



# THE TIMES OF INDIA

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**1 IN THIS ISSUE:** A link to our video section on the website. Teachers, educators and students tell us more. **READ MORE ON WHAT TO EXPECT AND HOW TO PARTICIPATE ON PAGE 2**

**2 HAVE YOU REGISTERED ON THE SITE?** If not, do so now. Also read our story on - 'what could be the new normal after the coronavirus lockdown'. Where: **CLICK HERE** - [shorturl.at/goqtv](http://shorturl.at/goqtv) Don't forget to leave your comments on the story

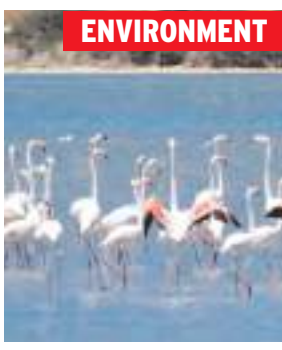
**3 YOUR CORNER:** Have activities or paintings to share? Or do you want to write something on the lockdown situation? Be our Times NIE reporter; send matter to [timesnie175@gmail.com](mailto:timesnie175@gmail.com)

**STUDENT EDITION**  
TUESDAY, APRIL 28, 2020  
**WEB EDITION**

## ALBANIA'S FLAMINGOS FLOURISH IN VIRUS LOCKDOWN

With tourists home, boats docked and factories silenced under a coronavirus lockdown, Albania's pink flamingos and curly pelicans are flourishing in the newfound tranquility of lagoons dotting the country's western coastline.

Beating their pink and black-lined wings, a growing flock of thousands of flamingos have recently been soaring over and splashing in the glistening waters of Narta Lagoon, an important site for migratory birds on the Adriatic coast.



**ENVIRONMENT**

## WHO WARNS OVER VIRUS IMMUNITY AS DEATH TOLL NEARS 200,000



The WHO warned that recovering from coronavirus may not protect people from reinfection as the death toll from the pandemic approached 200,000 around the globe. Governments across the world are struggling to limit the economic devastation by the virus, which has infected 2.8 million people and left half of the humanity under lockdown.

**NEWS**

## CONVERT CORONAVIRUS CHALLENGE INTO OPPORTUNITY: PM TELLS CMs

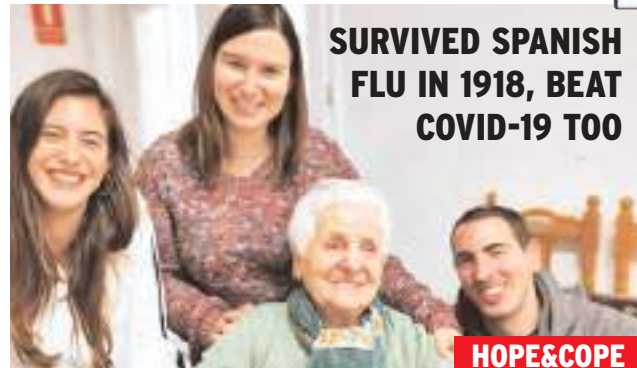
PM Modi asked states to try to convert the COVID-19 challenge into opportunities through administrative reforms, and form their own policies on relaxing the lockdown based on ground reality. In a video conference with CMs, PM Modi indicated that the coronavirus infection would remain for a longer time.



**POLICIES**

## NEWS IN BRIEF

**CLICK HERE FOR MORE**



### SURVIVED SPANISH FLU IN 1918, BEAT COVID-19 TOO

The Olive Press', a Spain-based English newspaper, reported that it was 1918, when Ana del Valle, a kid then, suffered and recovered from the Spanish Flu, which infected as many as 500 million people - about a third of the world's population at that time. And now, 102 years later, the grandmother has miraculously beaten the coronavirus pandemic to the joy of her family in Ronda.

**HOPE&COPE**

### SCARLETT JOHANSSON: I'VE MADE A CAREER OUT OF BEING SECOND CHOICE

Hollywood star Scarlett Johansson confessed that she was "rejected constantly" in her professional life, adding that she has "made a career out of being second choice". In an interview, the 'Avengers' actress looked back at her career and remarked - "Since a very



**ENTERTAINMENT**

young age, I've been rejected constantly... the best call you can receive is after you are rejected for something and then you get it. You appreciate it more. I've basically made a career out of being second choice."

## ANOTHER CORONAVIRUS SYMPTOM IN KIDS, 'COVID TOES'



**HEALTH**

The alarming symptom, which has been nicknamed 'Covid Toes', was first observed in kids who tested positive for coronavirus in Italy, Europe. Many dermatologists found that the symptom led to consequent inflammation of the toes, some discoloration in and around the affected parts and was very common to that of frostbite.

## CRICKET SHOULD RESUME ONLY WHEN COVID-19 IS ERADICATED: YUVRAJ

Former India star Yuvraj Singh wants cricket to resume only when the world becomes COVID-19-free as players' health and safety should be paramount for the custodians of the game. "My personal opinion is that first we need to defend our countries, the world from coronavirus," Yuvraj said at 'The Doosra' podcast on BBC.

**Read more sports news, click here**



**SPORTS**

## X PLAINED

# Why FOOD SECURITY is at RISK



**WHAT:** The United Nations (UN) has said that the world faced the risk of widespread famines of "biblical proportions" triggered by the COVID-19 pandemic. Some estimates indicate that the number of hungry people in the world could spike from 135 million to over 250 million.

**WHY:** According to a report released recently by the Global Network Against Food Crises, at the end of the previous year, around 135 million people in 55 countries and territories experienced acute food insecurity.

'Acute food insecurity' is based on internationally accepted measures of extreme hunger, and occurs when people's inability to consume adequate food puts in immediate danger lives or livelihoods. Besides, 75 million children were stunted while 17 million suffered from wasting in 2019, in the 55 countries covered in the report.

**HOW:** As the coronavirus crisis accelerates, disruptions in food supply chains within countries are being observed. Labour shortages are starting to affect processors, merchants and companies dealing with logistics and trucking, according to the World Bank. People's ability to buy food and giving compensation to farmers for producing it are being jeopardised due to loss in jobs and incomes.

## ONLINE UNIVERSE

# Internet safety tips for students



CyberDost, the cyber-safety and cybersecurity awareness handle maintained by the ministry of home affairs, government of India, recently shared internet safety tips for kids. To stay safe when you are online - browsing different websites or playing community video games - follow these tips. It will help in developing critical thinking and ability to make good choices.

- Never share personal information such as your address, phone number, name, personal email address, sibling's details, parent's work details, etc. without the permission of parents.
- Learn about privacy settings on social media platforms such as Facebook, Instagram, Snapchat, etc.
- Delete request from strangers or any contacts you don't know in person, especially while playing mobile games.

## EAT RIGHT

Make sure you introduce a balanced and nutritious diet in your daily meal plans. A balanced breakfast must be non-negotiable. If you are wondering what is a 'balanced breakfast', it must be a mix of carbohydrates, fibre, protein, vitamins and minerals. These can be found in many foods and one can pick different breakfast foods namely grains, fruits/ vegetables and dairy. A bowl of ready-to-eat breakfast cereal made with whole grain; a glass of milk or a bowl of yoghurt and sliced fruits or dry fruits/nuts work just as well. As long as you are getting a wholesome balanced breakfast, you are energised to start a long day.

## INCULCATE DISCIPLINE

Do not forget to chart out a plan that will help you stay accountable to your goals and help you reignite and re-energise yourself whenever you slack off. Ensure you continue with all the good



habits, practices and routines that you inculcate during this phase to 'create a bigger, better, future'.

## GET MOVING

Besides diet, physical activity and exercise are also important. Exercise can help improve your physical health and could even add years to your

# Use the lockdown to build healthy habits

life. That is not the only reason why people exercise. Research has shown that regular exercise helps relieve stress, improves mood, reduces dissatisfaction with life and improves the quality of life. Exercise reduces levels of the body's stress hormones, such as adrenaline and cortisol.

## EMOTIONAL WELL-BEING

They say, "a family which eats to-

gether, stays together." Eating meals together is one aspect of family life that demonstrates benefits to young people. Eating meals as a family has benefits for young people beyond their general sense of connection to family members. Research has shown that family meals offer routine and consistency and provide an opportunity to socialise children and teach them about communication skills, manners, nutrition, and good eating habits.

## TRENDING

# Home Experiment: THE BURPING BAG

Texas science teacher Avri DiPietro is winning accolades for teaching her students a cool home experiment known as "the burping bag." The assignment calls for one to combine vinegar and baking soda in a plastic bag, either in the kitchen or backyard. If all goes as planned, burps and belches will ring out across your home as the acidic vinegar meets the sodium bicarbonate, releasing gas from the bag. This chemical reaction between the baking soda and the vinegar creates a gas called carbon dioxide.



## MORE EXPERIMENTS TO TRY:

1. Try the 'Walking Water' experiment with strips of paper towels, food colouring, drinking water and cups. The experiment will help you understand capillary motion - a phenomena that allows liquid flow upward in narrow areas.
2. Try the 'Cloud In A Jar' experiment with shaving cream, H2O (water) and food colouring. The experiment demonstrates precipitation and evaporation.

## TAKE A VIRTUAL VACATION

Virtual vacations can encourage curiosity, teach you about other parts of the world, and help you feel less trapped at home. It can give your family an outlet for their wanderlust and even let you test-drive travel plans. You could also learn new things in preparation, for example ordering lunch from a menu in Spanish; build London's Big Ben from cardboard to understand its importance; or make Mickey Mouse waffles and throw a kitchen parade as a substitute for the one in Magic Kingdom.

## TIMES NIE STUDENTS SHOW HOW THEY ARE BATTLING LOCKDOWN BLUES

By RUPA GANGULY TALUKDAR

Some students have figured out ways to beat the lockdown blues by brushing up their skills or developing new areas of interest.

**PURSuing PASSION:** DPS Newtown student, Tanushri Ray, aims to study hospitality once the exams are over. "Cooking is my passion. I have been rustling up new dishes for my friends and family. This lockdown has given me time to spend in the kitchen and indulge in my passion," she said.

**DEVELOPING NEW SKILLS:** Tushnee Chakraborty, another Class XII student of the same school, has a passion for dance and is part of a group, Takht. The members of the group do a live session in the evening on Instagram. Shiropa Ghosh, another Class

XII student, is a make-up blogger. During this time, she does live sessions for the viewers. "I do futuristic make-up, which is a little out of the box. I use my face as a canvas," she said.

**NEW AREAS OF INTEREST:** Ray has also developed an interest in origami just by watching random TikTok videos. Some students have also started learning Spanish through an app called Duolingo. "It is an excellent application," said Ray. **Read more here**

FUN-ZONE

HAVE A VIDEO TO SHARE? SEND IT TO US

**SURYA NAMASKAR:** Is one of the basic yoga practises which stimulates your body and is a prayer of gratitude towards the Sun. Leena Lokhande, Educator, The H B Kapadia School, Ahmedabad, teaches us the correct way to do it. Follow her step-by-step guide and listen to the mantras carefully. [Click here to view more](#)

Have a video on how to deal with this current lockdown? Send us 1) Clear videos 2) Of 2 minute duration 3) With details (name, class and school) 4) At [timesnie175@gmail.com](mailto:timesnie175@gmail.com)

Rock the TEST

Want to boost your general knowledge? Take this exciting test. Rest assured, it will really test you!

GRAMMAR

Theme: Synonym

Q1. Which is a synonym of **coruscate**?

- A: Burn B: Blind
- C: Fade D: Sparkle

Q2. Which is a synonym of **delineate**?

- A: Forgive B: Outline
- C: Delegate D: Misinterpret

Q3. Which is a synonym of **erroneous**?

- A: Questionable B: Cooperative
- C: Ineffective D: Incorrect

Q4. Which is a synonym of **degradation**?

- A: Privacy B: Immorality
- C: Permission D: Firmness

Q5. Which is a synonym of **esteem**?

- A: Present B: Location
- C: Knowledge D: Admiration

Q6. Which is a synonym of **exploit**?

- A: Notice B: Educate
- C: Irritate D: Abuse

Q7. Which is a synonym of **chicanery**?

- A: Feature B: Dishonesty
- C: Punishment D: Attitude

Q8. Which is a synonym of **coalesce**?

- A: Imagine B: Combine
- C: Guarantee D: Teach

Q9. Which is a synonym of **circumspect**?

- A: Ordinary
- B: Cautious
- C: Warm
- D: Dressy

Q10. Which is a synonym of **degenerate**?

- A: Clumsy B: Nosy
- C: Corrupt D: Familiar



ANSWERS TOPIC: GRAMMAR Theme: Synonym 1. D, 2. B, 3. D, 4. B, 5. D, 6. D, 7. B, 8. B, 9. B, 10. C

S.F. AND COMIC KIDS

Which scene is slightly different from the other two?



CURRICULUM EXERCISES

Q1. How is mass number calculated?

Q2. Fill in the blanks:

- A. The mass of one Avogadro number of helium atom is \_\_\_\_
- B. The material which can be deformed permanently by heat and pressure is called a \_\_\_\_.

Q3. Identify the place in the following picture:



ANSWERS: (1) The number of protons and neutrons determine an element's mass number (2) A) 4.00 gram B) Thermoset (3) Lake Natron, Tanzania

Word Wise

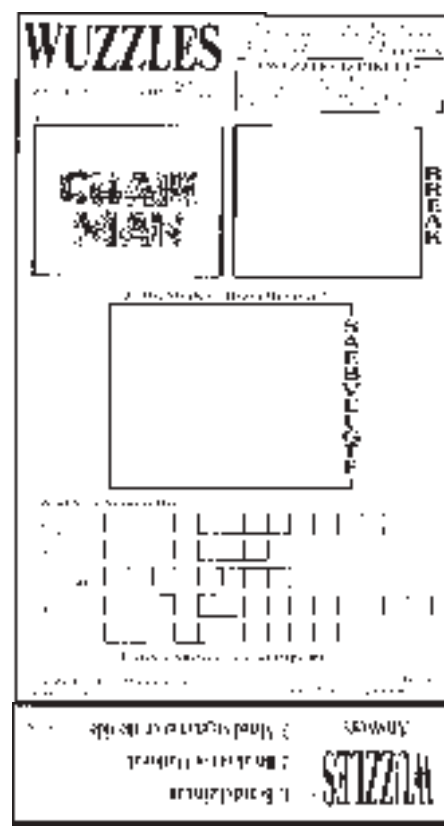
**Perambulation: (Noun)** Slow walk or journey around a place, especially one made for pleasure.

**Synonymous words:** Walk around, walk about, circumambulate, ramble, walk, promenade, tour, roam, stroll, etc

Examples:

- The boy **perambulated** the botanical garden.
- She **walked around** the place looking at attractive landscapes.
- The children **rambled** and climbed the difficult terrain.
- The girls and boys loved to **circumambulate** the temple as a ritual and as an exercise.

WUZZLES



FAMILY CIRCUS



GARFIELD



Quiz time

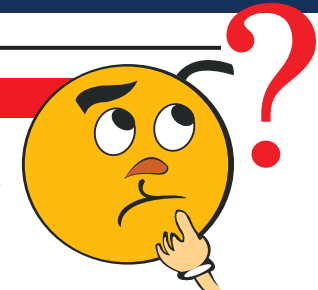
GENERAL KNOWLEDGE

Q.1) What is the name of Arundhati Roy's latest collection of non-fiction essays?

- A. Bound for Kerala
- B. My Seditious Heart
- C. The God of Small Things
- D. Rights and Wrongs

Q.2) China has suspended which nation's naval visits to Hong Kong?

- A. Russia
- B. Japan



- C. United States
- D. France

Q.3) Which Indian city had organised the International Conference on Landslide Risk Reduction and Resilience?

- A. New Delhi
- B. Mumbai
- C. Vadodara
- D. Kolkata

ANSWERS

1. B) My Seditious Heart 2. C) United States 3. A) New Delhi

WORD WATCH

- 1) **imperialism n.**
  - empire-building
  - informality
  - aristocratic rule
  - tyranny
- 2) **occidental (ock suh DEN t'i) adj.**
  - of the west
  - by chance ■ dark and shadowy ■ of the east
- 3) **protocol n.**
  - code of etiquette
- 4) **extradite (EKS truh dite) v.**
  - to add to ■ increase pressure ■ make a summary ■ hand over to another country
- 5) **recitation n.**
  - commentary
  - correspondence
  - detailed account
  - discursive speech

ANSWERS

1) Empire-building; policy by a country to dominate weaker nations. 2) Of the west; Latin coincides (direction of the setting sun). Referring to all countries west of Asia. 3) Code or rules of diplomatic etiquette and procedure. Greek proto- (first) and kolos (queue), pertaining to the first sheet glued to a papyrus roll. 4) To hand over an alleged criminal for trial to another country or state at its request. Latin ex- (out) and traditio (a surrender). 5) A detailed account. Latin recitare (to recite).

Painters' Gallery



KIRTI MEHTA, XII, TAGORE PUBLIC SCHOOL, SHASTRI NAGAR, JAIPUR



SHARNAV MAHAJAN, CLASS X-A, BLOSSOM PUBLIC SCHOOL, PUNE

Wisdom Online

When the world shut itself down and went into a tailspin, the emerging challenges included the maintenance of a semblance of normalcy in the pedagogical activities. We rose to the challenge, only to face newer hurdles on the way. Acquisition of the technical skills mandatory for production and uploading of the sessions was not easy for the faculty. Salutations are due to our faculty for achieving this with remarkable alacrity. Once the classes began, we had to depend on the mobile phone network which at the best of times is infamous for its inconsistency. The patience and dedication of our students saw us through. The prolonged confinement of spirited youngsters had brewed depression in some of our wards, compelling us to undertake extra efforts to make the sessions more interesting. In the absence of the physical ambience of the school that we have become so used to, it was challenging to maintain the high level of motivation required for continuation of the endeavours. LIPIKA GHOSH, Rector and Principal, St. Xavier's Institution, Rulya and Panihati, West Bengal



FROM THE PRINCIPAL'S DESK

AN OPPORTUNITY TO EXPLORE OUR TALENT

Among COVID-19 outbreak, we students are having a tough time. Now, we are all waiting for schools to reopen. We are all bored but we could be productive during this quarantine period as it can be considered as a time in which we can work on concepts of previous session and prepare for our next session. We can also use various e-learning platforms like byjus, vedantu, extramarks which are giving free access to students during lockdown period. This is also an opportunity where we can explore our talent for which we don't get time in our daily life using social media platform. Gautam Bhargava, class XI, St Xavier's School, Nevta, Jaipur

THE BENEVOLENT MUSIC

Music, itself, is a commonality for the mankind. Music draws everyone to the force where all the thing is considered equal, sober and serene. The one who knows and understands music, is sure about the way it brings all together. It doesn't matter how this music is produced but every instrument has the same way of commonality. I consider flute music to be the most universal and most particular of all music. There is no culture that does not have its flute. The Japanese have their Shakuhachi, the Indians have the bansuri, the South Americans have the breathy flute and the Chinese have the high-pitched flutes. Each kind of flute has a specific fingering and compass and weaves its own associations. To hear any flute, is to be drawn into the commonality. Poorvi Sanu, class IX, New Horizon Public School, Navi Mumbai

MY FAVOURITE BOOK

My favourite book is 'Matilda' by Roald Dahl. I got it on my 6th birthday and my joy knew no bounds. When I first read that book. I thought the book is quite boring because the cover looked boring (because back then I was little) but now I quite understand that we should 'never judge a book by its cover'. This book is about a wise and intelligent girl who faces obstacles as she unlocks surprises. She knows the perfect way to handle situations. Matilda is my favourite character. This is so because I like her attitude and wit. I don't want to tell more about this book otherwise what's the suspense left in it for you?

Ria Singh, class VI, Saint Joseph school, Chandigarh

YOUR CORNER

UTILISE THE TIME AT HAND

A message made me change my views on the 21 days lockdown. It was - "An opportunity is like a biscuit dipped in a cup of tea a little delay and it's gone." The energy and hope this quote brought to me cannot be expressed with words. I realised that the only way to stay calm and peaceful during this long lockdown was to improve my mental and physical strength. When I talked to some of my friends, they told me that they will turn mad before this lockdown ends. I knew that the only way to improve my mental strength was to stay engaged and the way to do that was to explore and learn new things. Gia Jobin, class VI, Assisi Vidyanketan Public School, Kochi, Kerala