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STUDENT EDITION

FRIDAY, APRIL 24, 2020



WEB EDITION

ASYMPTOMATIC mean?

ancing with your grandma for 15

minutes a week 'promotes posi-

tive feelings and improves her state

of mind', a study claims. Dance Move-

ment Therapy (DMT) across the gen-

and endurance.

erations, complete with eye con-

tact, was found to promote posi-

tive feelings and boost mood

for the elderly. The grand-

parents reported an im-

proved state of mind, happy memories and up-

lifted spirits. Dancing

has also previously

been linked to improved

muscle strength, balance





It's estimated 1 in 4 coronavirus carriers could be Asymptomatic: Asymptomatic means "showing no evidence of disease"—that is, not showing any symptoms. In medicine, a symptom is something that indicates a person has a disease. Fever, chills, cough, aches, and fatigue are all common symptoms of flu and other viral infections.

LET'S DANCE, GRANDMA!

HOPE AND COPE

Us President Don-ald Trump an-nounced from his

Twitter handle that

immigration will be

temporarily suspend-

ed in the country, in

the wake of rising

Covid-19 cases. On that

the immigration status

person may experience symptoms later, or they may never appear. During a disease outbreak, an asymptomatic carrier of disease can still spread the disease and not even realise it.

But, what is asystematic?

Asystematic means "not systematic" in the sense of "not specific to a system or set of organs" in the body. It could be said that an asystematic disease, for example, is not confined to just one system, such as the respiratory or digestive systems.

Read more stories on

COVID-19 here

Know the right typing posture!

or students, online classes along with homework and projects that have to be done on laptop or IPad by nutting some books and desired and projects that have to be done on laptop or IPad by nutting some books and desired an Ipad, is the new normal. Constant typing, however, can lead to backache and neck pain. So, know how to type correctly so that you stay

Use keyboard

Laptops are handy but typing for long can be problematic because laptop's screen and keyboard are attached to each other. To make this process easy, add an external keyboard or monitor to the laptop.

Elevate your device

Use cushions

If you want to sit on your bed

and work, keep a cushion on your lap as well as your back for proper support. Keep your device over the cushion on your

Keep switching positions

Sitting for long hours can be really bad for your overall health. So, even if you sit in the correct position, make sure not to sit for long hours.

Invest in a stand

A laptop stand can make it much easier for you to sit and complete long projects at home.



STUDIES WITH STEVE BACKSHALL

Streamed at 9 30am, every Wednesday on YouTube

Bring the wild into your living room with naturalist and TV presenter Steve Backshall! He'll be answering all your questions.

MATHS WITH CAROL VORDERMAN

Access anytime on the website

Game show host and mathematician Carol Vorderman has opened up her incredible maths website 'The Maths Factor' to the public, giving free access to 4-12 year olds for the lockdown period.

SCIENCE WITH MADDIE MOATE AND GREG FOOT

Streamed 11am, on YouTube

Join Maddie Moate from CBeebies' 'Do You Know' every day for a science lesson with a twist, all from the comfort of your own home! Let's Go Live features quirky garden activities, craft ideas etc.

DANCE WITH OTI MABUSE

Streamed at 11.30am, daily

Oti Mabuse is bringing some magic to your living room every morning with her free daily livestreams where she and Marius Lepure will be teaching you how to dance like a pro in just half an hour. Each day has a different theme!

FOOD TECH WITH JAMIE OLIVER

Streamed at 5.30pm, daily

Chef Jamie Oliver is releasing new episodes of his 'Keep Cooking and Carry On' series on YouTube, focusing on how to make the most of what you've already



STAYING HEALTH

agile while studying from

with your laptop

home during lockdown.

If you don't have a good quality



CRUDE CRASH TO EASE SOME COVID-19 PAIN FOR INDIA

 $B {\it lack Gold has fallen from grace.} \ And How! \ US \ crude \ WTI \ sank into negative territory for the first time in history at -\$37/bar$ rel and Brent, the benchmark for two-thirds of the global oil trade, settled at 18-year low of \$21.48, sending traders and the global oil industry scurrying for cover.

note, here's more about he immigration status 1.1 million legal immigrants into the country every year, more than any

auo of US. WHAT'S STATUS ADJUSTother country. About **MENT?** Is the process that 600,000 are new arrivals one can use to apply for lawful permanent resident staand around 500,000 are tus (also known as applying status adjustments for a 'Green Card').

IMMIGRATION IN THE TIME OF CORONA!

APP MAY WARN WHEN YOU COME IN **CONTACT WITH COVID-19 PATIENT**



S cientists are working on an app that could let people know if they have come in contact with someone who has tested positive for COVID-19, while protecting their privacy. The app uses Bluetooth-enabled cell phones to notify a person.

WILL FLORIDA BE LOST TO

CLIMATE CRISIS ENVIRONMENT

Few places on the planet are more at risk from the climate crisis than south Florida when the climate crisis than south Florida when the climate crisis is the control of the climate crisis and the climate crisis is the climate crisis and the climate crisis an sis than south Florida, where more than 8 million residents are affected by the convergence of almost every modern environmental challenge - from rising seas to contaminated drinking water, more frequent and powerful hurricanes, coastal erosion, flooding and vanishing wildlife and habitat. If scientists are right, the lower third of the state will be underwater by the end

TURKISH MOSQUE TURNED INTO TEMPORARY 'SUPERMARKET'

t the entrance of an A time enumber 1 Istanbul mosque, the racks, usually reserved for shoes of the faithful, are loaded with pasta packages, oil bottles, biscuits - like a supermarket. But they aren't for sale. Instead they are destined for the needy, hit by the coronavirus pandemic. The



Imam of the Dedeman mosque came up with this idea of reaching out to the poor via the place of worship

CRICKET AUSTRALIA FINDING JOBS FOR LAID OFF STAFF AT SUPERMARKET



Cricket Australia has approached supermarket giant and one of its sponsors Woolworths to help with temporary jobs for its staff laid off until the end of June due to a financial crunch caused by the coronavirus pandemic. Cricket Australia is currently not eligible for the federal govt's JobKeeper support program

AUSTRALIA

COVID-19: 'HERD **IMMUNITY' STRATE-GY COULD WORK**

The herd immunity strategy, which would allow a recovering, could result in less economic devas-

POLICIES fering than restrictive lockdowns designed to stop the virus's

majority of the population to gain resistance to the virus by becoming infected and then tation and human suf-

spread. This is what a number of experts have begun to argue in the nation of 1.3 billion people.

Best **exercises**

'n these times, many pet parents would have been introduced to the "zoomies". Yes, this is when your pet runs around the house in a fit of craze, so to speak, and then collapse on their belly's to take a breather! Seen more in pups, than older pets, this is your furry friend burning off ex-

Devanshi Shah. OLD DOGS CAN LEARN NEW **TRICKS:** A simple trick like shaking hands is an easy way to start. You can also get your pet to perform more impressive tasks like jumping through hoops, chasing bubbles or shaking to music with a little patience. Getting your pet to be obedient to verbal

> OBEDIENCE AND MENTAL **GAMES:** Practising recall, retrieving, and reinforcing basic commands offers mental stimulation, as well as exercise. You can also teach your

dog fun new tricks. You can

introduce new games that

commands is the first step in

teaching your dog a slew of

tricks that can be mastered

you can safely undertake

with your dog, regardless of

age or breed, during the lockcup and then move them down, suggested by Pet servaround and see if your pet ices' aggregator PetKonnect's can find the cup with the HIDE-AND-SEEK: You can train your dog to play this in-

door game by awarding them

with a little treat when they

along with 3 upside down

cups. Put the treat under one

Here are some activities ly. Take a treat or a small ball

DIY TOYS: Heard about Do-It-Yourself (DIY) toys? If your pet is looking bored, nothing like a new toy to cheer it up! Do you have an old pair of socks? You can stuff a water bottle inside the sock. Tie both ends of the sock with a twine but for longer use its best to hem both ends of the

INDOOR-FETCH: We do warn pet parents about breaking things in the house. Your dogrun right through your challenge your pup mental- favourite coffee mug.

No plans to push 'Guardians of the Galaxy 3,' 'The Suicide Squad' release dates: James Gunn

ilmmaker James Gunn recently revealed that neither of his upcoming movie -'Guardians of the Galaxy, Vol 3' nor 'The Suicide Squad' will be affected by delays due to the coronavirus crisis. One of the director's fans in a questionanswer session on Twitter asked about the possibilities





of pushing ahead 'Guardians of the Galaxy vol 3', to which Gunn replied: "Right now the plans with Vol 3 are also exactly the same as they were before coronavirus." In another reply, the 53-year-old said: "Right now there's no reason for #TheSuicideSquad release date to move. We are on or ahead of schedule. We were extremely fortunate to wrap shooting & set up editing from our homes (due to a post-production team & studio with foresight) before quarantine."



FUN-ZONE

Answer each of these questions on Shakespeare's 'The Merchant of Venice'-Act III, by choosing correctly from the four options.

Where, according to the song we hear in Scene 2, does 'fancy' die? A. casket B. cavern C. courtroom D. cradle

Who is described as 'one in whom the ancient Roman honour' most appears? A. Antonio B. Bassanio C. Gratiano D. Lorenzo



In which city, according to Tubal, does Jessica spend fourscore ducats? A. Venice B. Genoa C. Padua D. Milan

Which of the following finds no mention in Shylock's 'Hath not a Jew' speech?

emotions D. passions

A. affections B. dimensions C.

Barbary, England, India, Lisbon, Mexico. Which one is missing from Bassanio's

A. Aleppo B. Cyprus C. Sicily D.

Suryakumari Dennison, teacher, Aavishkar Academy, Bengaluru

1) D. cradle 2) A. Antonio

S.F. AND COMIC KIDS

Spot six differences between these panels



CURRICULUM EXERCISES

- Q1. What are corals and coral reefs?
- **Q2.** Fill in the blanks:

stupefaction: (n) the

state of being

Overwhelming

amazement.

amazement.

bewilderment,

stupefied; stupor.

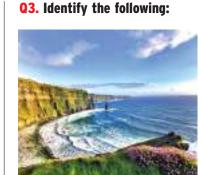
Synonymous words:

perplexity, stupor,

Examples: ■ The

- A. The intersecting lines drawn on maps and globes are .
- B. The habitats valuable for commercially harvested species are called ____.

Cliffs of Moher, Ireland anemones and jellyfish. (2) A) geographic grids B) sea grass bed (3) class Anthozoa in the animal phylum Cnidaria, which includes sea stony corals, whose polyps cluster in groups. Corals belong to the together by calcium carbonate. Most coral reefs are built from Answer: (1) Reefs are formed of colonies of coral polyps held





KNOWLEDGE BANK

Romanesco Also known as Broccolo Romanesco, it's an edible

bud of the species Brassica oleracea. It has a crunchy texture and nutty taste. When compared to a regular cauliflower, its form is fractal in nature, with the branched stems making up a logarith-

mic spiral. The number of spirals on the head of Romanesco is a Fibonacci number! This veggie has been grown in Italy since the 16th century.

Quiz time

Q.1) Who was recently conferred with the CII's 'Quality Ratna' award?

- A. Sarath Babu B. Nita Ambani
- C. Azim Premji D. Suresh Krishna Q.2) When is Constitution Day in
- India celebrated? A. November 26 B. November 28
- C. November 16 **D.** November 6
- Q.3) Golden Target award is

associated with which federation? A. Worldwide Business

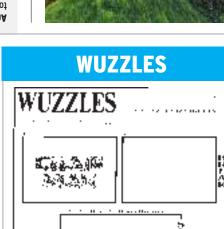
Federation **B.** Singapore Business

Federation C. International Shooting Sports Federation

- D. World Darts Federation Q.4) Which city organised the 10th Commonwealth Youth Parliament?
- A. Mumbai B. New Delhi C. Kolkata D. Chennai

1. D) Suresh Krishna 2. A) November 26 3. C) International Shooting Sports Federation

reaction to her Word



family when she came first in class. ■ David's bewilder-

selection for the

scorn in the

neighbourhood.

the surprise gifts

tournament ranged

from stupefaction to

■ There was no end to

surprise, wonder, etc.

Angela got from her ment knew no bounds when his friends stopped talking to him

all of a sudden.



CHARACTE SHIZZIN acianist, and the

IDIOM OF THE DAY

FINDING YOUR FEET Meaning: To become more comfortable in whatever you are doing

GARFIELD







SCHOOL IS COOL

Are we answering the clarion call of help?

Students of Bal Bharti School, Dwarka creatively celebrate the 50 years completion of Earth day



Kendriya Vidyalaya Rohini Sector 8 celebrated the 'Earth Day' under the guidance of the school Principal Uttam Kumar. During the celebration, students took a pledge and draw paintings to pay homage to the Earth

it is continuous for all 365 climatic changes are the indication days of the year. Every day of the serious damage that has been is as important to keep the caused. The earth can heal itself but earth clean, neat and well taken care provided it gets the time to do so. Afof. We call the earth as a mother beter the long lockdown what we are cause it gives us all the necessities witnessing is the environment reto keep our selves alive. Air, water, claiming itself, we are able to see varfood, shelter are all obtained from ious birds, animals are able to move the earth. We have become very carearound, the rivers are getting cleaned less in our attitudes and are relentby themselves, and there is no pollessly polluting and causing harm to lution in the air. So the ecology is the environment. We have become shouting at us and telling we are not greedy for the resources and have helping the earth, we are harming

get to the thought of Mahatma Gandhi who quoted "simple living and high thinking would go a long way in reclaiming the lost glory."

LET US PLEDGE TO:

■ Reduce one-time-use materials like tissue papers ■ Reuse – use all the materials which can be used again like cloth bags ■ Recycle the materials to use again.

Aruna Singh, Principal, Shalom Presidency School, Gurgaon





Jhanvi Bhardwaj, class X, DLDAV Model School, Pitampura 3. SOURAV, class VIII, Remal Public School, Rohini

4. Raghav Aggarwal, class V, Jagannath International School,

5. Fateh Singh, class XII, Jain Bharati Mrigavati Vidyalaya GT Karnal Road

Is isolation the solution?

World Earth Day, who would've thought fifty years back that there would be a day in our lives when we would long to feel the blades of dewy grass under our bare feet. The world is trying to cope up with a deadly virus, trying to keep as many lives intact as possible. It seems Earth is done crying for help. So the question here is, do we really need a deadly virus to heal the land? Oil spills, polluted air, rivers so contaminated they literally caught fire and, how we can ever

forget the Australia bushfire. It is

time for us to halt, to stop and

think what we've been doing all

s the day marks the 50th anniversary of

> our family but in the process aren't we overlooking the fact that earth is dying. It reminds us of Henry David Thoreau who once said, "What is the use of a house if you haven't got a tolerable planet to put it on?" You need not be Greta Thunberg and go all out globally to save this planet, but taking small steps each day would do the needful. We don't need a day in order to be reminded of our duties towards the planet. Let us all celebrate each day as Earth day and only then life will continue here. Sumedha Sardana, Teacher,

this long. We are busy creating

lives for ourselves, a home for

Lancers Convent, Rohini

Did we need a virus to remind us of our responsibilities towards Mother Earth?

e are one Earth Family on one planet, the planet's health and our health is non-separable that's what I read as written by Dr Vandana Shiva.

How true the statement is! Today as I see the earth wounded so badly, I realise the extent of damage that we have done to it. How are we repaying our planet? Every day we produce tons of degradable and non-degradable waste and throw it anywhere $\,$ recklessly. Vehicles and industries are suffocating her. We dispose of dirty sewage, drainage and even chemicals recklessly, although we know that not only humans but all plants and animals in this world rely on water for their lives. We destroy forests and build huge buildings, roads & factories beyond her carrying capacity. There is going to be a radical change in our lifestyle even when we come out of this challenge. I just hope along with reviving economies the governments of every country focusses on Green Economy...Fifty years of Earth Day and today, I just wish that we do get an opportunity to live in a Green and safe

Ishita Arora, XII, St Mark's School, Meera Bagh