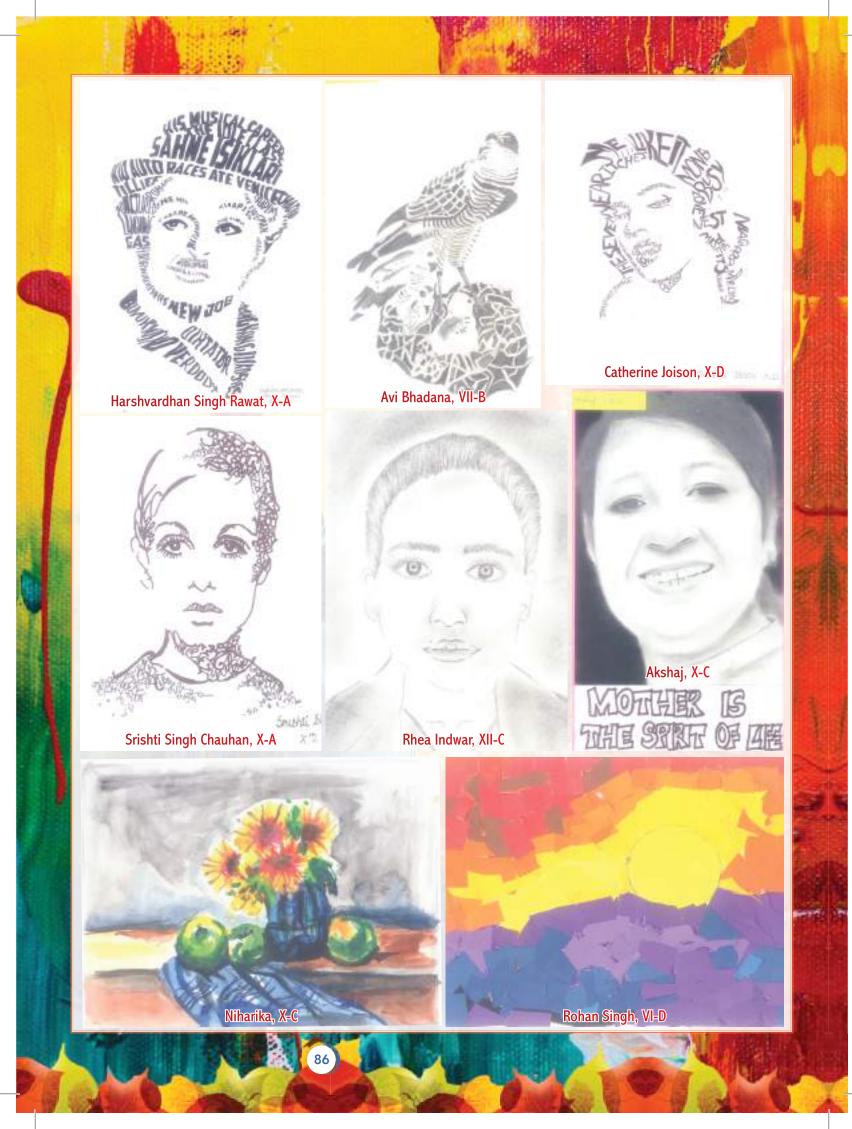
> शायनी बिष्ट IX-D

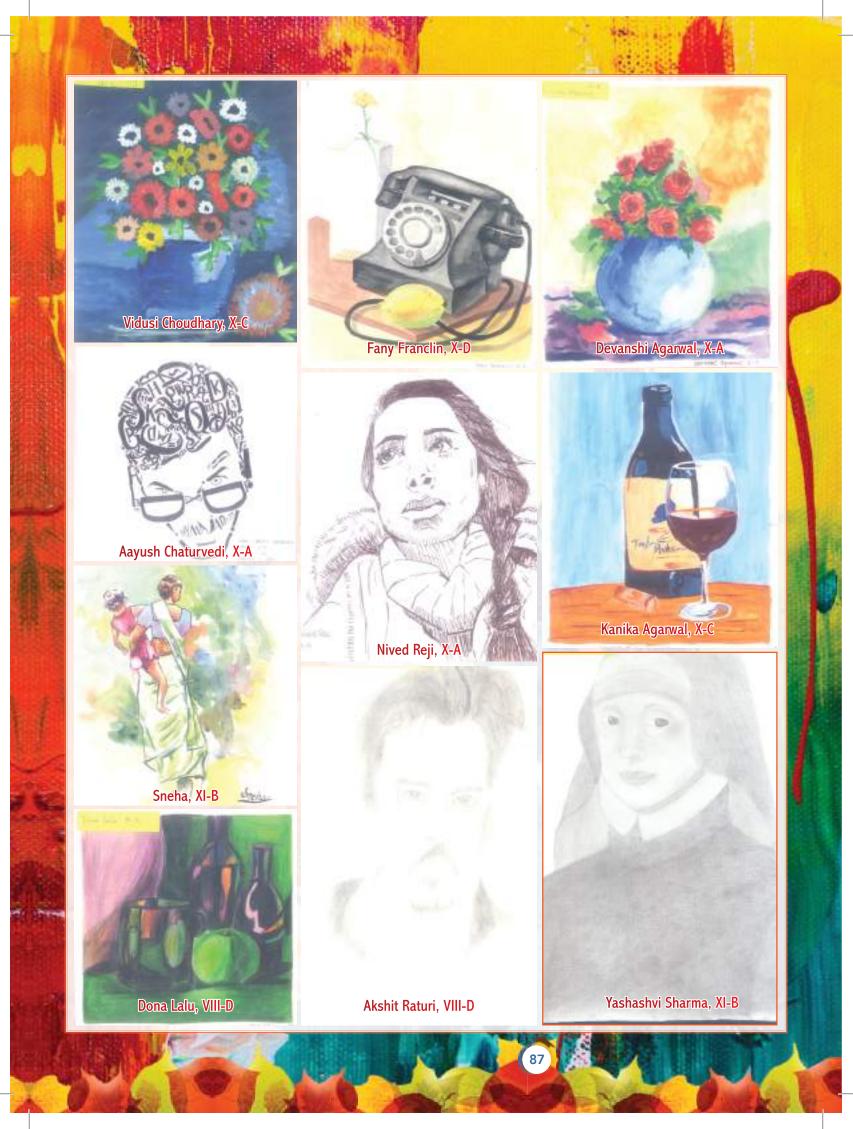












# **CO-SCHOLASTIC SECTION**



### **CBSE ACTIVITIES 2022-23**

CBSE, as part of the celebration of Azadi ka Amrit Mahotsav, organized many activities throughout the year on different topics to bring out different visions of students on India. The theme for the student-enrichment activities conducted by the Board for the academic session 2022-23 was- Vision for India @2047. Our students actively and enthusiastically participated in all activities covering wide topics like tourism in India, water conservation, follow traffic rules etc.



### **INCLUSIVE EDUCATION IN SCHOOL**

Special education refers to a range of educational and social services provided by the public school system and other educational institutions to individuals with disabilities and who are between three to twenty one years of age.

Children with learning disabilities also tend to be more empathetic due to the hardships they face. In our school, special education plays an essential role. It helps those children whose learning is impacted by physical, cognitive, behavioural or emotional conditions. Every child has the right to education and opportunities. In our Institution, we provide special education and counselling to help Children With Special Needs (CWSN). We provide necessary support to the children and do the required modifications as per their need.



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Our school is working on the Individual Educational Programme (IEP)

goals. These are specially planned according to the need and level of the CWSN and that helps to achieve their scholastic and co scholastic needs and make them confident and developed to be a part of the mainstream society.

### **GLIMPSES OF THE ORIENTATIONS**

An orientation programme was conducted in our school on 1 and 2 April 2022 by Rev. Fr. John Ravi SJ, the Secretary of Jesuit Educational association in South Asia. The one-day programme focused on Education for Human Excellence. The orientation was divided into three sessions. Rev. Fr. Ravi emphasised on the need for 'a guide by the side' philosophy for a better living. He said that Faith, Depth, Reconciliation and the Will to become Global Citizens will help man lead a good and meaningful life. During the programme, inspirational videos were shown. In the concluding session, Rev. Father discussed various techniques to destress ourselves. The orientation was very informative and interactive.

CAREER COUNSELLING SESSION-An educationist and social entrepreneur, Ms. Reena Charles was invited to give career counselling to the students of Class X on 15 November 2022. Ms. Reena Charles is a sought after public speaker who conducts parenting seminars as well as motivational workshops for students.

Students were guided to keep their goals clear and SMART- Specific, Measurable, Achievable, Realistic and Time Bound. They were given tips to choose their career wisely, based on their interest, personality and aptitude. They were encouraged to discover their core values which must be aligned with their career. It was an interactive and enriching session.



## JUSTICE, PEACE AND INTEGRITY OF CREATION (JPIC) CLUB

St. Mary's conducts many activities, both online and offline, to instil and keep alive the Justice, Peace and Integrity of Creation (JPIC) values among the students. This year too many activities were conducted to live up to the JPIC vision. Here is a glimpse of the activities conducted.

In August- September, JPIC members made some thought-provoking posters highlighting the problems concerning the various kinds of pollutions in the vicinity- dust, air, water and soil.

To observe our independence, in the next activity for the month of August, students wrote a paragraph where they connected patriotism to the JPIC goals of peace, integrity and justice.

In October, 'The Seasons of Creation' week was observed. In the morning assembly, the wounds caused to Mother Earth were discussed and ways to improve the environment were expressed. 'The Burning Bush Activity' was a beautiful display of our commitment to the environment. Candles were lit and pledges were written. A glass jar activity was done for all the classes. International Day for Peace and Non-Violence was also observed through an assembly.

In November, an assembly depicting the contemporary problems of women was shown and the importance of 'ORANGE THE WORLD Campaign- End Violence Against Women and Girls' was expressed.

In December, an outreach programme to the needy was planned. Every year, items of daily use and good clothes are contributed by our organization. A children's parliament, including all JPIC club members and also members from other clubs, came together to pay a visit and spread the Christmas message.

In January, a few activities and a special assembly commemorating Mother Mary Ward's life was conducted. JPIC students also reminded the young Marians about the National Girl Child Day.

Our Club members also came up with a badge with the JPIC and the School logo. This will be worn by all Club members, to be known and to act as earth warriors.

Teachers and students are all ready to put in their best to adopt JPIC as a way of life and also inspire others to do the same.



### LEADERSHIP TRAINING SERVICE (LTS) CLUB

Leadership Training Service (LTS) Club is an inevitable part of any educational institution's curriculum. Our school is one such school that understands the importance of developing leadership qualities in its students. As a part of leadership training service, the Club conducted several activities which aimed at stimulating leadership skills among students. Various activities like community outreach programme, waste management, discussion on case studies on life values were held throughout the academic year.

The community outreach programme was conducted with the objective of instilling a sense of social responsibility and empathy among the students. The programme was held in a nearby slum, where the students got the opportunity to closely observe the lives of the residents. Another community outreach programme was held at Mother Teresa Home, Asha Sadan, where the students interacted with the inmates. The students were divided into groups and given specific tasks to perform, such as organizing games and activities for the inmates. Both the programmes allowed the students to learn about the realities of life outside their privileged existence. The students gained a deeper understanding of the challenges faced by people living in such conditions. They also developed a sense of empathy and compassion towards them.

The waste management activity was conducted with the aim of creating awareness about the importance of waste management and environment sustainability. The students were educated on the various types of wastes and the appropriate ways of disposing them. The activity was successful in creating awareness among students about the need to reduce waste and adopt eco-friendly practices. As a part of the activity, the students were asked to clean their classrooms and the school premises.



A case study discussion on life values was conducted with the aim of instilling the values of empathy, compassion and integrity among students. The students were given case studies of real-life situations and were asked to discuss and analyze them from a moral and ethical perspective.

Every activity helped to develop critical thinking and decision-making skills among the students. All the activities were successful in achieving the objectives of the LTS Club and helped the students to instil a sense of social

responsibility, honesty, setting a good example for others to follow, to be productive and to be sensitive towards fellow beings and towards nature.



### **STEPPING TOWARDS A BETTER FUTURE- ECO CLUB**

#### 'Where There Is Green, There Is Prosperity.'

Keeping this as the motto, the Eco Club of our school continues to strive ahead to create awareness among the young minds to foster a better world. It aims at inspiring students to participate and take up meaningful environmental activities and projects.

Currently, our Club comprises of 50 active members. With the support and meaningful guidance of our Principal, Rev. Sr. Deepti C J and the teacher in-charges, the Eco Club conducted various activities which brought us one step closer towards achieving our goal – a cleaner environment.

As the new session began, our Club became active with full zeal. Various activities were conducted during the year. The first activity was the setting up of **BARTAN BHANDAR** in the school, under which the school pledged to use reusable glasses and steel utensils only.

The second activity was conducted in July. The topic was **WASTE SEGREGATION**. Under this activity, Eco Club students sensitised the entire school regarding the need to do waste segregation.





The next activity was **NUKKAD NATAK** which was conducted in the month of August. The message given was- plastic is not only harmful for the people, but also for the aquatic life, the animals and the environment.

The fourth activity was **POSTER MAKING ACTIVITY**. In this activity, the Club members drew beautiful posters on the topic- Discouraging Single Use Plastic.

As Diwali was round the corner, an awareness assembly on the topic **ECOFRIENDLY DIWALI** was conducted in the month of October. The purpose of this assembly was to sensitise the young Marians against the use of crackers and plastic.

Through their activities, the members of the Club emphasised on the fact that they will take care of their home – THE EARTH.



### LITERARY CLUB

#### Creativity is nothing but a mind set free

The Literary Club at St. Mary's strives to give freedom to the young creative minds through an array of opportunities for self expression. The Club encourages students to widen their imagination and hone their communication skills through various literary activities. Debate, declamation, group discussion, poetry writing and recitation, story weaving and many other activities were organized during Club meetings throughout the year to enhance the linguistic skills of the student members.

A fun filled activity- 'Dumb Charades' based on English idioms and proverbs was held. It provided a platform to students to improve their non verbal communication skills as well as learn new idioms and proverbs.

Hindi poetry recitation on 'Phasing Out Single Use Plastic to Save Environment' was held to bring awareness among students to use the power of words to bring about a change.

All the Club members were given a chance to express their opinions on different topics through the activity- Extempore.

The Club organized special assemblies on various days of literary importance such as National Youth Day, World Students' Day, World Food Day, International Literacy Day, International Poetry Day, World Book Day, National Solidarity Day, Hindi Diwas etc. These special assemblies introduced all the Marians to the renowned poets and authors as well as their contribution to the world of literature.

Ekta Diwas was celebrated on 31 October by organizing special morning assembly on the topic- 'We Are All Indians'. Members of the Club

were dressed in costumes of different religions and took the Ekta Diwas pledge.

Character enactment activity was done to inculcate among members a love for English literature. Students volunteered and enacted different characters from classic works of literature.

The Literary Club plays an important role in building the vocabulary of students. A new word was introduced to the students every day by writing it on a display board dedicated to this purpose. A vocabulary quiz was conducted at the end of each month where students participated enthusiastically. The quiz is an awaited event for the Marians every month and the Club will continue to conduct the quiz in the new academic session as well.

Looking forward to an enthusiastic participation from the members in the new session!









### **MEDIA CLUB**

Media literacy is not just important, it is absolutely critical. It is going to make the difference between whether kids are a tool of the mass media or whether the mass media is a tool for the kids to use. - Linda Ellerbee

Media is a very important part of our lives. A lot of our time is spent reading, listening and watching media messages. The Media Club is dedicated to spread media literacy and awareness among the students, along with highlighting the achievements of the school. In the year 2022, St. Mary's Media Club entered in its third year of existence. After more than a year of online interaction with students, this year it was different as students attended the meetings offline.

'Catch them Young'- This year, Media Club membership was extended to classes VI-VIII, with the aim to enlighten the young minds about what media is and how it influences the life of people.

'Be a Movie Critic'- Films/ movies/ videos are very much part of our life. Students are taught various aspects of looking at videos and movies, not only as an audience who sees a movie only for entertainment, but as an analyst who examines the video critically, i.e. story, screenplay, music, direction, action, cinematography, acting, editing etc. The students were given activities to give their review of different movies and books. It was good to see all the students participating enthusiastically and sharing their reviews and experiences.

'Event Coverage'- Other than conducting general Club meetings, a major contribution of the Media Club was covering all the major school events. The

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recorded programmes were then edited and uploaded on the school YouTube channel- E-Marians. Another interesting venture of the Media Club was the regular news bulletins that were read out during the morning assembly in order to keep the students updated with the latest news.

We hope that the Media Club will flourish and allow students to gain good experience and also support their passion for media and journalism.

### **EK BHARAT SHRESHTHA BHARAT (EBSB) CLUB:**

### A GATEWAY TO UNVEIL THE INCREDIBLE INDIA

'Diversity is the one thing we all have in common. Celebrate it everyday.'

Ek Bharat Shreshtha Bharat (EBSB) is a new initiative to connect people at various levels pan India. Our nation is the archetype of 'Unity in Diversity'. This programme is an approach to promote learning between states by sharing the best practices and experiences and hence spread unity across the country in its true essence.

Ek Bharat Shreshtha Bharat Club functions to bring out the best of the paired state and to unveil the beauty of the lesser known state. The paired state of our state is Sikkim. The Club ensures a better understanding of the culture and tradition of Sikkim to the other students. It helps to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our country. It even establishes an atmosphere to 'rekindle' the cultural and civilizational bond between Delhi and Sikkim.

During the year, the Club members took a keen interest in materialising the dream of launching this great initiative. Various activities were conducted to showcase the rich heritage and culture, customs and traditions of both Delhi and Sikkim. It enabled the young Marians to understand and appreciate the diversity of India, thus fostering a sense of common identity. All the art work prepared by the students of different classes was exhibited in the Art and Craft Exhibition and it received admiration and applause. Our school also conducted a few activities to celebrate Bharatiya Bhasha Utsav as part of EBSB activities. Students' efforts in delivering multilingual speeches and singing in different languages was applauded.

The Ek Bharat Shreshtha Bharat programme for classes VI-X has been a grand success. The students and the teachers not only engaged themselves in the cultures of Delhi and Sikkim; the myriad spheres of language, literature, cuisine, festivals, cultural events, tourism, etc. but were truly able to experience brotherhood, with love being the common thread that unites us all.







BEST BULLETIN BOARD TROPHY - MIDDLE WING



BEST BULLETIN BOARD TROPHY - SENIOR WING



BEST DISCIPLINE TROPHY - MIDDLE WING

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BEST DISCIPLINE TROPHY - SENIOR WING

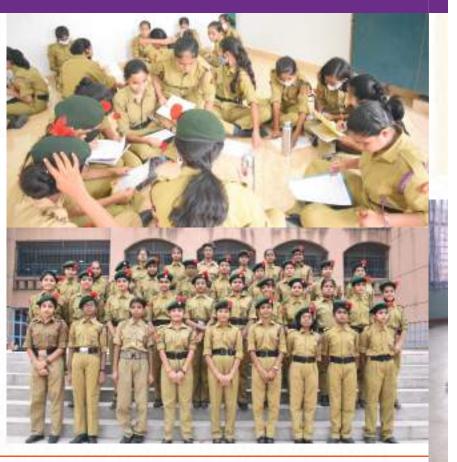


### NCC

The National Cadet Corps (NCC) is an important organization in schools that focuses on the overall development of students. NCC provides students with opportunities to engage in various activities that enhance their physical fitness, leadership skills, teamwork and social responsibility.

In our school, we have NCC (2DGBN) for girls and they are actively participating in NCC activities, camps etc. and reaping the benefits of this valuable organization. Our NCC cadets participated in the Expression Series conducted by the CBSE. They were also a part of all school events, rendering their service to the Institution.

Overall, NCC plays a vital role in shaping the personality of students and prepares them for a bright future ahead.



### SCHOOL MARCHING BAND

### 'Learning to play a musical instrument aids to your cognitive development.'

St. Mary's School Marching Band is a fully equipped brass band of 31 students which helps students to inculcate patience, confidence, discipline and teamwork. Our Principal, Rev. Sr. Deepti C J, along with our Manager, Rev. Fr. Jose TJ encourages and provides opportunities to the band to perform during various occasions.

The School Band had numerous events to display their talent and discipline throughout the academic year 2022-23. The band proudly commenced its performance for the year through the Investiture Ceremony. Independence Day and Republic Day celebrations are never complete without the band performing to patriotic tunes. The School Band also participated in the Sports Day and marched to the tune of "Saare Jahan se Achcha...". It was an ecstatic moment when the band got to perform in front of the Archbishop of Delhi, His Grace Most Rev. Anil J T Couto while inaugurating the Archbishop Alan Basil De Lastic Memorial Hall.



### **SR. BENIGNA DANCE CLUB- GROOMING THE YOUNG DANCERS**

The Sr. Benigna Dance Club aims to boost up the morale of students and to highlight their talent of dance and creativity. It provides opportunities to dance lovers to prove their talent and it is a good platform for them to have their artistic exploration. This Club plays an important role in maintaining the positive environment in the school. It trains the young Marians in Western Dance and Classical Dance. The students have successfully performed in various school events and showcased their talent. Their scintillating performances were applauded by the audience.



### FR. ALEX TOPPO SPORTS CLUB

Fr. Alex Toppo Sports Club was started two years ago with an objective to improve the physical and mental health of students and to assist talented student athletes/football players achieve the highest levels of performance in their various sports.

All the athletes of the Sports Club have brought laurels to the school by securing 1st, 2nd and 3rd position in Zone-II athletic meet in individual as well as team events.

The Club aims at providing different opportunities to students at the Zonal, Inter Zonal, District, State, National and International Level.

It also nurtures life skills and inculcates values of teamwork, tolerance and collaboration among the Marians.



## EXCURSIONS

### **QUIZ TIME**

Mathematics is not just about numbers, equations, formulas or computation, but it is also about the hope that every problem has a solution. So, as a part of extended learning, Inter House Maths Quiz was conducted in our school for classes VI to VIII for this academic year on 20 October 2022.

The main objective of the quiz was to encourage children to look beyond textual knowledge and promote teamwork and build competitive spirit. Every round ended with a question for the audience.



After a tough fight, the first position was bagged by Vaayu House, the second by Amber House and the third by Prithvi House.



A General Quiz was also conducted for classes IX to XII on 2 November 2022 as part of House activity. The quiz aimed at testing the students for social and general awareness. It encompassed questions from sports, car logos, politics etc. Agni House won the quiz.

### **THE MARIAN TALK SHOW**

An Inter House Talk Show was conducted in our school on 9 May 2022 on the topic - **The Ukraine War: 'A Crime against Humanity'.** There were three participants from each House-Agni, Amber, Prithvi and Vaayu. One student was the host and two became the guest speakers, offering different opinions on the issue. The ambience of a live show was well created by the participants.

Through very effective presentations and discussions, the participants made the audience understand the issue well and highlighted the fact that the war in Ukraine is causing worldwide disruptions to trade and investments and has greatly impacted consumers of food and fuel all over the globe. Hence, a need to address the concerns of the victims and those affected directly or indirectly was necessary.

All the participants performed exceptionally well. They were congratulated and applauded by our Principal, Rev. Sr. Merlin CJ. Rev. Sister also encouraged the students to be well-read and vigilant about all the issues happening around them globally.



# A DAY IN SCHOOL

## **COORDINATOR'S MESSAGE**

### The journey of a thousand miles begins with just a single step...

Education is the most powerful weapon which one can use to change the world. We, at St. Mary's, strongly believe in the importance of teachers, parents and administrators collaborating and communicating openly to accomplish our common goal, which is to provide young children a chance to grow towards their full potential in an environment that promotes belongingness, dignity and hope.

The role of education in today's world is not only to pursue academic excellence but also to help in the overall development of a child. With this view in mind, the young Marians were provided with various platforms in the form of various inter-class, inter-house, inter-school competitions, sports events, art and craft exhibition etc. By doing so, not only the in-born talent of children was polished, but they were also helped in developing confidence. The school also took initiative in organising special assemblies, which helped in motivating and building a strong character in the students.

We are deeply privileged to be in a position that allows to interact with and observe children throughout their learning journey. We, at St. Mary's, are working as a team for the betterment of our students. We hope, as mentors and guide, our dedication and hard work will bring a positive change in our students and help them soar greater heights in life. Let us always remember that every child is unique, limitless and ready to shine...With best wishes

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Antara De Senior Coordinator

## **BEST HOUSE TROPHY**

Vaayu House lifted the Best House Trophy for the academic session 2022-23.

- Ms. Jyothi VK Moderator
- Ms. Rema R Kumar Co moderator -
- Captain - Vaishnavi Jha
- Vice captain - Ann Maria Jobi



**Agni House** won the Runner Up Trophy for the academic session 2022-23.

Moderator

Vice captain

- Ms. Hiroshima Chhabili

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- Co moderator Ms. Vibha Sisodia Shwetank Tiwari -
- Captain
- Shreya



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### **LAURELS TO THE SCHOOL !**

- Heli Anil Thomas of class XI-A represented the East Delhi District Zone-2 at the State Level Declamation competition in senior boys category. He brought laurels to the school by securing the third position among eleven participants from eleven different districts of Delhi. He was awarded with a cash prize and a certificate. The school is proud of his achievement.
- Our students performed meritoriously in the Zonal Cultural Activities conducted in the months of August and September 2022.

Akshaj of class X-C bagged the first prize in the drawing competition. Heli Anil Thomas of class XI-A won the first prize in the English Declamation competition.

Adwitiya Ghosh Mondal of class XII-B secured the third position in the semi classical singing competition.

- At the District Level Cultural Activities, held in the month of November 2022, Heli Anil Thomas of class XI-A won the first prize in the English Declamation competition and Akshaj of class X-C won the first prize in the Drawing competition.
- Fr. Agnel School, NOIDA, organised Synklise 2022, an Inter School Science competition, on 16 November 2022. Our students bagged the first prize in the Science Debate. The winners were- Heli Anil Thomas of class XI-A and Ashita Rawat of class XII-B.
- Vanessa Rochelle Lobo of class XII-B secured the first position in the Inter School Personality Contest organised by the English Literary Society of St. Xavier's Sr. Sec. School, Delhi on 2 September 2022.
- Our school bagged the first position in the Group Folk Dance competition (Colours of Life) organised by St. Michael's Sr. Sec. School, Delhi on 3 September 2022. The winners were-

Nupur Dutt	VIII-D	Vansika Chand
Aruna E Nair	VIII-A	Jyotsna Nair
Mariya Jomon	VIII-B	Kripa Xavier
Ananya Saha	VIII-C	Khushi
Faustina Saji Joseph	VIII-D	Brigitha Jobi
Evana Jose	VII-A	Akshara Ranjit











 Our students made us proud in the first Sir Devasia Memorial Inter School Cultural Festival-2022 organised by St. Xavier's Sr. Sec. School from 24-26 November 2022.

In the Bharatnatyam Duet, Vani Jeevandas of class IX-B and Niveditha Venu of class IX-D bagged the first prize.

In the Best Out of Waste competition, Avani Kaushik of class IX-B, Riddhima of class IX-B and Kakul Munder of class IX-C won the second prize.

Students of our school added feathers to the cap by winning the second position in the 12<sup>th</sup> edition of Inter-School Don Bosco Bible Quiz 2022 that was conducted on 16 October 2022.

The quiz this year aimed at spreading knowledge and love for the word of God among students.

The quiz competition had around 50 teams, out of which total eight teams were selected for the final round.

Two teams from our school participated in the competition and were selected for the final round. Team-I, consisting of three participants- Ann Maria Martin (VIII-A), Jonathan George Vallankanni (VII-D), Alina C Mathew (VI-D) secured the second prize. They won cash prize of Rs 4,500/, certificates, medals and mementos for the same.

Niscort Media College, Ghaziabad, organised Inter School Carol Singing competition on 13 December 2022. Our students won the third prize and a cash prize of Rs. 1000/. The winners were-

Niveditha Venu
Pranav Menon
Varsha PV
Anna Gloria Gomes
Mikhael Mathew
Malcolm Oswald Pinto
Vedika Harbola
Abhishek Thomas

\*

IX-D X-B X-A XI-B XI-D XI-B XI-A XI-A

Our students also made us proud by winning in the 3rd Montford

Inter School Carol Singing Fest 2022 on 16 December 2022. There

Abraham Ashish Kurian of II- A and Meerashree Mukhopadhyay of class IV-C participated in the category 1 and 2 respectively and secured the first position in both. Malcolm Oswald Pinto of class XI-B accompanied the students on the stage with the keyboard.

were a total of 8 schools participating in the Fest.

Keerthana Vinod
Yuvam Sharma
Priyanka Mishra
Christo V Joseph
Taranjeet Singh
Anshika Negi
Heli Anil Thomas



The School Management is extremely proud of its young achievers

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for their praiseworthy performance in the various competitions held during the academic session. Our Principal, Rev. Sr. Deepti CJ congratulated the winners and the participants for bringing laurels to the school. Sister also appreciated the effort and the guidance given by the teachers in preparing the students.









IX-A

X-B

XI-A

XI-B

XI-A

# **OLYMPIADS – 2022-23**

To enhance the scientific temperament, our school conducts International Mathematics Olympiad (IMO) and National Science Olympiad (NSO) for classes VI to XII every year. Some of the praiseworthy achievements of our students are:

- 1. Hridyansh Singh Negi of class VII-C received the gold medal of Distinction for securing an International rank 51 in International Mathematics Olympiad (IMO).
- 2. Parth Gupta of class VIII-D received the gold medal of Distinction for securing an International rank 72 in National Science Olympiad (NSO).
- 3. The Gold medal of Excellence was awarded to top 10% rank holders from each class. For the International Mathematics Olympiad, the rank wise names of the students are:

NAME	CLASS/SEC	RANK
Ishita	VI-C	1
Lakshit Sharma	VI-B	2
Himika Gupta	VI-B	3
Keshav Sinha	VI-D	4
NAME	CLASS/SEC	RANK
Hridyansh Singh Negi	VII-C	1
Shivan Nagarkoti	VII-D	2
Virat Sanjeev Naik	VII-A	3
Jonathan George Vallankanni	VII-D	4
Aarnav Chauhan	VII-A	5
NAME	CLASS/SEC	RANK
Ankith Kuttan	VIII-A	1
Parth Gupta	VIII-D	2
Akshat Ujjain	VIII-A	3
Shaurya Tariyal	VIII-A	4
NAME	CLASS/SEC	RANK
Swastika Dash	IX-A	1
Arpan Charles Ekka	IX-A	2
Many <mark>am Upa</mark> dhyay	IX-A	3
Oja <mark>s Singh</mark>	IX-D	4
S <mark>hashwat Shiv</mark> hare	IX-C	5
Viraaj Menon	IX-A	6
NAME	CLASS/SEC	RANK
Drishti Vashishtha	X-B	1
Aryan	X-B	2
Aman Kumar	X-B	3

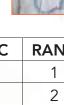
NAME	CLASS/SEC	RANK
Shashank Singh	XI-B	1
Vaishnavi Jha	XI-A	2
Riddhima Yadav	XI-A	3
NAME	CLASS/SEC	RANK
<b>NAME</b> Aditya Kashyap	CLASS/SEC XII-A	<b>RANK</b> 1
		<b>RANK</b> 1 2

#### For the National Science Olympiad, the rank wise names of the students are:

NAME	CLASS/SEC	RANK
Aarna Roy	VI-A	1
Lakshit Sharma	VI-B	2
Amrita Vishwakarma	VI-A	3
Shanciya Jobinson	VI-A	3
Ishita	VI-C	4
Saumya Sharma	VI-B	5

NAME	CLASS/SEC	RANK
Parth Gupta	VIII-D	1
Jay Tiwari	VIII-B	2
Vansh Harbola	VIII-B	3
Akshat Ujjain	VIII-A	4
NAME	CLASS/SEC	RANK
<b>NAME</b> Aryan	CLASS/SEC X-B	<b>RANK</b> 1
Aryan	X-B	1
Aryan Aman Kumar	X-B X-B	1 2





NAME	CLASS/SEC	RANK	NAME	CLASS/SEC	RANK
Aditya Kashyap	XII-A	1	Swastika Dash	IX-A	1
Abhinay Panwar	XII-B	2	Ashish Jayant	IX-B	2
			Akshit Vinod	IX-C	2
Harsh Aggarwal	XII-A	3	Arpan Charles Ekka	IX-A	3
NAME	CLASS/SEC	RANK	Chinmay Singh	IX-D	4
Virat Sanjeev Naik	VII-A	1	Poorvi Singh	IX-B	5
Hridyansh Singh Negi	VII-C	2	Harshit Rawat	IX-D	6
Aarnav Chauhan	VII-A	3	NAME	CLASS/SEC	RANK
			Ashlin Binu	XI-A	1
Shivan Nagarkoti	VII-D	4	Pranjal Mishra	XI-A	2
Evan Raj Shinu	VII-A	5	Ishita Sharma	XI-B	3

4. All the participants were given student's performance report and a certificate.





# **INTER HOUSE COMPETITIONS**

## Earth Day Activities (Photography)

#### Class XII

#### Mother's Day Activities (Card Making)

#### Class VI

Position	Name	Class	House
I	Jyotsana Lakra	XII-C	Prithvi
II	Joselete Thank- achan Thomas	XII-B	Vaayu
	Ashwat Chamoli	XII-A	Prithvi

Position	Name	Class	House
I	Ridhima Dixit	VI-C	Vaayu
11	Aryan Halder	VI-D	Agni
	Shivi Baliyan	VI-B	Prithvi

# Wall Hanging Making

#### Class X

Position	Name	Class	House
	Khushi	X-A	Agni
II	Ritisha Bisht	X-A	Prithvi
	Angel Paul	X-A	Prithvi

Class VII				
Position	Name	Class	House	
I	Tanisha Chandra	VII-C	Agni	
II	Saanvi Gupta	VII-C	Amber	
	Anshika Goswami	VII-C	Agni	

#### **Photo Frame Making**

#### Class IX

Position	Name	Class	House
I	Gregary S Paul	IX-C	Prithvi
П	Swastika Dash	IX-A	Vaayu
	Mayla Namal Khan	IX-A	Vaayu

#### Class VIII

Position	Name	Class	House
16.	Vrinda Singh	VIII-D	Prithvi
II .	Drishtika	VIII-A	Agni
III	Muskan Madhavan	VIII-D	Vaayu

## **Article Writing**

#### Class XII

Position	Name	Class	House
	Sarthak Bisht	XII <mark>-A</mark>	Vaayu
	Abhinav Panwar	XII-B	<mark>V</mark> aayu
	<mark>Sarthak Sha</mark> hi	XII-A	Prithvi
	Anson C Martin	XII-B	Agni

# **Article Writing**

#### Class IX - X

Position	Name	Class	House
	Pallavi Singh	X-C	Agni
II	Shreya Rautaray	IX-D	Agni
	Varsha PV	X-A	Prithvi
	Riddhima	IX-B	Agni

# **Bouquet Making**

#### Class IX - XII

Position	Name	Class	House
I	Himadri Singh	X-C	Vaayu
II	Diya Banerjee	IX-A	Amber
	Ayushi	IX-A	Vaayu
	Namita Chopra	IX-D	Prithvi
	Chanchal	IX-A	Vaayu
	Aarti Agnes Minj	XII-C	Agni

# Sketching

#### Class IX - XII

Position	Name	Class	House
I	Akshaj	X-C	Amber
II	Krishna Shukla	IX-D	Vaayu



111	Milen Pappachan Monachan	XII-C	Amber
	Fany Franclin	X-D	Amber
	Pooja Mamgai	XII-C	Prithvi

#### Tangram

#### Class VII

Position	Name	Class	House
I	Chirag Pathak	VII-B	Prithvi
П	Aarnav Chauhan	VII-A	Agni
	Tanisha Chandra	VII-C	Agni

#### Talk Show Collage Making (Fun with Space)

Classes X and XII		Class VIII	
Position	House	Position	Class
1	Vaayu	- 1	VIII-A
	Prithvi	II	VIII-A
	Agni		VIII-D

# Clay Modelling (Theme- Forest)

#### Class VI

Position	Name	Class	House
I	Ridhima Dixit	VI-C	Vaayu
11	Vansh Luthra	VI-C	Agni
	Anabia Javed	VI-C	Vaayu

#### **Poster Making**

#### Classes IX - XII

Position	Name	Class	House
I	Alisha	X-B	Agni
II	Sumit Lingwal	X-A	Prithvi
	Khushi Aggarwal	X-C	Prithvi
	Jasmine Shijo	X-B	Vaayu

#### **Slogan Writing**

#### Classes IX - XII

Position	Name	Class	House
	Vedahi Bohra	X-C	Vaayu
11	Soumya Mamgain	IX-C	Agni
	Sandriya Saji	XII-B	Amber

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#### Power Point Presentation – Any Social Cause Classes IX - XII

Position	Name	Class	House
I	Nitin Kothiyal Abhay Bhushan	XI-A XII-C	Prithvi
II	Aaryaman Krishna Gupta	XI-A X-A	Agni
111	Akshaj Arpan Charles Ekka	X-C IX-A	Amber

## **English Poem Enactment**

#### Classes IX - XII

Position	Name	Class	House
I	Mayla Namal Khan	IX-A	Vaayu
	Swastika Dash	IX-A	Vaayu
	Harshvardhan Singh Rawat	X-A	Agni

#### Fusion Dance – Patriotism

Classes IX - X	
Position	House
	Amber
II	Prithvi
	Agni

#### **Patriotic Song**

Classes IX - XII		
Position House		
1	Vaayu	
II	Amber	
III Agni		

#### **Street Play**

#### **Short Film Making**

Vaayu

Agni

Amber

Classes IX - XII Position House

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Classes IX - XII		
Position House		
l Vaayu		
II Amber		
III Prithvi		

#### English Speech Classes VII - VIII

Position	Name	Class	House
1,00	Sania Anna Prince	VIII-B	Prithvi
AV.	Aalima Hafeez	VIII-B	Agni
	Urvi Deshwal	VIII-D	Vaayu
II	Akshara Ranjit	VII-B	Amber

#### **Hindi Recitation**

Class VI		
Position	Class	
	VI-A	
	VI-D	
	VI-B	

# Solo Dance Competition

#### Classes VI - VIII

Position	Name	Class	House
	Sachi Sati	VI-A	Agni
	Rashi Aggarwal	VII-D	Vaayu
	Khushi	VIII-A	Agni
	Vaishnavi S Nair	VIII-D	Amber

# Hindi Patriotic Song

# Classes VI - VIII

Position	House
	Agni
II II	Amber
	Prithvi

# Fancy Dress

#### Class VI

Position	Name	Class	House
- 1	Lakshit Sharma	VI-B	Vaayu
- 11	Priyanshi Yadav	VI-A	Vaayu
	Jennifer Sanil	VI-C	Agni

# Historical Speech

#### Class VII

Position	Name	Class	House
I	Aayushi Bisht	VII-B	Agni
11	Sandeep Pal	VII-C	Vaayu
	Akshita Agarwal	VII-C	Amber

Maths Quiz Rangoli Making		laking		
Classes VI-VIII		Classes IX-XII		
Position	House	Position House		
1	Vaayu		Agni	
II	Amber	II.	Vaayu	
	Prithvi	Ш	Amber	

# Teachers' Day Card Making

#### Class VI

Position	Name	Class	House
I	Adrit Sharma	VI-B	Amber
II	Anabia Javed	VI-C	Vaayu
	Arpit	VI-C	Vaayu

#### Class VII

Position	Name	Class	House
I	Annu Tirkey	VII-B	Prithvi
	Akshita Agarwal	VII-C	Amber
	Aarnav Chauhan	VII-A	Agni

#### Class VIII

Position	Name	Class	House
	Sania Anna Prince	VIII-B	Prithvi
	Mohd Hamza Hasan	VIII-C	Prithvi
	Ayushmaan	VIII-A	Vaayu

#### Class IX

Position	Name	Class	House
Ι	Sharmin	IX-C	Amber
II	Avi Kumar	IX-D	Vaayu
	Ritika Upadhyay	IX-A	Agni

#### Class X

Position	Name	Class	House
	Nivedita Nautiyal	X-D	Amber
П	Arisha Javed	X-B	Agni
	Jasmine Shijo	X-B	Vaayu

#### Class XI

Position	Name	Class	House
I	Sandra Rosa Prince	XI-A	Vaayu
11	Vandana Rana	XI-B	Prithvi
	Joseph Eapen Saji	XI-B	Vaayu

#### Class XII

Position	Name	Class	House
I	Sandriya Saji	XII-B	Amber
II	Angel Samuel	XII-B	Vaayu
	Himani Jagwan	XII-D	Agni

## Paint the Canvas

Classes IX - XII			
Position	Name	Class	House
1	Sreya P P	X-D	Amber
II	Aishwarya	XII-B	Prithvi
	Milen Pappachan Monachan	XII-C	Amber
	Swastika Dash	IX-A	Vaayu

# **Story Writing**

Class VIII			
Position	Name	Class	House
	Prakriti Verma	VIII-B	Agni
	Urvi Deshwal	VIII-D	Vaayu
	Sania Anna Prince	VIII-B	Prithvi
	Jay Tiwari	VIII-B	Amber
	Anany Mittal	VIII-A	Amber
	C Alice	VIII-C	Prithvi

# **General Quiz**

Classes IX - XII	Circle 1
Position	House
I	Agni
II	Amber
III	Prithvi

# Speech Competition

#### Class VI

Position	Name	Class	House
1	Sachi Sati	VI-A	Agni
II	Ridhima Dixit Anika Sharma	VI-C VI-D	Vaayu Amber
	Aaniya Rachael Lobo	VI-A	Amber

Class	VIII
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Position	Name	Class	House
I	Rebecca Anil Thomas	VIII-D	Prithvi
II	Nishal Thomas	VIII-C	Vaayu
	Ann Maria Martin	VIII-A	Agni

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# Collage Making

Classes IX - XI		
Position	Class	
	X-A	
	IX-D	
	IX-A	
111	XI-D	

# Mary Ward Week Activities

Calligraphy Classes VI - VII			
Position	Name	Class	House
I	Avi Bhadana	VII-B	Amber
11	Anushka Negi	VII-A	Amber
	Aarna Suwalka	VII-A	Agni
	Ayush Upadhyay	VI-D	Vaayu
	Harshit Pandey	VI-D	Vaayu

Calligraphy Classes VIII - IX			
Position Name Class		House	
I Niveditha Venu IX-D A		Agni	
6. G-	Trisha	IX-D	Agni
П	Khushi	VIII-A	Agni
	Ojas Singh	IX-D	Amber
111	Urvi Deshwal	VIII-D	Vaayu

# Mary Ward Sketching

Classes VI - VII			
Position	ition Name Class Hous		House
Ι	Samriddhi Saxena	VII-C	Vaayu
	Amogh	VII-D	Amber
	Ayush	VII-D	Prithvi
	Ridhi Singh	VI-B	Vaayu

Classes VIII - IX			
Position	Position Name Class Hou		House
I	Ojas Singh	IX-D	Amber
II	Shreya	VIII-B	Vaayu
	Kanika Bartwal	VIII-D	Vaayu

#### **National Girl Child Day Activities**

Poster Making Classes VI - VII			
Position Name Class House		House	
I	Samaira Nayak	VI-A	Amber
- 11	Tanvi Kaushik	VII-A	Prithvi
III Saanvi Gupta VII-C Amber			

#### Poster Making VIII - IX

Position	sition Name		House
	Mahi Singh	VIII-B	Prithvi
	Anika Kotnala	IX-D	Agni
	Rebecca Anil Thomas	VIII-D	Prithvi

#### **Class VII**

Position	osition Name		House
I	Tannmay Gulati	VII-B	Agni
	Ritvik Tyagi	VII-C	Amber
	Sandeep Pal	VII-C	Vaayu
	Virat Sanjeev Naik	VII-A	Vaayu
	Akshara Ranjit	VII-B	Amber

# **Multilingual Speech Competition**

Position	Name	Class	House
I	Anirudh Krishna	VII-B	Agni

#### Just A Minute (JAM)

Class VI			
Position	Name	Class	House
I	Sachi Sati	VI-A	Agni
II	Priyanshi Yadav	VI-A	Vaayu
	Ridhima Dixit	VI-C	Vaayu

The biggest competition is myself. I am not looking to follow others or pull them down. I'm planning to test my own boundaries.

# Primary Wing Intra-School Competitions

#### **Magic With Colours**

#### Class KG - A

Position	Name
1	Harnoor Kaur
11	Janhvi
111	Asmita

#### Class KG - B

Position	Name
1	Saanvi Dash
II	Rebecca Anna Shefi
	Naira Rawat

#### Class KG - C

Position	Name
1	Divisha Singh
	Anaya
111	Anika

#### Class KG - D

Position	Name
1	Adriel Wilson
11	Riddhi
	Vaani Gupta

#### Class I - A

Position	Name
1	Evan Anoop
11	Veera
111	Priyanshi Kumari

#### Class I - B

Position	Name
1	Shivam Chauhan
	Veb Bhatt
	Kratik Chaurasia

#### Class I - C

Position	Name
1	Vedant Singh
11	Tanishka Budhani
111	Radhya Mahori
	And the second s

#### Class I - D

Position	Name
I	Priyanshi Kandwal
	Riddhi Sethi
	Philip K. Jobin

## Clay Modelling

# Class II - A

Position	Name
1	R. Alwin Cristiano
	Sumedha
	Joshua Joseph Sijo

#### Class II - B

Position	Name
I	Adham Noel Parokkaran
П	Yashika Rawat
111	Anayara
Class II - C	

#### Class II - C

Position	Name
I	Kartik Biswas
	Kaushiki Singh
111	Vansh Rawat
NI II	

# Class II - D

Position	Name
	Viviian Albuquerque
П	Daksh Yadav
111	Arya Maharana

# **Poster Making**

#### Class III - A

Position	Name
1	Kanishk Pandey
I	Soumya Gupta
III	Ryan Aby

#### Class III - B

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Position	Name	
	Tanya Patel	
II	Aarav Singh 👘	
III	Aarav Solankey	

#### Class III - C

Position	Name
1	Precious Gupta
П	Kavya Kashyap
	Shaurya Mishra

#### Class III - D

Position	Name
I	Atharv Dobriyal
11	Aditya Sharma
111	Pari

#### **Book Review**

#### Class IV - A

Position	Name			
1	Kanishka Choudhary			
	Navya Gupta			
	Saumya Singh			

#### Class IV - B

Position	Name
1	Nirvaan Bose
	Shreyasi Mishra
	Jeevika Joshi

#### Class IV - C

Position	Name			
1	Mokshi Jain			
11	Sakshi Rawat			
	Aradhya Rawat			

#### Class IV - D

Position	Name
1	Daivik Singh Panwar
П	Deena Lalu
111	Annika

#### Poster Making Class V - A

Position	Name			
1	Sharanya Suyal			
	Aadi Taragi			
	Yash Rawat			

#### Class V - B

Position	Name			
1	Spandan Maharana			
	Shanshirtee Jha			
	Mridul Deshwal			

#### Show and Tell

#### Class KG - A

Position	Name			
L	Shiva Kumar			
11	Arpit Prakash Pandey			
111	Ahaan			

#### Class KG - D

#### Class V - C

Position	Name
1	Mishika Tripathi
	Tani Chaudhary
	Florence

## Class KG - B

# PositionNameIEthan AbyIIAayush MishraIIIMivaan SharmaAavya Bhatt

#### Class V - D

Position Name			
Ι	Prakshal Jain		
11	Prayank Singh		
	Kaustubh Yadav		

#### Class KG - C

Position	ition Name			
I	Akshita Mishra			
11	Vatsal Gautam			
	Srishti Agarwal			

#### **Fancy Dress**

Position	Name	Class I					
I	Vatsalya Upadhyay	Position	Name	Class	House		
Π	Shivay Upadhyay	1	Aadriti Kothari	I-A	Agni		
	Dhana S.	11	Shivan Rawat	I-C	Prithvi		
	Naitik Kumar		Priyanshi Kandwal	I-D	Agni		

#### Class II - Solo Folk Dance

#### Class III & IV - Role play

Position	Name	Class	House	Position	House
1	Gauri	II-D	Agni	1	Vaayu
	Avnika Bhati	II-C	Vaayu		,
	Lakshya Piyushi Aqqanyal	II-C	Amber		Agni Prithvi
	Lakshya Piyushi Aggarwal	II-C II-A	Amber Agni	III	1100

#### **Solo Patriotic Dance**

#### Class V

Position	Name	Class	House
1	Shalwin Shaju	V-C	Agni
П	Sharanya Suyal	V-A	Agni
111	Manyata Saini	V-B	Vaayu

#### **Fun With Paints**

Class	KG	- A
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Class KG - B

#### Class KG - C

Ρ	osition	Name	Position	Name	Position	Name
1		Lavanya Bhati	1	Atharv Singh Dhama	1 M	Ishita Bhatt
II		Shreya Saxena	11	Yuvan Singh	II	Ishan Gautam
		Jerald Philip	111	Ananya Bhatt	III	Jeeva Chaudhary

#### Class KG - D

Position	Name
1	Jaanhvi Agrawal
I	Namya Sharma
	Pragika Bansal

#### Show And Tell

#### Class I - A

Position	Name
1	Vihaan M.
11	Mary Alphonsa Prince
	Sparsh Panwar

#### Class I - B

Position	Name
1	Prajakta Pradeep Banduni
11	Kathryn Mary Binson
	Madhav Menon
	Sarjith K.

#### Class I - C

Position	Name
I	Aarohi
	Anshika Singh
111	Kayra Gupta

#### Class I - D

Position	Name
1	Dhriti Bhandari
11	Vidhan Jain
	Aryaveer Rajora

#### Spellathon

#### Class II - A

Position	Name
	Rishabh Chaudhary Vrisha Rai Aisha Luthra
	Rashi Maurya
	Anabia Hasan

#### Class II - B

Position	Name
1	Akshat Rajput
	Yug Sharma
	Adyant Parashar

#### Class II - C

Position	Name
1	Shantanu Dixit
11	Maanvi Bora
	Arya Mishra
111	Aarav Panwar
	Arnav Patel
<u> </u>	

#### Class II - D

Position	Name
	Ronak Bhat
11	Nishant Kumar
111	Aarav Tyagi
	Manvi

# **Clay Modelling**

Class III - A

Position	Name
1	Manwik
11	Atharv Singh Rawat
	Johanna Sam

## Class III - B

Position	Name
	Aarav Singh
II	Avishka Anand
	Kyra Rawat
	Kyra Rawat

Class III - C	
Position	Name
1-2 Car	Aditya Kumar Nayak
П	Sanya Saini
111	Shaurya Mishra

#### Class III - D

Position	Name
1	Kushagra Negi
II	Shanvi Sharma
III	Vaibhav Garg

#### Role Play Class V - A

Position	Name
I CON	Vidhi Bhadana
II	Aarav R Krishnan
111	Shivam Gupta

#### Class V - B

Position	Name
I	Mridul Deshwal
II	Yashika Saxena
	Nimish Bisht

#### Class V - C

Position	Name
Ι	Shalwin Shaju
	Nishant Debnath
	Saumya Patel

#### Class V - D

Name
B.S. Vaibhavi
Shristi
Gauri Kapoor

#### Creative Hands At Work Class KG - A

Position	Name
I	Arpit Prakash Pandey
II	Prisha
	Jerald Philip

#### Class KG - B

Position	Name
Ι	Aaloka Raj Sharma
II	Astima Pundir
==	Zaara Khan

#### Class KG - C

Position	Name
	Ashmeet Singh Kochhar
	Maahi
	Natasha Minj

#### Class KG - D

Position	Name
I	Ashrith Upadhyay
	Falguni Arya
	Vivaan Singh

#### **Diya Decoration**

Class I - A

Position	Name
1	Kaina
	Raunak Yadav
	Kavyan Rawat

#### Class I - B

Position	Name
1	Navya
Ш	Manushi Mishra
111	Aradhya

#### Class I - C

Position	Name
1	Utkarsh Singh
11	Aradhya Singh
	Gausia Garima Shekh

#### Class I - D

Position	Name
1	Satyam Jena
11	Anvika Sati
	Vanshika Patel

#### Diya Decoration Class II - A

Position	Name
1	Ansh Tariyal
II	Myra Sharma
	Akshat Bora

#### Class II - B

Position	Name
I	Yug Sharma
	Aarav
	Akanksha Jha

#### Class II - C

Position	Name
1	Johan Joseph Bijo
	Shantanu Dixit
	Vartika Purwar
	Yuvika Purwar

Class II - D	
Position	Name
1	Viraj Singh
II	Panchhi Mandal
	Sreehari Soji

#### Mask Making

Class III - A

Position	Name
1	Bhavesh Arundeep
11	Aaradhya Nair
	Aadya Roy

#### Class III - B

Position	Name
1 –	Rehan Kumar
II	Aarav Singh
	Kyra Rawat

#### Class III - C

Position	Name
1	Viyan Wankhede
II	Arjun Latish
	Shagun Verma

#### Class III - D

Position	Name
L	Theresa Robert
П	Priyanshu Chauhan
111	Jovan Vincent

#### Best Out of Waste Class IV - A

Position	Name
	Gyatri Chaudhary
11	Peehu Chandra
	Aarav Kaushik

#### Class IV - B

Name
Prerna
Shreyasi Mishra
Swastik Singh

## Class IV - C

Position	Name
I	Lubhanshi
II	Medhansh
	Deelisha Minj

#### Class IV - D

Position	Name
1	Shubh Singh
П	Riya Yadav
111	Shivansh Thakur

#### Toran Making Class V - A

Position	Name
1	Aanya Vedika Singh
	Ishita Sajwan
III	Vidhi Bhadana

# Class V - B

Position	Name
1	Spandan Maharana
П /	Ishika Agarw <mark>a</mark> l
ш	Yashika Saxena
	Sahil Jena

# Class V - C

Position	Name
1.17	Khyati
I	Harshita Joshi
111	Tanuj Kumar



#### Class V - D

Position	Name
	Arya Singh
11	Mahima Harris Momin
	Harsh Mishra

#### Clay Modelling

#### Class KG - A

Position	Name
1	Vaanshi Bisht
11	Aarohi Ray
	Ekansh Walecha

#### Class KG - B

Position	Name
1	Jayati Bisht
II	Anshika Vajpayee
	Parth Pandey

#### Class KG - C

Position	Name
1	Pankhuri Singh
11	Anvi Gupta
	Evan Prince Samuel

#### Class KG - D

Position	Name
1	Anika Panwar
11	Jaanhvi Agrawal
	Vivaan Singh

#### Paper Craft

#### Class I - A

Position	Name
1	Mayra Rawat
II	Bhumika Rajput
	Lakshay Tyaqi
111	Nivaan Singh Rawat

#### Class I - B

Position	Name
1	Advik Kapil
	Divyansh Pokhrial Aanya Sharma
	Shinaya Chopra

#### Class I - C

Position	Name
I	Sreehari S.
II	Soumya Singh
111	Mihit Singh Arush Viju

#### Class I - D

Position	Name
I	Vansh Rana
	Eshan Aggarwal Arit Banerjee
	Fatima Zahra

#### Clock Craft

Class II - A

Position	Name
1	Rishabh Chaudhary
	Aashi Singh
	Ishika Singh

#### Class II - B

Position	Name
1	Sanvi Narayan
П.,	Sumedha Kumari
III	Neelakshita

#### Class II - C

Position	Name
L	Nora Maria Shyju
П	Aditi Dobhal
III	Arnav Patel

#### Class II - D

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Position	Name
1	Saarthak Singh Bisht
II	Aditya Dawar
III	Himank Singh Mehta

# Paper modelling

Class III - A

Position	Name
1	Shabdita Srivastava
	Shreyansh
	Tripti Srivastava

#### Class III - B

Name
Swarit Yadav
Shreyansh Singh
Arnav Shah

#### Class III - C

Position	Name
	Krishna
11	Deevija Deshwal
	Reyansh Nautiyal

#### Class II - D

Position	Name
I	Vivan Chaudhary
П	Vaidika Negi
	Khwahish

#### Photo Frame

#### Class IV - A

Position	Name
1	Aishani
11	Deepakshi Yadav
	Shaurya Saxena

#### Class IV - B

Position	Name
1	Annet Tom
11	Angel Kujur
	Swastik Singh

#### Class IV - C

Position	Name
1	Ayan Halder
11	Rachit Bacheti
111	Aisha

#### Class IV - D

Position	Name
1	Inaaya Sheikh
	Rakshita Soni
	Shivansh Thakur

#### Model with Newspaper

#### Class V - A

Position	Name
	Yash Rawat
11	Anvi Rawat
111	Anaya Vedika Singh

#### Class V - B

Position	Name
1	Anushya
11	Manyata Saini
	Sarvaswa Kumar
	Nimish Bisht

#### Class V - C

Position	Name
1	Khyati
11	Ruchi
	Florence

#### Class V - D

Position	Name
1	Surbhi Singh
	Ivanka Pandey Shristi
	Vaishnavi Bhatt

#### **Insects and flowers**

#### Class I - A

Position	Name
1	Evan Anoop
11	Lakshay Tyagi
111	Raunak Yadav

#### Class I - B

Position	Name
1	Aaradhya Rawat
II	Purvi Kathayat
111	Hiba Zainab

#### Class I - C

Position	Name
1	Aarav Deep
II	Yashvi Sharma
	Gausia Garima Shekh

#### Class I - D

Position	Name
	Lakshita Verma
11	Shailvi
	Aashirya Singh
	Atharva Singh

#### Mental Maths

#### Class II - A

Name
Ansh Tariyal
Eshna Chauhan
Rishabh Chaudhary

#### Class II - B

Position	Name
1	Sanvi Narayan
11 5	Ishit Nayal
	Shruti Dhoundiyal

## Class II - C

Position	Name
	Maanvi Bora
11	Vivan Kumar
	Arnav Patel

#### Class II - D

Position	Name
I	Advika Thapliyal
II	Ronak Bhat
	Saarthak Singh Rawat

#### Cutting and Pasting Class III - A

Position	Name
	Vaishnavi Behera
	K.S Adharsha
111	Vartika Rana
	Prathmesh Khansali

#### Class III - B

Position	Name
	Rehan Kumar
11	Aarav Singh
	Shivanshi Pokhriyal
111	Viraj Nagar
<u> </u>	

#### Class III - C

Position	Name
	Aditya Kumar Nayak
II	Arjun Latish
	Deevija Deshwal
	Aradhya

#### Class III - D

	Position	Name
	I	Khwahish
		Kushagra Negi
		Atharv Dobriyal
		Pari

#### Maxim Writing

# Class I - A

Position	Name
1	Kushal Verma
II	Roshni Dhangar
	Atharv Singh
	Mridul Shukla

#### Class I - B

Position	Name
TOSILIOII	
1	Hiba Zainab
П	Abhinav Ghurkhundi
Ш	Shivam Chauhan
	Priya Jha

#### **Class IV - Hindi Speech Competition**

]	Position	Name	Class	House
		Ayan Haldar	IV C	Vaayu
1	11	Daivik Singh Panwar	IV D	Amber
1	11	Shivansh T <mark>hakur</mark>	IV D	Agni



#### Class I - C

Position	Name
1	Priyanjali Senapati
11	Emmanuel
	Joseph
	Yuvaan Anand
	Advik Singh

#### Class I - D

Position	Name
1	Pratham Chandra Arya
11	Nishchaya Bhatt
	lleesiba Tete
	Vanshika Patel

#### Maxim Writing Class II - A

Position	Name
	Anaya
11	Sumedha
111	Joshua Joseph Sijo

#### Class II - B

Position	Name
1	Yug Sharma
11	Revitha
	Adyant Parashar

#### Class II - C

Position	Name
1	Amira Fatima
11	Daksh
	Anceline Mariya Noble

#### Class II - D

Position	Name
1	Manvi
II 🖉	Ishika Bhati
	Akshita Rawat

#### **Class V - English Debate Competition**

Position	Name	Class	House
	Jerin Saji Jos <mark>eph</mark>	V-D	Agni
II	Mridul Deshwal	V-B	Amber
111	Anushya Spandan Maharana	V-B V-B	Prithvi Agni

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#### Maxim Writing Class III - A

Position	Name
	A. Sukanth
	Ananya Sah
	Araina Bhatt
	Avni

#### Class III - B

Position	Name
	Saumya Rawat
	Avishka Anand
	Yuvraj
	Aarav Solankey
Class III - C	
Position	Name
	Shreya Nair
II	Mohd. Ayan Naeem
Anvi Sharma	
	Anshika Bhatt
Class III - D	

# Position Name I Vanya II Vaidika Negi III Ritvik Kumar Nikita

#### Sketch Making Class IV - A

Position	Name
	Peehu Chandra
	Aradhya Kaushik
III	Ishita

#### Class IV - B

Position	Name
1	Nirvaan Bose
П	Aadhya Bajaj
	Vanshika Aswal

#### Class IV - C

Position	Name
I	Rachit Bacheti
II	Albin Baby
111	Aisha

#### Class IV - D

Position	Name
	Om Goyal
	Ramya Kapoor
	Riya Yadav
	Janvi Sharma

#### **Sketch Making**

#### Class V - A

Position	Name
1	Anvi Rawat
11	Vidhi Bhadana
	Keziah Joseph

#### Class V - B

Position	Name
1	Sahil Jena
	Spandan Maharana
II	Shubh Saikia
	Sneha Ekka

#### Class V - C

Position	Name
1	Harshita Joshi
П	Aarohi Gupta
	Ruchi

#### Class V - D

Position	Name	
1	Kaustubh Yadav	
11	Nishant Singh	
	Ivanka Pandey	
	Reiona Anna Robin	

# **Sports World**

# 'Excellence is never an accident, it is the result of high intention, sincere effort, intelligent direction, skilful execution and the vision to see obstacles as opportunities.'

To all the Marians out there, I want to take a moment to express how proud I am of all of you who participated in this year's sports events. Your dedication, hard work and passion for sports are an inspiration for all of us. Through your commitment to training and competition, you not only improved your skills but also contributed to the school's sports culture. Remember that sports is not just about winning or losing but about pushing yourself to be the best version of yourself. Let's continue to strive for excellence, support each other and have fun along the way.

It was indeed a great delight to be the Games Captain of the school for the year 2022-23. I would like to thank our Manager, Rev. Fr. Jose TJ, our Principal, Rev. Sr. Deepti C J and all the teachers for giving me this opportunity. I especially thank our sports teachers, Pawan Sir, Avnesh Sir and Mukul Sir for their support, guidance and motivation. I would also like to thank the Games Vice-captain, Uday Prasad for his constant support throughout the year.

As my tenancy as the Games Captain comes to an end, I wish the young budding sportspersons the very best for all the times ahead. May they win many more trophies and bring laurels to the school.

Games Captain- Vritika Bhati Games Vice captain- Uday Prasad Sports Instructors-Mr. Pawan Kumar Tyagi Mr. Avnesh Mane Mr. Mukul Chandera Sharma Ms. Priya Tripathi



# **SPORTS ACHIEVEMENTS !**

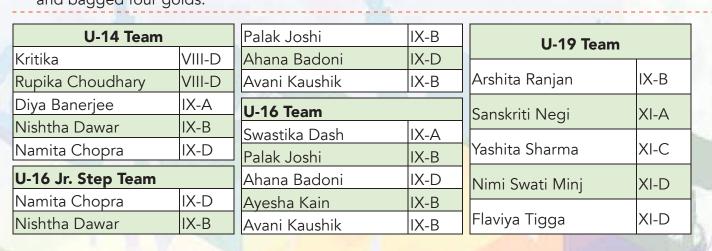
Physical Education Foundation of India (PEFI), under the aegis of the Ministry of Youth Affairs and Sports, Government of India, organised a panel discussion on the theme- Significance of Olympic Renaissance in India on 6 August 2022 in Delhi. The honourable Minister of Youth Affairs and Sports, Shri. Anurag Singh Thakur was the Chief Guest. India's renowned sports strategists and experts were also a part of this programme. The students of our school got the golden opportunity to be a part of this event. They received participation

certificates. The students were-			
Abhishek Gupta	XI-D		
Alvin Pereira	XI-D		
Aryan Kumar Gupta XI-			
Jerrin K Sebastian	XI-C		

Our students actively participated in July in the Expression Series on 'Yoga for Fitness' that was announced by the CBSE. These activities were conducted as part of the celebration of Azadi Ka Amrit Mahotsav. The students from the primary wing, the middle wing and the senior wing actively participated in the paragraph writing, essay writing, poem writing and painting.

- The NCC cadets of our school participated in various activities such as Nukkad Natak and administering of the Pledge to say no to plastic. This was an intiative undertaken by the school as part of an awareness campaign on phasing out single use plastic and plastic waste management run by the NCT of Delhi. The activities were conducted in the month of July.
- Major League Baseball (MLB) India conducted a three months training programme in our school for U-10 boys and girls. MLB is the world's biggest baseball league. They have launched a programme named 'First Pitch India 2022'. Expert coaches from the league came to the school to train the young Marians. Our students got a good exposure in the sport and were super excited about it.

Our school's aerobics teams participated in the National Sports Aerobics and Fitness Championship on 23 and 24 August 2022 at Nagpur, Maharashtra. It was organised by the Federation of India for Sports Aerobics and Fitness (FISAF). Our teams represented Delhi in the Championship. There were around 250 children from 10 states. Delhi got the overall second position. Our teams participated in four events and bagged four golds.











<sup>27</sup> 21<sup>st</sup> Delhi State Karate Championship was held at Janakpuri, Delhi on 24, 25 November 2022 by Karate Association of Delhi.

**Yashita Joshi** of IX-D participated in the Individual Kumite Sub-junior category and the Kata Sub- junior category. She won a gold and a bronze medal respectively.



Harshita Joshi of V-C won gold medals in both the Individual Kumite Sub- junior category and the Kata Sub- junior category.

Diamond Jubilee Inter School Third Athletic Meet was held by Rosary Sr. Sec. School on 14 October 2022. There were around 500 athletes from 25 schools. Our school's U-8, U-10, U-12 and U-14 teams performed well and won medals in different categories.



CATEGORY	NAME	CLASS/SEC	POSITION
	Reyansh Nautiyal	III-C	Silver
U-8 Boys Relay team	Arthav Upadhyay	IV-D	
	Ram Kumar Dhangar	III-B	
	Rudra Pratap Singh	III-D	
U-8 Boys 40m	Arthav Upadhyay	IV-D	Silver
U-10 Boys Long Jump	Anshul Sati	VI-B	Gold
U-12 Girls 40m	Jia Rose	VII-D	Silver
	Ridhima Joshi	VII-D	Silver
	Jiya Rose	VII-D	
U-12 Girls Relay team	Jingle Ann Joji	VII-B	
	Lavisha	VII-B	
U-12 Boys Shot Put	Aarnav Chauhan	VII-A	Silver
U-12 Boys Long Jump	Kanishk Sunar	VII-C	Gold
U-14 Boys High Jump	Ankit Kujur	VIII-D	Bronze

Our students won laurels at the Zonal Athletic Meet held at Sports Complex, East Vinod Nagar, Delhi in the month of November 2022. The details are-

Age Group	Event	Name	Class	Position
U-19	200m	Supriyo Pal	XII-A	I
	400m			
	800m			
U-19	4X100m Relay	Himanshu Kumar	XII-A	I
		Supriyo Pal	XII-A	
		Parth Suman	XII-D	
		Augustine Gomes	XII-D	
U-17	100m	Pranjal Mishra	XI-A	
U-17	4X400m Relay	Aviral Dubey	XI-A	III
		Pranjal Mishra	XI-A	
		Aaryaman	XI-A	
		Vikas Yadav	X-C	
U-17	800m	Hiral Rawat	XII-C	



# INTER HOUSE COMPETITIONS

Carrom Competition (Girls)					
Position	Name Class House				
I	Alona Maria Saji Ridhi Singh	VI-A VI-B	Vaayu		
11	Kavya Gupta Anandi Barua	VI-D VI-D	Amber		
	Chess Competition (Boys)				
Position	Name	Class	House		
1	Keshav Sinha	VI-D	Amber		
11	Mashal	VI-B	Vaayu		



Volleyball Girls			
Position	Name	Class	House
1	Kaashvi Gosain Yashita Sharma Vanshika Tiwari Shreya Negi Anna Gloria Gomes Angel Mishra Anushka Bhatt Samridhi Singh	XI-C XI-C XI-B X-C XI-B XI-D IX-D IX-B	Amber
11	Vritika Bhati Sanskriti Negi Ann Maria Jobi Janvi Papola Katyayani Chauhan Prakrati Pant Rutba Kamal Puneet Inder Kaur	XI-B XI-A XII-A XII-A XII-B IX-B XI-A XII-B	Vaayu



Volleyball Boys			
Position	Name	Class	House
	Abhay Bhushan Aditya Rawat Samar Choudhary Ansh Bisht Anirudh Bhati Kelvin Johnson Nitin Kothiyal Aviral Dubey Daksh Verma Tanav Choudhary Harshit Dawar Yash Mehta	XII-C XII-A XII-D XI-B XII-D XI-A XI-A XII-D X-B XII-D XI-A	Prithvi
II	Rohit Choudhary Akshat Guleria Parth Suman Aniket Anto Aaryaman Elvin Gervasis Abhay Lakra Nikhil Rathore Ayush Goyal Nelvin Pereira Simon Singh Harshvardhan Singh Rawat	XII-C XII-D XII-D XI-A XII-D XI-C XII-D IX-B X-B IX-B X-A	Agni



Football (Jr. Boys)			
Position	Name	Class	House
1	Rudra Prakash Manas Rawat Kanishk Sunar Kanishka Kumar Ankit Kujur Anshul Sharma Rudra Singh Rawat Amogh Dishant Singh Jay Tiwari Payas Gond Avishant Dwivedi Naitik Sharma	VII-B VII-C VIII-C VIII-D VI-C VI-C VII-D VIII-C VIII-B VIII-D VIII-C VIII-C	Amber
II	Aarnav Chauhan Nalin Singh Anshuman Gautam Swasti Ranjan Das Athrav Singh Shah Johnson George Arnav Sharma Tannmay Gulati Agresh Bhatt Rudransh Rai Divyansh Vishal Chaudhary	VII-A VI-C VII-C VI-B VII-B VII-B VII-A VII-A VII-C VII-B VII-B	Agni

	Football (Sr. Boys)				
Position	Name	Class	House		
1	Mayank Sharma	IX-C	Vaayu		
	Alister Sujal	IX-D			
	Arpan Peter	XI-D			
	Rohit Kumar Kushwaha	XI-B			
	Aniket Lakra	IX-D			
	Jibin Shaji	XI-D			
	Alvin Pereira	XI-D			
	Uday Prasad	XI-A			
	Akshit Vinod	IX-C			
	Joseph Eapen Saji	XI-B			
	Karan Singh	XI-A			
	Shashank Singh	XI-B			

Anuj	Lingwal	IX-C	Agni
Abha	iy Lakra	XI-C	
Joshi	ua George	IX-C	
Om H	Harshvardhan	IX-D	
Aarya	aman	XI-A	
Nisch	al Kumar Singh	XI-D	
Adity	a Rawat	XI-C	
Abel	Abraham	XI-C	
Many	am Upadhyay	IX-A	
Anub	hav Gusain	IX-D	
Aloys	sius Alwin	XI-D	
Aryar	n Gaur	IX-A	



#### **INDIVIDUAL ACTIVITY**

Shot Put (Classes IX to X)

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Girls				
Position	Name	Class / Section	House	
	Judeline Menezes	IX-D	Agni	
11	Smriti Singh	IX-A	Prithvi	
	Monika Saini	IX-D	Prithvi	

## Shot Put (Classes IX to X)

Boys				
Position	Name	Class / Section	House	
	Suyash Singh	IX-C	Amber	
11	Sarthak Dutt	X-A	Agni	
111	Tanav Choudhary	X-B	Prithvi	

#### Discus Throw (Classes XI - XII)

Girls			
Position	Name	Class / Section	House
	Anushka Rawat	XI-B	Agni
II	Vritika Bhati	XI-B	Vaayu
111	Krittika Ghosh	XII-D	Prithvi

Boys				
Position	Name	Class / Section	House	
	Samar Choudhary	XII-A	Prithvi	
	Kelvin Johnson	XII-D	Prithvi	
	Anuj Prajapati	XII-D	Vaayu	

#### Long Jump (Class VI)

Girls				
Position	Name	Class / Section	House	
1	Kanishka Nagar	VI-D	Vaayu	
11	Anabia Javed	VI-C	Vaayu	
	Riya Bisht	VI-C	Prithvi	
	Boys			
Position	Name	Class / Section	House	
1	Arpit	VI-C	Vaayu	
11	Anshul Sati	VI-B	Vaayu	
III	Ashish Mishra	VI-C	Prithvi	

## High Jump (Classes VII-VIII)

Boys				
Position	Name	Class / Section	House	
1	Kanishka Kumar	VIII-C	Amber	
11	Kanishk Sunar	VII-C	Amber	
	Zoyan Malik	VIII-D	Vaayu	
	Girls			
Position	Name	Class / Section	House	
I	Anshita Sharma	VIII-C	Vaayu	
11	Akansha	VIII-D	Agni	
111	Ryna Grover	VII-D	Prithvi	

# ANNUAL SPORTS DAY

#### Class VI 100m

Girls			
Position	Name	Class / Section	House
1	Anabia Javed	VI-C	Vaayu
	Hansika Singh	VI-D	Agni
	Riya Bisht	VI-C	Prithvi

Boys				
Position	Name	Class / Section	House	
I	Anshul Sati	VI-B	Vaayu	
11	Rudra Singh Rawat	VI-C	Amber	
	Ayush Upadhyay	VI-D	Vaayu	

#### Classes VII - VIII 100m

Girls				
Position	Name	Class / Section	House	
l	Anshita Sharma	VIII-C	Vaayu	
П	Jia Rose	VII-D	Prithvi	
111	Jingle Ann Joji	VII-B	Agni	

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Boys				
Position	Name	Class / Section	House	
	Aditya Bisht	VIII-A	Amber	
	Ankit Kujur	VIII-D	Amber	
	Prithvi Ekka	VIII-A	Prithvi	

#### Classes IX - X 200m

Girls				
Position	Name	Class / Section	House	
	Judeline Menezes	IX-D	Agni	
П	Tahseen Nawaz	X-B	Vaayu	
	Jasmine Kaur	X-D	Prithvi	

Boys					
Position Name Class / Section Hous					
1	Vikas Yadav	X-C	Amber		
П	Kuriakose Mathew	X-C	Agni		
111	Aditya T. Anil	X-D	Vaayu		

#### Classes XI-XII 200m

Girls				
Position	Name	Class / Section	House	
1	Hiral Rawat	XII-C	Prithvi	
II	Janvi Papola	XII-A	Vaayu	
111	Devangana Santhosh	XII-C	Amber	
	Boys			
Position	Name	Class / Section	House	
1	Supriyo Pal	XII-A	Vaayu	
П	Pranjal Mishra	XI-A	Amber	
111	Parth Suman	XII-D	Agni	

# 4X100m Relay (Classes VII - VIII)

	Girls		
Position	Name	Class / Section	House
1	Rudra Rana Khushi Navya Prasad Akansha	VII-B VIII-A VIII-C VIII-D	Agni
II	Anna Maria Saji Sakshi Binjola Devyani Gupta Anshita Sharma	VIII-B VIII-C VIII-C VIII-C	Vaayu
	Shreya Mathew Ayushi Mamgai Bhavika Bhandari Lavisha	VIII-C VIII-B VII-A VII-B	Prithvi

	Boys			
Posi- tion	Name		House	
1	Ankit Kujur Kanishka Kumar Rishabh Rana Ashwin Robert	VIII-D VIII-C VIII-D VIII-D	Amber	
11	Abhigyan Choudhary Rudra Kabdaal Aarnav Chauhan Shourya	VIII-C VII-B VII-A VIII-B	Agni	
111	Ayushmaan Saumy Singh Nirupam Rout Yug Choudhary	VIII-A VIII-A VII-A VIII-B	Vaayu	

# 4X100m Relay (Classes IX - X)

Boys			
Position	Name	Class / Section	House
I	Jatin Kumar Piyush Rawat Aayush Chaturvedi Aryan	X-A X-A X-A X-B	Amber
11	Joshua George Anubhav Gusain Abhigya Nelvin Pereira	IX-C IX-D X-B X-B	Agni
	Abhay Raj Mamgain Febin James Sumit Lingwal Stephen Ashish Minj	IX-C X-A X-A IX-A	Prithvi

#### Girls

Position	Name	Class / Section	House
I	Amarpreet Kaur Samridhi Singh Shreya Negi Ananya Nair	X-B IX-B X-C X-C	Agni
II	Anika Kotnala Shayni Bisht Ahiya Saji Blessy P Joseph	IX-D IX-D IX-C X-C	Amber
	Prakrati Pant Ann Maria Tom Niharika Anusha Lakra	IX-B IX-B X-C X-D	Vaayu

#### 4X100m Mixed Relay (Classes XI-XII)

Position	Name	Class / Section	House
I	Augustine Gomes Parth Suman Gloria Anna Jose Jintu Rose Joji	XII-D XII-D XII-D XII-D	Agni
II	Aviral Dubey Heli Anil Thomas Nidhi Reji Pooja Mamgai	XI-A XI-A XI-B XII-C	Prithvi
111	Joseph Eapen Saji Melvin Wilson Ananya Chauhan Sandra Mathew	XI-B XII-D XII-A XII-B	Vaayu

# Tug of War (Boys)

Position	Name	Class / Section	House
1	Adrin Prince Aditya Kr. Pandey Vikas Yadav Ishaan Saklani Jeffin Johny Hitanshu Parihar Ayush Khandai Thomas Cherian Joel Joshy Pranjal Mishra	XII-C XII-B X-C XII-A XII-D XII-B XI-A XII-C XII-C XII-C XI-A	Amber
11	Kelvin Johnson Jerome Samuel Aviral Dubey Anirudh Bhati Heli Anil Thomas Samar Choudhary Devansh Sood Alphonse Tom Ujjwal Soreng Bhimesh Garg	XII-D X-D XI-A XI-B XI-A XII-A XII-A XII-C XI-B XII-D XII-C	Prithvi

Tug of War (Girls)			
Position	Name	Class / Section	House
I	Shreya Sunayana Rout Anushka Rawat Anshika Dhoundiyal Saumya Ann Joseph Marsha Prakash Mansi Kumari Nivedha Gloria Anna Jose Niharika	XI-C XI-B X-D XII-D XI-C XI-C XII-D XII-D XII-D XI-B	Agni
II	Anshika Negi Nidhi Reji Smriti Singh Amrita Singh Ritisha Bisht Nishtha Dawar Gurvi Chhonker Ritu Barthwal Hiral Rawat Palak Dev	XI-A XI-B IX-A XII-A X-A IX-B XI-C XI-B XII-C XI-A	Prithvi



# PRIMARY WING SPORTS MEET

	Flat Race (Girls)		Со	llecting The (	Cones	Race (Bo	ys)
Position	Name	Class	Position	Position Name C		Class	
	Yogita Kumari	KG-A	1	Atharv Sin	Atharv Singh Dham		KG-B
11	Anshika Vajpayee	KG-B	11	Shorya Sir	ngh		KG-A
111	Manvi	KG-B		Harsh Vard	dhan G	upta	KG-A
	Flat Race (Boys)		Со	llecting The (	Cones	Race (Bo	ys)
Position	Name	Class	Position	Class	Nam	е	
I	Shivay Upadhyay	KG-D	1			l Wilson	
II	Vivaan Negi	KG-C		KG D		ivi Agrawa	
	Ishaan Gautam	KG-C	]			ik Mohara va Sharma	na
	Flat Race (Boys)				Shwe	tansh Sing	•
Position	Name	Class		KG C		i Chaudha I Gautam	ry
	Maahi Gupta	KG-D				dith Karen	
11	Rebecca Anna Shefi	KG-B				y Upadhya	ау
	Maanvi	KG-A		KG D		a Baliyan 7 Pawar	
111	Saanvi Dash	KG-B				svi Kashya	ар
	Rabbit Race (Boys) Flat Race (Boys)		vs)	1			
Position	Name	Class	Position	Name			House
	Ethan Aby	KG-B		Trivendra Tomar			
	Viraaj Singh Negi	KG-A		Reyansh Bha	irdwaj	I-B	Vaayu
111	Rohan Bhati	KG-C	11	Shivan Rawa	t	I-C	Prithvi
	Arpit Prakash Pandey	KG-A		Nikunj Sunar	Nikunj Sunar I-C		Prithvi
Gettin	g Ready For School Rac	e (Girls)	]	Flat Ra	ice (Gi	rls)	
Position	Name	Class	Position	Name		Class	House
	Bhavya Singh	KG-D	1	Hiba Zainab		I-B	Vaayu
	Falguni Arya	KG-D	11	Aarohi		I-C	Prithvi
111	Anika	KG-C		Clare Maria J	oison	I-C	Prithvi
Gettin	g Ready For School Rac	e (Boys)	C	ollecting The (	Cones F	Race (Boy	s)
Position	Name	Class	Position	Name		Class	House
	Aayush Mishra	KG-B	1	Viraat Chaudł	nary	I-B	Amber
	Sandarbh Bajpai	KG-A		I Kanishk Sharma		I-D	Vaayu
	Evan Prince Samuel	KG-C		Shivam Chauk	nan	I-B	Amber
Coll	ecting the Cones Race (	Girls)	С	ollecting The (	Cones F	Race (Boy	s)
Position	Name	Class	Position	Name		Class	House
	Aarohi Ray	KG-A		Divyanka Gule	eria	I-A	Prithvi
	Phankhuri Singh	KG-C		lleesiba Tete		I-D	Vaayu
	Swara Agarwal	KG-A		Pranavi Upadł	пуау	I-D	Vaayu

Frog Jump (Boys)					
Position Name Class House					
1	Utkarsh Singh	I-C	Amber		
11	Rudr Pratap Singh	I-D	Agni		
	Sparsh Tatran	I-B	Prithvi		

Collecting The Cones Race						
Position Name Class House						
1	Roshni Dhangar	I-A	Amber			
11	Dhriti Bhandari	I-D	Prithvi			
11	Aradhya	I-B	Agni			
	Aanya Sharma	I-B	Agni			

Zigzag Race (Girls)				
Position Name Class House				
I	Hiba Zainab	I-B	Vaayu	
II	Aarohi	I-C	Prithvi	
	Clare Maria Joison	I-C	Prithvi	

Zigzag Race (Girls)			
Position Name Class House			
I	Dixita Messy	I-B	Prithvi
II	Purvi Kathayat	I-B	Prithvi
111	Anika Gouniyal	I-A	Vaayu

Zigzag Race (Boys)				
Position Name Class House				
1	Madhav Menon	I-B	Agni	
II	Soorya	I-D	Prithvi	
	Ved Bhatt	I-B	Agni	

Class I Mashaal Race (Boys)			
Position	Name	House	
	Vihaan M Abhinav Ghurkhundi	Vaayu	
II	Devansh Mishra Soorya	Prithvi	
	Advik Singh Kushank Singh	Agni	

Class I Mashaal Race (Girls)			
Position	Name	House	
I	Mayra Rawat Yashvi Sharma	Amber	
11	Aadriti Kothari Aaradhya	Agni	
	Tanishka Budhani Vanshika Patel	Prithvi	

Flat Race (Boys)			
Position	Name	Class	House
I	Shyam Kumar Dhangar	II-D	Amber
II	Raunak Kushwaha	II-B	Amber
	Utkarsh Mogha	II-A	Agni

Flat Race (Girls)			
Position	Name	Class	House
1	Shrishti	II-A	Prithvi
11	Arya Mishra	II-C	Prithvi
	Aisha Luthra	II-A	Agni

Balancing the Book (Boys)				
Position Name Class House				
Ι	Adharv Kumar Sinha	II-C	Vaayu	
II	Agreash Gouniyal	II-C	Agni	
	Lakshya	II-C	Amber	

Balancing the Book (Girls)				
Position	Name	Class	House	
I	Jeshna Chaudhary	II-D	Vaayu	
11	Divyanshi Durgapal	II-A	Agni	
	Aditi Dobhal	II-C	Amber	

Hurdles (Boys)				
Position	Name	Class	House	
1	Alex Tirkey	II-C	Amber	
П	Vivan	II-A	Amber	
	Daivik Maheshwari	II-B	Agni	

Hurdles (Girls)			
Position	Name	Class	House
1	Liwia Thresia Wilson	II-B	Agni
П	Ishika Bhati	II-D	Agni
111	Rashi Maurya	II-A	Amber

Sack Race (Boys)			
Position	Name	Class	House
I	R. Alvin Cristiano	II-A	Amber
II	Nishant Kumar	II-D	Prithvi
111	Ahaan Rohit	II-D	Agni

	Class II	Shuttle Race	e (Girls)			
Position	Name			House		
I	Anaya	ra		Agni		
11	Manvi Aakriti	Yaday		Agin		
11	Anaya			Agni		
111	Tripti Gupta Eshna Chauhan		Prithvi			
		at Race (Gir	s)			
Position Name Class House						
	Vridhi		III-C	Prithvi		
	Tanya Pa		III-B	Vaayu		
	Aaradhy	а	III-C	Ambe		
Balancing The Book (Boys)						
Position	Name		Class	House		
I	Arnab G		III-D	Vaayu		
 	Adarsh E A. Sukan		III-A III-A	Amber Vaayu		
Balancing The Book (Girls)						
Position	Name		Class	House		
	Nikita Si	ngh	III-A	Vaayu		
	Avika Mishra		III-A	Amber		
	Avni		III-C	Agni		
		lurdles (Boy		l'Agrii		
Position	Name		Class	House		
I	Daksh Sł	Daksh Shrivas III-B				
	Aarul Mehar		III-B	Agni		
	Shivaay Negi		III-C	Prithvi		
		lurdles (Girl				
Position	Name		Class	House		
	Shreya Nair		III-C	Amber		
	Ananya S		III-A	Prithvi		
	Shree	III-C		Agni		
	Sa	ck Race (Bo	ys)			
Position	Name	,	Class	House		
I	Yuvraj		III-B	Vaayu		
	Reyansh	Reyansh Nautiyal		Amber		
	Kanishk Pandey		III-A	Agni		
		Shuttle Rac				
Position	House	Name				
I	Vaayu		Nandani Goswami Vandana Kumari			
	Prithvi	Aradhya	Aradhya			
	1	Aradhya Gosh Eshani Shukhija Shanvi Sharma				

	Flat Race (Boy	/s)			
Position	Name of Athlete	Class	House		
	Swastik Singh	IV-B	Agni		
	Arthav Upadhyay	IV-D	Amber		
	Nirvaan Bose	IV-B	Vaayu		
	Flat Race (Gir		raaya		
Position	Name of Athlete	Class	House		
	Eze Anita Chimamaka	IV-C	Vaayu		
	Niya Mary Bobin	IV-C	Amber		
	Drishti Adhikari	IV-B	Prithvi		
	-		I IILIIVI		
Obstacle Race (Boys)					
Position	Name Madhay Nirvan	Class IV-C	House Prithvi		
	Medhansh	IV-C	Prithvi		
	Sanchit Sharma	IV-A	Agni		
Hurdle Race (Girls)					
Position	Name	Class	House		
	Divyangana	IV-A	Agni		
	Angel Kujur	IV-A	Vaayu		
	Riddhi Rawat	IV-B	Agni		
			Ingin		
Skipping Race (Girls) Position Name Class House					
	Sakshi Rawat	IV-C	Agni		
	Deepakshi Yadav	IV-A	Prithvi		
	Rumeira Singh	IV-A	Amber		
	Tunnelling The	•			
Position	Name	Class	House		
	Devansh Rawat	IV-A	Vaayu		
	Albin Baby	1V-C	Vaayu		
	Arush Rawat	IV-A	Prithvi		
	Meet	IV-D	Prithvi		
	Aryan IN		Agni		
	Alabh Prakash	IV-B	Agni		
1	Shaurya Saxena	IV-A	Amber		
	Ravish Kumar	IV-D	Amber		
	Class IV Relay Race	e (Boys)			
Position	Name of Athlete		House		
l	Swastik Singh Rachit Bacheti Sanchit Sharma M Shri Hasan		Agni		
II	Vaibhav Yadav Nirvan Bose Aalok Raghuvanshi Lakshya Bhatt	Vaayu			

		1		91	
111	III Samarth Singh Arthav Upadhyay Vansh Sharma Adhyatm Tyagi		Amber		
	Relay Race (Gi	rlc)			
Position	Name	115/	Hou		
	Radhika Drishti Adhikari Pari Jaiswal Vanshika Aswal	Prithvi			
II	Aradhya Eze Anita Chimamak Vanshita Rawat Angel Kujur	Vaayu			
	Avantika Kumari Ayushi Rao Divyangana Riddhi Rawat	Agni			
Flat Race (Boys)					
Position	Name	Class	H	ouse	
1	Aaditya Chaudhary	V-A	Pr	ithvi	
	Rachit Kumar	V-D	Va	ayu	
	Shalwin Shaju	V-C	Ag	gni	
	Flat Race (Gir	ls)			
Position	Name	Class	Н	ouse	
	Nivedya Shaji	V-A	Va	ayu	
	Aditi Agarwal	V-B		nber	
	Anaya Vedika Singh	V-A		ithvi	
	Obstacle Race (I	Boys)			
Position	Name	Class	н	ouse	
	Shivam Gupta	V-A		ithvi	
	Kartik Bisht	V-C		Amber	
	Arnav Gupta	V-B		Agni	
	Obstacle Race (			J	
Position	Name	Class	На	ouse	
1	Manyata Saini	V-B		ayu	
11	Aradhya Mateyee	V-D		thvi	
	Tani Chaudhary	V-C		ayu	
Lemon & Spoon Run (Girls)					
Position	Name	Class	1	ouse	
1	Sandrea Saju V-D		Ag	gni	
11	Keshika Bhatia	V-C		gni	
	Anvi Rawat			iayu	
	Kaniska Joshi	V-B	Ar	nber	
-	A	132	-	-	
			100	10 Mar 10	

Three Legged Race (Boys )						
Position	Name		Class	House		
1	Nipun Kumar Bharati	i	V-C	Amber		
	Atharva Paul		V-D	Amber		
	Vidit Singh	V-B		Prithvi		
	Avik Gupta		V-B	Prithvi		
	Aarav R Krishnan		V-A	Prithvi		
	Prayank Singh	V-D		Prithvi		
Hurdles (Girls)						
Position	Name	(	Class	House		
1	Vanshika Guleria		V-C	Vaayu		
11	Himanshi Kathayat		V-D	Agni		
	Aahana		V-A	Agni		
Balloon Bursting Race (Boys)						
Position	Name		Class	House		
1	Tanish Singh		V-A	Agni		
	Ayush Pal		V-D	Prithvi		
	Shashank Sharma		V-D	Prithvi		
	Jerin Saji Joseph		V-D	Agni		
Class V Relay Race (Girls)						
Position				House		
1	Nivedya Shaji Sneha Ekka Tani Chaudhary Ditya Chauhan			Vaayu		
II	Aditi Agarawal Reiona Anna Robin Sanskriti Vaibhavi			Amber		
111	Anaya Vedika Singh Tanishka Poswal Anushya Aradhya Mateyee			Prithvi		
Class V Relay Race (Boys)						
Position	Name			House		
I	Rachit Kumar Dhruv Bansal Yash Rawat Panshul Goel			Vaayu		
II	Aaditya Chaudhary Suryansh Dubey Shivam Gupta Shivam Negi			Prithvi		
111	Sahil Jena Arnav Gupta Lucky Sharma Shalwin Shaju			Agni		



# Teacher's Blog

Ms. Niti Kohli PRT

# **Attitude Makes the Difference**



A.P.J Abdul Kalam once said, "All birds find shelter during a rain. But eagles avoid rain by flying above the clouds." This statement carries a deep inference. The rain here

symbolizes problems or hinderances in one's life. Here, the birds and eagles represent two different approaches and attitudes towards life. Life is not perfect; we all have problems. Either we live with a problem or find a solution.

Stephen Hawking, one of the greatest scientists of the century and a true inspiration, suffered from an incurable motor neuron disease in his early 20s and doctors predicted that he was unlikely to live over 5 years. Though bound to a wheelchair, he kept working on his theories of physics and amazed medical experts by surviving for 55 years more. A man whose body didn't support him achieved so much that he became an inspiration for the next generations. Malala Yousafzai, another icon for women's education, is surely an inspiration for all of us. Also, think of our paralympic athletes like Nishad Kumar and Deepa Malik! They have won accolades for the country despite their disabilities.

Dear students, how you respond to problems defines you. Comfort zones are not really about comfort, they are about fear. For a caterpillar, the cocoon is a comfort zone; but the moth has to break free with an effort to become a beautiful butterfly. The ability to take risks by stepping outside our comfort zone is the primary way by which we grow. Remember one thing: successful people are those who never give up, and strive to find solutions instead.

Ms. Reena Lobo

PRT



# **Importance of Values**

"Your beliefs become your thoughts. Your thoughts become your words. Your words become your actions. Your actions become your habits. Your habits become your values. Your values become your destiny." - Mahatma

**Gandhi.** Values play a crucial role in shaping a student's life as they provide a sense of direction, purpose and motivation.

Here are some of the reasons why values are important in a student's life. Values help students develop a strong sense of self, which allows them to make better decisions in their personal lives. Values like discipline, perseverance and hard work are essential for academic success. Students who value education and strive for excellence are more likely to achieve their goals and excel academically.

Students with strong work ethics and values such as integrity and professionalism are more likely to succeed in their chosen careers. Values such as empathy, respect and responsibility are critical for building positive relationships and contributing to the society. Students who understand the importance of these values are more likely to be active and engaged citizens who give back to their communities.

In short, values provide a framework for making decisions and living a fulfilling life and they help students become responsible and contributing members of the society.



# **Motivation for Life**

"Motivation is the single most important factor in any sort of success." -Edmund Hillary

You will learn to fight your fear and negative thoughts when you are motivated. Motivation helps students to concentrate and work hard in the class. It helps you to be positive and happy even when you are working hard. When you are motivated, you learn to organize and prioritize your goals in life.

Now, the question that arises is from where will this motivation come?

So, it's important to remember that you are the only person who can motivate yourself, challenge yourself and help yourself succeed in life. You must not blame others or wait for others to motivate you. If no one helps you, then you should turn to your own determination and desire for success.

#### 'Motivation is what gets you started. Habit is what keeps you going.'

Good habits are very important to be successful in life. A student with good habits makes steady progress in studies, career and personal life. Good habits should be instilled during childhood, however, they can be practised at any age.

Good habits have the power to change our overall personality and give a different outlook to life.

Be positive.... stay motivated.

Post Pandemic Parenting

Ms. Parul Nautiyal Counsellor

This new post pandemic world has its own challenges and issues. So, here are some tips that can help you in connecting with your children better in this 'new normal'.

Be Observant - Irrespective of how your child is performing in studies, you should still observe and note emotional and behavioural changes so that you can help them in their struggle to understand changes happening around them.

Communicate - Communication is vital for any relationship, therefore, parents must have timely conversations with children apart from academic discussion.

Seek Counselling - If you find still struggling with yourself or the child, seek counselling and at the same time encourage your child to go for professional counselling.

Teach Balance - We should teach them how to use internet safely and not to fall prey to online predators, harassment or abuse. Instead, they should engage in exercise, meditation, studies and enjoy some hobby.

We must understand that times are changing and so should we. Do not hold on to beliefs that don't serve purpose in today's times.

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Ms. Uma Sharma PRT Believe, Set Goals, Learn, Achieve

Ms. Algy Sebastian TGT Science



# When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live. -Greg Anderson

The essence of significant growth, transition to establish identities, explore interests and passions, by spreading wings in the world of hope and dreams - Undoubtedly this portrayal is of young generation whose power is the common wealth for the society and their faces are the faces of our past, our present and our future. Nothing can match the power, idealism enthusiasm, and courage of the young people. They have the energy, creativity and drive to make a positive influence on the world around them. They have the ability to learn and adapt quickly, to think outside the box and to take risks. The possibilities are endless for those who are conscientious and pursue their passions. With diligence and determination, young people can achieve great things and make substantial difference in the world.

Hence, treasured Marians, the choices you make today will shape your future and remember that you are capable of great achievements. You have the power to make a favourable impact on the world and your unique talents and strengths can be harnessed to bring about beneficial change. There will be challenges along the way, but these are opportunities for growth and learning. Always remember that you are valuable, important and worthy of success and happiness. The world needs your creativity, your energy and your unique perspective, so don't hold back. Stay focused on your goals and keep working assiduously towards achieving your dreams and strive to become the best version of yourself. ROOTING FOR YOU...

#### Ms. Yasmeen Tabassum TGT Social Science



Photography is not just clicking the press button of a camera and freezing the moment for ever.

Taking an aesthetic photo is an art and using different camera settings to achieve the same is science.

The entire process of shooting, from selecting the subject matter, looking for new angles to capture light- requires constant thinking and absolute focus to be creative and different with every shoot you take. This very process of observing nature, things and people around you is a meditative task that draws you into a peaceful state.

#### Benefits of photography: -

Photography for Mental Health

- Light is synonym to hope and positive thinking. To capture a beautiful picture, you need proper light, which will automatically take you out from the darkness of your world towards the source of light.
- Photographs can help you remember beautiful moments spent with friends and families which makes you happy.
- Photography brings you close to the Creator (God). You become more observant, more appreciative of the world around you, which fills your heart with gratitude and happiness.
- Photography gets you moving- The desire to explore more possibilities with your lenses keeps you looking for new locations, destinations and places. It is a well known fact that going for holidays is good for health and mental peace.
- Photography gives you confidence and that confidence takes you away from all negativity around you and it boosts your mental health.

Overall, photography is an effective and accessible form of therapy that can help us to manage our mental health. Photography can be a powerful tool to help us heal, recover and achieve mental peace.



Ms. Debjani Bhattacharya TGT Social Science

# Harvesting your Mind

It is aptly said, "A person is known by what he does in leisure." In today's frantic life, let's take some time out to ponder on it and see what leisure actually means to us. Do we really reward ourselves with moments especially reserved for us? We have

now become the digital puppets especially under the shadow of social media as it takes away not only our leisure but our family time too. The users of social media are meant to be critical always by showing their reactions on every topic. We, parents, are now actually grooming an entire generation fully biased on every issue they deal in day-to-day life. Is it really necessary to react or comment on every deed of daily chores? We are left with no time to imagine or create something new as we are too busy to judge the entire world around us.

Parents should engage their children in hands-on activities or hobbies in a creative way. Not only it helps them to spend quality time away from social media but also develops passion towards their lives in real world. Meditation practice can help a lot in developing mindfulness among kids and adults alike. And the interesting part is that it doesn't require to sit solemnly to become meditative. Even any engaging action like gardening, cooking, knitting/stitching, painting, spending time with pets can also bring immense happiness and energize the mind, provided it should not be done as part of compulsion. Old habits like diary writing, watching the night sky to chase the constellations, doing scrabbles can also be extremely meditative as well.

The great Greek philosopher Aristotle said: "We work to earn our leisure." Let our children learn to know the true leisure devoid of digital world, let them experience it in order to become a mindful person with a beautiful soul.

Ms. Biju Mary Mathew PGT Business Studies



"Success is the result of perfection, hard work, learning from failure, loyalty and persistence."

#### Colin Powell

The mission of an ideal student is to be exceptional in academics and securing utopian grades. Students need to pay heed to the fact that the road to success is not straightforward. Had it been effortless, everyone would have savoured the sweet fruit of success. Meticulous planning is mandatory to attain one's goal. As students, one must essentially plan one's day's proceedings. For this, one should jot down their masterplan on a piece of paper. Written plans concretize the manner in which duties have to be carried out. Bear in mind that uncertainties and other uncontrollable variables will seek to throw you off track.

Factors that ought to be memorised in order to fortify success are:

• Follow a disciplined lifestyle

**Roadmap to Triumph** 

- Be determined and skilful
- Believe in yourself
- Time management
- Be morally fit
- Be grateful

The secret to your success is determined by your day-to-day performance. Being indebted to God for what you are and by managing your time and vocation and cultivating ethical morality would facilitate your beaming rise to the top. Success is not just a by-product of luck. I conclude by inferring the quote "Success is predictable."







'सत्संगति' शब्द दो शब्दों से मिलकर बना है – सत् संगति। 'सत्' का मतलब 'सज्जन' एवं 'संगति' का मतलब 'साथ' अर्थात् सत्संगति का अर्थ सज्जनों के साथ से है।

> कदली, सीप, भुजंग मुख, स्वाति एक गुण तीन। जैसी संगति बैठिए, तैसोहि फल दीन्ह ।।

अर्थात् स्वाति नक्षत्र में वर्षा के जल की एक बूँद यदि कदली (केले) में गिरती है तो कपूर बन जाती है, यदि सीप में गिरती है तो मोती बन जाती है और यदि वही बूँद भुजंग (साँप) के मुख में गिर जाए तो विष (जहर) बन जाती है। जिस प्रकार पारस के स्पर्श से लोहा भी सोना बन जाता है ठीक वैसे ही सत्संगति के प्रभाव से साधारण व्यक्ति भी श्रेष्ठ बन जाता है तथा उसके महान बनने का मार्ग भी प्रशस्त हो जाता है। संगति का प्रभाव व्यक्ति के व्यक्तित्व को बहुत प्रभावित करता है। अच्छे मनुष्यों की संगति उन्नति की ओर अग्रसर करती है और बुरे मनुष्यों की संगति पतन के गर्त में ढकेल देती है। कहा भी जाता है – 'काजल की कोठरी में कितना भी बुद्धिमान मनुष्य क्यों न जाए, उस पर काजल का कोई न कोई चिह्न अवश्य अंकित हो जाता है।'

'शठ सुधरहिं सत्संगति पाई' अर्थात् सत्संगति के प्रभाव से दुष्ट भी सुधर जाते हैं। सत्संगति बुद्धि की जड़ता को हर लेती है, वाणी में सच्चाई लाती है, सम्मान और आदर में बढ़ोत्तरी करती है, कीर्ति का विस्तार करती है और जीवन को उन्नति के पथ की ओर ले अग्रसर करती है। जिस प्रकार काँच भी सोने के साथ जड़े जाने पर मणि के समान शोभा प्राप्त करता है ठीक उसी प्रकार डाकू अंगुलिमाल ने महात्मा बुद्ध का सानिध्य प्राप्त करके अपनी क्रूरता को त्यागकर बौद्ध धर्म अपना लिया। वाल्मीकि जो पहले रत्नाकर डाकू थे नारद मुनि के संपर्क में आने पर मुनि वाल्मीकि बन गए तथा प्रसिद्ध धार्मिक ग्रंथ 'रामायण' की रचना की। सत्संगति अनेक गुणों की जननी है इसीलिए सदा श्रेष्ठ जनों की संगति करनी चाहिए।

विद्यार्थी जीवन में संगति के प्रति सावधानी बरतना बेहद जरूरी है क्योंकि इसी काल (समय) में किए गए कार्यों के भविष्य पर अच्छे – बुरे प्रभाव अंकित हो जाते हैं, जो जीवन पर्यन्त चलते रहते हैं। इसलिए विद्यार्थियों को अपनी संगति के प्रति सावधानी रखनी चाहिए। शास्त्रों में कहा गया है –

दुर्जनः परिहर्तव्यः विद्ययालङ्कृतोऽपि सन्।

मणिना भूषितः सर्प किमसौ न भयङ्करः।।

अर्थात् विद्या से सुशोभित दुर्जन व्यक्ति को उसी प्रकार त्याग देना चाहिए जिस प्रकार मणि से सुसज्जित होने पर भी भयंकर साँप को त्याग दिया जाता है।

> श्रीमती सुनीता गुप्ता टी.जी.टी हिन्दी

# **COMPLIMENTS FROM PARENTS**

5 an trankful to St Mary's terrior secondary school. Mayne What Ph-III for discussively multiving young a growing minds, each passing year

licewith of a country les in the quantin of their young generation. The school administration i teacting frateenity ensures that these young minds are developing skills & behing lessons on each depect of life. I fell pleased that my child is studying in such a school where education and values race taught

under single 100f. we

Dr. Tripti Solu H/o Bashire 72 - A.

Dear man. We want to tell you that I am impoused with your repriculum and teaching methods which is different from other school well planned weeksheits for practice makes my child think beyond prescribed teretbooks. I like to take this privilege to congratulate the management of the school for its endless efforts.

Thank you for your hard work in supporting, my word as they develop. Your patience and commitment to supporting my child her mean a lot to our family.

> Your's linearly Jai Brapash Budy Mathin of ---Ajshani Itt A. Roll - 01

St Many's see secondary school is one of the best school in mayur vibus phase 3 I am extremely quateful to all the teachers and thanking them to be so thoughful ble know one kids are in safe hands. We have seen how it made a positive impact on own child's life. A big thinks to all st. mawry's teachers and staff.

> Yours sincesuly Ritu gupta mathen of Navya gupta IV A

> > Pilita

st many is so sec school is one of the "echool in east Delli. The School only invests time on the education mot on the manal development hut also students which generally the at in most of the Schools' lacks teachers and the Brincipal sphroach to the teaching for all you have done for the development of the students. Because of your hardwark and commitment, these students will make the country proud one day A sig thanks to all st mary's family

> Yours sincerely Robul Bhall

Father of

Anaina Bhalt

I am quite amazed to see the teacher's passion and the way they just in their efforts to mould the children and the teachers core very co-operative with the students and very supportive as well Besides this, the inprastructure of the school cators to all the necessities for growing and learning.

Pavent of Ishita Patnaik

class - 8D

"I Would like to Affreciate and Congratulture ST MARN'S SR. SEC SCHOOL (MONOR VIEW PLASS -3) FOR The Successive years 5 vocula also like to throw to all tracents and Riticipal's of this School wine guides our schildren So, that they could bur schildren So, that they achieve success in their life. They achieve success in their life. They school and are guided so well by School and are guided so well by I am very thanful to all the School I am very thanful to all the School

> THANK YOU OR SEC SCHOOL OT MARY'S OR SEC SCHOOL HARISH CHANDRA SINGH FATHER OF ANDI TARAGI ( ANDI TARAGI - V<sup>-10</sup>- A)

RESPECTED SIR/MAM

Mother of , Securings Chandhang

8-A

I Fin firthous taisenal, nother of Soungs Uniderry. My Child has been studying in ST. Manys for more than 5 years and in these years I have been many change in my child. It's all thouts to the discipline of the school, the hordwork of the teachers and the school, the hordwork of the teachers and the school are reached role in blooming my child and getting her to where whe is how. So I would like to express my heatfelt gratitude to the school and all their day. Regards, Fredow Jaiseral

Al. Mary Sr. Sec. School is doing excelle in all the fields especially giving let of exposure to children very nicely planned & organised Academ Programme. Good efforts by all seal coordinator and principal. My child is being groomed very well it fic that my decision was right in sending my child to this school. Keep it up 1 I wish a great success to St. Mary Sr. Sec. School.

Our family has been associated with St. Mary's Education is the most pravilal wappen which you can use Senior Secondary School for over 8 years new, & change the asallal." We are extremely happy with all that the school offers our children. We are pleased - Nelso Mandela us are very thankbut to be calle team of st Mary's with the sthos of the School, which aspires In Sec School the putting so much ettert in brigging to identify each child's capabilities and ward in the night direction are very happy to see provides an environment that enables that the school not only focus on studies but also all children to schieve their potential. entertains the students the participate in sales communar artisticas The teachers provides these with the contridence The School is proactive in ensuring the quality of teaching is encollent! to keep trying asked the work and be difficult. The lemoing environment and excellents of touching made leavily and assimilation go enostily I awill like to The Management and Staff are very expease my heartfelt gratitude to In Deepti and all the teachers and support statte & the entire school approachable and open to suggestions. for their hand white and deducation. We pray the School remaines to grow and strungthen their care vision that Suman Jones makes them stand apart from other schools. 19/0 Mariya Jamen VIII-B Nisha Ramjit M/o Akshara Ramit Class-7-8 I would like to congratulate St. Many's SH. sec- School for the successive years. Also, I would like to thank the dighatories and the whole teaching staff who grided by children so that they both 00 could achieve success in their life. They learned a lot of things in this boundary and are guided so well. Thank you! Ist. Many's Maya Mishua Mother of Angel Mishra Kartik Michna (Angel Mishera - XI-D) (Kaitik Mishera - XII-A) 141

I would like to thanks st. Mary's Sr. See. School to provide a well-rounded education to its students. Ian gratiful to have my children enrolled in such a wonderful school that priorides friendly and supportive choisement, with knowledgebble and dedicated teachers. Thank You St. Mary 18 SHABANIA FATIMA MOTHER OF ANABIA (III-A) HANZA (IX-D) I mether of Riddling mould like to thank the Principal, teachers and the school management of it Mary's be sec- school for the truly contendable To muy do to bring about best in students "With my experience", my daughter has truly learned a lot and gained mod confidence in holself because of the education, co- Curricular activities function and all that is held in school plemises. ineally appreciate their hardwork & efforts With Agaids, Mainta M/o Riddhima [ Class 1X-8 : Batch 2022-23] Hamt I am delighted to express my gratitude to your institution for its unwavering dedication to providing a well-rounded education that prepares students for the puture. The amphasis on character development, leadership, and community service has helped instill values that will serve my child -throughout life, and I have no doubt the school will continue

MADHUSODDHANAN . P.V

to excel.

Father of Varsha P.V of class X-A



## Sitting (L-R)

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Rev. Sr. Deepti C J (Principal), Rev. Fr. Jose T.J (Manager), Rev. Sr. Tomsy C J (Headmistress)

**Row I (Standing)** Ms. Gincy Paul, Ms. Mary Felix, Ms. Reena S Koshy, Ms. Meenu Inderpal, Ms. Hashnu Nautiyal, Ms. Bina Hareendranath, Ms. Bridgit Cyril, Ms. Mamta Srivastava

## Row II

Ms. Kalpana Kandpal, Ms. Leena Sunny, Ms. Shubra Mitra, Ms. Manju Wilson, Ms. Barnali Mukherjee, Ms. Vandana Singh, Ms. Aradhana Chaudhary, Ms. Bhawna Sarin, Ms. Khushboo Tripathi, Ms. Mini Stephen Messay, Ms. Jubie Jilow

## Row III

Ms. Namarta Arora, Ms. Reena Lobo, Ms. Poonam Vig, Ms. Niti Kohli, Ms. Shivani Sharma, Ms. Jancy A John, Ms. Hemlata Toppo, Ms. Uma Sharma, Ms. Nisha Ranjit, Ms. Suman Bhatt

**Row IV** Ms. Priya Tripathi, Ms. Jennifer Felix, Ms. Kiran S Lakra, Ms. Roselin Robert, Ms. Sunita Pande, Ms. Grace David, Ms. Leena Mathews, Ms. Rita Sharma



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# Senior Staff

**Sitting (L-R)** Rev. Sr. Alka C J, Rev. Sr. Deepti C J (Principal), Rev. Fr. Jose T J (Manager), Rev. Sr. Tomsy C J (Headmistress), Rev. Fr. Richard

**Row I (Standing)** Ms. Sajini P Thomas, Ms. Reshmi K R, Ms. Tusharika Dayal, Ms. Rema R Kumar, Ms. Algy Sebastian, Ms. Ruby Sinha

## Row II

Vis. Meenu Sikka, Ms. Heroshima Chhabili, Ms. Sonu Borges, Ms. Sumedha Ailawadi, Ms. Swathee Govil, Ms. Payal Sahgal, Ms. Yasmeen Tabassum, Ms. Vibha Sisodia, Ms. Vinita Dubey, Ms. Ritha U Kumar, Ms. Pragati Rani, Ms. Sunita Gupta, Ms. Nisha K Saji

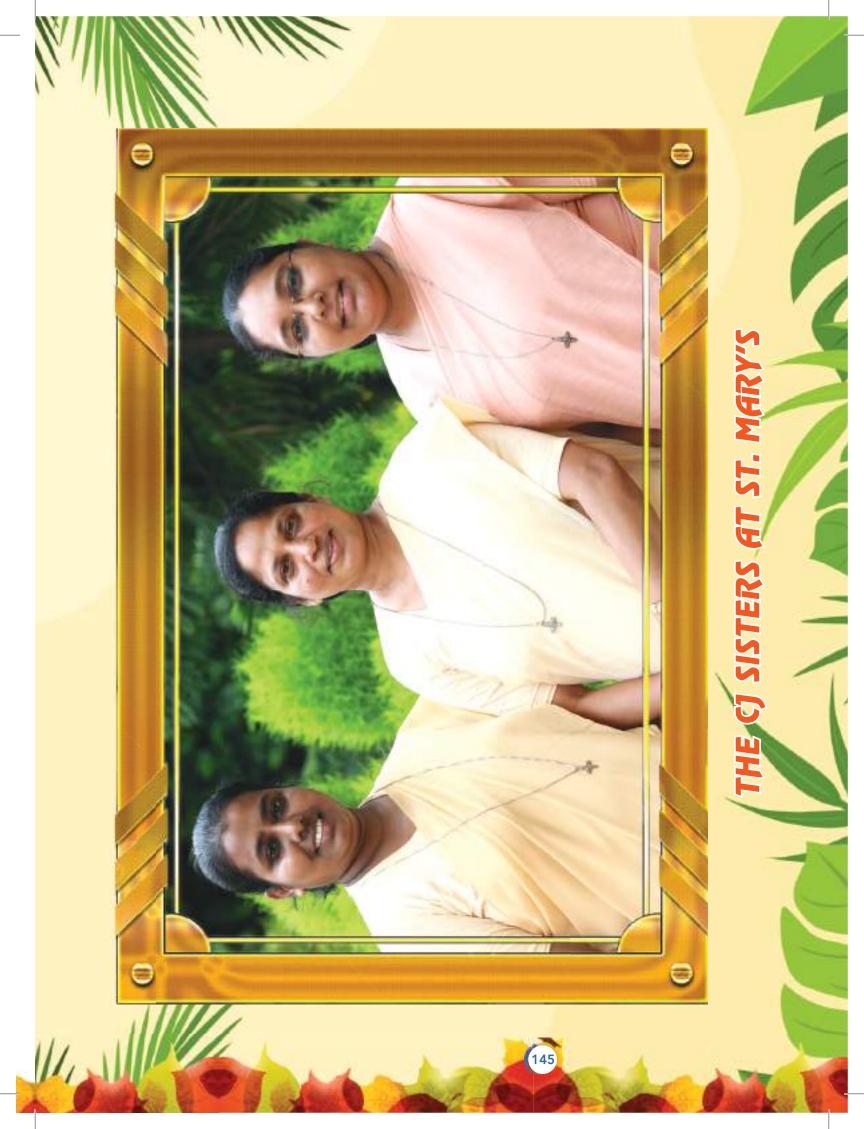
## Row III

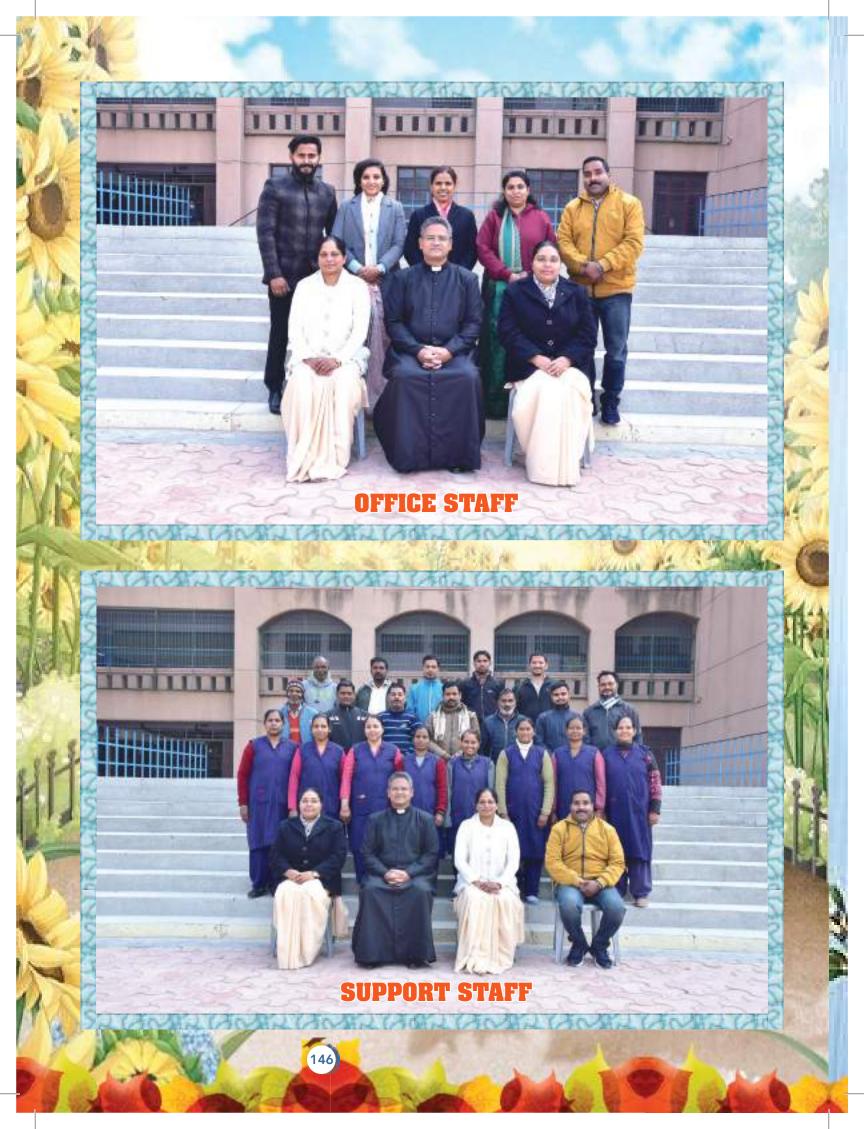
Vs. Annamma Reji, Ms. P C Reshmi, Ms. Reema Marwaha, Ms. Jyothi V K, Ms. Monica Rajeev Sharma, Ms. Antara De, Ms. Roseline Doss, Ms. Jancy Siby, Ms. Princy Shinu, Vs. Sheela Benny, Ms. Shiny Joseph, Ms. Shiny G Rajesh

**Row IV** Ms. Parul Nautiyal, Ms. Aurita Claire John, Ms. Vinny Barreto, Ms. Elizabeth Biju, Ms. Aleena Biju, Ms. Shruti Tonk, Ms. Bharti Sharma, Ms. Nandita Sarup, Ms. Rosy Jacob, Ms. Debjani Bhattacharya, Ms. Biju Mary Mathew

## Row V

Wr. Mukul Chandera Sharma, Mr. Pawan Kumar Tyagi, Mr. Jomon Joseph, Mr. Avnesh Mane, Mr. Tomy Mathew

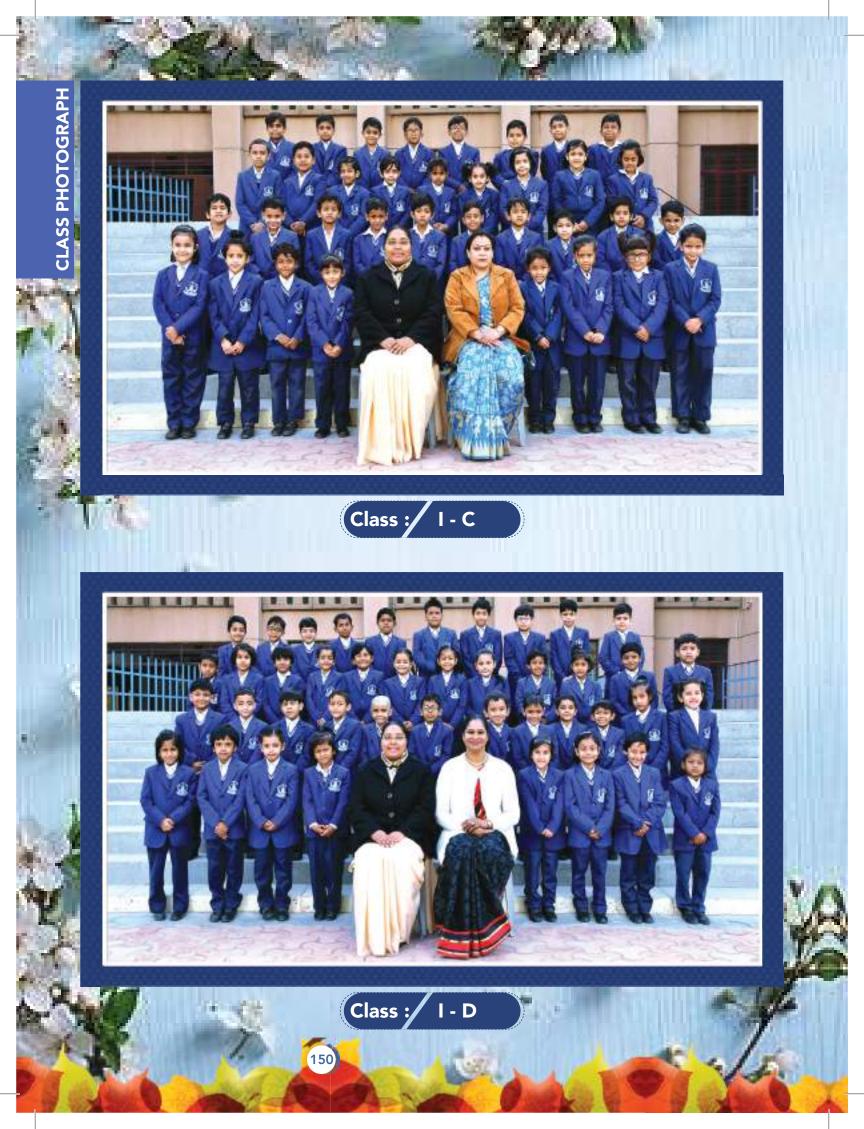












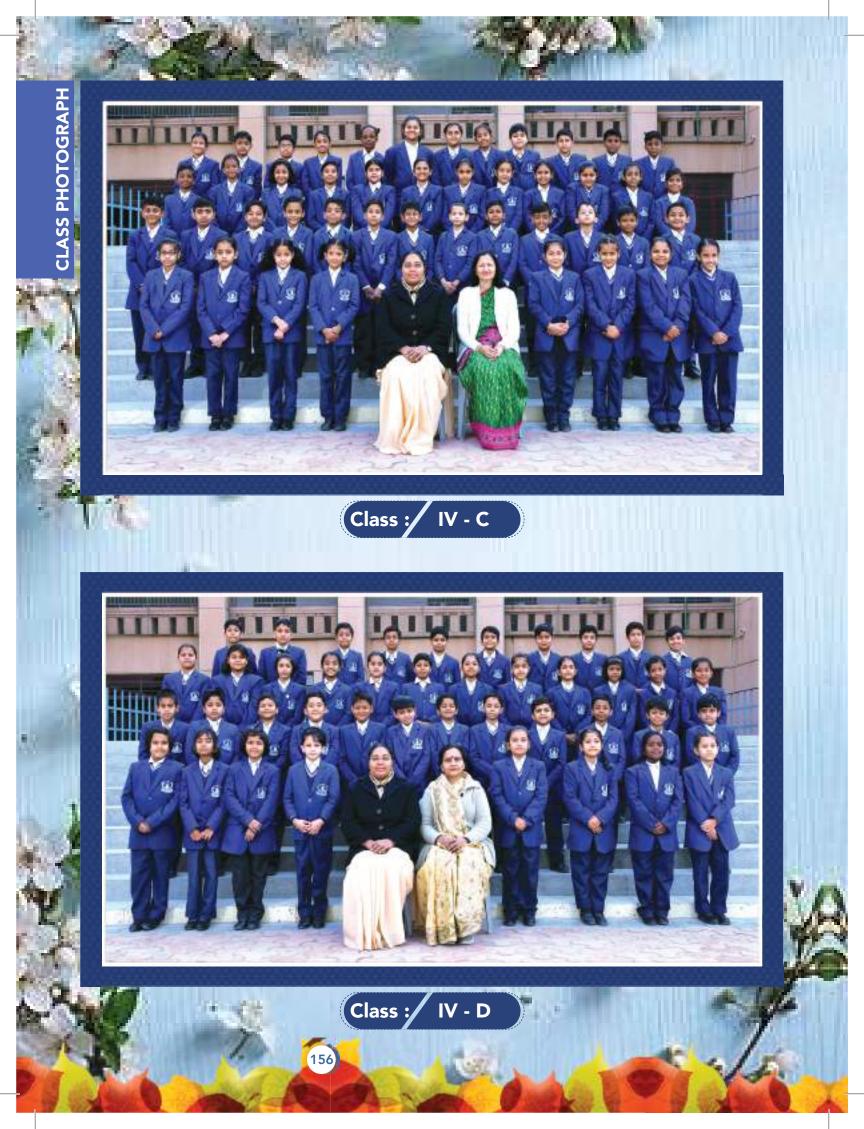












































## Obituary

### Natasha Minj

23.10.2017 - 12.03.2023 Class KG - C



'The best and the most beautiful things in the world cannot be seen or even touched, they must be felt with the heart.'

Natasha Minj of Class KG- C passed away on 12 March 2023. She was an affectionate child, full of life and energy.

Natasha will be cherished in our memories forever.

May her soul rest in peace!



